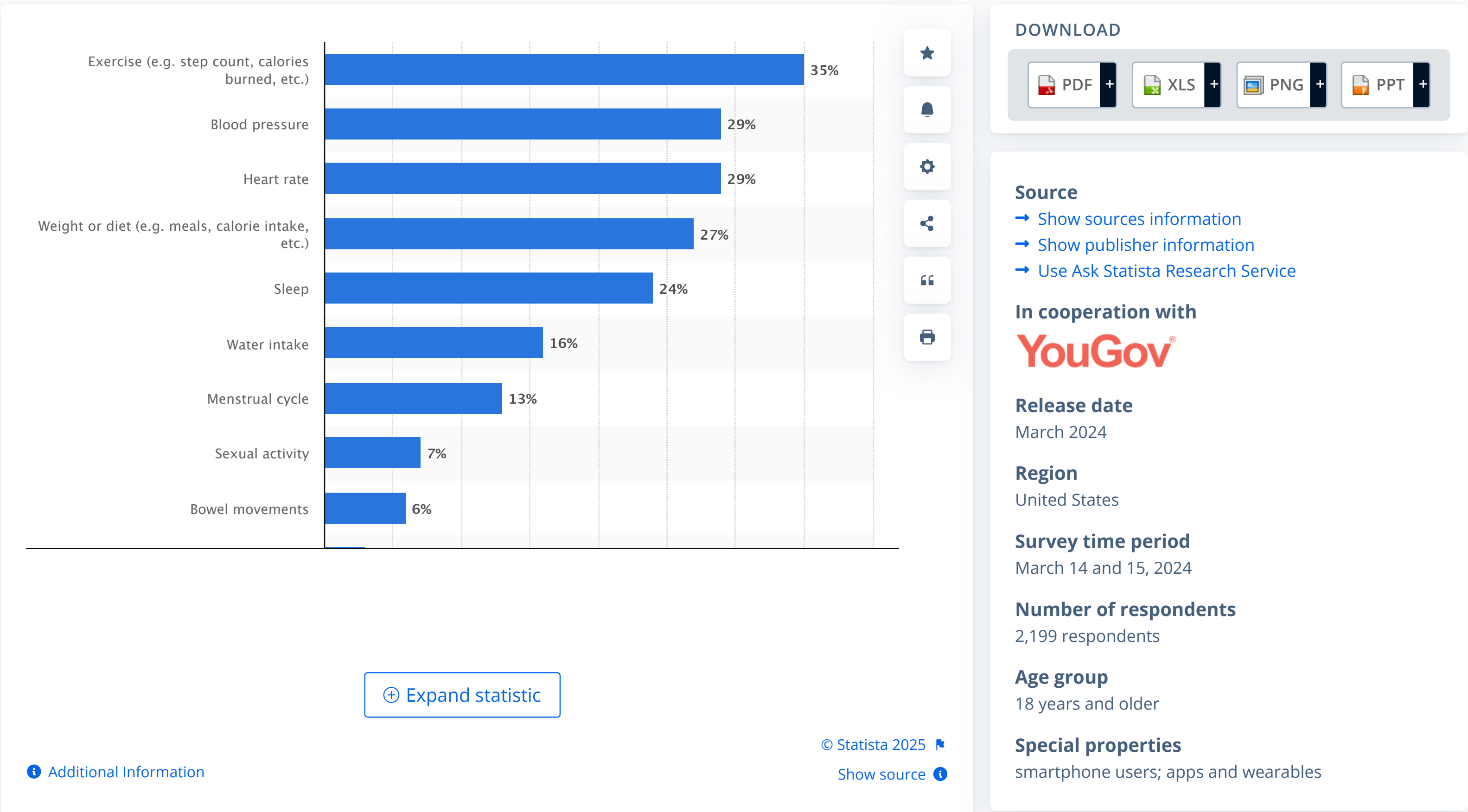


Internet > Mobile Internet & Apps

Most tracked fitness and health aspects among mobile users in the United States as of March 2024



Mobile health tracking activities in the U.S. 2024

Published by Laura Ceci, Feb 27, 2025

According to a survey conducted among mobile smartphone users in the United States in March 2024, activities related to exercise, such as step counting and calories burned, were the most tracked health

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ALL DATA IN ONE FORMAT

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37 page/s | English | PPTX | Detailed references

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- Fitness industry in the United States

Statista is a great source of knowledge, and pretty helpful to manage the daily work.

Christof Baron
CEO, MindShare
Germany

Statistics on " Health and fitness apps "

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The most important statistics

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