

# AYURVED Lifestyle

**Dr. Shilpa Thorat**

M.D. (Ayurved), M.A. (Sanskrit) D.Y.A.

Consulting Ayurvedic Physician

Reg. No.: I-89051-A-1

Clinic and Panchakarma

Pune Clinic : +91 020-2545564

Mumbai Clinic : +91 98220 66064

(By appointment only) +91 97627 42153

Mr. Milind Takle

Rp

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|---------|-------------------|-----------|
| 1. Tab. | Aarogyavardhini   | 1 - 7 - 7 |
| 2. Tab  | Ananta Manjishtha | 1 - 7 - 7 |
| 3. Tab  | Gandhak rasayan   | 1 - 7 - 7 |
| 4. Tab  | Taiphala guggul   | 1 - 7 - 7 |

9/11/2025

• Next Appointment on.....

• Please Bring This Paper On Every Visit

Shop No. C4, Poonam Chambers, Opp. Ashwamedha Hall, Off Karve Road, Pune 411004, Y.A.  
Ph. : +91 20 2545 5564 E-mail : ayurvedlifestyle@gmail.com

Reg. No. 39051-A-1