

The Art Of Living A Minimalist Life

Living happy with less



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I. Information Security

[imdb.com](https://www.imdb.com)

Minimalism: A Documentary About the Important Things (2015)

An interesting documentary directed by Matt D'Avella

[newyorker.com](https://www.newyorker.com)

The mantra of “less is more” still obeys a logic of accumulation—but it hints at genuinely different ways of thinking.

[youtube.com](https://www.youtube.com)

10 Helpful Minimalism Guidelines