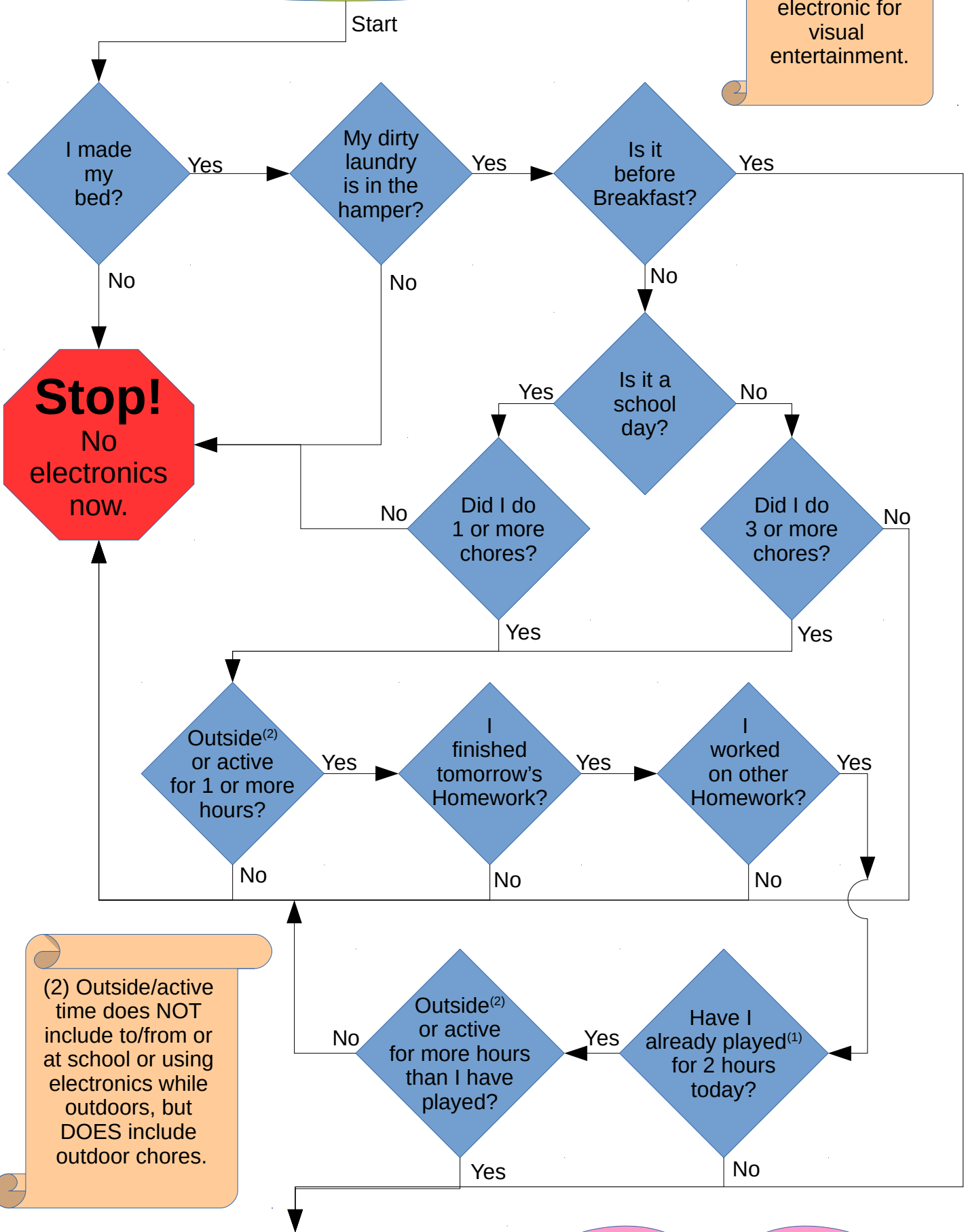


Can I play⁽¹⁾ electronics?

(1) "play" means using anything electronic for visual entertainment.



(2) Outside/active time does NOT include to/from or at school or using electronics while outdoors, but DOES include outdoor chores.



Parents can choose to ignore shared, family electronics time – like watching a movie together.