

# Wiederholung und Sprechtraining

/ Review and Speaking Practice

The following section is designed to review all the content covered in this vocabulary trainer. As in Review Lesson 10, you will assess yourself and take a final look at everything you've learned. Furthermore, you will be introduced to a new learning technique that will help expand your language repertoire and can be applied to other areas of knowledge as well.

### 152. Review the content from Lessons 11 to 20.

This first exercise follows the same format as Lesson 10, with a complete audio file covering Lessons 11 to 20. If needed, review the instructions *on page 122*.

Before starting today's exercise, revisit the two lists you created in Lesson 10 and mark the items you now know with a dot (•) in the respective lessons, or revise anything that needs refreshing.

Once you've reviewed the task description and your Lesson 10 lists, go to Lesson 11 and begin today's review by listening to [Audio W2](#).


As in Lesson 10, you can return to this section in a few days and enter any items from the list above that you no longer remember into the table below. The items you do remember can be marked with a dot again in the respective lessons.


**1-10 Liste** / 1-10 List

1-10 lists are a learning technique for systematically gathering knowledge on a specific topic. You choose a theme and list relevant terms or phrases. In language learning, these could be sentences for everyday situations, such as in a restaurant, or vocabulary related to a specific topic, like animal names. If you can't immediately think of ten entries, you fill in the gaps yourself by adding relevant terms using dictionaries and similar resources.

You can then test yourself at regular intervals by starting the same list again from scratch and comparing it to your previous version. This technique also works well as a purely mental exercise that doesn't require pen and paper – for example, while commuting, sitting in traffic, or waiting in line at the supermarket.

In the second part of the *Vokabeltrainer*, you'll also learn how to expand this technique to anchor these lists even more firmly in your memory.



Tip: It's best to keep these lists in a dedicated folder to build your own personal repertoire and create a handy reference tool.

**153. Find 10 different German verbs and, if possible, use them in full sentences.**

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

**154. Find 10 different German sentences that include the word „ich“.**

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

## Übung

# Sprechtraining / Speaking Practice

In this section, you will learn three key techniques to systematically improve your spoken German. Each technique is illustrated through a practical exercise, allowing you to apply and reinforce the strategies directly. The goal is to help you make your spoken German not only grammatically correct, but also fluent, clear, and effective.

### Chor-Sprechen / Synchronised Speaking

The goal of synchronised speaking is to speak along with an audio recording – in the same rhythm and with the same emphasis. This technique helps you develop a sense of speech melody, sentence rhythm, and intonation. It trains not only pronunciation and pace, but also builds confidence in speaking.

To demonstrate synchronised speaking, complete the following exercise:

Listen to **Audio ST01** twice. In the first round, familiarise yourself with the tempo and rhythm while reading the transcript below silently. In the second round, read the text aloud in sync with the audio.



If possible, use headphones – ideally in a way that allows you to hear yourself on one side (e.g. by leaving one ear uncovered or resting one earpiece behind the ear). This way, you can hear both your own voice and the audio at the same time, which makes coordination easier and improves the result.



#### **Audio ST01** Eine volle Woche.

Ich arbeite von Montag bis Freitag – jeden Tag von 8 Uhr bis 16 Uhr. Am Montag und am Mittwoch habe ich Deutschkurs – natürlich am Abend um 18 Uhr. Am Dienstag und am Donnerstag habe ich Yogakurs. Am Wochenende besuche ich meine Familie und treffe mich mit Freunden. Am Samstag mache ich die Hausaufgaben für den Deutschkurs und lerne für den Test am Montag. Am Sonntagvormittag gehe ich ins Fitnessstudio und am Nachmittag gehe ich spazieren. Eine volle Woche? Das kann man so sagen.

### Echo-Sprechen / Echo Speaking

In echo speaking, you listen to an audio recording and repeat what you hear with a short delay – like an echo. The goal of this technique is to reproduce pronunciation, stress, and sentence rhythm as precisely as possible. Unlike synchronised speaking, you don't speak at the same time but immediately after the original. This allows you to focus more specifically on sound patterns and structure.

To practise echo speaking, use audio track **Audio ST02** which contains the same text as the synchronised speaking exercise. In this version, regular pauses have been inserted,

allowing you to repeat each sentence or phrase aloud – as closely as possible in sound, pace, and intonation. The pauses are also marked in the transcript below.



If you want to use other audio recordings for echo speaking, simply pause them manually after each sentence or phrase using the pause function.



#### **Audio ST02 Eine volle Woche. •**

Ich arbeite von Montag bis Freitag • – jeden Tag von 8 Uhr bis 16 Uhr. • Am Montag und am Mittwoch habe ich Deutschkurs • – natürlich am Abend um 18 Uhr. • Am Dienstag und am Donnerstag habe ich Yogakurs. • Am Wochenende besuche ich meine Familie • und treffe mich mit Freunden. • Am Samstag mache ich die Hausaufgaben für den Deutschkurs • und lerne für den Test am Montag. • Am Sonntagvormittag gehe ich ins Fitnessstudio • und am Nachmittag gehe ich spazieren. • Eine volle Woche? • Das kann man so sagen.

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### **Simulation-Sprechen** / Simulation Speaking

In simulation speaking, you practise giving free, spontaneous answers to typical questions – just as they might occur in real conversations. The aim of this technique is to put yourself into hypothetical, realistic situations, formulate your own responses out loud, and then refine them in a focused way. You're not repeating what you hear – instead, you develop your own language solutions independently.

Here's how it works:

Select questions from a list one by one at random, answer them out loud on the spot, and record yourself while doing so. After 3 to 5 minutes, stop the recording and listen to it carefully. Pay attention to which answers went well – and where you felt unsure, searched for words, or were dissatisfied with your phrasing.

In the next step, write down alternative ways of expressing yourself, revise problematic parts, or even develop full sentence building blocks. This will gradually build a personal repertoire of well-thought-out answers that you can draw on in future conversations. Repeat this exercise regularly to reinforce your phrasing – and significantly improve your speaking confidence.

On the next page, you will find a list of questions that have been introduced throughout this book. Take five minutes and answer them in random order while, ideally, recording yourself. After the five minutes, review and improve your answers.



Tip: Think of additional questions that match your personal situation – e.g., ones you might encounter more often in everyday life, such as in conversations with neighbours, flatmates, or at work.

- |   |   |
|---|---|
| 1. Wie geht's? / Wie geht es Ihnen?                   | 21. Wann hast du/haben Sie Geburtstag?                      |
| 2. Wie heißt du/heißen Sie?                           | 22. Bist du/sind Sie verheiratet?                           |
| 3. Woher kommst du/kommen Sie?                        | 23. Hast du/haben Sie Kinder?                               |
| 4. Wo wohnst du/wohnen Sie?                           | 24. Hast du/haben Sie Geschwister?                          |
| 5. Wie alt bist du/sind Sie?                          | 25. Hast du/haben Sie Haustiere?                            |
| 6. Hast du/haben Sie Hobbys?                          | 26. Gehst du/gehen Sie gern(e) schwimmen/wandern?           |
| 7. Was machst du/machen Sie in deiner/Ihrer Freizeit? | 27. Spielst du/spielen Sie gern(e) Fußball/Volleyball?      |
| 8. Magst du/mögen Sie Sport?                          | 28. Machst du/machen Sie gern(e) Reisen?                    |
| 9. Was arbeitest du/arbeiten Sie?                     | 29. Verbringst du/verbringen Sie gern(e) Zeit in der Natur? |
| 10. Wo arbeitest du/arbeiten Sie?                     | 30. Siehst du/sehen Sie gerne Filme?                        |
| 11. Was studierst du/studieren Sie?                   | 31. Magst du/mögen Sie Serien?                              |
| 12. Sprichst du/sprechen Sie Englisch?                | 32. Isst du/essen Sie gerne Fleisch und Fisch?              |
| 13. Welche Sprachen sprichst du/sprechen Sie?         | 33. Magst du/mögen Sie Gemüse?                              |
| 14. Wie lautet deine/Ihre Adresse?                    | 34. Bist du/sind Sie Vegetarier/Veganer?                    |
| 15. Wie lautet deine/Ihre Hausnummer?                 | 35. Bist du/sind Sie Vegetarierin/Veganerin?                |
| 16. Was ist deine/Ihre Telefonnummer?                 | 36. Was ist dein/Ihr Lieblingsbuch?                         |
| 17. Was ist deine/Ihre E-Mail-Adresse?                | 37. Was ist dein/Ihr Lieblingsessen?                        |
| 18. Wann bist du/sind Sie geboren?                    | 38. Wie ist das Wetter heute bei dir/Ihnen?                 |
| 19. Was ist dein/Ihr Geburtsdatum?                    | 39. Wie spät ist es?  |
| 20. In welchem Jahr bist du/sind Sie geboren?         | 40. Wie fühlst du dich/fühlen Sie sich heute?               |