

Lektion 10

Wiederholung / Review

Willkommen zu Lektion 10!

Die heutige Lektion dient der Wiederholung zentraler Inhalte aus den vorangegangenen Kapiteln. Ziel ist es, die behandelten Strukturen zu festigen, Zusammenhänge erkennbar zu machen und das bisher Erlernte in einen klaren Überblick zu bringen. Die gesamte Wiederholung besteht aus einer einzigen Übung. Absolvieren Sie diese sorgfältig – in späteren Lektionen wird auf sie verwiesen.

Today's lesson is dedicated to reviewing key content from the previous chapters. The goal is to consolidate the structures you've learned, highlight connections, and give you a clear overview of what you've covered so far. The entire review consists of a single exercise. Complete it carefully – later lessons will refer back to it.

ÜBUNG

A complete audio file is available for the following exercise. It contains all the vocabulary table entries from Lesson 1 through Lesson 9. Start the audio and go through the corresponding vocabulary tables in the book as you listen. Cover the English translations with a sheet of paper or your hand so that only the German phrases and sentences remain visible.

Now read along with the German entries and, for each phrase, check whether you can recall the meaning from memory. If you understand a phrase immediately, place a dot (•) to the left of the corresponding row in the table. If you don't know the meaning or are unsure, leave the row unmarked.

After completing the audio review, go back through all the tables from Lessons 1 to 9 and write down all the unmarked phrases in the table below – without translation. Add the corresponding table number in brackets to make it easier to find later.

Now go to Lesson 1 and start [Audio W1](#).

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_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

(Please leave the following table empty for now.)

EXKURS: KONSOLIDIERUNG / CONSOLIDATION

To conclude today's lesson, the following excursus will highlight another important learning mechanism: consolidation.

In learning psychology, consolidation refers to the process by which newly acquired information is further processed and strengthened in memory after the actual learning phase – without active practice or repetition during this time. In other words, consolidation describes the act of learning while not actively learning.

Anyone who plays a musical instrument is likely familiar with this phenomenon: you struggle with a piece for hours, but it just won't „flow“. You keep encountering difficulties. Then, after only a short break – whether 15 minutes or a few days – you sit down at the instrument again, and suddenly there seem to be no more challenging passages, and the piece plays almost effortlessly.

This effect can also be observed in various other areas – including language learning. After an extended study phase or intensive review, like in this lesson, it is therefore advisable to let the material rest deliberately.

Take a study break of three to five days – starting now – before continuing with the next lesson.

Gute Erholung – und bis bald!

(Have a good rest and see you soon!)