**All files total count and size summary**

Get-ChildItem scheduling-service -Recurse -Force | Measure-Object -Property Length -Sum

**All folders count**

(Get-ChildItem scheduling-service -Recurse -Force | ?{$\_.PSIsContainer -and ($\_.Attributes -notmatch 'ReparsePoint')} | Measure).Count

<https://devblogs.microsoft.com/scripting/use-powershell-to-explore-nested-directories-and-files/>

<https://stackoverflow.com/questions/19553063/get-childitem-reports-different-value-to-explorer>