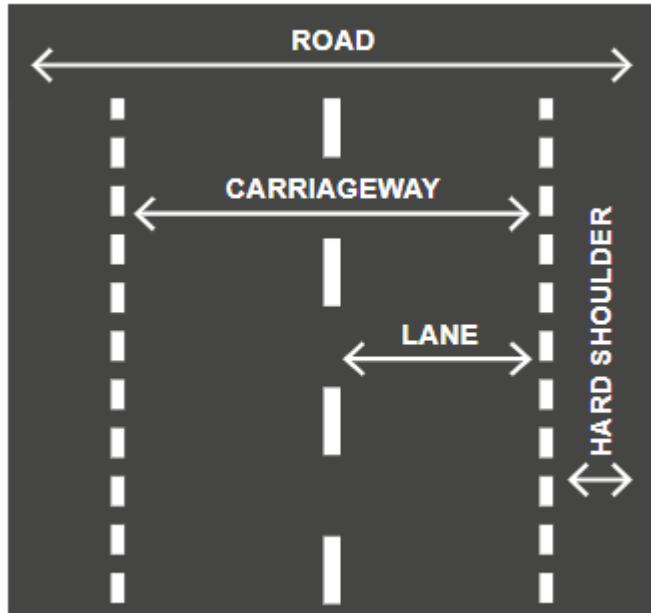


Theory

Vehicle : Used for transport - runs on ground (not rails)

Motor vehicles : Cars, Trucks, Buses, Motorcycles, Mopeds



Hard shoulder or verge

- Safety zone
- Primarily be used by pedestrians, cyclists, moped drivers and slow-moving vehicles.
- You may drive briefly on it to facilitate an overtaking or turning only with good visibility.
- Vehicles on the hard shoulder have an obligation to give way to vehicles on the carriageway

Basic speed limits, which may be of help if there are no signs/road sign destroyed/has snow:

- Built-up area: 50 km/h.
- Outside of built-up area: 70 km/h.

Legally required to maintain sufficiently low speed adapted to the situation :

- Densely built-up areas
- Pedestrian crossings
- Bad visibility (weather, turns, slopes)
- Slippery roads or bad roads (splashing risk)
- Cross-traffic
- Meeting other vehicles on narrow roads
- Approaching children, animals, roadworks in progress, accident
- Approaching bus/tram/school bus that has stopped to let passengers get in/off

Prohibited to drive excessively slowly or brake suddenly without cause

Right to drive at high speeds and not follow traffic rules when necessary :

Police, Health-care, Rescue, Customs/officials etc.

Reversible lanes (==) are very rare

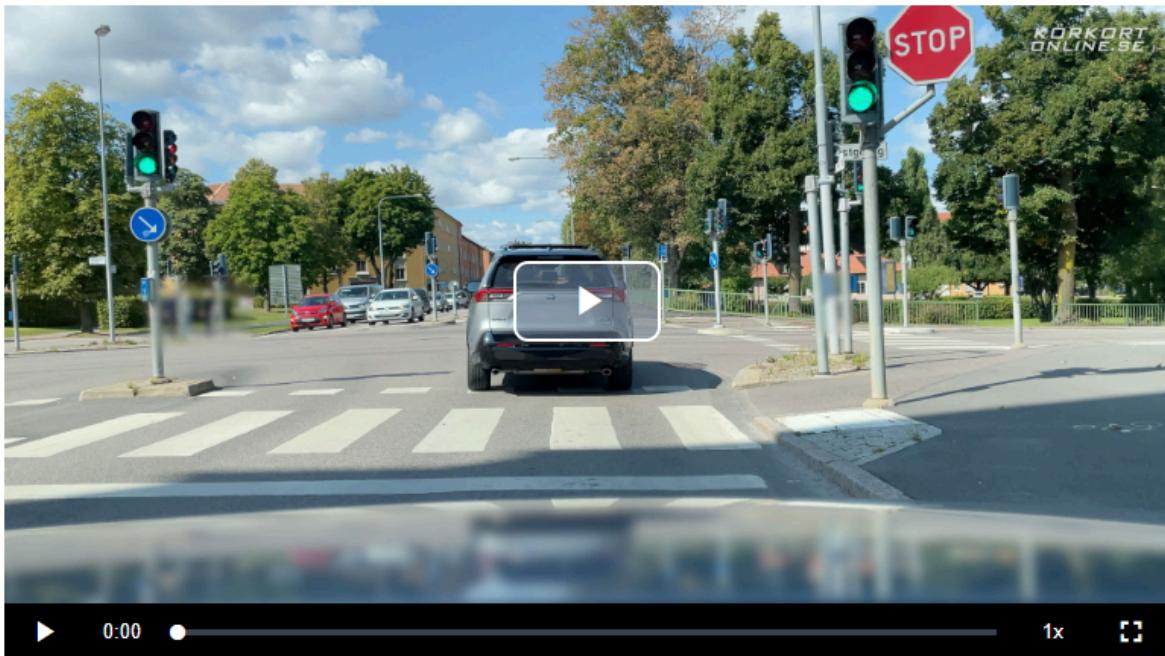
Precedence

Police signals (including a traffic director and similar).

Traffic signals.

Road signs.

Rules (the priority-to-the-right rule, etc.).



You are not supposed to stop. The green traffic signal takes precedence over the stop sign.

If police was here and there was red light and stop, but she still signals to keep driving, you do despite the red light or stop sign

Priority road :



Priority road



End of priority road

- Erected at the start of the priority road and is repeated after each junction
- There is a general parking prohibition on priority roads, which means that you are only allowed to park in marked parking spaces.
- There is, however, no general stopping prohibition on priority roads, which means that you are allowed to **stop to load or unload** goods or to allow a passenger to get in or out of the car



Priority for oncoming vehicles



Priority over oncoming vehicles

You may choose the lane that is most suitable for your continued journey if

- there are at least two marked lanes for traffic in your direction
- and speed limit is 70 km/h or lower

Reserved lane or carriageway for public transport vehicles, etc. (D10)



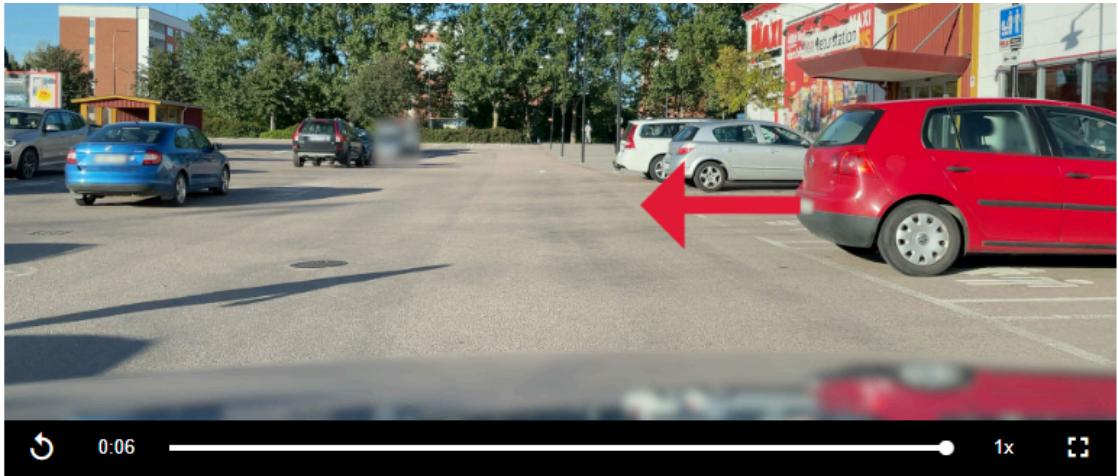
- Can be used by all only to cross
- Bicycles and class II mopeds (not EU mopeds class I) can use it.
- If any other vehicles are permitted to use it, this is specified on an additional panel.

STOP sign

- **Stop just before the stop line. If there is no stop line, stop just before entering the intersecting road.** Sometimes this means passing the stop sign before stopping, as the sign may be several metres before the junction.
- If there is a queue, each car must still come to a stop at the stop line
- Not respecting the obligation to stop is a serious violation. You can lose your licence if you continue creeping forwards instead of stopping.
- All-way stop means that all the adjoining roads have an obligation to stop. The easiest solution is for whoever stopped first to also start driving again first. All-way stops are rare.

The priority-to-the-right rule

- Applies at any time when vehicles cross paths (even in open areas and parking)
- At junctions between a private road and a regular public road, if there are no road signs denoting priority road/obligation to give way, it is the right rule that applies
- Does not apply when other rules exist
- Does not apply during reversing



You are not obliged to give way to the red car, as the priority-to-the-right rule is not applicable when reversing or when exiting a parking space. However, be careful, as the reversing driver may not see you.

Turning rule

- Give way when turning at a junction.
- Do not obstruct oncoming and existing road users (including pedestrians/cyclists even if there is no pedestrian crossing). This obligation to pedestrians is milder than, for example, your duty to give way to pedestrians at pedestrian crossings. You do not have to stop and wait for pedestrians who are approaching the junction and are about to cross, as you must do at pedestrian crossings. However, be careful and keep in mind that pedestrians and cyclists are unprotected road users.

Obstacle rule

- Driver with obstacle on their side should give way

Obstruction rule

- Never stop at a junction, on a pedestrian crossing or similar.

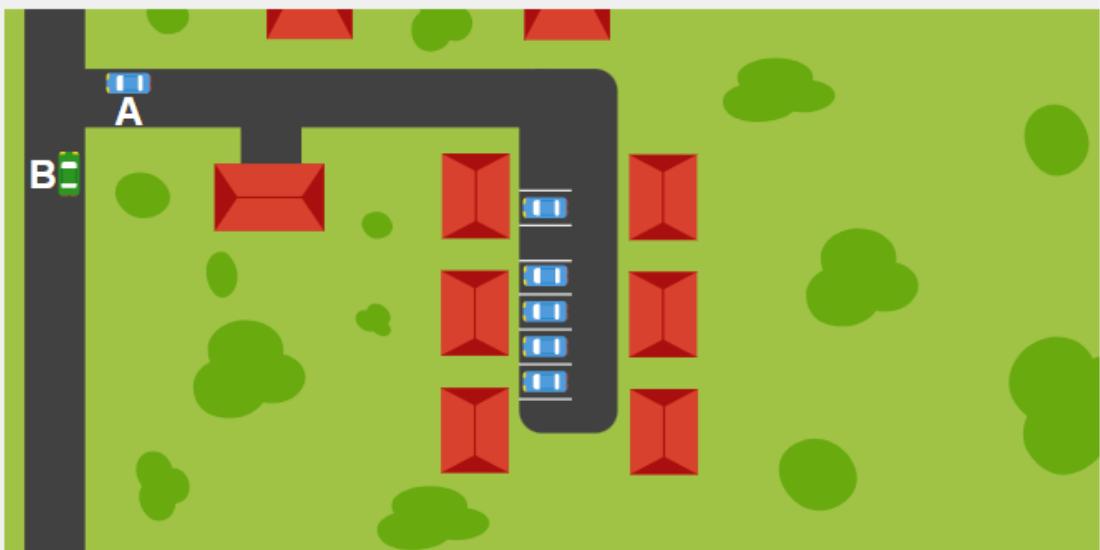
Always Give way to and do not obstruct:

- Emergency vehicles (ambulances, police cars and fire engines) with sirens and/or flashing blue lights turned on
- Trains and trams.
- Military convoys
- Processions of different kinds (such as children with teachers and funeral processions)

Exit rule

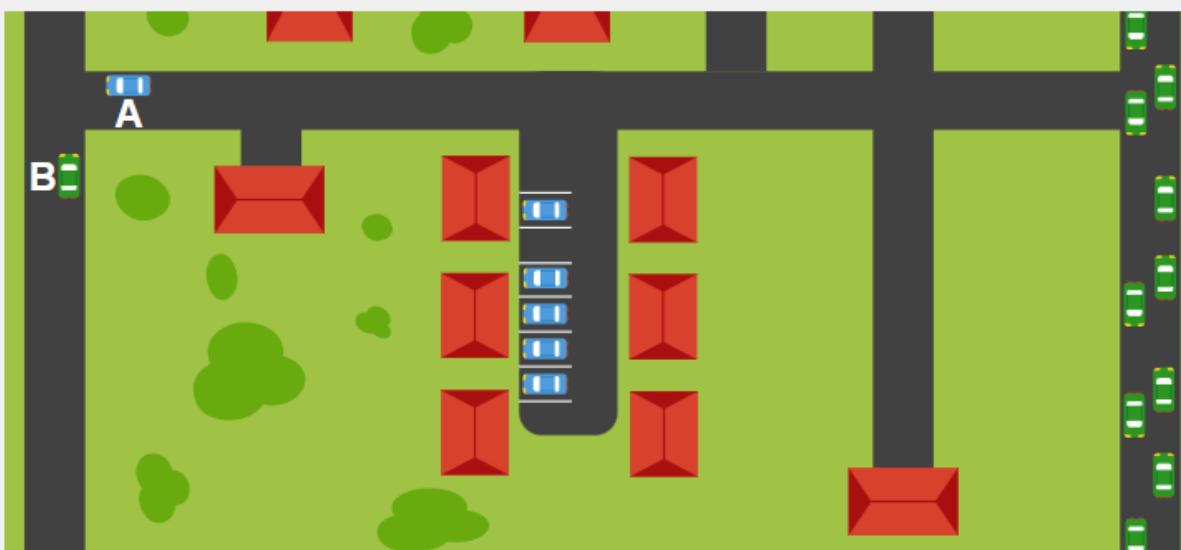
- Give way while exiting
 - car park
 - property, petrol station
 - hard shoulder
 - pedestrian street, home zone, bicycle street

Example 1: The exit rule applies here



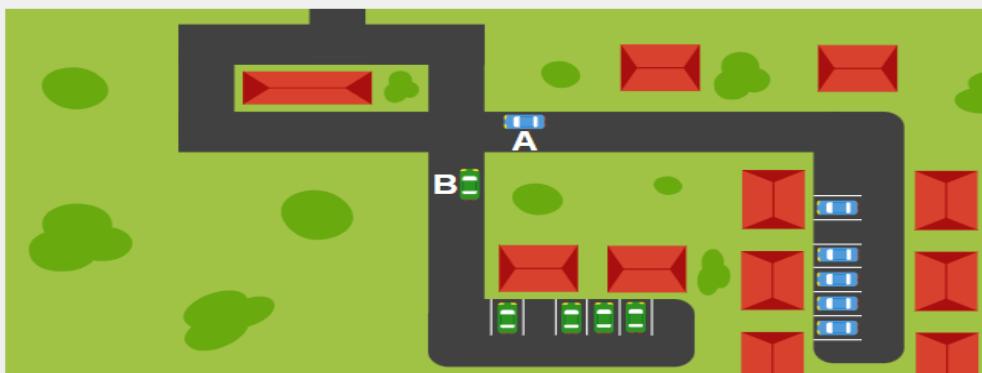
A is coming from a delimited area, the sole purpose of which is exit from/entry to a few homes with parking spaces. B is driving on a regular road for normal traffic. A has an obligation to give way to B,

Example 2: The exit rule does not apply here



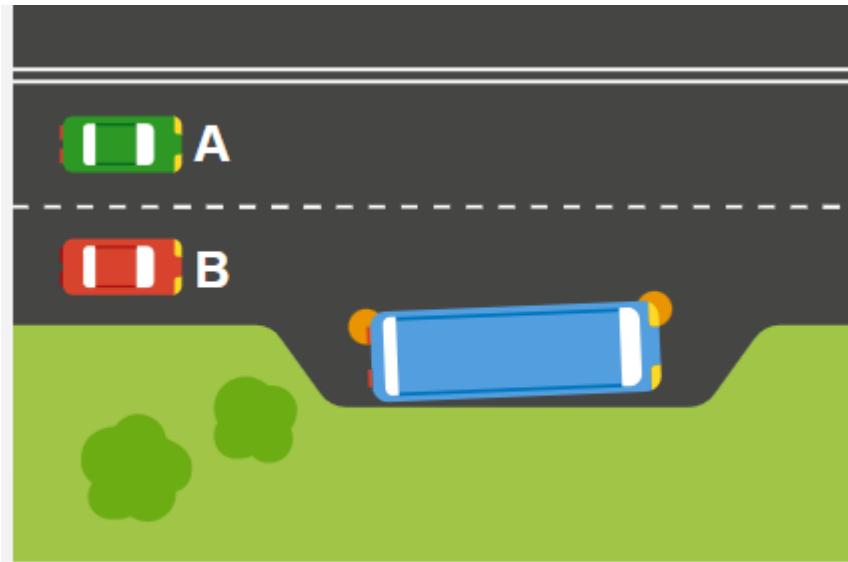
A is coming from an area with several side-roads, and there is also a connecting road to another road for normal traffic. B has an obligation to give way to A, in accordance with the priority-to-the-right rule.

Example 3: Two exits meet = priority-to-the-right rule



Bus rule

- 50 km/h or slower: You must give way to the bus if it indicates to exit (only applicable to the lane furthest to the right)



Only car B is obliged to give way to the bus.

- Over 50 km/h: The bus must give way to you.

Roundabout

- **Give way** to all those **already driving** in the roundabout.
- You are only allowed to change lanes if you can do so without obstructing or endangering other road users.
- Facilitate other drivers' lane changes by adapting your speed.
- **Try to exit from the right-most lane**

Vehicle may be towed away if rules are broken and if

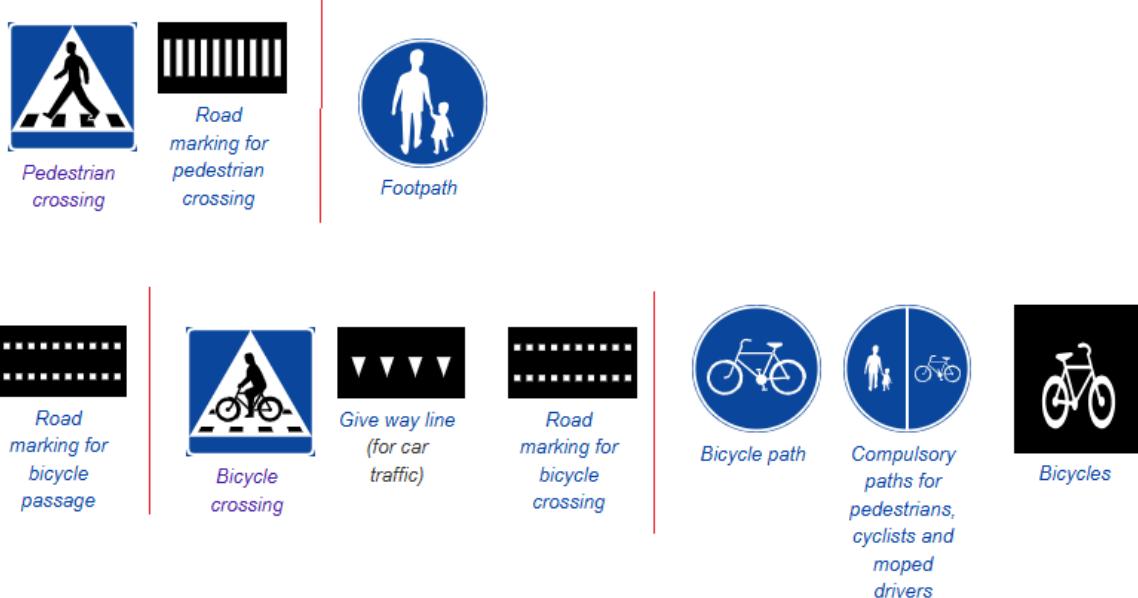
- Parked where it is unsafe, blocks traffic or hinders road maintenance
- Not suitable for traffic (e.g. driving ban, wreck or unpaid debts)

Private road



Visibility in darkness :

	Full beam headlights	Dipped headlights
Dark clothing NO reflectors	150 m	25 m
Light clothing NO reflectors	300 m	60 m
YES reflectors	450 m	125 m



<i>Pedestrian Crossing</i>	<i>Footpath</i>	<i>Bicycle passage</i>	<i>Bicycle crossing</i>	<i>Bicycle paths</i>
Sign and/or road marking	Cars can only cross + should give way	Often combined with PC	Cars - give way	Cars can only cross + should give way
Seek eye contact				
Don't wave over if multiple lanes				
Controlled PC <ul style="list-style-type: none"> Traffic signals or police 		<ul style="list-style-type: none"> Cyclists Electric scooters Class II mopeds 	Don't drive >30 kmph	
Uncontrolled PC <ul style="list-style-type: none"> CPC if signals are not functioning Car - give way - show intent (reduce speed/ stop) 		Controlled BP		
		Uncontrolled BP <ul style="list-style-type: none"> Cyclists - give way to car Car turning - Car give way Cars let cyclists already on BP pass 		

- Pedestrians hit by car at 30 kmph have 90% survival rate, and 20% at 50 kmph

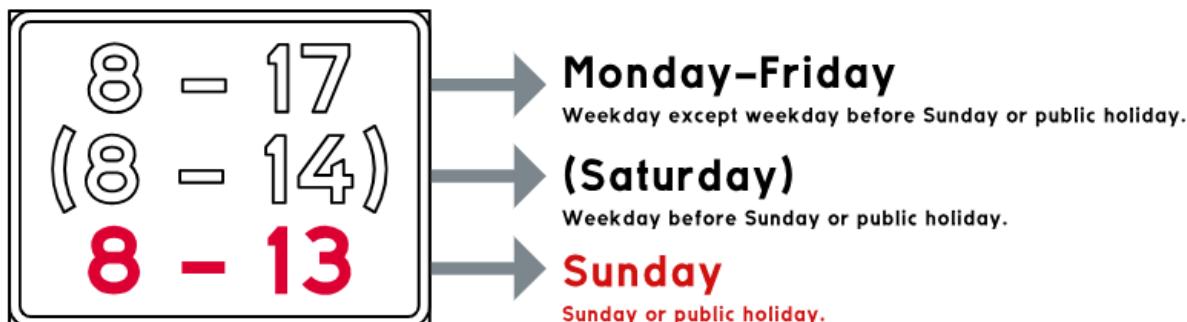


Cycle street

: all vehicle traffic must be adapted to cyclists.
maximum permitted speed is 30 km/h
vehicles may not be parked on the streets.
duty to give way to vehicles on the cycle street.
when leaving cycle streets.



Time indications on additional panel



Parking	No parking	No stopping or parking
<p>Parking = Halting other than avoiding danger/required by traffic conditions/loading, unloading near car/dropoff, pickup</p> <ul style="list-style-type: none"> • P = Park for max 24 hrs on weekdays (Monday-Saturday). NO time limit on saturday (or day before public holiday) and sunday (public holiday) • Set the parking disc to nearest half-an-hour • Prohibited to leave the car keys in a parked car 	<p>NO P at</p> <ul style="list-style-type: none"> • Within 30m of level crossing • Priority road if there is no parking sign • If blocking someone's exit • Next to another vehicle side-by-side (called double parking) • If one of the wheels is outside a parking space • At a passing place (M sign) • LHS of the road <p>Exception 1: One-way street. Exception 2: If RHS</p>	<p>Stopping = Halting other than parking/avoiding danger/required by traffic conditions</p> <p>NO S/P at</p> <ul style="list-style-type: none"> • At a junction and within 10 metres from the junction • Within 10 metres before a pedestrian crossing (can stop/park after 10m.) • Where you obscure visibility or roadsigns • In tunnel • Roundabout • Motorway/Clearway • On a road where

<ul style="list-style-type: none"> • Disabled parking - only by those with permit. If no permit, you can only drop-off/pickup • If you park on the side of a road in the dark, you must turn on your parking lights so that other road users can see your car. • Turn the wheels on an uphill or downward slope to prevent the car from rolling out Uphill slope: Away from the kerb Downhill: Towards • No parking zone : Exception: Parking is permitted where a parking sign is displayed in the zone • Date parking : Even-numbered dates: NO parking on the side of the road with even house numbers Odd-numbered dates • As long as you do not obstruct a bus or tram, drop-off and pickup (but not load/unload) - 20 metres before and 5 metres after bus stop if unmarked 	<p>has tracks</p>	<p>there is a solid centre line on your side, if there is less than 3 metres between your car and the line</p> <ul style="list-style-type: none"> • In a bus lane • In a bicycle lane • At level crossings • On public places that are off-road (e.g. grass) within built-up areas.
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you are not allowed to park after the pedestrian crossing.

Country Road

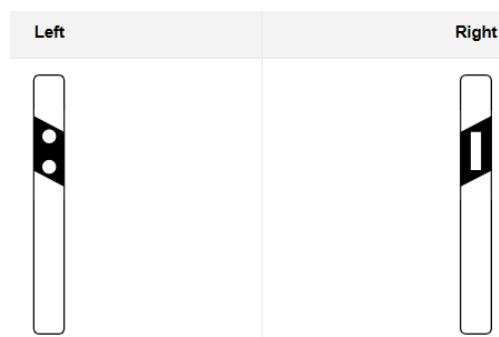
- A good distance to maintain from the car in front of you on a country road is 100m.
 - 3-second rule (1001..)
 - 3 verge posts between (distance between two white verge posts is 50 metres)
 - Change your speed in km/h to metres - so, 90m when travelling at 90 km/h
- If the car behind you is too close, you can reduce the risks by maintaining a large distance from the car in front of you. Or pull over into an appropriate lay-by or parking space, and allow the stressed driver to pass.



The **first** car to arrive at the passing place shall stop, irrespective of which side the passing place is on.

If there is an **obstacle** on the road, the car whose side the obstacle is on shall stop and allow oncoming traffic to pass.

- Verge posts with reflectors
 - Distance between verge posts is normally 50 metres (100 metres on motorways, 25 metres in bends).
 - The reflectors are white if the road continues without interruption. At junctions, bus stops and parking spaces, the reflectors are yellow.
 - On the left side of the road, the reflectors are round to warn of oncoming traffic. On the right side of the road, the reflectors are rectangular.
 - On motorways, the reflectors are rectangular on both sides, as there is no oncoming traffic.



Motorways

- Both exit and entry slip roads are part of the motorway, which means that the same rules apply to them
- Motorway entry slip roads
 - If there is an **acceleration lane**, **neither** those in the acceleration lane nor those already on the motorway have **priority**. Mutual consideration and adaptation apply.
 - If there is no acceleration lane, those entering have an obligation to give way to traffic already on the motorway.
 - Leave the entry slip road as soon as you can
- Vehicles <=40 kmph are forbidden (incl. Class I mopeds (45 kmph))
- Towing is forbidden

Clearways

- Mix of motorway and country road.
- Same rules and prohibitions as on motorways apply.
- No intersecting traffic, but oncoming traffic may occur (rare, cable barriers are often used).
- Accidents occur more frequently than on motorways (shorter entry slip roads, less space to the sides).

Overtaking

- Once you have overtaken, you must return to your original lane as soon as possible
- Rejoin the lane once you can see the car you have overtaken in the right side mirror
- You are obliged to assist the car overtaking you (if the hard shoulder is empty, you can drive on it to make things easier), even if manoeuvre is prohibited or dangerous
- Trams are normally overtaken on the right
- Roadwork vehicles may be overtaken on the most suitable side
- You are not allowed to break the speed limit when overtaking.
- No overtaking
 - If someone behind or in front is overtaking or is about to do so.
 - If you would need to cross the centre line and there is oncoming traffic or limited visibility.
 - Uncontrolled PC, BP, BC
 - Exception: Passing at low speed (so that you are able to stop) is permitted if there is more than one lane in your direction and one of the following conditions is met: The lanes have different destinations. There is heavy queuing in all lanes. It takes place at a junction.
 - On the right-hand side
 - Exception 1: Permitted if the lanes have different destinations
 - Exception 2: if there is heavy queuing in all lanes.
 - Exception 3: if the vehicles are in separate lanes at a junction
 - Exception 4: if the speed limit is <=70 kmph and there are at least two marked lanes going in the same direction
 - Exception 5: Permitted if the other vehicle is turning left.
 - Junction where the right rule applies, or other junctions where you have an obligation to give way
 - Exception 1: Permitted to overtake two-wheeled vehicles
 - Exception 2: Permitted to pass on the right if the other vehicle is turning left.
 - Railway crossings with no barriers or 3-colored traffic signals. Exception: Permitted to overtake two-wheeled vehicles.
- Over 90 km/h: If you increase speed by 10 kmph, you gain 30 sec every 10 km. Below 90 km/h: If you increase speed by 10 km/h, you will gain 1 minute every 10 km.
- Accelerating overtaking : Drive closely behind at the same speed. Pull out and increase your speed quickly (within the speed limit) to pass the car
- (Better) **Flying overtaking** means : Approach at high speed and change lanes in good time before driving past - requires a shorter distance (as well as using less fuel)

Slippery road

- Winter
 - A lot of snow and ice = not treacherous, as the danger is evident. Patches of ice = treacherous, as the danger is hidden.
 - Drive on snow tracks as you may get good traction inside them, but if you go outside them you may lose the grip on the road completely. You should therefore avoid overtaking in these conditions.
 - Freezing rain = When the temperature is around 0°C, rain may freeze directly upon contact with the road -> Extremely slippery roads
 - Snow smoke : While snowing, tyres in front whisk up the newly fallen snow. So, maintain an extra large distance
 - Snow markers (long red poles) indicate the actual width of the road.
 - How to discover ice on the road
 - Temperature lower than +4°C
 - No splashing heard from under the car when road looks wet/damp
 - At a junction, snow is often densely compressed by passing cars, which increases the risk of ice
 - Shaded sections
 - Bridges and viaducts as they are cooled by the air from below and above
 - Winter equip. : Outerwear, Snow shovel, Ice scraper, Towline, Starter cables
- Spring : Melting snow and ice
- Autumn : Ice
- Summer : Tar in asphalt, or oil remnants

Aquaplaning

- Car floats on water as they can't disperse all of the water from beneath it and thereby do not make contact with the road
- Wider tyres mean that more water needs to be pushed aside, which leads to a greater risk of aquaplaning.
- High speed, or tyres with poor tread depth also increase the risk of Aqp
- If you begin Aqp, DO NOT STEER, DO NOT BREAK, and RELEASE ACCELERATOR

Car's Weight

- Private car = Driver + max 8 passengers
- Kerb/Service Weight = Car + Full fuel tank (no passengers/cargo)
- Unladen weight = KW + Driver (max 75 kg)
- Maximum load = Given in registration certificate (incl. non-driver weights + cargo)
- Total weight = Unladen weight + Maximum load
 - **Category B License Requirement:**
 - **Trailer's TW ≤ 750 kg** (so, Car 3,500 kg + trailer 750 kg = 4,250 kg) OR
 - **If Trailer's TW>750 kg, then max TW (i.e., car+trailer TW) ≤ 3.5 tons**
- Gross weight = Actual weight at this moment (including KW, current load/passengers)

Speed table

25	Class 2 moped
30	<ul style="list-style-type: none"> • A-tractor (EPA car) • Non-tow truck towing another <ul style="list-style-type: none"> ◦ If on motorways/clearways, DON'T tow by yourself - instead call tow truck ◦ Can have hazard lights on towed car and not on towing veh. ◦ Dark : Towed car with no lights should be marked - WHITE reflectors and lamp at the front, and red at the back • Class 2 motorised eq. (construction eq.)
40	<ul style="list-style-type: none"> • Tractor type a • If trailer has no brakes, and its total weight (trailer + any load) is more than half of car's kerb/service weight
45	Class 1 (EU) moped
50	<ul style="list-style-type: none"> • Class 1 motorised eq. (construction eq.) • Tractor type b
80	<ul style="list-style-type: none"> • Car's trailer with brakes • If trailer has no brakes, and its total weight (trailer + any load) is less than half of car's kerb/service weight • Motorcycle with trailer • Heavy truck on other roads • Heavy truck with trailer
90	<ul style="list-style-type: none"> • Heavy truck on motorway/clearway • Heavy bus (TW > 3.5 tons) without seat belts
100	Heavy bus (TW > 3.5 tons) with seat belts
?	<ul style="list-style-type: none"> • Light truck • Light bus (TW <= 3.5 tons) • Motorcycle

Slow-moving vehicles



orange-red triangular-shaped sign (known as an *LGF*)

- Speed = 30, 40, 45 kmph
- 4 wheeled vehicles have this sign

Roof boxes

- Avoid loading heavy items (Roof box + Roof racks + Cargo <= 100 kg)

Level crossings

- Point where train/tram intersects with road

Level crossing with gates (A35)



Level crossing without gates (A36)



Junction with tramway line (A37)



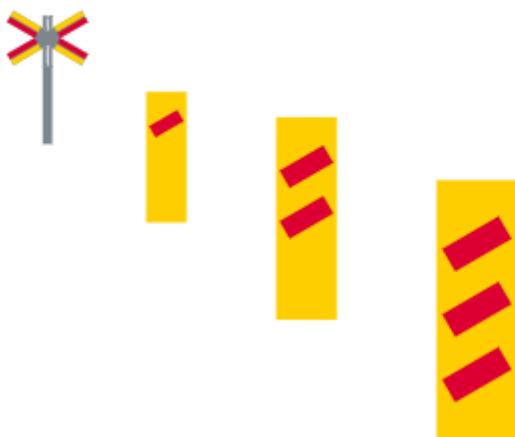
- Train/Tram crossing



- Single/multiple tracks
- Placed just before level crossing
- Not usually placed on private road even if there is level crossing

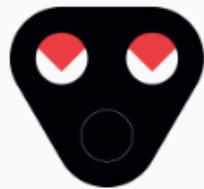
Distance to a railway crossing

First, you will see the sign with 3 bars, then the sign with 2 bars, and finally 1 bar.



- Tracks are uneven, so slow down if you are driving > 70 kmph

- When you're driving in the countryside or less populated areas, you'll usually see the three-bar distance marker placed under one of the level crossing signs
- In cities or towns, they usually don't put these extra distance-bar signs
- Level crossing signals :



Red flashing lights, level crossing



White flashing lights, level crossing

- Special railway signals found at some supervised level crossings
- Red = Stop, White = Go
 - White lights are there to make the railway crossing easier to detect. They do not mean that it is safe to proceed. If a train is approaching, you must give way, even if the lights are not flashing red.



Level crossing plate

- Used to make a level crossing more visible
- Where used, they are usually positioned to the right, to the left and above the crossing.



Sound signal (Y2)



Barrier (Y3)

Traffic Hazard driving

- 20% of traffic deaths are related to the use of drugs or alcohol
- 90% of drunk drivers are men – mostly young or middle-aged.
- Your reaction time after a sleepless night is comparable to that of a drunk person.

Alcohol	Medication	Drugs	Mobile phones
per mille (%) = 1‰ = 1 per 1,000 = 1 g. of pure alcohol in every 1,000 gm of blood	Your responsibility to judge whether the medication makes you a traffic hazard	Zero tolerance Stimulants = Cocaine and amphetamines; Sedatives = Heroin, opium and morphine; Hallucinogens = LSD	<ul style="list-style-type: none"> • Prohibited to hold phone while driving • Prohibited to use a mobile phone, fiddle with a GPS device or similar if it makes you a traffic hazard.
<p>Drunk driving</p> <ul style="list-style-type: none"> • 0.2 per mille (%) = 0.1 mg of alcohol per litre of breath. • Fine or jail up to 6 months • 1 year license revoked. Repeat cases - 2 years • Serving alcohol to one you know will be driving, or lending car to drunk person = Complicit in drunk driving • Applicable everywhere, including fenced-off areas and private property. 	Same legislation as drunk driving .	Same legislation as drunk driving .	
<p>Aggravated drunk driving</p> <ul style="list-style-type: none"> • 1.0 per mille (%) = 0.5 mg of alcohol per litre of breath. • Jail up to 2 years • License revoked - 2 years - Take tests again 			



Visual impairment



Hearing impairment

- Visual impairments - White cane
- Signals with the white cane
 - Straight towards the ground: waiting and listening
 - Diagonal: intends to start walking.
- Guide dogs wear a white harness
- 65–74 years old - high degree of maturity and traffic experience
- 75 years and older: Senses impaired which means that they have a 5–6 times higher accident risk (same as 18–19-year-olds)

Children

- School buses have signs with warning lights that the driver turns on 100 metres before a stop and turns off 100 metres after the stop.



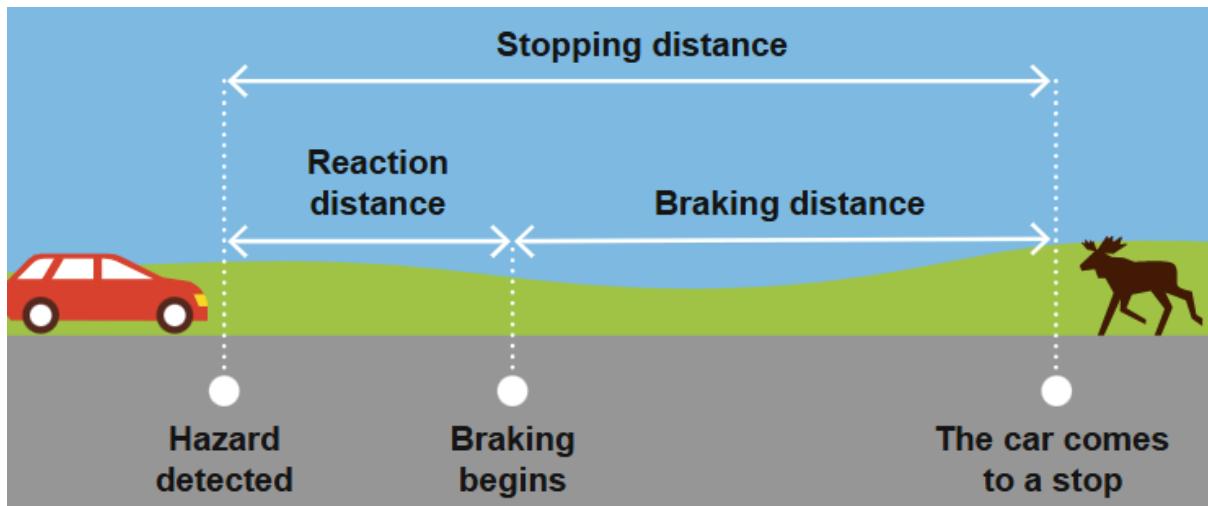
- In Sweden, crossing guards are often children or young people. They wear orange coats with reflectors and stand next to pedestrian crossings. But they have no official powers – for example, they are not authorised to stop traffic.

Accidents

- If the person is not breathing: No pulse - Cardiopulmonary resuscitation (CPR) is required. Has a pulse - Mouth-to-mouth resuscitation.
- Circulatory shock involves life-threatening internal damage (bleeding). The person will often be pale and experience cold-sweats. Make sure the person is breathing properly and do not give them anything to drink.
- If the object you have damaged is a road sign, you must immediately try to restore it. If you are unable to, contact the police and warn other road users.
- Greatest risk of wildlife on the road
 - At dusk and dawn
 - May–June and September–October
 - On salted roads
 - Close to open fields
 - Close to a watercourse
 - At the start and end of a wildlife fence.

- Accidents involving elk are the most dangerous type of wildlife accident.
- If your car stalls on a road/you stop due to an emergency where the speed limit is over 50 km/h, put on hazard warning lights and display a warning triangle. Place it 50–100 metres behind the car.
- Risk of a pedestrian being killed if hit by a car: 10% risk of fatality at 30 km/h. 80% risk of fatality at 50 km/h.

Distances



- Reaction
 - Car speed \propto Reaction distance
 - Reaction distance = Remove the last digit in the speed, multiply by the reaction time and then by 3
 - Your reaction time normally = 0.5–2 seconds
 - 45–54-year-olds have the best reaction time in traffic.
- Braking distance
 - Affected by
 - Car speed (quadratic increase)
 - 2 x higher speed = 4 x longer braking distance
 - 3 x higher speed = 9 x longer braking distance.
 - Road (gradient and conditions)
 - Load
 - Brakes (condition, braking technique and how many wheels are braking).
 - The braking distance may be 10 times longer when there is ice on the road.
 - Braking distance = Remove the zero from the speed, multiply the figure by itself and then multiply by 0.4

Tyres



Non-studded winter tyres (friction tyres) must be marked with the "Alpine" and snowflake symbol.

Tyres	Tread depth
New tyres	8–9 mm
Worse wet grip	3–4 mm
Minimum permitted on summer tyres	1.6 mm
Minimum permitted on winter tyres	3 mm

- New tyres
 - Summer tyres : 7-8 mm
 - Safe to change at 3 mm
 - Winter tyres : 9-10 mm
 - Safe to change at 4-5 mm
- Winter tyres
 - Studded tyres:
 - Best on icy surfaces, but cause a lot of wear on the roads.
 - Older cars without anti-skid systems should have studded tyres.
 - Friction tyres:
 - As good as studded tyres, except on ice. But good enough for mild winters and for cars with anti-skid system
 - Friction tyres roll more quietly and wear less on the roads.
 - Driving with friction tyres in the summer can cause dangerous situations, because the rubber in the tyres becomes too soft.
 - Summer tyres with snow chains may be used as an alternative to winter tyres.
- Winter road conditions exist if there is snow, ice, slush, frost on some part of road
- Legally : **Winter tyres in winter road conditions: 1 December–31 March**
- **Prohibited to studded tyres 16 April–30 September unless winter road conditions** as studs rip up particles hazardous to human health



*No traffic with
studded tyres*

On some stretches of road in big cities, the air quality is so bad that studded tyres are banned altogether. This ban is [marked with a road sign](#) and applies even during the winter.

- Year-round tyres are not suitable for use in Sweden
- It is prohibited to combine summer tyres and winter tyres. It is also prohibited to combine studded winter tyres and non-studded winter tyres. Exception: If you get a puncture on a car fitted with winter tyres, you may use a summer spare tyre until the winter tyre has been fixed.
- Change both tyres on the same axle, not just one tyre
 - After changing a tyre, you should re-tighten the wheel bolts after several tens of kilometres of driving in order to reduce the risk of them loosening.

- Tyres are subjected to greater wear at higher speeds
 - Smooth driving is better for the tyres
- Tyre pressure
 - Check tyre pressure once a month. Always measure when tyres are cold.
 - When you drive: Tyres get hot -> Hot air expands Pressure increases temporarily -> false high pressure reading
 - Correct pressure is mentioned in the instruction manual.
 - Wrong pressure can increase fuel consumption, shorten tyre life and lengthen braking distance
- Retreaded tyres are used tyres that have been fitted with new treads - cheaper but worse than new tyres
- Incorrect **wheel alignment** causes the car to **pull** to one side if you hold the steering wheel loosely on a straight road. This leads to uneven **wear** on the tyres. It can be caused by the tyres **bumping** into something.
- Incorrect **balancing** causes the steering wheel to **vibrate** occasionally. This leads to increased tyre **wear**.
- A regular spare tyre is exactly the same type of tyre that the car normally has.
- A temporary spare is a narrower tyre version that is only suitable for use in order to get the car to a workshop. The car's user manual contains instructions regarding the maximum speed, maximum distance and the air pressure for the temporary spare.
- If any one should have studded tyres, it's always the trailer attached to the car even if the car does not have studded tyres. This is to avoid the risk of jack-knifing, which occurs when the car has better grip than the trailer during braking. The result will be that the trailer skids to the side in an uncontrolled manner
- Side force
 - When you turn, the tyres must push the car sideways. If you go faster, they can't push enough → you slide.
 - Side force = the tyres' ability to push the car sideways in a curve

Side force needed depends on speed².

Speed	Required side force
1× speed	1× force
2× speed	4× force (2^2)
3× speed	9× force (3^2)

So, even a small increase in speed makes the required grip MUCH higher.

- Roadholding (Grip)
 - Grip = friction between tyres and the road = what keeps the car from sliding.
 - You need enough grip to: turn safely, brake safely, accelerate without spinning
 - Less grip : Worn/bad tyres, wet roads, new asphalt (oily), gravel, mud

Steering

Oversteering	Understeering (safer than O)
Car turns too much as the back tyres lose grip -> Rear-wheel slide (fishtailing)	Car turns too little as the front tyres lose grip.
Normally affects rear-wheel drive cars -> So, put the best tyres at the back	Normally affects front-wheel drive cars (Most new cars have front-wheel drive)
<p>Causes of oversteering :</p> <ul style="list-style-type: none"> ● Back tyres problems <ul style="list-style-type: none"> ○ Aqp -> lose grip ○ Tail-heavy car (too heavy a load at the rear) ○ Insufficient air in both ○ Worn tires ● Forceful braking ● Forceful acceleration with a rear-wheel drive car ● Trailer/Caravan ● Crosswind 	<p>Causes of understeering :</p> <ul style="list-style-type: none"> ● Front tyres problems <ul style="list-style-type: none"> ○ Aqp -> Lose grip ○ Nose-heavy car (too heavy a load at the front) ○ Insufficient air in both <ul style="list-style-type: none"> ■ One has low air -> Car pulls diagonally ○ Worn tires ● Braking without ABS brakes ● Forceful acceleration in a front-wheel drive car ● Trailer/Caravan ● Locked differential (the wheels are forced to move at the same speed on bends)

- Steering system
 - Power steering is a system that makes it easier to turn the wheel
 - Choppy steering probably indicates that dirt or air has entered the servo
 - Shaky steering wheel is normally caused by imbalance in the front wheels or looseness in the steering mechanism
- ESC-system (Electronic stability control) - also called anti-skid/anti-spin system/DSTC (Dynamic Stability and Traction Control)/ESP (ES Program)
 - A computer with sensors detects whether a wheel is spinning or if the car is hastily turned in a certain direction.
 - The computer uses this information to calculate the best measure for resolving the situation (e.g. applying brakes to one of the wheels).



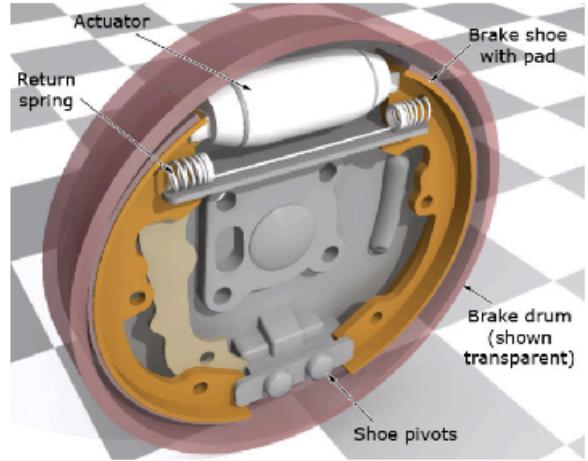
The *ESC* light

Car brake system

- **Dual-circuit brake system** means that the braking system is divided into two independent parts. If one circuit (brake for two wheels) fails, the second circuit (remaining two wheels) functions as normal. It's a common feature in cars
- Main braking system



*Wheel removed from a car with disc brakes.
The brake caliper is the blue part.*



- When you press the brake pedal (footbrakes/service brakes), the **hydraulic** system moves the brake fluid, which then applies pressure to disc/drum brakes to stop the car.
- One problem with brake fluid is that it attracts moisture/water which affects braking. So it should be changed every two years.
- Most common brakes in new cars are **disc brakes** which have an open brake disc and a caliper that is pressed against the disc when you brake
- **Drum brakes** have a round drum. Inside the drum are brake shoes which are pressed against the drum when you brake.
- Additional braking system - Ex: Anti-lock brakes (ABS) brakes
 - They help with car control during forceful braking. The braking distance can be decreased, but in certain cases may be increased (e.g. on gravel)
 - It makes sure the wheels don't lock up when you brake hard.
 - ABS works by monitoring the wheel speed and if the system detects any wheel is about to lock, it adjusts brake pressure to keep the wheel turning. This allows the car to keep control and helps you steer
 - When you brake hard in a car that is fitted with ABS, the pedal may begin to stutter and pulsate (it sounds as if something is wrong). This is entirely normal, however, as this is how the ABS system works.

*If the **ABS warning light** comes on while driving, there is something wrong with the ABS system.*



The ABS warning light

- Faulty brakes test with engine ON - Press the pedal down hard for 20 seconds
 - If the brake pedal sinks very low, this indicates wear.

- If the pedal continues to sink slowly, despite the fact that you have reached the bottom, this means there is probably a leak in the brake system. This poses a very serious traffic hazard and must be rectified immediately.
 - If the pedal feels springy, this may be due to air in the brake system. Take the car to a workshop to have this rectified.
 - It is especially important to test the brakes after washing the car, as water can have a negative effect on them. Forceful, controlled braking will dry up the moisture.
- Brake servo
 - When you press the brake pedal, the brake servo makes it easier to move the pedal down. The brake servo only works when the engine is running.
 - Test to see if the brake servo is working: Pump the brake pedal a few times with the engine switched off. Start the car with the brake pedal depressed. If the pedal sinks when the engine starts, the servo is working as it should.
- Parking Brake (Hand brake/Emergency brake)
 - It is there to stop the car from rolling when it is parked.
 - When you engage it, it applies force to the rear brakes, locking the wheels so the car doesn't move
 - The electronic system may have automatic release features, where the brake disengages when you press the accelerator or shift into drive.
 - There is a risk that it may freeze in place in cold, damp weather. It may seize up if you do not use it regularly
 - Check to see whether the parking brake is working (does not work with electronic parking brake): Set the car rolling down a hill and then pull on the brake. Try to drive with the brake on.
- Brake fluid level



- Check level occasionally
- Replace every 2 years

Kinetic energy

- Energy an object has because it's moving.
- **Kinetic energy = mass × (speed)²** (in simple terms)
 - More mass → more energy. More speed → *much more* energy.
 - At high speed you need much more distance and grip to stop or change direction safely.

Alternator

- A makes electricity while the engine is running. It changes mechanical energy (movement) into electrical energy, which is then stored in the car's battery. This electricity powers things like your lights, radio, and dashboard systems.
- It works using a **belt** that spins when the engine runs and this belt needs to be in good condition. Otherwise, you could hear a squealing sound, lose electrical power, or even overheat the engine.

Cooling system

- Control engine's temperature
- Coolant temperature is shown in Engine Temp gauge (good to be at center when engine is running)



On most cars a warning light on the dashboard will also be switched on if the engine temperature is too high.



The engine temperature light

- Coolant fluid
 - It has half water and half glycol, and can withstand temp. Till -35°C
 - Glycol prevents freezing and protects against rust - but toxic

On some cars, a warning light on the dashboard is switched on when it is time to replenish the coolant.



The coolant light

- If engine temp is high, wait for the engine to cool down and check the coolant level (else vapour can scald you)

Fuel system

- Engine mixes fuel with air to create combustion (-> car moves)
 - That air should be clean else it can damage the engine and increase fuel consumption
 - The air filter cleans the air. So ensure filter is not clogged

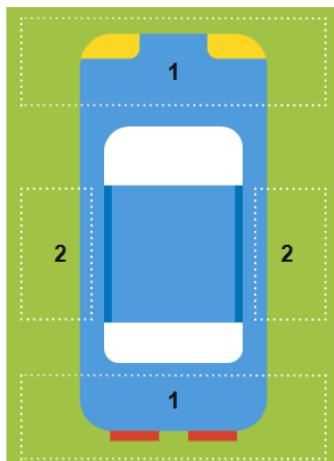
Lubrication system

- For engine to work, it needs engine oil to lubricate, cool engine, protect against rust, reduces engine vibration and noise, and clean engine
- Check oil level regularly using dipstick (min-max is 1 litre)
- Stop the car if you see warning light



The oil pressure warning light

Crash safety



1: Crumple zones

2: Particularly vulnerable areas

seat belts,

frontal collision at speeds up to **65-70 km/h**

side-on collision at speeds up to **45-50 km/h**.

risk of being killed or seriously injured in a collision is **halved**.

- **Belt tensioners** (found in newer cars) is an automatic system that pulls the belt hard in the event of a crash. This means that you are better protected.
- Airbag mainly protects face and chest
 - Driver - Sit at least 25 cm from the airbag – else it can injure during inflation
 - Passengers - atleast 50 cm
 - It takes just 0.1 seconds for the airbag to fill up
 - Triggered at speeds over 20–30 km/h
- Whiplash injuries are common in rear-end collisions. If you realize that car is gonna get hit from the back, press your head against head restraint and look ahead

A frontal collision at:

- **30 km/h** is like falling from the first floor.
- **50 km/h** is like falling from the third floor.
- **70 km/h** is like falling from the sixth floor.
- **90 km/h** is like falling from the tenth floor.
- If no seat belt, one can manage collisions upto 7 km/h. Seat belt is not required when
 - Reversing
 - Driving in parking lot/petrol station/workshop area
 - Medical certificate

Child safety seats

- Driver is responsible for passengers under the age of 15 using a seat belt

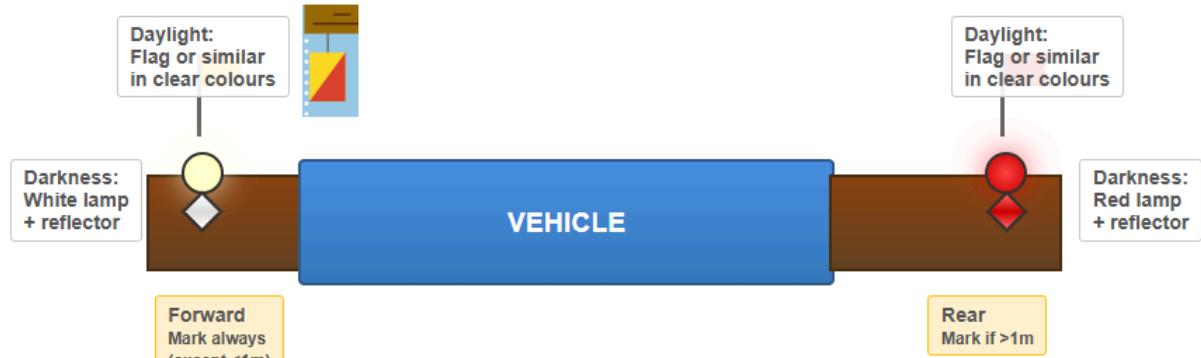
Baby car seat	Rear-facing seat	Booster seat	No child seat	Like Adult
0–9 months old or until the child sits steadily	7 mon - 4 years or until the child's head reaches the edge of the seat	4 years - 135 cm tall	At a height of 135 cm but not in a seat with an airbag.	At a height of 140 cm
	Front-facing child safety seats exist, but the rear-facing type is preferable from a safety viewpoint.	The back seat offers the safest placement.		
Exception 1: Occasional trips in the back seats of taxis are permitted if the child is under 3 years old. Exception 2: Occasional trips over short distances for children over 3 years old and under 135 cm are permitted if the child sits in the back seat with a seat belt on.				

Besiktning (Inspection/roadworthiness test) :

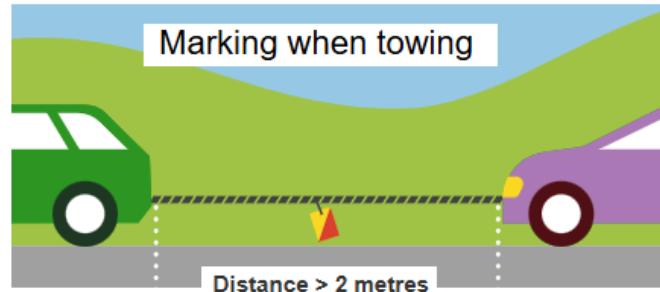
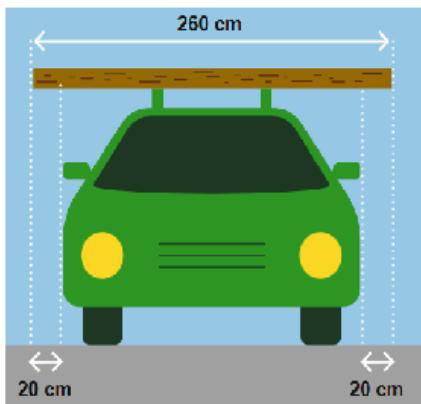
- Compulsory -> Else driving ban
- Rectify faults identified under B -> Else driving ban
- Done regularly to reduce the number of accidents caused by technical faults, and to prevent excessive emissions of harmful substances.
 - New car B = 3 years (before end of month) after registration date
 - 2nd B = 2 years (before end of month) from the 1st B
 - Subsequent B = Every 14 months (before end of month)
- What is checked
 - Frame – that the car's load-bearing structure has not been damaged by, for example, severe rusting.
 - Wheels and control system
 - Tyres' condition and tread depth
 - Drive system – the engine, and the electrical, exhaust and drive systems.
 - Brake system – the function, effectiveness and evenness of the brakes.
 - Bodywork – seat belts, windows and doors
 - Communication – lights, indicators, horn, windscreen washer fluid and warning triangle.
 - Environment – the exhaust emissions are compared with threshold values.
 - Other – towbar, instrument lights and speedometer.
- Flygande inspektion (Spot inspection) - A police officer or vehicle inspector has the right to check a vehicle at any time

- Registrering besiktning - If the vehicle changes (for example, if the engine is replaced), it must be subjected to a registration inspection within 1 month

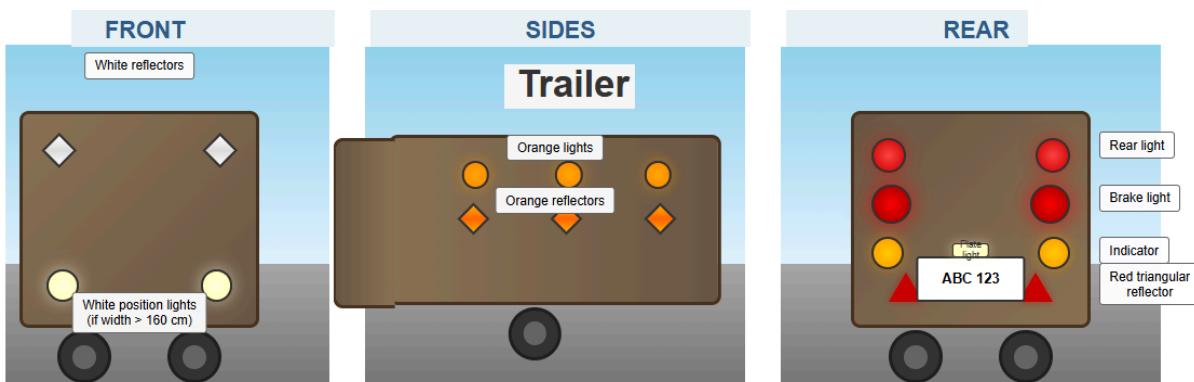
Length and width of car



Maximum Total Length: 24 metres (load included)



Trailer



- Load
 - Secure the load
 - Position the load right at the front of the boot(i.e., against the back seat)
 - Position the heaviest part of the load at the bottom
 - Load is subjected to high pressure during breaking. So, fastening should withstand 80% of the cargo weight in a forward direction and 50% of the cargo weight in a backwards direction and to the sides.

- Brakes
 - Service brake must be fitted on trailers with a **total weight** exceeding **750 kg**
 - Parking brake must be on trailers with an **unladen weight** exceeding **400 kg**.



The trailer sits on a ball attached to your car. **Ball pressure = how heavy the trailer feels on that ball.** Should be 30-100 kg.

The Right Way ✓

Put heavy things in the MIDDLE of the trailer. Not too far front, not too far back. All wheels stay on the ground properly.

High ball pressure	Low ball pressure (Can -> DRIVING BAN)
	Can -> DRIVING BAN
Why: You put too much stuff in the FRONT of the trailer	Why: You put too much stuff in the BACK of the trailer.
What happens: <ul style="list-style-type: none"> • Trailer pushes DOWN on the ball • Car's FRONT lifts up (back down) • Headlights point up = you blind other drivers 	What happens: <ul style="list-style-type: none"> • Trailer lifts UP (like it's tipping over backwards) • This pulls car's BACK end up

Reflector on a heavy lorry:



Reflector on a trailer with a total weight exceeding 3.5 tonnes:



Basic service of car :

- Battery

Warning: battery.



- If your car battery light comes on when you start the car and then turns off shortly after, you're in the clear!
- If the light stays on as you're driving, though, pay attention as there can be electrical problems
- Fuses
 - Protect the car's electrical system from being damaged by an overload.
 - If something electrical stops working suddenly, we may need to replace a fuse
 - Fuses are usually in a box either in the engine compartment or under the dashboard

- Radiator
 - Prevents the engine from overheating.
 - Do not open the radiator when the engine is warm as it may release very hot steam and burn you
 - Radiator must be replenished with coolant, which has water and glycol.
- Engine oil

Warning: oil pressure.



- Engine oil is used to lubricate the engine so that none of its parts seize up.
- Level is checked using the dipstick
- Windshield washer fluid
 - It can be bought as diluted or concentrated (dilute with 1 part concentrate + 2 parts water)



- Windshield defrosters/defoggers/demisters

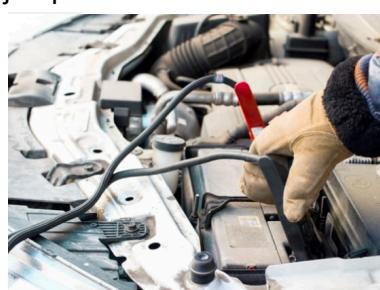


Front windshield defroster



Rear windshield defroster

- Jump start a car
 - If the battery is discharged, the car will not start. Then you'll need to jump-start the car



1. Connect the red jump lead (+ terminal)
2. Connect the black jump lead (- terminal))
3. Start the assisting car
4. Start problematic car (few attempts not too many as it damages catalytic converter)

5. Let both cars run
6. Turn off and disconnect in reverse order
 - a. Remove the black jump lead of problematic car
 - b. Remove the black jump lead of assisting car
 - c. Remove red cable

Insurance

- Home insurance - can provide you with compensation if you have been injured in an accident, lost baggage etc.
- Car insurance - 3 levels

Third-party insurance	Partial insurance	Fully-comprehensive insurance (motor vehicle damage insurance)
Obligatory	TP + below	TP + PI + below
<ul style="list-style-type: none"> • Personal injury • Damage to other's car/property (not own car) 	<ul style="list-style-type: none"> • Theft or attempted theft damage • Fire – if the car begins to burn • Glass • Machine – if the engine breaks down • Legal costs 	<ul style="list-style-type: none"> • Damage to car due to accidents. • Scratches and dents • Vandalism. • Salvage and towing.
If you have not submitted any claims for many years, you can receive a cheaper third-party insurance premium through a no-claims bonus.		
If you are penalised for reckless driving or drunk driving, the insurance company may claim money back from you (right of recourse).		

Car registration certificate (registreringsbevis av Transportstyrelsen)

- 2 parts
 - Part 1 - BLUE - Technical information about the vehicle
 - Need it if you drive outside Sweden
 - Part 2 - YELLOW - Certificate of ownership and change of ownership
 - Valuable -> Dont keep it in car

- Off-road status
 - By registering your car as being off the road, you avoid having to pay vehicle tax and third-party insurance.
 - Driving ban -> actively submit an off-road notification yourself
 - Can only be driven to and from besiktning, provided that third-party insurance has been paid, and there are no motor vehicle tax arrears.
 - Forbidden to tow a vehicle with off-road status.

Mopeds

Class I (EU) moped	Class 2 moped
2-4 wheels - Max 45 kmph	2-4 wheels - Max 25 kmph and engine power <= 1 KW
Registered -> License plate	Can run with no registration
Not driven on cycle paths	Rules are same as for bicycles

B-license

With a **B driving licence**, you can drive:

- **Normal cars** (up to 9 seats including driver) – max weight 3,500 kg
- **Small/light trucks or vans** (also up to 3,500 kg)
- **Cars or light trucks with a small trailer** (light trailer)
- **Mopeds** class 1 and 2
- **Tractors** class A and B
- **Motorised work machines** (like construction equipment) class 1 and 2
- **Off-road vehicles** (like ATVs)
- **Three- or four-wheeled motorcycles**

Extra notes:

- To drive a **three-wheeled motorcycle stronger than 15 kW**, you must be **at least 21 years old**.
- "Light truck" = a small delivery truck or van used for goods, not passengers, and weighs **under 3,500 kg**.
- "Light trailer" = a trailer that isn't too heavy (usually up to 750 kg).

Traffic violations that can lead to a revoked driver's licence

- Ignoring a stop sign.
- Driving through a red light.
- Overtaking at a pedestrian crossing.
- Driving dangerously or recklessly.
- Driving under the influence of alcohol or drugs.
- Driving more than 30 km/h* above the speed limit.
- Leaving the scene of an accident (which you have been involved in).
- Repeated traffic violations, at least three within a two-year period.

* On roads where a 30 km/h speed limit applies, you risk a revoked driver's licence if you drive more than 20 km/h above the limit.

those who have been disqualified for longer than 12 months must pass a new driving test

Road Signs

Warning signs

Warn upcoming hazard -> Careful and decrease speed if needed

Warning signs are normally posted at the following distances from the hazard the sign warns of:

- **30-50 km/h:** 5-75 metres
- **60-70 km/h:** 50-200 metres
- **80-90 km/h:** 150-250 metres
- **100-120 km/h:** 200-400 metres

After passing a warning sign you should adapt your speed and be ready to act.

General



Dangerous curve, to the left



Dangerous curve, to the right



Multiple dangerous curves, first to the left



Multiple dangerous curves, first to the right



Steep hill downwards



Steep hill upwards



Road narrows, on both sides



Road narrows, on the right side



Road narrows, on the left side



Quay

The road sign indicates that you are approaching a quay, a beach, a ferry or a harbour and that the road you are driving on ends towards water.



Opening or swing bridge

The road sign warns that you are approaching an opening bridge.

Bridge openings can take time, so it may be appropriate to turn off the engine while waiting.

The risk of slipperiness is especially great on bridges and viaducts, as they are chilled from both below and above.



Uneven road

The road sign warns that the road surface is in such poor condition that it is suitable to travel at a lower speed.



Speed bump, raised



Speed bump, lowered

- Indicates that there will be ≥ 1 raised/lowered speed bumps on the road

- Reduce speed - You are likely to meet pedestrians and children playing on or next to the road



Loose chippings

The road sign indicates risk of loose chippings.

The road sign is not used on gravel roads or similar roads where loose chippings are common.

Falling rocks or debris ahead (A12)



'The sign indicates a risk of falling rocks and that there may be fallen rocks on the road.



Other dangers (A40)

- Nature of the danger is specified on an additional panel



Traffic lights

- Posted if there is a special reason – it is not posted before all traffic lights



Low-flying aircraft
(A23)



Beware of dangerous
crosswinds (A24)

- Crosswind can feel a little uncomfortable and for some larger vehicles, like caravans and trucks, they can also be dangerous



Beware of two-way
traffic ahead (A25)



Tunnel (A26)



Soft verge or high carriageway edge

- A soft verge means that the risk of driving off the road increases
- If you accidentally drive off the road with two wheels, release the throttle and let the car slow down on its own. Avoid braking hard and excessive steering as it can cause the car to skid. When appropriate, gently drive back onto the road again.



Slow-moving vehicles Accident (A41)



Junction

The road sign warns of a junction ahead where the priority to the right rule applies.

The road sign is most common on smaller roads, where the junction is obscured.



Warning for a junction where road users on a connecting road are obliged to give way or stop (A29)

Roundabout ahead (A30)



Traffic queues likely

- Indicates a road section where there is a risk of queueing
- Mainly used as an adjustable (digital) road sign.

Human related



Pedestrian crossing ahead



Pedestrians ahead



Children ahead



Cyclists and moped riders on carriageway



Skiers ahead



Off-road snow scooters

Animal related



Horse-drawn vehicles



Riders on horseback ahead

When the risk is greatest

- At dawn and dusk, as animals often travel in search of food at those times.
- During snowy winters, as animals often travel using the roads when that is the case.
- During October-December and May-June, as that is when the most wildlife accidents occur.
- During September-October, as that is when the most wildlife accidents with moose usually occur.

Where the risk is greatest

- Along forest edges, as animals feel safe there and it is easy for them to move around.
- Near forest areas with watercourses on one side of the road, as animals need to cross the road to get water.
- Where wildlife fences begin and end, as animals often cross the road there.
- In clear-felled areas (areas where all trees have recently been cut down), as it is easy for animals to find food there.
- After a plough marker with a black plastic bag attached, as reindeer might be in the area.

Many animals, such as moose, roe deer and wild boar often **travel in groups**. If you see one animal crossing the road you

Roadworks related



Roadworks (A20)



Roadworks ends
(A21)

- Ends sign is not posted if it is obvious
- Show consideration - appropriate speed, plenty of sideways clearance
- Do not expect that you will be seen or heard
- Expect that the road surface may be slippery
- Expect that a large vehicle may start to reverse without warning
- Expect that someone may suddenly step onto the road



Slippery road

- The road can be slippery (for any reason – oil, new asphalt, leaves, etc.)
- Most common before roadworks where new asphalt is laid
- Can also warn about snow or ice only when the danger is exceptional or unexpected, not just normal winter conditions

Traffic signals

Traffic signals

Red : You must stop before the stop line or, if there is no stop line, the traffic light

Red and yellow(amber) : Signal is about to change to green

Green : Drive in **any** direction. Side traffic has a red light, but oncoming traffic has green. If you turn, you must let **oncoming traffic** pass. Unprotected left turn

Green Arrow : Fully protected turn

Yellow : Signal is about to change to red. Stop unless you are too close to the signal and is risky

Flashing yellow : Signals are not working. Be careful. Road signs (or rules) apply

Public transport signals :



S (stop)



S and a horizontal line (-)



A vertical line (|)



A horizontal line (-)

- Intended for buses/trams, but apply to everyone who is using the lanes
- S means stop
- (g)Vertical line (|) or an arrow means continue
- S and a horizontal line (-) mean stop and it will soon change to continue.
- (y)Horizontal line (-) with means stop and it will soon change to stop

Lane signals:



Red cross



Yellow arrow or arrows



Green arrow

- Found on major roads and mainly on motorways with a lot of traffic. In normal cases, these signals are turned off. When they are turned on, it usually means that something has happened on the road.
- Red cross : Lane and its hard shoulder is closed for traffic
- Yellow : Change lanes in the direction the arrow or arrows indicate
- Green : Lane is open to traffic.

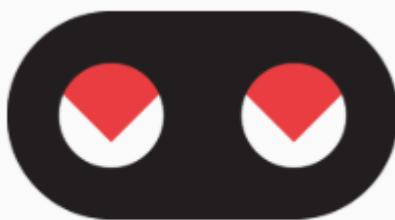


Red fixed light



Yellow flashing light to call for special caution

- Red fixed light = Road closed
- Yellow flashing = Road is partially closed, other devices/signs may exist



Red flashing lights

- Stop
- Located at certain places where traffic must stop, such as exits for emergency vehicles.

Police officer signals

In darkness and reduced visibility, the signal may be reinforced with a white or yellow lantern or reflector.



Stop for those coming from the front or from behind

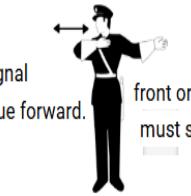


Stop for those facing the police officer's palm



Stop for those facing the lantern from the front or from behind

waving signal
may continue forward.

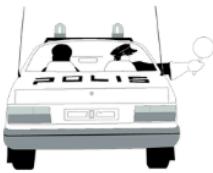


Drive forward and stop

front or from behind
must stop.



Slow down
facing the police officer



Follow and stop behind the police vehicle
driver of the vehicle behind the police vehicle
hand or a stop paddle with the text "STOP" or "POLIS".



Pull over to the side of the road and stop in front of the police vehicle
driver of the vehicle in front of the police
stop in a **suitable place as soon as it is safe to do so.**
given with alternating flashing blue and red lights.



Slow down, road users behind the police vehicle



Slow down, road users meeting the police vehicle



Make way -
flashing blue lights and/or sirens.

Car lights/Internals

Car lights and internals

Parking lights (side lights)		Low-power and can be left on for hours without draining battery.
Indicators		
Full beam headlights		<p>Most-powerful and strong -> Dazzling Prohibited to use</p> <ul style="list-style-type: none"> • When oncoming vehicles are so close that the driver can be dazzled • When you are behind another vehicle (the driver is dazzled through their mirrors). • When the road is sufficiently lit by daylight or street lights. <p>Helps to see pedestrians more clearly. To avoid being dazzled by oncoming cars at night-time, fix your gaze on RHS of road To avert a dangerous situation, flash it quickly on/off to warn</p>
Low beam headlights (Dipped headlights)		<p>Most-used Beam faces down towards road -> No dazzle. If you are driving in heavy fog or snow, try switching to dipped headlights to see if visibility improves.</p> <p>The norm is to use a combination of dipped headlights and parking lights. There are however prohibited light combinations:</p> <ul style="list-style-type: none"> • Dipped headlights + fog lights = prohibited • Dipped headlights + daytime running lights = prohibited • Dipped headlights + auxiliary high beam lights = prohibited • Fog lights + daytime running lights = prohibited
Hazard warning lights		All lights flash at the same time

Fog lights	<i>Front fog lights</i>	<i>Rear fog light</i>
		
	<p>Stronger beam than dipped headlights and used instead of dh (but NEVER together)</p> <p>Rear fl - very powerful and dazzling - Used to alert drivers behind when visibility is drastically reduced</p>	
Daytime running lights		Used instead of low beam in daylight when visibility is good.
Auxiliary high beam lights		<p>Can be mounted onto the car to be used in situations where main beam headlights are permitted</p> <ul style="list-style-type: none"> • Cornering lamps - illuminate the area close to the car so that you can see clearly along the edges. • Spot lights - cast a narrow beam forward so that you can see further up ahead.
Rear lights		
Brake lights		
Reversing light	White light that comes on when the car is in reverse gear	
Rear reg. Plate light	Lights up automatically and illuminates the registration plate	

Warning lights

Brake warning light	
	Comes when <ul style="list-style-type: none">• We forgot to release parking brake• (or) Low/leaking brake fluid level
Airbag warning light	
Battery warning light	
	Alternator is not charging the battery as it should. Eventually, battery will have no power
Fuel warning light	
Power steering warning light	
Frost warning	
	When outside temp is <=4°C -> Slippery roads