



HealthHub:

Manage your personal and loved ones' health, all in one place

- Enrol in Healthier SG and choose your preferred clinic
- Access your personalised Health Plan
- Keep track of your health goals



Download on the
App Store
GET IT ON
Google Play



Healthy 365:

Explore healthy lifestyle programmes

- Register for healthy lifestyle programmes and activities near you
- Track your physical activity and diet
- Earn Healthpoints by staying active
- Redeem Healthpoints with a catalogue of lifestyle rewards



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Helpline
6325 9220
www.moh.gov.sg/feedback

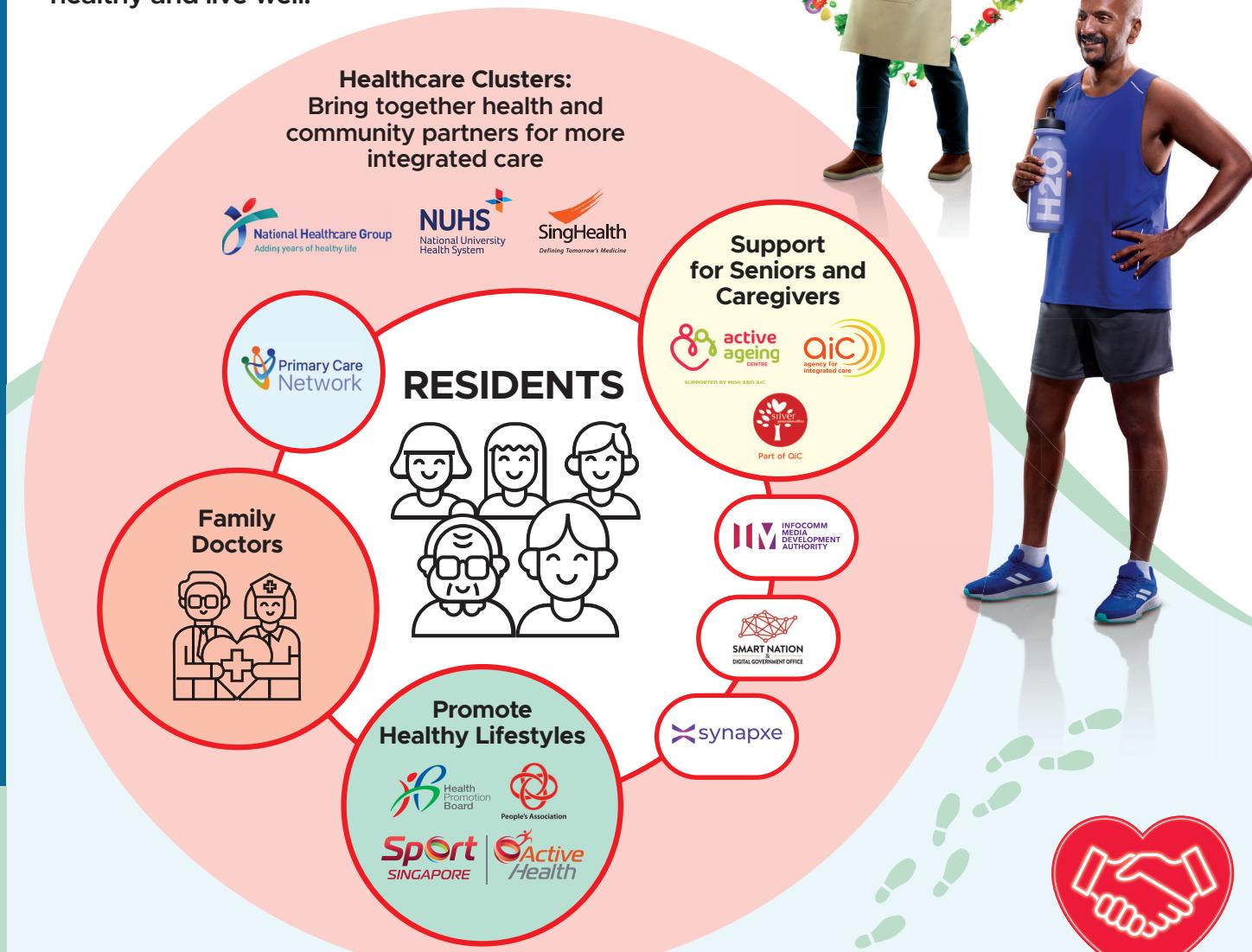
Frequently Asked Questions:
<https://www.healthiersg.gov.sg/faqs/>



Clusters and Community Partners

A Community of Care

Healthier SG brings together the network of GPs, polyclinics, hospitals and community partners to take care of your health and social needs, so that you can stay healthy and live well.



An initiative of
MINISTRY OF HEALTH
SINGAPORE

Healthier SG



Step into a Healthier You

Highlights

-  Receive dedicated care from your preferred family clinic
-  Prevent or manage chronic conditions and complications
-  Create a Health Plan with your family doctor
-  Enjoy enhanced healthcare subsidies and benefits

Enrolment from July 2023

- Singapore Residents aged ≥60 years will be progressively invited via SMS to enrol
- Those aged 40 to 59 years will be invited at a later date

Key benefits of Healthier SG

Receive help to take concrete steps to lead a healthier lifestyle, detect health issues early, and manage existing conditions with a family doctor who knows you well.

From July 2023:

Create a personalised Health Plan with your family doctor for a healthy lifestyle, regular health screenings and vaccinations



Earn \$20 worth of Healthpoints after your first Health Plan consultation



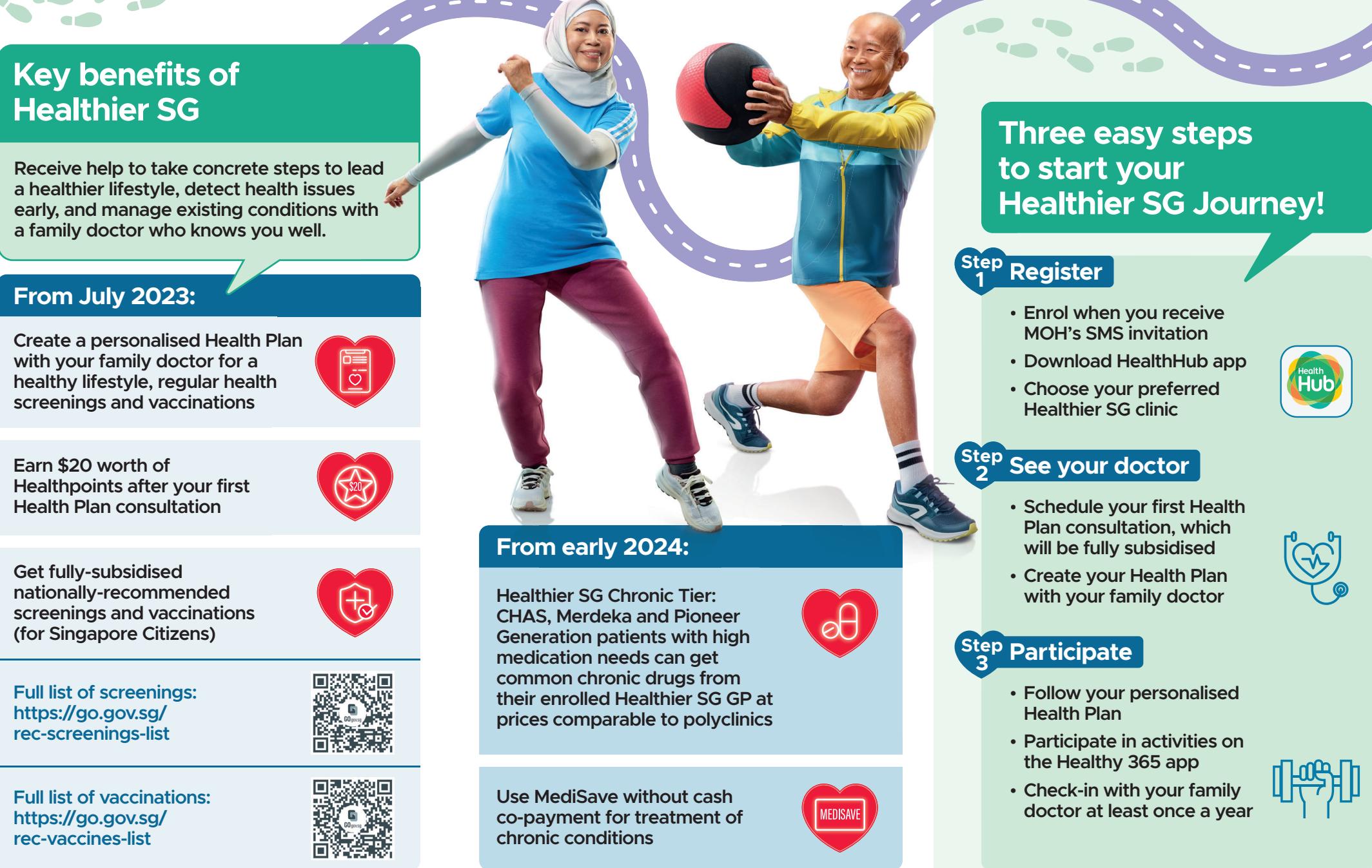
Get fully-subsidised nationally-recommended screenings and vaccinations (for Singapore Citizens)



Full list of screenings:
<https://go.gov.sg/rec-screenings-list>



Full list of vaccinations:
<https://go.gov.sg/rec-vaccines-list>



Three easy steps to start your Healthier SG Journey!

Step 1 Register

- Enrol when you receive MOH's SMS invitation
- Download HealthHub app
- Choose your preferred Healthier SG clinic



Step 2 See your doctor

- Schedule your first Health Plan consultation, which will be fully subsidised
- Create your Health Plan with your family doctor



Step 3 Participate

- Follow your personalised Health Plan
- Participate in activities on the Healthy 365 app
- Check-in with your family doctor at least once a year

