

# Step into a Healthier You

## Clusters and Community Partners

### A Community of Care

Healthier SG brings together the network of GPs, polyclinics, hospitals and community partners to take care of your health and social needs, so that you can stay healthy and live well.

**Healthcare Clusters:** Bring together health and community partners for more integrated care

- Support for Seniors and Caregivers** (Part of QIC)
  - active ageing centre** (Supported by AIA Life Assurance)
  - QIC** (Quality Integrated Care)
  - INFOCOMM DEVELOPMENT AUTHORITY**
  - SMART NATION** (Smart Government)
  - synapxe**
- RESIDENTS** (Icon: Three people)
- Primary Care Network** (Icon: Doctor)
- Family Doctors** (Icon: Doctor)
- NUHS National University Health System** (Icon: Red cross)
- SingHealth** (Icon: Red cross)
- National Healthcare Group** (Icon: Red cross)
- Promote Healthy Lifestyles** (Icon: People Association)
  - Sport SINGAPORE**
  - Active Health**
  - Health Promotion Board**

**HealthHub:** Manage your personal and loved ones' health, all in one place

- Enrol in Healthier SG and choose your preferred clinic
- Access your personalised Health Plan
- Keep track of your health goals

Download on the App Store Google Play

**QR code:**

**Healthy 365:** Explore healthy lifestyle programmes

- Register for healthy lifestyle programmes and activities near you
- Track your physical activity and diet
- Earn Healthpoints by staying active
- Redeem Healthpoints with a catalogue of lifestyle rewards

Download on the App Store Google Play

**QR code:**

**Helpline:** 6325 9220 | [www.moh.gov.sg/feedback](http://www.moh.gov.sg/feedback)

**Frequently Asked Questions:** <https://www.healthiersg.gov.sg/faqs/>

**QR code:**

**Highlights**

- Receive dedicated care from your preferred family clinic
- Create a Health Plan with your family doctor
- Enjoy enhanced healthcare subsidies and benefits

**Enrollment from July 2023**

- Singapore Residents aged ≥60 years will be progressively invited via SMS to enroll
- Those aged 40 to 59 years will be invited at a later date

**Key benefits of Healthier SG**

Receive help to take concrete steps to lead a healthier lifestyle, detect health issues early, and manage existing conditions with a family doctor who knows you well.

**From July 2023:**

- Create a personalised Health Plan with your family doctor for a healthy lifestyle, regular health screenings and vaccinations
- Earn \$20 worth of Healthpoints after your first Health Plan consultation
- Get fully-subsidised nationally-recommended screenings and vaccinations (for Singapore Citizens)

**From early 2024:**

- Healthier SG Chronic Tier: CHAS, Merdeka and Pioneer Generation patients with high medication needs can get common chronic drugs from their enrolled Healthier SG GP at prices comparable to polyclinics
- Use MediSave without cash co-payment for treatment of chronic conditions

**Three easy steps to start your Healthier SG Journey!**

**Step Register**

- Enrol when you receive MOH's SMS invitation
- Download HealthHub app
- Choose your preferred Healthier SG clinic

**Step See your doctor**

- Schedule your first Health Plan consultation, which will be fully subsidised
- Create your Health Plan with your family doctor

**Step Participate**

- Follow your personalised Health Plan
- Participate in activities on the Healthy 365 app
- Check-in with your family doctor at least once a year