

## Contact

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[www.linkedin.com/in/nomnamdag](https://www.linkedin.com/in/nomnamdag)  
(LinkedIn)

## Top Skills

Patient Education

Disease Management

Communication

## Languages

English (Native or Bilingual)

Russian (Full Professional)

Mongolian (Native or Bilingual)

French (Professional Working)

# Nomuulin Namdag, MBBS, MPH

Freelance medical writer specializing in healthcare systems, chronic disease, and mental health

Calgary, Alberta, Canada

## Summary

Fueled by a love of science, Nomuulin trained to be a physician in her native country of Mongolia. During her medical training, she grew frustrated with the healthcare system's insufficient resources for chronic disease management. The desire to improve patients' lives by strengthening healthcare systems led her to pursue a Healthcare Management degree in the United States.

During her five years in US hospital administration, Nomuulin learned that abundant resources don't always lead to high-quality patient care. In other words, systemic financial incentives often compromise the well-being of patients and HCPs, adding strain to healthcare workers. Nomuulin felt a growing sense of anxiety due to her workload imbalance combined with feelings of disillusionment with the system at large.

Now, Nomuulin utilizes her expertise to help organizations better meet patient needs. With her personal experience in seeking mental health support, and professional skills supporting patients with chronic disease, she specializes in writing to engage and educate audiences on chronic disease and mental health from a systemic perspective.

Get in touch about a medical communication project at [nomuulin.namdag@gmail.com](mailto:nomuulin.namdag@gmail.com).

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## Experience

### Self-employed

Freelance Medical Writer

November 2023 - Present (3 months)

Calgary, Alberta, Canada

- Engaging and educating audiences on systemic perspectives in chronic disease management and mental health
- Crafting evidence-based articles tailored to healthcare professionals and lay audiences
- Designing educational slide decks, infographics and handouts to enhance medical communication
- Creating copy decks for newsletters, blogs, and advertising campaigns, focusing on audience engagement

## Children's Hospital Los Angeles (CHLA)

### Project Manager

November 2015 - January 2019 (3 years 3 months)

Los Angeles, California, United States

- Facilitated strategic learning and professional development initiatives for over 300 pediatricians
- Managed communications for clinical divisions across 21 therapeutic areas in the Department of Pediatrics
- Conducted comprehensive research and referencing for annual strategy plans and budget reports
- Designed and implemented a communication tool for physicians and nurses to track outpatient infection rates
- Crafted website copy and patient education materials focused on pediatric food allergy

## Mongolian National University of Medical Sciences

### Clinical Practice/Physician Training

June 2009 - May 2013 (4 years)

Ulaanbaatar, Mongolia

- Developed training materials for physicians working in chronic disease management, with a focus on arterial hypertension, cervical cancer, and type 2 diabetes
- Diagnosed and managed patients across diverse therapeutic areas, including neurology, psychiatry, internal medicine, and hematology/oncology
- Educated patients on diagnoses, treatment follow-up care, and management strategies for chronic disease

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## Education

Columbia University Mailman School of Public Health

Master of Public Health (MPH), Healthcare Management · (August 2013 - May 2015)

Mongolian National University of Medical Sciences

Bachelor of Medicine, Bachelor of Surgery (MBBS), Medicine · (September 2007 - May 2013)