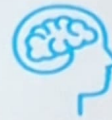


Dr. Arun Seetharaman, M.D (Psychiatry) .. F.I.P.S.,
Senior Consultant Neuro Psychiatrist
Professor & HOD
Reg. No. 91440
E-mail : dr@nbpdcntr.org



MIND-BODY
PSYCHIATRIC CLINIC

ID : 03946

DATE : 09/02/2026

NAME : Mr.Bhadrinath V

AGE/GENDER : 30 Years/Male

Current Complaints / Observations : marital discord, low mood /easily fatigue, decreased interest in pleasure activity/ inability to concentrate, depressive cognition, suicide wish

Diagnosis : F32.2 Severe depressive episode without psychotic symptoms

Rx

- | | |
|---|-----------|
| 1) TAB.SETRO 25 MG | 1 — 0 — 0 |
| 1 tablet morning (1st3 Days) | |
| 2) TAB.SERNITY 50 MG | 1 — 0 — 0 |
| 1 tablet morning (From 3rd day/2 Days) | |
| 3) CAP.CARISPEC 1.5MG | 0 — 0 — 1 |
| 1 capsule night (5 Days) | |
| 4) TAB.LONAPIL 0.25MG | 0 — 0 — 1 |
| 1 tablet night (5 Days) | |
| 5) CAP.PANITY DSR | 1 — 0 — 1 |
| 1 capsule before breakfast - 1 capsule before dinner (5 Days) | |

NextReview: 13/02/2026

Tests to be taken for next visit : CBC , T3T4TSH

(Handwritten signature)

Consult For :

- ❖ All Emotional / Behavioral / Stress-Related Disturbances
- ❖ Alcohol / Smoking / Drug De-addiction
- ❖ Headache & All Body Pains / Nervous & Sexual Weakness
- ❖ School / Social / Behavioral Problems of Children & Teenagers
- ❖ Counseling

A New Beginning

PSYCHIATRIC & DEADDICTION CENTRE
(In Association with L.K. Nursing Home)

2nd Main Road Mahaveer Nagar
Karuvadikuppam, Lawspet
Pondicherry - 605 008.

No. 56 (24) Bussy Street, (Near De Bussy Hotel) Puducherry - 1.

Appointment : 91599 99892, 93457 70911



Dated: 10.02.2026

TO WHOMEVER IT MAY CONCERN

First Name: **Bhadrinath 31/Male**

Aadhar No: **402342484874**

OP No: **3946**

Diagnosed to have **F32.2 Severe depressive episode without psychotic symptoms**. He is currently under treatment from 09.02.2026 to till date. He is advised to take rest for next 15 days. It is recommended for him to continue medication to prevent any recurrence of the symptoms. He requires continuous supervision and support from close family members.

Treatment

CAP.CARISPEC 1.5MG 0-0-1 (5 Days)

TAB.LONAPIL 0.25MG 0-0-1 (5 Days)

Signature and Seal

Dr. ARUN SEETHARAMAN
M.D PSYCHIATRY
Register No. 91440

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