



**ID** : 03946

**DATE** : 09/02/2026

**NAME** : Mr.Bhadrinath V

**AGE/GENDER** : 30 Years/Male

**Current Complaints / Observations** : marital discord, low mood /easily fatigue, decreased interest in pleasure activity/ inability to concentrate, depressive cognition, suicide wish

**Diagnosis** : F32.2 Severe depressive episode without psychotic symptoms

**Rx**

<b>1) TAB.SETRO 25 MG</b>	<b>1 --- 0 --- 0</b>
1 tablet morning (1st3 Days)	
<b>2) TAB.SERNITY 50 MG</b>	<b>1 --- 0 --- 0</b>
1 tablet morning (From 3rd day/2 Days)	
<b>3) CAP.CARISPEC 1.5MG</b>	<b>0 --- 0 --- 1</b>
1 capsule night (5 Days)	
<b>4) TAB.LONAPIL 0.25MG</b>	<b>0 --- 0 --- 1</b>
1 tablet night (5 Days)	
<b>5) CAP.PANITY DSR</b>	<b>1 --- 0 --- 1</b>
1 capsule before breakfast - 1 capsule before dinner (5 Days)	

**NextReview:** 13/02/2026

**Tests to be taken for next visit:** : CBC , T3T4TSH

*(Signature)*

**Consult For :**

- ❖ All Emotional / Behavioral / Stress-Related Disturbances
- ❖ Alcohol / Smoking / Drug De-addiction
- ❖ Headache & All Body Pains / Nervous & Sexual Weakness
- ❖ School / Social / Behavioral Problems of Children & Teenagers
- ❖ Counseling

**A New Beginning**

**PSYCHIATRIC & DEADDICTION CENTRE**  
(In Association with L.K. Nursing Home)

2nd Main Road Mahaveer Nagar  
Karuvadikuppam, Lawspet  
Pondicherry - 605 008.

No. 56 (24) Bussy Street, (Near De Bussy Hotel) Puducherry - 1.

Appointment : 91599 99892, 93457 70911

**Dr. Arun Seetharaman**, M.D (Psychiatry)  
Consultant Neuro Psychiatrist  
Reg. No. 91440  
E-mail : dr@nbpdccenter.org



**MIND-BODY  
PSYCHIATRIC CLINIC**

Dated: 10.02.2026

**TO WHOMEVER IT MAY CONCERN**

First Name: **Bhadrinath 31/Male**  
Aadhar No: **402342484874**  
OP No: **3946**

Diagnosed to have **F32.2 Severe depressive episode without psychotic symptoms**. He is currently under treatment from 09.02.2026 to till date. He is advised to take rest for next 15 days. It is recommended for him to continue medication to prevent any recurrence of the symptoms. He requires continuous supervision and support from close family members.

**Treatment**

CAP.CARISPEC 1.5MG 0-0-1 (5 Days)  
TAB.LONAPIL 0.25MG 0-0-1 (5 Days)

**Signature and Seal**

**Dr. ARUN SEETHARAMAN**  
M.D PSYCHIATRY  
Registar No. 91440

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