


WEEK OF AUGUST 17, 2015

WEEKLY SPECIALS

[FRESH OFF THE GRILL]

**MINDFUL** Dijon Turkey Burger with Apple Chutney 

Turkey burger with maple Dijon, grilled red onion, roasted beets, leaf lettuce and apple chutney on multigrain flat bread

[ACTION STATION]

**Classic Cobb Salad**

Build your own salad with mixed greens, plum tomato, cheddar cheese, blue cheese, bacon and fresh avocado. Tossed to order with your choice of dressing

\*Can be prepared vegetarian or vegan with lightly fried tofu

[HOUSE-MADE CHILI]

**Quinoa Turkey Chili**

Red quinoa, lean ground turkey, chopped sweet onion, corn, beans and peppers slow cooked and seasoned with spices

[CHARCUTERIE SALADS]

**Tossed Garden Salad**  

**Kale, Sweet Potato and Corn Salad** 

**Blackened Shrimp, Bulgur Grain Salad**

[SIMPLY TO GO]

**Roasted Summer Vegetable Bruschetta Wrap**

**Napa Valley Chicken Salad Croissant**

**Roasted Beet & Feta Greek Salad**

Questions about nutritional info? Visit <http://mindful.sodexo.com> for more information about Mindful!

Want to view our menu online?  
<http://tiny.cc/endowmentcafe>

# THE COURTYARD CAFÉ

AT THE CALIFORNIA  
ENDOWMENT



Café Hours: 7:30 a.m. – 3:00 p.m.

Breakfast: 7:30 a.m. – 10:00 a.m.

Lunch Entrees: 11:00 a.m. – 2:00 p.m.

Lunch Grill & Salads: 11:00 a.m. – 2:30 p.m.

**General Manager**

Timothy Winters, Sodexo, ext. 8875

**Executive Chef**

Julian Aguiar, Sodexo, ext. 8835

**Operations Manager**

Samantha Pepiot, Sodexo, ext. 8874

# DAILY SPECIALS

## MONDAY

[BREAKFAST]  
Cage Free Egg, Bacon and Cheddar Croissant Sandwich

[MINDFUL]  
Thai Citrus Beef Stir Fry   
Stir fry beef with fresh garden vegetables, whole grain rice blend and Thai citrus sauce

[CUISINE ]  
Cornmeal Crusted Catfish  
Mustard marinated catfish, cornmeal crusted, fried and topped with cilantro cream sauce

[SIDES]  
Hush Puppies   
Creamed Spinach   
Cajun Black Eyed Peas   
Lemon Garlic Broccoli and Peppers 

[SOUP]  
Chinese Hot and Sour Soup

## TUESDAY

[BREAKFAST]  
Egg and Veggie Relish on English Muffin  

[CUISINE]  
BBQ Pork Spareribs  
Mesquite, chipotle and paprika dry rubbed pork ribs, drizzled with Jack Daniels BBQ sauce

[VEGAN]  
Stuffed Portobello   
Marinated and roasted Portobello mushroom, stuffed with couscous tossed with dried fruit, cashews and lemon olive oil

[SIDES]  
Fajita Vegetable Sauté   
Caribbean Stewed Lentils & Chickpeas   
Green Beans Oregano   
Black Beans 

[SOUP]  
Chicken Posole Poblano Soup

## WEDNESDAY

[BREAKFAST]  
Biscuits and House Made Sausage Gravy

[MINDFUL]  
Tilapia with Scallion Honey Dressing   
Sautéed tilapia drizzled with a scallion honey dressing make it a mindful meal with steamed garlic spinach and lemon scented sticky rice

[CUISINE]  
Samosa Stuffed Potato  
Baked potato stuffed with Indian spiced chickpeas, green peas and potato filling

[SIDES]  
Roasted Asparagus   
Lemon Scented Sticky Rice    
Garlic Breadstick   
Seamed Garlic Spinach  


[SOUP]  
Mulligatawny Soup 

## THURSDAY

[BREAKFAST]  
Mushroom and Roasted Tomato Frittata  

[CUISINE]  
Chicken Verde Flat Bread  
Baked with tomatillo sauce, pulled chicken, and onion, topped with avocado pico de gallo and chipotle crema

[VEGETARIAN]  
Roasted Vegetable White Lasagna  
Roasted vegetables and peppers layered between herbed ricotta cheese, béchamel and mozzarella

[SIDES]  
Sweet Corn with Cotija Cheese   
Roasted Carrots   
Parmesan Baked Tomato   
Sweet Potato and Plantain Mashed 

[SOUP]  
Tunisian Vegetable Soup  

## FRIDAY CAFÉ CLOSED

Vegetarian = 

Vegan = 

Sodexo Mindful = 