

THE CALIFORNIA ENDOWMENT

CATERING MENU

Here at The California Endowment, we believe in thinking about people's health beyond the doctor's office. The Center for Healthy Communities strives to be an environment in which healthy practices flourish. We hope you enjoy our delicious and nutritious fare.

Throughout our menu, especially healthy choices are indicated in green type and are priced more modestly. Suggested serving sizes and nutritional information for these entrees are provided.

Sodexo is committed to sourcing certified sustainable seafood vendors: GlobalGAP and the Aquaculture Stewardship Council.

Catering is served on bio-degradable products manufactured from sustainable, renewable sources.

China buffet service is available at extra cost, as listed in each section of the menu.

Pitchers of water are provided free of charge throughout your event. We encourage you to reduce bottled water consumption when possible.

TABLE OF CONTENTS

| | |
|----------------------------|-------|
| BREAKFAST: COLD. | 1 |
| BREAKFAST: HOT. | 2 |
| BREAKFAST: ADD-ONS. | 3 |
| LUNCH: COLD.SANDWICHES. | 4-5 |
| LUNCH: COLD.BOXED. | 6 |
| LUNCH: COLD. SALAD. | 7-8 |
| LUNCH: HOT.BUILD YOUR OWN. | 9-13 |
| LUNCH: HOT. MADE EASY. | 14-15 |
| LUNCH: CHINA SERVED. | 16-17 |
| RECEPTIONS: STATIONED. | 18 |
| RECEPTIONS: TRAY-PASSED. | 19 |
| SNACKS: SAVORY. | 20 |
| SNACKS: SWEET. | 21 |
| BEVERAGES. | 22 |

BREAKFAST: COLD.

Minimum order: 10

Assorted fruit juices, Peet's coffee and assorted teas included

China: \$3 per person

Healthy

Healthy Exchange

5.50

Mini muffins, individual low fat yogurts, granola, cereal, fresh fruit platter.

Recommended serving size: 1 muffin, 1 yogurt, 1 tbsp granola, 1 Kashi cereal, ½ cup fruit = 360 cal, 6g fat, 4.5g fiber, 350mg sodium, 11g protein

Breakfast Bar

5.50

Assorted low fat yogurt with toppings, fruit salad, vegan nut and seed bars.

Danish Pastries

5.50

Protein Power

6.50

Hard boiled eggs, low fat cottage cheese, fruit salad, oatmeal with raisins and brown sugar.

Recommended serving size: 1 egg, ¼ cup cottage cheese, ½ cup oatmeal, 1 tbsp raisins, ½ cup fruit salad = 285 cal, 9g fat, 5g fiber, 270mg sodium, 16g protein

Bagels + Fruit

6.50

Assorted bagels, light cream cheese, jellies, fresh fruit platter.

Muffins + Bagels + Yogurt Bar

7.50

Mini muffins, bagels, light cream cheese, jellies, assorted low-fat yogurt with granola, raisins, and almonds.

Executive Continental

8.50

Mini muffins, mini croissants, coffee cake, assorted bagels, light cream cheese, jellies, individual low fat Greek yogurts, fresh fruit platter.

BREAKFAST: HOT.

Minimum order: 10

Assorted fruit juices, Peet's coffee and assorted teas included

Egg whites: \$.50 per person

China: \$3 per person

Healthy

On the Lighter Side

5.95

Scrambled egg whites with a fresh chiffonade of basil and diced tomato, mini muffins, whole fruit.

Recommended serving size: 1 cup egg whites with basil and tomato, 1 muffin, 1 whole fruit = 215 cal, 3g fat, 2g fiber, 480mg sodium, 23g protein

Quiche + Fruit

6.25

Choice of 2: Broccoli and mild cheddar; Classic Lorraine; Garden Vegetable with dill (no cheese); Mediterranean with chicken sausage, Roma tomatoes, spinach, feta. Fresh fruit and mixed berry salad.

*Minimum order 16 / order by the pan (8)

Classic Breakfast

7.95

Scrambled eggs, turkey sausage links, oven-baked potatoes sautéed with sweet peppers and onion, whole wheat English muffins.

Recommended serving size: : ½ cup eggs, 2 turkey links, ¼ cup potatoes, 1 wheat English muffin = 460 cal, 26g fat, 5g fiber, 750mg sodium, 28g protein

Breakfast Wraps

7.95

Egg and cheese; egg, chicken sausage and cheese; vegan chorizo with sautéed onions and bell peppers wrapped in assorted tortillas, roasted tomato salsa, fruit salad.

Chilaquiles Rojos

7.95

Corn tortilla chips tossed with house made salsa rojas and topped with pico de gallo and crumbled queso fresco, scrambled eggs, cilantro black beans.

*Minimum order 12 / order by the pan (12)

Rise and Shine

8.95

Scrambled eggs, turkey bacon, chicken sausage, breakfast potatoes, pastries.

BREAKFAST: ADD-ONS.

With purchase of entrée only

Minimum order: 25 or equal to entrée count, whichever is less

Healthy

| | |
|---|------|
| Yoplait (6 oz) | .99 |
| Low-fat cottage cheese (1/2 cup) | .99 |
| Danish Pastries (2 per person) | .99 |
| Mini muffins (2 per person) | .99 |
| Turkey sausage (2 links) | 1.25 |
| Turkey bacon (2 strips) | 1.25 |
| Hard-boiled egg | 1.25 |
| Granola | 1.25 |
| Fruit salad (1/2 cup) | 1.50 |
| Oatmeal (1/2 cup) with brown sugar, raisins, milk | 1.50 |
| Pork sausage links (2 per person) | 1.50 |
| Pork bacon strips (2 per person) | 1.50 |
| Assorted Cereal | 1.99 |

LUNCH: COLD.

SANDWICHES.

Minimum order: 12

Under 24 count: 2 selections maximum where applicable

Choice of 1 side, 1 dessert, iced tea included. See page 5.

Additional side: \$1.50 per person

Premium desserts at extra cost

China: \$3 per person

Healthy

Assorted Deli Sandwich Platter

8.45

Low-sodium turkey breast; tuna; roasted vegetables, with cheese, green leaf lettuce, tomatoes, on freshly baked Homeboy Bakery breads.

Recommended serving size: 1 turkey sandwich = 225 calories, 3.5g fat, 4g fiber, 650mg sodium, 25g protein

Artisan Sandwich Platter

choice of 2: 8.45 / all 3: 9.45

Southwestern chicken breast; marinated grilled vegetables; grilled tri-tip of beef with Roma tomatoes, with baby spring mix on baguette or focaccia bread.

Recommended serving size: 1 chicken breast sandwich = 370 calories, 2g fat, 1g fiber, 630mg sodium, 34g protein

Perfectly Wrapped

choice of 2: 9.95 / choice of 3: 10.95

Achiote chicken breast with chipotle cream cheese; Thai roast beef with cabbage slaw, cilantro and sauce; Chicken Caesar; Roasted vegetables and hummus, wrapped in vegan flat bread and vegan flour tortillas.

Hand-Crafted Deli Platter

choice of 2: 9.95 / all 3: 10.95

Low-sodium turkey breast and brie croissant with cranberry mayo; Italian baguette with low-sodium ham, salami, capicola, provolone cheese, olive tapenade; Melanzana caprese on focaccia with roasted eggplant, mozzarella, Roma tomatoes, basil, spinach.

LUNCH: COLD.

SANDWICHES.

SIDES

Mixed Baby Field Greens

Kale and Quinoa Salad

Roasted Corn, Black Bean and Jicama

Tri-color Potato Salad

Bowtie Pasta Pesto and Artichoke Heart Salad

DESSERTS

Fruit salad (½ cup)

Angel food cake with fresh seasonal berries (2 slices, ¼ cup berries)

Low-fat SnackWells® cookies (1 package)

Kozy Shack® gluten free, Kosher chocolate and vanilla pudding
(1 package)

DESSERTS: PREMIUM

| | |
|--|------|
| Brownies | 1.50 |
| Assorted cookies | 1.50 |
| Assorted Homeboy pastries | 1.99 |
| Strawberries and mint with crème fraiche | 1.99 |
| Baklava | 1.99 |

LUNCH: COLD.

BOXED.

Minimum order: 12

Under 24 count: 2 selections maximum where applicable

Healthy

Assorted Sandwich Box

9.95

Low-sodium turkey breast; tuna with reduced calorie mayonnaise; roasted vegetables, with cheese, green leaf lettuce, tomatoes, on freshly baked Homeboy Bakery breads. Sun Chips®, whole fruit, cold beverage.

Recommended serving size: : 1 turkey sandwich, 1 whole fruit, bottled water = 510 cal, 13.5g fat, 10g fiber, 830mg sodium, 28g protein

TCE Kid Box

9.95

PBJ on freshly baked Homeboy bakery wheat bread, Sun Chips®, whole fruit, Mott's® 100% apple juice.

Assorted Wrap Box

11.50

Thai roast beef with cabbage slaw, cilantro and sauce; Chicken Caesar; Roasted vegetables and hummus, wrapped in vegan flat bread and vegan flour tortillas. Sun Chips®, whole fruit, cold beverage.

LUNCH: COLD.

SALAD.

Minimum order: 12

Under 24 count: 2 selections maximum

Choice of 2 salads: \$12.95

Choice of 3 salads: \$14.95

Choice of 1 dessert, rolls, iced tea included. See page 8.

Premium desserts at extra cost

China: \$4 per person

Healthy

Strawberry Fields

7.95

Baby mixed greens, strawberries, red onion, toasted walnuts, Balsamic dressing.

Recommended serving size: 3 cups greens, 2 oz fresh strawberries, 1 oz red onions, 1 oz cheese, 1 oz walnuts, 2 oz dressing = 550 cal, 10g fat, 5g fiber, 710mg sodium, 28g protein

Chinese Chicken

7.95

Marinated chicken breast, mixed greens, green onions, mandarin oranges, toasted sesame seeds, rice noodles, sliced almonds, Asian sesame-ginger dressing.

Recommended serving size: 3 cups greens, 4 oz chicken breast, 1 tbsp almonds, ¼ cup mandarin oranges, 1 tbsp rice noodles, 2 oz. dressing = 335 cal, 9g fat, 1g fiber, 480mg sodium, 28g protein

TCE Signature Salad

8.25 / with grilled chicken breast 10.25

Baby mixed greens, roasted yellow and red beets, aged blue cheese, candied walnuts, raspberry vinaigrette.

Southwest Chipotle Chicken

8.95

Romaine lettuce, chipotle marinated chicken breast, grilled corn, black beans, cilantro, diced tomato, cucumber, green onion, tri-colored tortilla strips, honey BBQ dressing.

Classic Cobb

9.95

Baby mixed greens, romaine lettuce, low-sodium turkey breast, bacon crumbles, hard-cooked eggs, tomato, avocado, scallion, cheddar cheese, ranch dressing.

LUNCH: COLD.

SALAD.

Salmon Niçoise

9.95

Baby Mixed greens, black olives, red onions, ripe tomatoes, hard-cooked eggs, capers, red potatoes, pesto Dijon vinaigrette, chilled salmon filet on the side.

Shrimp Louie

9.95

Baby mixed greens, Bay Shrimp, cucumber, cherry tomatoes, radish, hard boiled egg, lemon chili aioli dressing.

DESSERTS

Fruit salad (½ cup)

Angel food cake with fresh seasonal berries (2 slices, ¼ cup berries)

Low-fat SnackWells® cookies (1 package)

Kozy Shack® gluten free, Kosher chocolate and vanilla pudding
(1 package)

DESSERTS: PREMIUM

Brownies 1.50

Assorted cookies 1.50

Assorted Homeboy pastries 1.99

Strawberries and mint with crème fraiche 1.99

Baklava 1.99

LUNCH: HOT.

BUILD YOUR OWN.

pages 9 – 13.

Minimum order: 15

Under 80 count: 2 selections maximum

1st entrée: full price

Additional entrees: \$3.95

1st entree price + add'l entrée price(s), per person for full number.

For meal plans with specified count splits, see page 14.

Choice of 2 sides, rolls, iced tea included. See page 12.

Dessert at extra cost. See page 13.

China: \$4 per person

Healthy

vegetables.

Vegan Roasted Vegetable Paella

8.95

Saffron rice, roasted seasonal vegetables, fava beans.

Recommended serving size: 1 cup = 518 cal, 4g fat, 9g fiber, 220mg sodium, 11g protein

Vegan Polenta and Roasted Vegetables

8.95

Golden corn meal cakes topped with roasted asparagus, eggplant, yellow squash, cherry tomatoes, charred roasted red pepper and balsamic sauce.

Recommended serving size: 2 polenta cakes with ½ cup roasted vegetables, ¼ cup sauce = 310 cal, 6g fat, 7g fiber, 375mg sodium, 8g protein

Vegan Grilled Stuffed Portobello Mushroom

8.95

Portobello mushroom filled with sautéed spinach and tofu.

Recommended serving size: 1 mushroom = 200 cal, 8g fat, 4g fiber, 100mg sodium, 12g protein

Spinach and Roasted Vegetable Lasagna

9.95

Lasagna pasta, ricotta cheese, sautéed spinach, vegetables, garlic and basil, Napoleon sauce.

Roasted Vegetables and Three Cheese Napoleon

9.95

Roasted portabella mushroom, eggplant, red and yellow peppers, zucchini layered with ricotta, parmesan and mozzarella cheeses, tomato-basil sauce.

LUNCH: HOT.

BUILD YOUR OWN.

pages 9 – 13.

poultry.

Rotisserie Style Chicken Quarter

8.95

Dry-rubbed in Chef Julian's special spice blend.

Recommended serving size: 1 piece with skin and excess fat removed = 130 calories, 1g fat, 0g fiber, 100mg sodium, 27g protein

Grilled Basil Lemon Chicken Breast

8.95

Fresh lemon, basil, garlic, crispy lemon slice garnish.

Recommended serving size: 1 piece = 240 calories, 7g fat, 0g fiber, 100mg sodium, 27g protein

Balsamic Chicken with Sun-Dried Tomatoes

8.95

Oven roasted breast of chicken marinated with balsamic vinegar, topped with sun dried tomatoes.

Recommended serving size: 1 piece = 200 cals, 3g fat, 5g fiber, 200mg sodium, 29g protein

Chicken Provençal

8.95

Roasted chicken breast, stewed tomato and kalamata olive relish, basil, pine nuts.

Recommended serving size: 1 piece = 160 cals, 3g fat, 2g fiber, 150mg sodium, 27g protein

Sun-Dried Tomato and Spinach Stuffed Chicken Breast

9.95

Stuffed Panko-crusted chicken breast, light pesto sauce.

Chicken, Jack and Cheddar Cheese Enchilada Rojas

9.95

Zesty red sauce, queso fresco, chopped cilantro.

LUNCH: HOT.

BUILD YOUR OWN.

pages 9 – 13.

beef and pork.

Swedish Meatballs

8.95

Beef meatballs, light gravy, cold currant sauce on side.

Recommended serving size: 6 meatballs = 260 cal, 20g fat, 2g fiber, 540mg sodium, 14g protein

Lasagna Bolognese

9.95

Lasagna pasta layered with ground beef, ricotta cheese, mozzarella cheese, tomato-basil sauce.

Grilled Bratwurst

10.95

Beef and pork sausage braised on cabbage and apples, whole grain mustard on side.

Peppercorn Trio Crusted Tri-Tip

10.95

Cracked white, black and red peppercorn rub, oven roasted, red wine reduction.

Recommended serving size: 4 oz tri-tip, 2 oz sauce = 250 cal, 11g fat, 0g fiber, 490mg sodium, 30g protein

seafood.

Tequila and Cilantro Marinated Salmon Filet

10.95

Topped with avocado pico de gallo.

Recommended serving size: 1 piece = 370 cal, 24g fat, 3g fiber, 100mg sodium, 32g protein

Oven Baked Rainbow Trout

10.95

Skin-on trout stuffed with warm grape tomato relish.

Recommended serving size: 1 piece = 225 cal, 9g fat, 0g fiber, 112mg sodium, 33g protein

Pistou Salmon

11.95

Roasted salmon filet, crushed basil, garlic, olive oil.

Baked Parmesan Crusted Tilapia

11.95

Parmesan and panko crusted, sherry cream sauce.

SIDES

Baby mixed greens and roasted vegetable salad (1 cup)

Baby spinach salad with sliced red onion, hard-cooked egg (1 cup)

Classic Caesar salad

Sonoma salad with grapes, feta cheese, toasted pine nuts

Roasted lemon pepper asparagus (½ cup)

Sautéed seasonal vegetables (½ cup)

Roasted seasonal vegetables (½ cup)

Green bean, pearl onion and mushroom sauté (½ cup)

Brussels sprouts with caramelized shallots (½ cup)

Steamed brown rice (½ cup)

Rancheros-style black beans (½ cup)

Roasted corn and sweet peppers

Quinoa and rice pilaf

Roasted herb red potatoes

Classic mashed potatoes

Spanish rice with carrots and cilantro

Couscous

Vegan Mediterranean lentil ragout

DESSERTS

| | |
|---|------|
| Fruit salad (½ cup) | 1.25 |
| Angel food cake with fresh berries (2 slices, ¼ cup berries) | 1.25 |
| Low-fat SnackWells® cookies (1 package) | 1.25 |
| Kozy Shack® gluten free, Kosher chocolate and vanilla pudding (1 package) | 1.25 |
| Fresh fruit platter (½ cup) | 2.25 |

DESSERTS: PREMIUM

| | |
|--|------|
| Brownies | 1.95 |
| Assorted cookies | 1.95 |
| Assorted Homeboy pastries | 2.50 |
| Strawberries and mint with crème fraiche | 2.50 |
| Baklava | 2.50 |

LUNCH: HOT.

MADE EASY.

Minimum order: 12

Under 80 count: 2 selections maximum

Specific counts on selections accommodated

Choice of 1 side, 1 dessert, iced tea included. See page 15.

Premium desserts at extra cost.

China: \$4 per person

Healthy

Middle Eastern Bamiah Bar

choice of 2: 13.50 / all 3: 16.50

Chicken with peppers and onions; lamb with peppers and onions; tofu and mixed vegetables. Lemon rice pilaf, cucumber-dill yogurt sauce, hummus.

Recommended serving size: 4 oz. chicken breast, 1/3 cup rice, 2 tbsp tzatziki,
2 tbsp hummus = 580 cals, 10.5g fat, 4g fiber, 596mg sodium, 44.3g protein

Pasta Bar 11.95 / with chicken or meatballs: 13.95 / with shrimp: 15.50

Choice of 2 pastas: bowtie, penne, whole wheat penne, linguini

Choice of 2 sauces: marinara, alfredo, pesto, white wine with lemon and capers.

Parmesan cheese on side.

*1 meat only

Fajita Bar

choice of 2: 15.50 / all 3: 18.50

Chicken, beef, tofu. Jalapeños, sour cream, cheese, guacamole, tortilla chips, salsa fresca, flour tortillas, black beans, Spanish rice.

Teriyaki Bowl

choice of 2: 15.50 / all 3: 18.50

Chicken teriyaki, broccoli beef, tofu vegetable stir-fry. Steamed sticky rice, fried vegetable potstickers, sautéed cabbage.

SIDES

Baby mixed greens and roasted vegetable salad (1 cup)

Baby spinach salad with sliced red onion, hard-cooked egg (1 cup)

Classic Caesar salad

Sonoma salad with grapes, feta cheese, toasted pine nuts

DESSERTS

Fruit salad (½ cup)

Angel food cake with fresh seasonal berries (2 slices, ¼ cup berries)

Low-fat SnackWells® cookies (1 package)

Kozy Shack® gluten free, Kosher chocolate and vanilla pudding
(1 package)

DESSERTS: PREMIUM

| | |
|--|------|
| Brownies | 1.50 |
| Assorted cookies | 1.50 |
| Assorted Homeboy pastries | 1.99 |
| Strawberries and mint with crème fraiche | 1.99 |
| Baklava | 1.99 |

LUNCH: CHINA SERVED.

Minimum order: 20

Under 60 count: 2 selections maximum

Choice of 1 salad OR dessert

Rolls, iced tea, coffee included. See page 17.

Add salad or dessert: \$3.95

Healthy

Baked Stuffed Chicken Breast

18.50

Chicken breast filled with apple sausage compote with Napoleon sauce.

Asiago Weiser Farm smashed potatoes, roasted seasonal baby vegetables.

Chicken: 220 cal, 6g fat, 3g fiber, 250mg sodium, 35g protein. Smashed potatoes: 120 cal, 2g fat, 2g fiber, 140mg sodium, 2g protein. Vegetables: 15 cal, 0 fat, 1g fiber, 125mg sodium, 1g protein

Chicken Paillard with Tomato, Basil and Roasted Corn Relish

18.50

Tender chicken breast lightly floured and seared, topped with roasted sweet corn, tomato and basil relish. Chipotle rice pilaf, sautéed summer squash.

Chicken: 200 cal, 4g fat, 2g fiber, 200mg sodium, 27g protein. Rice: 180 cal, 2g fat, 1g fiber, 25mg sodium, 4g protein. Vegetables: 15 cal, 0 fat, 1g fiber, 125mg sodium, 1g protein

Grilled Salmon Filet with Strawberry Mint Chutney

18.50

Saffron rice, steamed vegetables.

305 cal, 17g fat, 1g fiber, 100mg sodium, 31g protein. Rice: 180 cal, 2g fat, 1g fiber, 25mg sodium, 4g protein. Vegetables: 15 cal, 0 fat, 1g fiber, 125mg sodium, 1g protein

Filet Mignon with Roasted Shallot Demi Glacé

21.50

Garlic mashed potatoes, baby vegetables.

California Crab Cake

22.50

Dungeness crab meat and shrimp cakes with lemon basil sauce. Saffron scented polenta and haricots vert.

LUNCH: CHINA SERVED.

SALADS

Baby mixed greens and roasted vegetable salad (1 cup)

Baby spinach salad with sliced red onion, hard-cooked egg (1 cup)

Classic Caesar salad

Sonoma salad with grapes, feta cheese, toasted pine nuts

DESSERTS

Flourless chocolate pastry

Chocolate fantasy

Fresh fruit tart

Tiramisu

Crème Brulée tart

Apple brown butter tart

Assorted berries with crème fraîche

RECEPTIONS: STATIONED.

Minimum order: 25

Price per hour

China included

Healthy

Sodas + Water 3

Flat water, sparkling water, regular and diet sodas.

Wine + Beer + Water 8

CA red and white wines, imported and domestic beers, flat water, sparkling water.

Sushi Display 3.95

Sushi rolls, wasabi, pickled ginger.

Cheese Board 6.50

Imported and domestic cheeses, rustic breads, assorted crackers, dried fruit.

Mediterranean Display 7.50

Roasted vegetables with feta, garlic hummus, black olive tapenade, Caprese, assorted olives, parmesan crisps, pita.

Tapas Station 10

Italian chicken sausage, sun-dried tomato chicken sausage, flavored mustards, marinated artichokes, hummus-stuffed sweet peppers, sautéed mushrooms in garlic sauce, meatballs with pine nuts and currants, grilled flat breads.

HomeBoy Bakery Dessert Bar 2.95

Seasonal assortment of cookies and fruit bars.

Traditional Bread Pudding 2.95

Served warm with sauce on the side.

Fruit Display 4.50

Seasonal fruit and berries.

Recommended serving size: : 1 cup fruit = 60 cals, 0g fat, 2g fiber, 30mg sodium, 2g protein

RECEPTIONS: TRAY PASSED.

Minimum order: 25

Priced at 1.5 pieces per person

China: \$2 per person

Healthy

cold.

| | |
|--|-------------|
| Iced jumbo shrimp with cocktail sauce | 1.99 |
| Assorted finger sandwiches | 1.99 |
| New potato with sour cream and caviar | 2.25 |
| Caprese skewers | 2.25 |
| Salmon mousse on pumpernickel | 2.50 |
| Beef tenderloin with blue cheese aioli and caramelized onion relish | 3.50 |
| Assorted sushi and California rolls | 3.50 |

hot.

| | |
|---|-------------|
| Vegan ratatouille-crowned Polenta Triangles | 2.50 |
| Mini peppered Beef Duxelle Wellington | 3.50 |
| Mini assorted quiche | 1.99 |
| New England crab cakes | 3.50 |
| Chicken empanadas | 1.99 |
| Beef empanadas | 1.99 |
| Beef or chicken sate | 3.50 |
| Spanikopita | 2.50 |
| Chicken cornucopias with tomatillo salsa | 2.99 |
| Vegetable cornucopias with tomatillo salsa | 2.99 |
| Miniature beef taquitos with mango salsa | 2.99 |
| Chicken pot stickers with ginger dipping sauce | 2.99 |
| Vegetable pot stickers with ginger dipping sauce | 2.99 |
| Sweet potato ravioli, deep-fried and tossed in sage brown butter | 2.99 |

SNACKS: SAVORY.

Minimum order: 10

Under 24 count: 2 selections maximum where applicable

China: \$2 per person

Healthy

Assorted Baked and Regular Chips 1.25

Garden Vegetable Platter 2.50

Ranch dipping sauce or lemon and fresh herb yogurt sauce.

Recommended serving: 1 cup assorted vegetables = 120 cal, 0g fat, 8g fiber, 65mg sodium, 5g protein

Cold Edamame Duo choice of 2: 2.50

Plain steamed, sesame and teriyaki, spicy garlic.

Recommended serving: 3 oz. = 240 cal, 10g fat, 5g fiber, 71mg sodium, 13g protein

Small Bites Snack Bar choice of 2: 2.99 / of 3: 3.99 / of 4: 4.99

Vegetable crudité

Olive tapenade with assorted flat breads

Hummus with assorted flat breads

Olive medley

Tri-colored tortilla chips with salsa (add guacamole for an additional \$1/guest)

Sun-Dried tomato and goat cheese dip with assorted flatbreads

Roasted nut medley

Domestic and Imported Cheese Board 3.49

Baguettes or crackers.

Protein Platter 3.99

Sliced deli ham, turkey, roast beef, pepperoncinis, roasted nuts, water crackers.

SNACKS: SWEET.

Minimum order: 10

China: \$2 per person

Healthy

| | |
|---|------|
| Whole Fruit (1 piece) | .75 |
| Angel Food Cake with Fresh Berries (2 slices, ¼ Cup of Berries) | 1.25 |
| Low-Fat SnackWells® Cookies (1 package) | 1.25 |
| Kozy Shack® gluten free, Kosher chocolate and vanilla pudding | 1.25 |
| Brownies | 1.95 |
| Assorted Cookies | 1.95 |
| Baklava | 2.50 |
| Fresh Fruit Platter | 2.25 |
| Sliced melons, pineapple, grapes, berries. | |
| Recommended serving size: : ½ cup fruit = 30 calss, 0g fat, 1g fiber, 15mg sodium, 1g protein | |
| Strawberries and Mint with Crème Fraiche | 2.50 |
| Odwalla Bars | 2.50 |
| Dannon Greek Yogurt 100 | 2.50 |
| Plain, served with honey. | |

BEVERAGES.

Minimum order: 10

China: \$2 per person

| | |
|---|-------------|
| Premium Bottled Beverages a la carte | 1.50 |
| Flat and sparkling water, juices, regular and diet soda. | |
| All Day Premium Beverage Service | 5.50 |
| Low Fat Milk | .75 |
| Soy Milk | 1 |
| Iced Tea (in pitchers) | 1 |
| Bottled Water | 1 |
| Sparkling Water | 1.25 |
| Bottled Juices | 1.75 |
| Assorted Sodas | 1.75 |
| Odwalla Juices | 2.95 |
| Juice by the Carafe (8 glasses) | 6.50 |
| Choice of orange, cranberry, pink lemonade, apple, Mango-guava. | |
| Peet's Regular and Decaf Coffee a la carte | 2.50 |
| All Day Peet's Coffee Service | 3.50 |
| All Day Peet's Coffee Service with breakfast purchase | 3.00 |