

# Pre-Hospitalization Checklist for Patients with Memory Impairment

## Important Items to Bring to the Hospital

- ☐ List of medications with dosage and times given
- ☐ Personal security items
  - ☐ Pictures
  - ☐ Special blanket
  - ☐ Special pillow
  - ☐ Spiritual objects
- ☐ Music

## Information to Share with Hospital Staff

- ☐ Name to address patient/nickname
- ☐ Cues to assist patient with medication administration
  - ☐ Type of fluid
  - ☐ Time of day to administer
  - ☐ Words to encourage patient to take meds
- ☐ Sleep routines
  - ☐ Time patient goes to bed
  - ☐ Time patient gets up
  - ☐ Bedtime ritual
- ☐ Mealtime routines
  - ☐ Time for breakfast/food preferences
  - ☐ Time for lunch/food preferences
  - ☐ Time for dinner/food preferences
  - ☐ Time for snacks/food preferences
- ☐ Bathing routines
  - ☐ Independent or assisted bathing?
  - ☐ Shower or towel bath?

