



Pre-Hospitalization Checklist for Patients with Memory Impairment

Important items to bring to the hospital

- Bring list of medications with dosage and times given
- Personal Security items
 - Pictures
 - Special blanket
 - Special pillow
 - Spiritual objects
- Music/CD

Information to share with hospital staff

- Name to address patient/Nickname
- Cues to assist patient with medication administration
 - Type of fluid
 - Time of day to administer
 - Words to encourage patient to take meds
- Sleep routines
 - Time patient goes to bed
 - Time patient gets up
 - Bedtime Ritual
- Mealtime routines
 - Time for meals/food preferences
 - Breakfast
 - Lunch
 - Dinner
- Bathing routines
 - Independent or assist
 - Shower or towel bath