

## Tenzin Palkyi

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### EDUCATION

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#### University of Texas at Austin, Austin, TX

August 2017- May 2021

*Bachelor of Science and Arts- Biology Honors and Bachelors of Science in Psychology*

- Minor in Sociology and Pre-Health Professions Certificate

### HEALTHCARE EXPERIENCE

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#### Kunde Institute

Daly City, California

#### Student Observer

January 2020

- Shadowed Tibetan Medicine Practitioners Dr. Kalzang and Dr. Partsang in their private practice where they use alternative medicine techniques in a holistic approach to treating their patients
- Conducted brief, informal interviews with the practitioners to gather information that will be used for my senior thesis

#### Delek Hospital

Dharamsala, India

#### Student Intern

December 2018- January 2019

- Interned at a hospital in northern India whose patient population is mainly Tibetan
- Shadowed doctors and learned how Tibetan doctors use a holistic approach of allopathic and ayurvedic medicine to offer solutions to patients
- Took patient's blood pressure, conversed with them in Tibetan, observed the physicians take medical histories, and visited a local clinic branch in addition to a retirement community

#### Dell Seton Medical Center/ Seton Medical Center Austin

Austin, TX

#### Volunteer

September 2018- January 2020

- Worked in the South entrance greeting visitors, guiding them to patients' rooms, and attending to administrative duties
- Stationed in the Emergency Department and transport patients to their rooms, clean the rooms, and interact with visitors

### RESEARCH EXPERIENCE

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#### Freshman Research Initiative: Gene Networks Stream

Austin, TX

#### Undergraduate Peer Mentor

January 2018- Present

- Researching interactions of the DHX36 motif 6 gene with other proteins during the spring semester and in a summer fellowship
- Served as a resource for incoming freshmen on protocols and approaching their projects

#### Undergraduate Honors Thesis

Austin, TX

#### Researcher

August 2020-May 2021

- Conducting a literature review on Traditional Tibetan Medicine (TM), a type of complementary/ alternative medicine
- Interested in exploring how TM has changed since its inception and annexation by China, the existing studies that are available on its effectiveness and efficacy, and the challenges that traditional medicine systems (particularly TM) need to overcome to gain credibility in Western societies

### EXTRACURRICULAR ACTIVITIES

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#### Biosciences Department

Austin, TX

#### Undergraduate Teaching Assistant

September 2019- May 2020

- Helped students as a teaching assistant for BCH 369: Fundamentals of Biochemistry course in fall 2019 and BIO 325H: Advanced Introduction to Genetics in Spring 2020 with office hours, grading assignments, and answering any course-related questions and concerns

**Health Careers Mentorship Program (HCMP)**  
**Public Relations Coordinator, Admissions Director**

Austin, TX  
September 2019- Present

- Student-led organization which selects pre-medical students and exposes them to clinical and non-clinical aspects of the health care system
- Currently developing relationships with health practitioners in the Austin community and gaining valuable and practical experiences

**The Project**  
**Team Lead and Committee Member**

Austin, TX  
October 2018- Present

- Since 1999, the Project has engaged students, faculty, staff, alumni, and community volunteers to participate annually in the spirit of service to assist in our partnerships with local Austin neighborhoods
- Served as the point of communication between volunteers and committee members/directors, oversee worksites, and lead volunteers.

**UT American Medical Student Association**  
**Advocacy Team Representative**

Austin, TX  
October 2017- Present

- Currently drafting several different proposals on projects the team desires to pursue in the spring semester, which include increasing awareness of mental health, creating a health literacy curriculum, and improving student lifestyles

**UT Health Science Scholars (HSS)**  
**HSS Ambassador (2018- present)**

Austin, TX  
September 2017- Present

- Served as a resource for underclassmen through mentorships, volunteering at student panels, and offering registration advice

**UT Club Golf Team**  
**Member**

Austin, TX  
September 2017-Present

- Participated in qualifying and playing in regional tournaments, placing in the top 20 out of over 100 competitors

**COMMUNITY INVOLVEMENT**

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**Girlstart**  
**STEM CREW Intern**

Austin, TX  
August 2018- Present

- Lead weekly after-school informal STEM curriculum for 4<sup>th</sup> and 5<sup>th</sup> grade girls, implemented engaging activities to expose girls to different potential career fields, and acted as a positive role model for students

**Central Texas Food Bank and Micah 6 Food Pantry**  
**Volunteer**

Austin, TX  
October 2017- Present

- Stocked up and organized the shelves with donated goods, inspected food for distribution, and had the opportunity to assist and interact with fellow Texans as they are obtaining their goods