

Which Economies Are Most Exposed to a Rise in U.S. Long-Term Yields?

Matteo Pozzi

November 17, 2025

Word Count: 1115 / 800 words

1 Introduction and theoretical framework

The United States still hold much weight in shaping the destinies of competing economies around the world. Spreads with their sovereign yields determine capital flows, and in turn financing capabilities and real economic expansions or contractions by influencing consumption and investment patterns. Economies who are more exposed to swings in currency trade with the US exhibit stronger vulnerabilities; this phenomenon has been found to be particularly salient for emerging markets (EM).

The present quantitative analysis attempts to delve deeper into the topic. It relies on OECD and IMF for trade data; data on exchange rates and sovereign yield spreads was retrieved from the Federal Reserve's [FRED](#). An intense and nontrivial data processing effort was undertaken to align sources and reporting formats.¹

1.1 Transmission channels for exposure to US yields

For the present analysis, let's ignore sovereign default risk and denomination risks, assumed constant and negligible across periods. Figure 1.1 displays sovereign long-term yield spreads against the US.

The key channel by which long-term yields influence other economies is the effect they have on bilateral exchange rates. This is implied by interest rates differentials; the log-form Uncovered Interest Parity condition states

$$USY_t \approx i_t^* + \mathbb{E}(e_t + 1) - e_t \quad (1)$$

where USY_t represents some **net** US long term yield, i_t^* is the relevant foreign country's counterpart, and e_t represents the effective USD premium required to acquire 1 unit of foreign currency in period t . It is important to recall this condition shall not be expected to hold in the data² as it pertains to uncertain environments rather than certain, *backward-looking* ones. Notwithstanding, for given expectations we may suppose spot FX markets will react to sovereign yield spread deviations.

In turn, theory suggests exchange rates may shape terms of trade between countries and influence the trade balance. In practice, this depends on the specific links an economy has with the United States. The 2013 US "taper tantrum" provided quantitative evidence (see e.g.

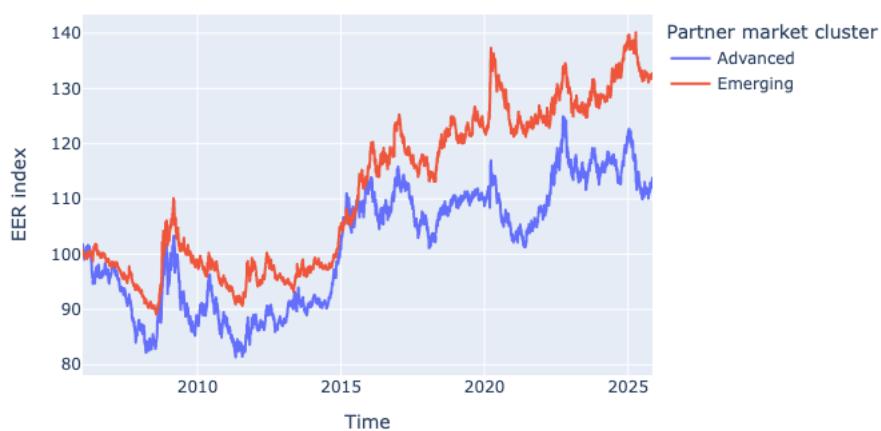
¹For datasets for which portals offered this possibility, data was retrieved through API queries, with the added benefit of transparency. The queries can be found in the source code of the analysis, within the [pseudo-Online Appendix](#).

²We ignore for brevity the so-called Forward Premium Puzzle, which historically showed UIP often doesn't hold.

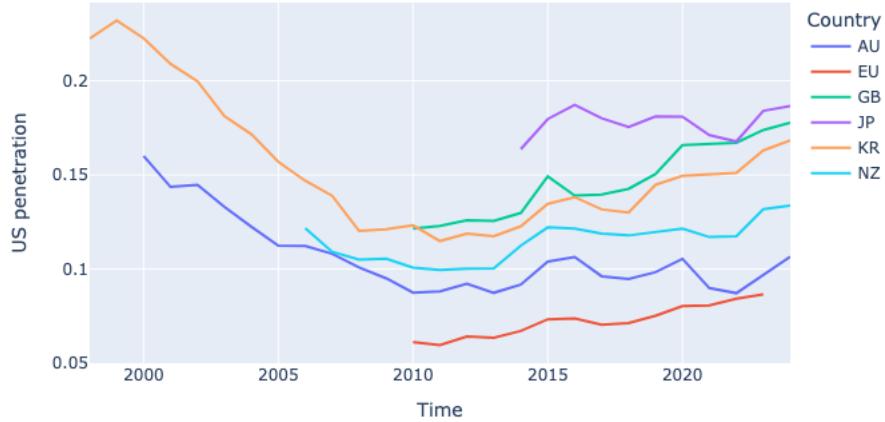
Spread btw domestic (+) and US (-) yields



US Effective Exchange Rate indices, Jan 2006=100



US penetration in Trade for several countries, IMF data



Sahay *et al.*, 2014) that EM economies tend to be more vulnerable to US monetary tightenings: volatility increases, and exchange rates and asset prices react more sharply. Results showed the prospect of rate increases in U.S. 10-year yields translated to up to 300bp widenings in EM sovereign spreads for the most vulnerable economies.

This is consistent *inter alia* with Dornbusch's (1976) now classic theory of *Exchange Rate Overshooting*: a notable implication of the latter is that countries whose trade depends more heavily on the US as a partner, and who have greater financial exposure, will suffer more. We may tentatively explore data on trade patterns to verify whether the above deduction is broadly true. Unfortunately, insufficient granularity, low alignment, and widespread methodological inconsistencies across publicly available datasets make comparison more complex: we must avoid aggregating datasets built under heavily different assumptions, and accept limits imposed by asymmetric metadata encoding. Nevertheless, some aggregations offer significant information despite forcing us to restrict our attention to a limited number of countries.

For instance, it can be seen in the data that years of USD appreciation tended to correlate with lower trade openness for market partners, both for exports and imports. This has particularly been the case for economies which exhibit a stronger penetration of the US economy in their trade basket. This is the case e.g. for Mexico: while international organizations do not have systematic and complete data on US penetration in Mexican trade, national figures report numbers up to > 80% of total international trade.

Interestingly, a first exploratory plot of FRED data (Figure 1.1) shows USD has on average appreciated more sharply against EMs than vis-à-vis advanced economies over the past two decades. How much of this differential may be attributed to yield spreads?

The UIP condition is used to derive expected changes in the effective exchange rate (EER) of an economy, with those most exposed to the US economy receiving stronger effects. The analysis is carried out accounting for the relevance of exchange rate risk based on current/financial account imbalances. A linear model is tested against the theory and optimized for reliability. In the end, we propose a short ML alternative to compare performance.

We can estimate the expected future exchange rate, combine that with the estimated inflation pass-through

Countries are more exposed if

- Hold insufficient foreign exchange reserves, especially if the ratio is $\leq 100\%$ of short-term external debt

- If local currency bond markets are heavily USD-dependent
- Have relevant current account deficits ($> 3\%$ of GDP)
- Do not have sufficiently credible ER regimes

2 Quantitative analysis

We begin with some very simple regressions

$$(\dot{y}_t, \pi_t) = x_t \beta + FE_c + \varepsilon_t$$

with \dot{y} representing output growth, π inflation, and x a multivariate vector containing a constant term and the spread with the US sovereign. FE_c is a country fixed effect. We also experiment with interaction terms to verify whether the reduced form relationship varies by country and this is significant. We present results in Figures ?? and ??.

The interested reader can consult the pseudo-“Online Appendix” to the analysis [here](#).

3 AI SLOP

3.1 Exchange Rate Pass-through

Currency depreciation following yield increases affects domestic conditions via:

$$\pi_{i,t+1} = \gamma_0 + \gamma_1 \pi_{i,t} + \gamma_2 \Delta e_{i,t} + \gamma_3 \Delta USY_t + u_{i,t} \quad (2)$$

where $\pi_{i,t}$ is inflation, $\Delta e_{i,t}$ represents exchange rate depreciation, establishing the link between U.S. monetary conditions and domestic price stability.

4 Empirical Analysis

4.1 Most Vulnerable Economies

Based on quantitative assessment using 2023 data:

High Exposure Tier:

- **Turkey:** External debt 55% of GDP, current account deficit 4.5% of GDP, significant USD borrowing
- **Argentina:** Debt sustainability concerns, limited reserves, high inflation pass-through
- **South Africa:** Twin deficits, reliance on portfolio flows, commodity dependence

Medium-High Exposure:

- **Indonesia:** Current account sensitivity, significant foreign ownership of government bonds
- **Brazil:** Large domestic bond market with foreign participation, currency volatility

5 Conclusion

Economies with high external financing needs, significant USD-denominated debt, and weak fundamentals face the greatest exposure to rising U.S. yields. Turkey, Argentina, and South Africa emerge as particularly vulnerable, while countries with stronger external positions and deeper local markets demonstrate greater resilience.

6 References

Dornbusch, R. (1976). Expectations and Exchange Rate Dynamics. *Journal of Political Economy*, 84(6), pp. 1161-1176. doi:10.1086/260506

Sahay, R., Arora, V. B., Arvanitis, A. V., Faruqee, H., N'Diaye, P. M., & Mancini Griffoli, T. (2014). Emerging Market Volatility: Lessons from The Taper Tantrum. *Staff Discussion Notes*, 2014(009), A001. doi:10.5089/9781498318204.006

7 Appendix - effects of yield spread on economic outcomes

7.1 Regression with interaction terms and country fixed effects

	(1) GDP Growth	(2) GDP Levels	(3) Inflation	(4) Price Index
Openness		-353887.303 (583755.648)	-0.763 (0.554)	9.748* (5.715)
REF_AREA_CA	-0.858 (1.627)	154578.365 (237621.712)	-0.359 (0.263)	
REF_AREA_CA_x_spread	2.095 (3.121)	-188816.800 (361779.844)	-0.218 (0.333)	
REF_AREA_CH	-0.416 (5.597)	-454760.948 (958284.504)	-2.985*** (0.892)	-4.797 (7.773)
REF_AREA_CH_x_spread	0.499 (2.747)	316732.961 (282778.243)	-0.764*** (0.276)	14.223*** (3.548)
REF_AREA_JP	-6.251** (2.942)	3308695.380*** (341901.727)	-2.795*** (0.357)	6.875* (3.636)
REF_AREA_JP_x_spread	-0.753 (1.537)	198885.306 (179253.033)	-0.276 (0.219)	15.948*** (3.196)
REF_AREA_KR	-0.816 (1.528)	824984.820*** (188101.074)	-0.509** (0.226)	7.730*** (1.652)
REF_AREA_KR_x_spread	-0.142 (1.444)	-66335.527 (166961.762)	0.491** (0.197)	7.681** (3.027)
REF_AREA_MX	-0.602 (4.688)	-572231.319 (544846.123)	-1.767*** (0.486)	-62.257*** (4.950)
REF_AREA_MX_x_spread	0.325 (1.404)	601567.322*** (165307.146)	0.639*** (0.197)	31.128*** (3.055)
REF_AREA_NZ	-0.012 (1.825)	-1184846.249*** (212106.758)		
REF_AREA_NZ_x_spread	-0.045 (1.402)	284570.048* (162346.110)		
const	6.151*** (1.166)	1593898.399*** (294376.674)	3.004*** (0.316)	88.471*** (4.131)
yield_spread	-0.457 (1.014)	-308420.899** (122251.267)	0.127 (0.173)	-15.842*** (2.909)
Observations	135	136	1165	1081
R ²	0.092	0.930	0.606	0.250
Adjusted R ²	-0.005	0.922	0.602	0.243
Residual Std. Error	3.759 (df=121)	434766.562 (df=121)	1.258 (df=1152)	12.576 (df=1070)
F Statistic	0.945 (df=13; 121)	115.711*** (df=14; 121)	147.509*** (df=12; 1152)	35.679*** (df=10; 1070)

Note:

*p<0.1; **p<0.05; ***p<0.01

7.2 Incorporate the effect of US relative appreciation rate

	(1) GDP Growth	(2) GDP Levels	(3) Inflation	(4) Price Index
OBS_VALUE_USappr_rate	-9.864*** (3.722)	924983.488** (465892.170)	-1.196*** (0.456)	4.044 (5.264)
Openness	-0.962 (4.619)	-730858.946 (560590.278)	-1.809*** (0.511)	-15.502*** (5.841)
REF_AREA_CA	-1.394 (1.606)	532286.627*** (200658.564)	0.196 (0.207)	
REF_AREA_CH	-0.228 (5.311)	-118350.091 (660295.193)	0.481 (0.604)	19.324*** (5.396)
REF_AREA_JP	-4.973*** (1.720)	3537044.688*** (216148.294)	-1.503*** (0.232)	0.423 (2.277)
REF_AREA_KR	-0.776 (1.230)	888670.191*** (154475.210)	-0.056 (0.172)	-5.252*** (1.540)
REF_AREA_MX	1.522 (2.407)	1208938.480*** (303100.200)	-0.049 (0.302)	-19.126*** (4.483)
REF_AREA_NZ	0.042 (1.159)	-907158.093*** (145799.044)		
const	6.764*** (2.282)	1579735.575*** (277059.657)	3.283*** (0.277)	110.304*** (4.091)
yield_spread	-0.585 (0.486)	-65547.799 (61318.198)	0.425*** (0.060)	3.181*** (0.702)
Observations	135	136	1165	1081
R ²	0.133	0.920	0.587	0.026
Adjusted R ²	0.070	0.915	0.584	0.020
Residual Std. Error	3.615 (df=125)	456286.122 (df=126)	1.286 (df=1156)	14.310 (df=1073)
F Statistic	2.124** (df=9; 125)	161.623*** (df=9; 126)	205.219*** (df=8; 1156)	4.127*** (df=7; 1073)

Note:

*p<0.1; **p<0.05; ***p<0.01

7.3 Combine appreciation rate with interaction terms

	(1) GDP Growth	(2) GDP Levels	(3) Inflation	(4) Price Index
OBS_VALUE_USappr_rate	-9.864*** (3.722)	924983.488** (465892.170)	-1.196*** (0.456)	4.044 (5.264)
Openness	-0.962 (4.619)	-730858.946 (560590.278)	-1.809*** (0.511)	-15.502*** (5.841)
REF_AREA_CA	-1.394 (1.606)	532286.627*** (200658.564)	0.196 (0.207)	
REF_AREA_CH	-0.228 (5.311)	-118350.091 (660295.193)	0.481 (0.604)	19.324*** (5.396)
REF_AREA_JP	-4.973*** (1.720)	3537044.688*** (216148.294)	-1.503*** (0.232)	0.423 (2.277)
REF_AREA_KR	-0.776 (1.230)	888670.191*** (154475.210)	-0.056 (0.172)	-5.252*** (1.540)
REF_AREA_MX	1.522 (2.407)	1208938.480*** (303100.200)	-0.049 (0.302)	-19.126*** (4.483)
REF_AREA_NZ	0.042 (1.159)	-907158.093*** (145799.044)		
const	6.764*** (2.282)	1579735.575*** (277059.657)	3.283*** (0.277)	110.304*** (4.091)
yield_spread	-0.585 (0.486)	-65547.799 (61318.198)	0.425*** (0.060)	3.181*** (0.702)
Observations	135	136	1165	1081
R ²	0.133	0.920	0.587	0.026
Adjusted R ²	0.070	0.915	0.584	0.020
Residual Std. Error	3.615 (df=125)	456286.122 (df=126)	1.286 (df=1156)	14.310 (df=1073)
F Statistic	2.124** (df=9; 125)	161.623*** (df=9; 126)	205.219*** (df=8; 1156)	4.127*** (df=7; 1073)

Note:

*p<0.1; **p<0.05; ***p<0.01