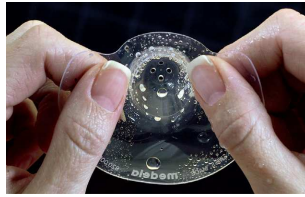


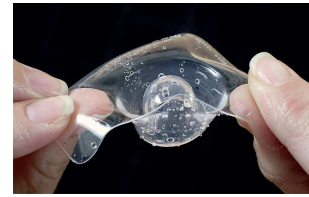
Nipple shield



Moisten the nipple shield with water to provide a secure fit



Turn the nipple shield half inside out, like a Mexican hat



Take hold of the nipple shields wings



Place the shields on the nipple with the holes still covered and pull the wings until it pops back into its original position. Position the open section where the baby's nose will contact the breast



Cover the holes with your middle finger to form vacuum



The shield is now securely in place with the nipple in centre. A good latch is important even when using a shield. The baby's jaws must close onto the breast and not out on the shaft of the nipple shield

Care instruction for nipple shields:

- After use, rinse in cold water to remove milk residue
- Thoroughly clean the shield with hot soapy water and rinse well
- Sanitize the shield by boiling it in water for 3-4 minutes once a day
- Store the shield in a clean and dry container until next use
- Before use, rinse in lukewarm water to make the shield attach

Nipple shield



Moisten the nipple shield with water to provide a secure fit



Turn the nipple shield half inside out, like a Mexican hat



Take hold of the nipple shields wings



Place the shields on the nipple with the holes still covered and pull the wings until it pops back into its original position. Position the open section where the baby's nose will contact the breast



Cover the holes with your middle finger to form vacuum



The shield is now securely in place with the nipple in centre. A good latch is important even when using a shield. The baby's jaws must close onto the breast and not out on the shaft of the nipple shield

Care instruction for nipple shields:

- After use, rinse in cold water to remove milk residue
- Thoroughly clean the shield with hot soapy water and rinse well
- Sanitize the shield by boiling it in water for 3-4 minutes once a day
- Store the shield in a clean and dry container until next use
- Before use, rinse in lukewarm water to make the shield attach