

HOLISTIC Methods

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A Detox program individualized just for you

Those who will participate in the program will receive treatment method that are effective and, better yet, the health benefits stay with them over time. And it's no wonder. With certification and training Edvid Shvartsman Practitioner/Therapist has made it his life's goal to provide his clients with a level of care and expertise that leads you to Optimum Health and Wellness.

EDVID SHVARTSMAN, CONSULTANT AND HEALER dedicated his life to understanding healing techniques performed ultimately, health is best for him or herself a program in diet and nutrition, and psycho-spiritual development.



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One Day Mind-Body Detox Program
was designed to deliver maximum benefits in one day. It includes all food (juice), exercise (mental and physical) workshop and classes in one day, it works well as individual or group.
Individual Cost: \$250.00
As Couple: \$350.00 (per couple)
Each additional person: \$150.00
Maximum 4 people in group.
(all inclusive, car service available)

Shiatsu the Ancient Japanese Art

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Balancing, Normalizing and Harmonizing are the terms of the model of Holistic Care. The wellness concept is derived from this model of healthcare. Restoring health is a matter of restoring and promoting the free flow of vital force or energy. Many systems and methods of healing serve different clients needs. No single method is superior or appropriate for everyone. The client's best system may determine which modality is most effective.

As a Nutritional Consultant I can facilitate, guide, inspire, instruct and offer help. It is client, who will decide, on any therapy, regimen, modality, remedy or product recommended by the practitioner.

SPECIALIZING IN:
Nutritional Consulting
Lifestyle Changes Coaching
Medical Herbalism
Wellness Therapies
Weight Management
Detoxification
Alternative Diagnostic Methods



Receive optimum health and wellness...Introducing our

ONE DAY DETOX
Weight Loss Clinic

Call now or get your free consultation.



FREE CONSULTATION

Name:

Email:

Phone:

Contact Preference:

☒ By Email ☐ By Phone

Please indicate how I may help you?

Sign up now for your
free consultation, or
Call for appointment
732-521-5525

FREE CONSULTATION

Name:

Email:

Phone:

Contact Preference:

☒ By Email ☐ By Phone

Please indicate how I may help you?

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