Tereza Constantinou

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 in terezaconst

Education

Institute of Astronomy, University of Cambridge, Trinity College

Oct 2022 – Present

PhD in Astronomy; supervised by Prof. Oliver Shorttle and Dr Paul B. Rimmer

I focus on planetary science, exploring key questions around planetary habitability.

- Constrained Venus's past climate and interior water content by linking volcanic gas compositions to atmospheric chemistry, offering new support that Venus was never liquid-water habitable.
- Investigated Venus's atmospheric chemistry, searching for signatures of lightning.
- Developed a novel biosignature evaluation framework: by comparing observations to empirically defined abiotic baselines, potentially biotic anomalies can be flagged and assessed for their origin.
- Collaborating on broader projects including Venus's atmospheric and climatic evolution, present-day Venus surface—atmosphere interactions, and prebiotic atmospheric chemistry on early Earth.

University of Cambridge, Trinity College

Oct 2019 - Jun 2020

Master of Astrophysics (M.Sci.) — 1st Class Honours

- Research Project: "The Atmospheric Chemistry of Venus and Interactions with the Surface", supervised by Dr Paul Rimmer and Dr Oliver Shorttle
- Specialisation: Planetary Science, Exoplanets, Computational Modelling, Relativistic Astrophysics

University of Cambridge, Trinity College

Oct 2016 - Jun 2019

Bachelor of Natural Sciences (B.A. Hons, M.A.)

- Research Review: "Using the Moon to Detect Nearby Supernovae" 1^{st} Class
- Research Project: "Python Investigation of the Ising Model of a Ferromagnet" 1^{st} Class
- second and third year courses: Theoretical Physics, Mathematics
- first year cources: Earth Sciences, Mathematics, Physics, Material Science

The English School, Nicosia, Cyprus

Sep 2009 – Jun 2016

High School Diploma

• Physics A*, Mathematics A*, Further Mathematics A*, Chemistry A*, Greek A, AS-Level Biology A

Publications

1 first author publication (+2 submitted), 3 co-author publications (+3 submitted)

• A dry Venusian interior constrained by atmospheric chemistry T. Constantinou, O. Shorttle, P.B. Rimmer

Nature Astronomy (2024)

• Large Interferometer For Exoplanets (LIFE). XIV. Finding terrestrial protoplanets in the galactic neighborhood

L. Cesario, T. Lichtenberg, E. Alei,..., **T. Constantinou**, the LIFE Collaboration Astronomy & Astrophysics (2024)

- Hydroxide Salts in the Clouds of Venus: Their Effect on the Sulfur Cycle and Cloud Droplet pH P.B. Rimmer, S. Jordan, T. Constantinou, P. Woitke, O. Shorttle, R. Hobbs, A. Paschodimas The Planetary Science Journal (2021)
- Photochemistry of Venus-like Planets Orbiting K- and M-dwarf Stars
 S. Jordan, P.B. Rimmer, O. Shorttle, T. Constantinou
 The Astrophysical Journal (2021)

Awards and funding

- Travel sponsorship for Breakthrough Discuss Conference (£1200 from Breakthrough Initiatives), 2025
- 'Best presentation Award', Leverhulme Centre for Life in the Universe Annual Science Day, 2025
- 'Murdin Prize', best publication by a Ph.D. student in Astronomy, University of Cambridge, 2024
- Travel funds for VeReDo Kick-Off Meeting (£1200 from VeReDo), 2025
- Travel funds for Life in the Universe II Conference (\$700 from Northeastern University), 2023
- Fee waiver for UK Exoplanet Conference (£200 from conference), 2023
- STFC Studentship for study towards a PhD in Cambridge (£85K), 2022-2026
- 'Institute of Astronomy Project Prize', best master's research project, 2020

Talks and Posters

- Co-hosted seminar: "Habitability of Icy Moons" LCLU Coffee Meetings, Cambridge, UK, April 2025
- Talk: "Comparative Biosignatures" Best Presentation Award LCLU Science Day, Cambridge, UK, March 2025
- Invited talk: "Was Venus Ever Habitable?" VeReDo Kick-off Meeting, Graz, Austria, November 2024
- Invited Poster: "Comparative Biosignatures" Origins Federation, Cambridge, UK, September 2024
- Invited Seminar: "Link Between Geochemistry and Atmospheres" LCLU Coffee Meetings, Cambridge, UK, January 2024
- Talk: "Was Venus Ever Habitable?"
 Rocky Worlds III, Zurich, Switzerland, January 2024
- Talk: "Was Venus Ever Habitable?"

 IoA Wednesday Seminar, Cambridge, UK, October 2023
- Invited Poster: "Was Venus Ever Habitable?"
 Life in the Universe II, Boston, US, September 2023
- Talk: "Was Venus Ever Habitable?" UKEXOM 2023, London, UK, August 2023
- Talk: "Was Venus Ever Habitable?" LCLU Science Day, Cambridge, UK, March 2023
- Invited talk: "Venus as Candidate for Constraining Volcanism and Surface Conditions" RAS Specialist Discussion Meeting: Abiotic baselines in astrobiology, London, UK, January 2023

Outreach and Publicity

- Over 750 international pieces of media coverage for "A dry Venusian interior constrained by atmospheric chemistry"; including The Guardian, Reuters, Daily Mail, and Independent, Sky News.
- Podcast interview with BBC World Service Science in Action about my work on Venus (2024)
- Podcast interview about my work on Venus with BBC Cambridge's The Naked Scientists (2024)
- Youtube interview with EarthSky about my work on Venus (2024)
- Hosted star-gazing for Public Open Evenings (2022-2023)
- \bullet Organised and ran Venus-themed workshop for departmental Public Open Day (>1000 attendees, 2024)

Teaching

- Part II 'Topics in Astrophysics' Supervisor (2024-2025)
- 'Reading Group' Supervisor for the Planetary Science and Life in the Universe MPhil (2024-2025)
- Supervised a summer intern on the formation and composition of Mercury (2023)
- Private tutor for Physics, Maths, and Oxbridge interview prep (2020-present)

Academic service

- Co-ran breakout session for Life in the Universe III Conference (2024)
- Co-organised Conference: Leverhulme Centre for Life in the Universe Annual Science Day, Cambridge (2024)
- Reviewed 1 research paper, 1 book proposal (2023-present)
- Wellbeing Advocate, Institute of Astronomy (2022-present)
- Exoplanet Journal Club Organiser, Cambridge (2022-present)
- Work-life balance Focus Group Member, EDI Committee (2022-present)
- International Women's Day Co-Organiser, Institute of Astronomy (2022-2024)
- Student Representative, Cavendish Laboratory & Institute of Astronomy (through undergrad, masters & PhD)

Other Work Experience

DocMe (BioTech Startup), London, UK

Jun 2021 – Sep 2021

Lead ML/AI Engineer

- Created company management structure, led product roadmap, and managed 4-person ML team.
- \bullet Conducted competitor analysis and business plan refinement, resulting in three £10,000 pilot contracts.

Machine Learning Engineer

Jan 2021 – Jun 2021

• Designed medical-grade algorithms to measure SpO₂, heart rate, respiratory rate, and HRV from selfie videos.

Diverium (VR Tech Startup), London, UK

Sep 2020 - Dec 2020

Team Founding Member / Lead Software Engineer

• Built two backend REST APIs with Django and Docker using TDD on Ubuntu, and linked Unity3D mobile app to backend via C# and JSON.

Education Partnerships Africa (Charity), Kisii, Kenya

Jul 2019 - Sep 2019

Volunteer Project Worker

- Raised £4,000 for in-situ development work in rural Kenya through online fundraising.
- Led 7 concurrent projects, incl. water collection and purification, hygiene programs, and facility renovations.

Procter & Gamble (P&G), Newcastle, UK

 $Jul \ 2018 - Sep \ 2018$

R&D Intern - Product Research

- Developed and implemented a laboratory method for testing new laundry detergent scents, adopted as a SOP.
- Designed a consumer testing app and presented data analysis findings to senior stakeholders.

BP Institute for Multiphase Flow, University of Cambridge, UK Geophysics Research Assistant

Jun 2017 - Jul 2017

- Designed and executed laboratory experiments; analysed results with MATLAB video processing.
- Built a model for gravity currents in V-shaped valleys, relevant to seabed and volcanic canals

Technical skills

Technologies: Python, Git, Jupyter (advanced); MATLAB, C++, Django, Unity (intermediate)

Languages: English (fluent), Greek (native), French (intermediate)

Lisences: EU Driving License, Open Water Diver, Working towards: 'Solo' BGA Gliding Certificate, Small Boat/Zodiacs License