

Work and Energy

Work :

Work done by a force :

$$W_F = \vec{F} \cdot \vec{AB}$$

work done by F (J) \rightarrow distance (m)
 $= F \cdot AB \cdot \cos\alpha$
 \downarrow magnitude of \vec{F} (N)

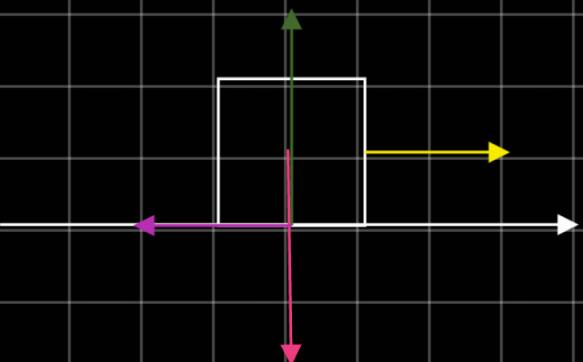
Forces acting on an object :

Applied Force (\vec{F})

Normal Reaction of Support (\vec{N})

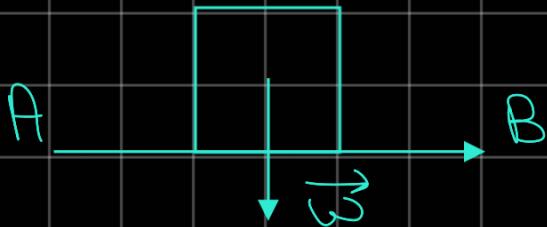
Weight (\vec{w})

Friction (\vec{F}_f)



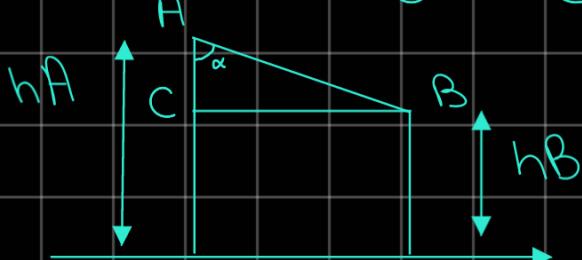
Work done by Weight (\vec{w}) : $W = mg$

Motion Along Horizontal Plane :



$$\cdot W_w = 0 \quad (\vec{w} \perp \vec{AB})$$

Motion along any trajectory :



$$W_w = W \cdot AB \cdot \cos\alpha$$
$$\cos\alpha = \frac{\text{adj}}{\text{hyp}} = \frac{AC}{AB}$$

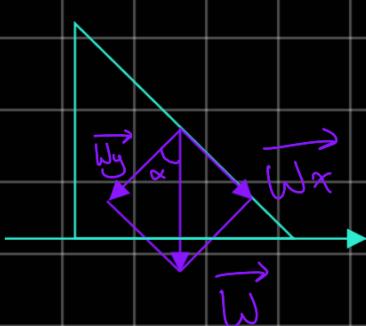
$$\cos\alpha = \frac{hA - hB}{hA}$$

$$\cdot \vec{W}_{A-B} = mg(h_A - h_B)$$

$$AB \cos\alpha = h_A - h_B$$

$$\cdot \vec{W} = mg(h_i - h_f)$$

Motion along an inclined plane:



$$\alpha(\vec{W}, \vec{W}_y)$$

Magnitude: $W_x = mg \sin\alpha$
 $W_y = mg \cos\alpha$

Declined plane: $\vec{W} = m g \sin\alpha \hat{d}$

Inclined plane: $\vec{W} = -m g \sin\alpha \hat{d}$

Energy:

Kinetic Energy (KE): energy due to motion

$$\text{Kinetic Energy (J)} \rightarrow KE = \frac{1}{2} m v^2 \rightarrow \begin{matrix} \text{Speed (m/s)} \\ \text{Mass (kg)} \end{matrix}$$

→ If the speed is doubled, KE is quadrupled

$$v \times 2 \rightarrow KE \times 4$$

$$\cdot v \uparrow \Rightarrow KE \uparrow$$

→ Work-Energy Theorem:

$$\Delta KE = \sum \vec{W}_{\text{ext}}$$

Gravitational Potential Energy (GPE): energy due to position

$$\text{GPE} = mgh \rightarrow \begin{matrix} \text{Height (m)} \\ \text{Gravity (10 m/s}^2 \end{matrix}$$

Gravitational Potential

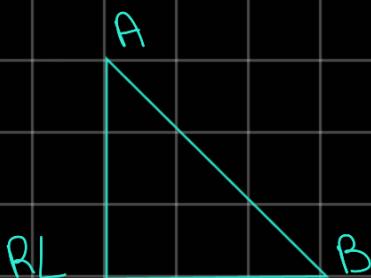
Energy (J)

Mass (kg)

$$\rightarrow hB = 0 ; \sin\alpha = \frac{\text{opp}}{\text{hyp}}$$

$$\sin\alpha = \frac{hA}{AB}$$

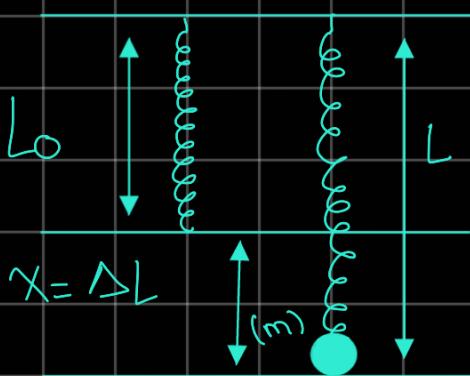
$$hA = AB \sin\alpha$$



$\cdot h \uparrow \Rightarrow \text{GPE} \uparrow$

$$\rightarrow \text{Height in a circle} = R - R \cos\alpha$$

Elastic Potential Energy (EPE) : energy stored in deformed elastic objects ($T = kx$)



• Characteristics of a spring :

L_0 : natural / free length (m)

k : Stiffness

• Forces acting on (m) : Weight (\vec{W})
Tension (\vec{T})

• Condition of Equilibrium :

$$\sum \vec{F}_{\text{ext}} = 0$$

$$\vec{T} + \vec{W} = 0$$

$$\vec{T} = -\vec{W} \rightarrow$$

$$\boxed{\vec{T} = \vec{W}}$$

• Hooke's Law :

$$\vec{T} = \vec{W} \rightarrow \boxed{kx = mg}$$

$$\text{EPE} = \frac{1}{2} kx^2 \rightarrow \text{Elongation: } \Delta L \text{ (m)}$$

Elastic Potential Energy (J)

Stiffness

→ Mechanical Energy (ME) : sum of energies

$$\begin{aligned} ME &= GPE + KE + EPE \\ &= mgh + \frac{1}{2}mv^2 + \frac{1}{2}Kx^2 \end{aligned}$$

Conservation of ME

The non-conservative forces (friction, air resistance) are neglected, so ME is conserved

$$ME_i = MEF$$

Variation of ME (ΔME) :

$$\Delta ME = MEF - ME_i = 0$$

$f_r = 0$; ME = constant

Non-Conservation of ME

The non-conservative forces (friction, air resistance) are applied, so ME varies

$$ME_i \neq MEF$$

Variation of ME (ΔME) :

$$\Delta ME = MEF - ME_i = \vec{W}_{fr}$$

Energy lost appears in the form of thermal energy

$$Q = |\Delta ME|$$

At Max Height : $V = 0 \rightarrow KE = 0$

Linear Momentum (\vec{p})

The time constant (τ) is the time separating two consecutive dot-points. ($\tau = \text{constant}$)

If the dot-points are equally separated, same distance is covered in the same time, then motion is said to be :

$$U.R.M \Rightarrow a=0, V=\text{constant}$$

If the distance between dot-points is increasing, then more distance is covered in the same time, the motion is :

$$U.A.R.M \Rightarrow a > 0, v \uparrow$$

If the distance between dot-points is decreasing, then less distance is covered in the same time, motion is said to be :

$$U.O.R.M \Rightarrow a < 0, v \downarrow$$

$$\vec{r} = x\vec{i} + y\vec{j} \text{ (Position Vector)}$$

$$\vec{v} = \vec{r}' , v = \sqrt{(v_x)^2 + (v_y)^2}$$

$$\vec{a} = \vec{v}' , a = \sqrt{(a_x)^2 + (a_y)^2} , a = \frac{\Delta v}{t}$$

Linear Momentum / Quantity of motion (\vec{P}) :

The more momentum an object has the harder it is to be stopped.

$$\vec{P} = m\vec{v} \rightarrow \begin{array}{l} \text{Speed (m/s)} \\ \downarrow \\ \text{mass (kg)} \end{array}$$

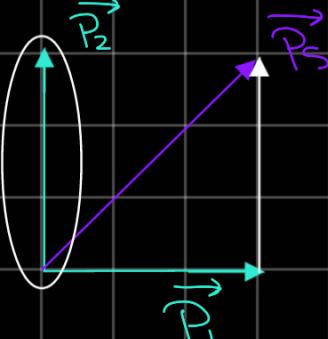
Linear Momentum
(kg · m/s)

Linear Momentum of a System (\vec{P}_{sys}) :

\vec{P}_{sys} = Sum of \vec{P} for all objects in the system

$$\vec{P}_{sys} = \vec{P}_A + \vec{P}_B + \dots$$

Note : Adding Vectors

- Same Line of action, Same direction : $P_s = P_1 + P_2$
 - Same Line of action, Opposite direction : $P_s = P_1 - P_2$
- 
- By displacing \vec{P}_2 and applying Pythagoras theorem : $P_s = \sqrt{P_1^2 + P_2^2}$
- When vectors are collinear, substitute value of vectors directly.

$$\vec{P}' = m\vec{a} = \sum \vec{F}_{ext}$$

- \vec{P} and \vec{V} are always collinear + have same direction

Note: Center of Mass (G)

$$xG = \frac{m_A x_A + m_B x_B + m_C x_C}{m_A + m_B + m_C}$$

The Linear Momentum of a system is equal to the linear momentum of its center.

$$\vec{P}_{sys} = \vec{P}_G$$

Conservation of Linear Momentum (\vec{P}) :

$\vec{P}' = \sum \vec{F}_{ext}$, If $\sum \vec{F}_{ext} = 0$, the system is said to be isolated.
Then $\vec{P}' = 0$, so linear momentum is conserved.

$$\vec{P}_{sys} = \text{Constant}$$

In an Elastic Collision , KE is conserved