

Work Styles Questionnaire

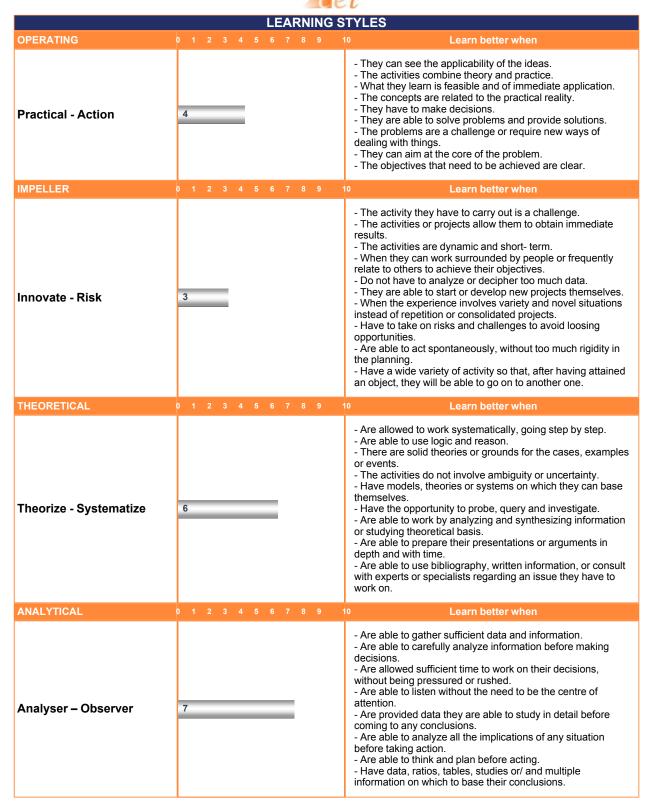


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OCCUPATIONAL PERSONALITY AND PROFESSIONAL POTENTIAL		
MOTIVATIONAL STYLE		10
High- level activity may be a burden to them. They prefer to have less tasks and more time available. Don't usually ask for new tasks.	9 Occupation and Activity	Like to be always occupied, feeling uncomfortable with little activity or work; therefore will seek complementary activities to be active.
Complete the work they are requested to do without setting new goals. Are satisfied with what they have. Do not need to be continuously achieving new goals.	7 Challenging goals	Enjoy difficult objectives and goals. Set goals for themselves or by comparing themselves with others (companions, the competition, colleagues, etc.). Need to make continuous progress.
Find it difficult to make decisions within short timelines. The extreme scores may indicate doubt or slowness when it comes to making decisions.	6 Decision and action	Are unwavering people. Normally act and make decisions fast. Prefer to act fast and conclusively. May sometimes appear to be daring, bold or somewhat impulsive.
Depend on others to carry out their job functions. Prefer to consult before taking action. Enjoy situations where they are provided guidance or instructions from others.	8 Autonomy and independence	Enjoy acting without depending on others. Prefer not to have to render an account of their actions. Seek to carry out their tasks with autonomy and vast expression and action freedom.
RELATING STYLE 0		
Prefer to stand in the background. Do not enjoy commanding others. Are uncomfortable or avoid having to give orders and assuming a leading position.	5 Command and lead	Enjoy organizing, be responsible for and establishing project and/ or work guidelines. Prefer to guide instead of being guided. Enjoy giving instruction or orders.
Do not seek to influence others. Their opinions rarely affect the rest of the group. Avoid situations where they have to convince others.	6 Influence and persuade	Enjoy influencing others with his/ her opinions and ideas. Like to create an impact. When they decide to do something they feel confident and try to convince others about it.
Feel uncomfortable in situations where they have to relate to people they don't know or big groups. Prefer to go unnoticed. Feel insecure if they have to speak in public.	2 Relating socially	They feel safe when relating with others or in social events. Enjoy activities that involve relating to people or speaking in public.
Feel comfortable working alone. Like to work without depending on a group. Do not need the company of others.	1 Form groups and cooperate	Need to work surrounded by people. Enjoy feeling integrated in a group. Seek being associated with others when carrying out projects.
COGNITIVE STYLE 0	1 2 3 4 5 6 7 8 9	10
Often resist change. Others may see them as somewhat rigid or intransigent. They find it difficult to adapt to changes in already implemented procedures and regulations or unforeseen circumstances.	8 Adapting and being flexible	Are flexible and adapt easily to different circumstances. Are open to change and innovation. Normally react with agility to unforeseen circumstances, and mould themselves accordingly.
When it comes to making decisions they tend to be led by intuition. Find it difficult to base their actions on data and figures or simply ignore them. Do not analyze the possible risks of their decisions.	5 Objectivity and analysis	Analyze their surroundings objectively before making a decision. Prefer to base their decisions and actions on facts. Centre their attention on objective and measurable objectives.
Feel comfortable in controlled and predictable environments. Find it difficult to consider ideas that are not typical. Are not very creative.	6 Innovation and solutions	Enjoy novelty. Feel comfortable in environments where they have to find new solutions. Generate alternatives or ideas in groups. Are attracted by creative activities.
WORKING STYLE 0	1 2 3 4 5 6 7 8 9	10
Are often spontaneous and react to situations. Prefer to work as they go along. Do not take into account the future, therefore are not able to anticipate possible obstacles.	5 Planning and forecast	Prefer to have time when preparing or planning activities and project phases. Are able to forecast possible difficulties or problems. Prefer to have a clear idea of all the phases on the medium and long term.
Carry out their tasks as is convenient for them at each moment. Don't usually structure the information: therefore they are prone to making mistakes or omissions.	5 Organisation and me <mark>thod</mark>	They are characterised for their systematic, organised, methodical and orderly manner of working. Enjoy clear procedures and guidelines.
EMOTIONAL STYLE	1 2 3 4 5 6 7 8 9	10
Normally see the negative side of things, anticipating possible difficulties and obstacles. Concentrate on the possible risks and problems of the situations. Adopt a pessimistic viewpoint.	7 Positive thinking	Normally see the positive side of things, situations or contexts they are involved with. When faced with challenges or difficulties they concentrate on the positive side of things. Adopt an optimistic viewpoint.
Are not very tense or anxious people; normally feel comfortable and relaxed even in tense situations. In extreme situations they may seem excessively calm or with little reaction capability.	5 Internal tension	Tackle their daily work with a level of tension that is above the normal. Normally get nervous when faced with difficulties or obstacles, taking long to calm down. Are more prone to stress.
Always show their feelings in all circumstances. Are usually very expressive people that, in all situations, show how their feelings.	5 Outer control and self- control	Are not prone to showing their feelings; therefore they try to control and hide them. Do not show their feelings (positive or negative) to others.
CONSISTENCY LEVEL 0		
Extremely low scores (1) show total incongruence or mere luck. Excellent levels (4 to 7).	6	Extremely high scores (10) show an excessive congruence or rigidity in the answers.





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