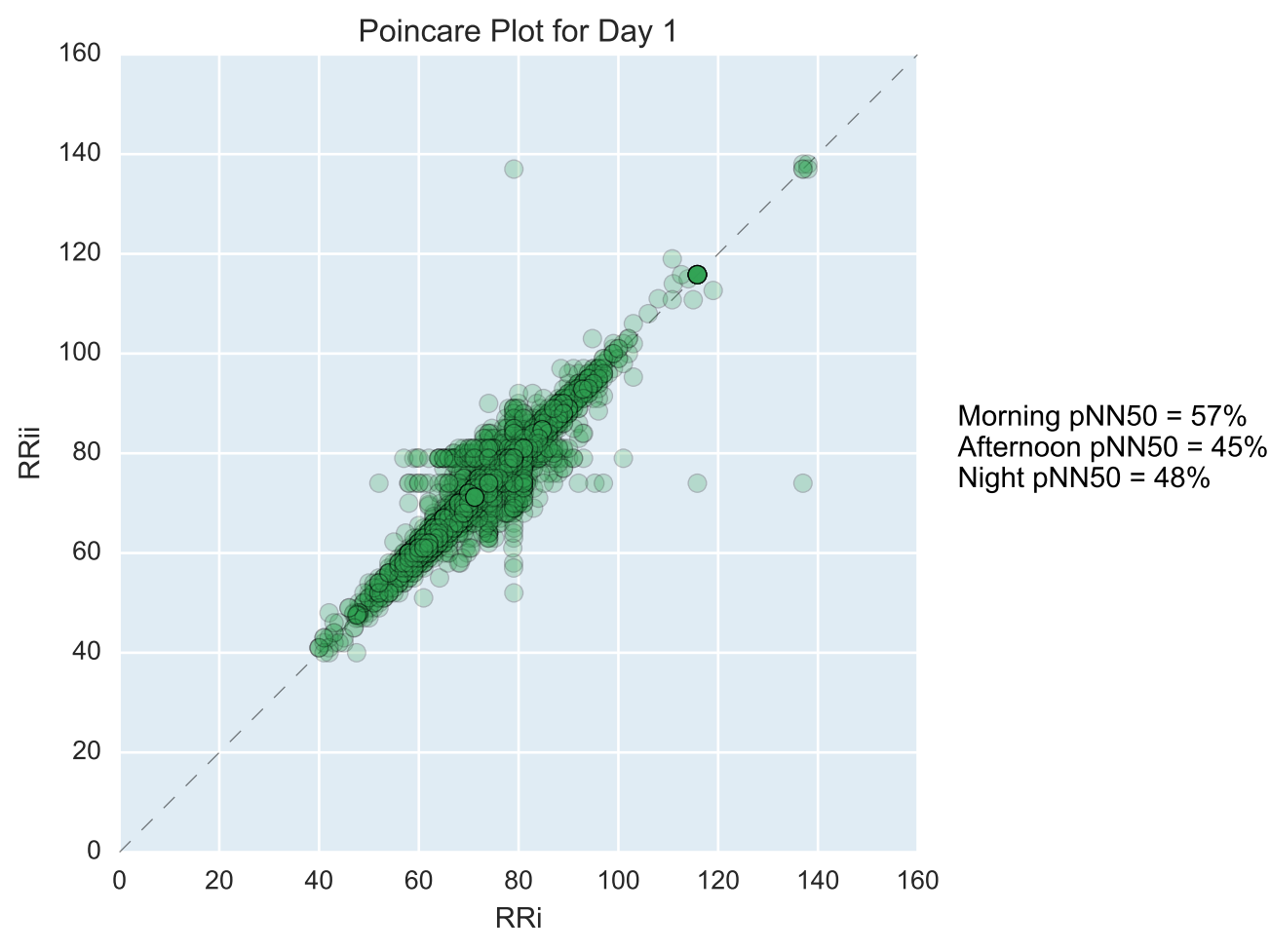
Poincare Plot for Day 1
RRii
RRi
0
20
40
60
80
100
120
140
160
Morning pNN50 = 57%
Afternoon pNN50 = 45%
Night pNN50 = 48%