

用小小的錢做最多的事

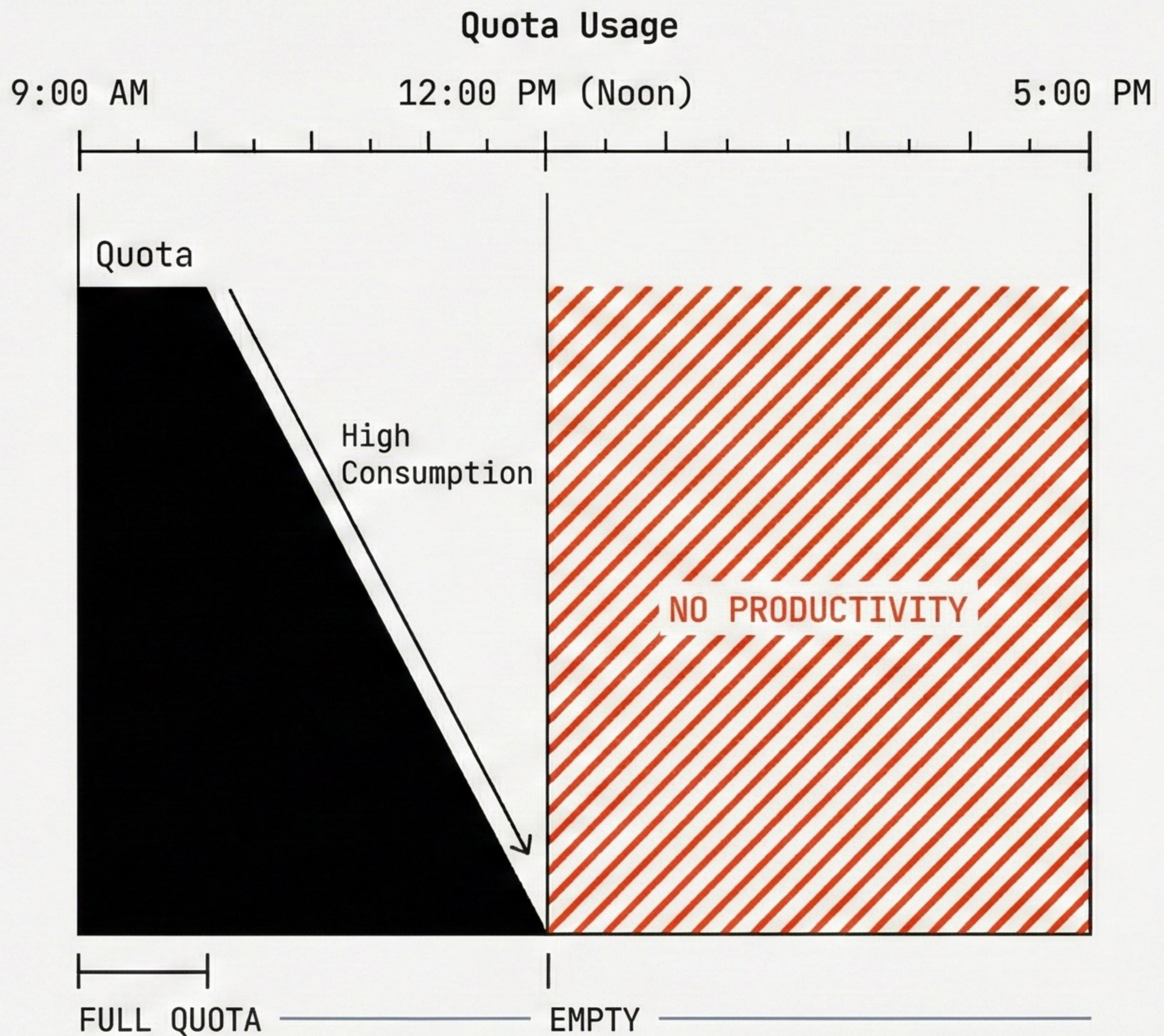
CLAUDE CODE TOKEN 極致省流指南

By Terry Lin

為什麼要談這個？

- ⚡ Claude Code 很強，但也很貴
- ⚡ 每天的 Quota 有上限
- ⚡ 如果中午就用光，下午就沒事做了

核心觀念：如何善用 Tokens 發揮
最大價值，是開發者的必修課

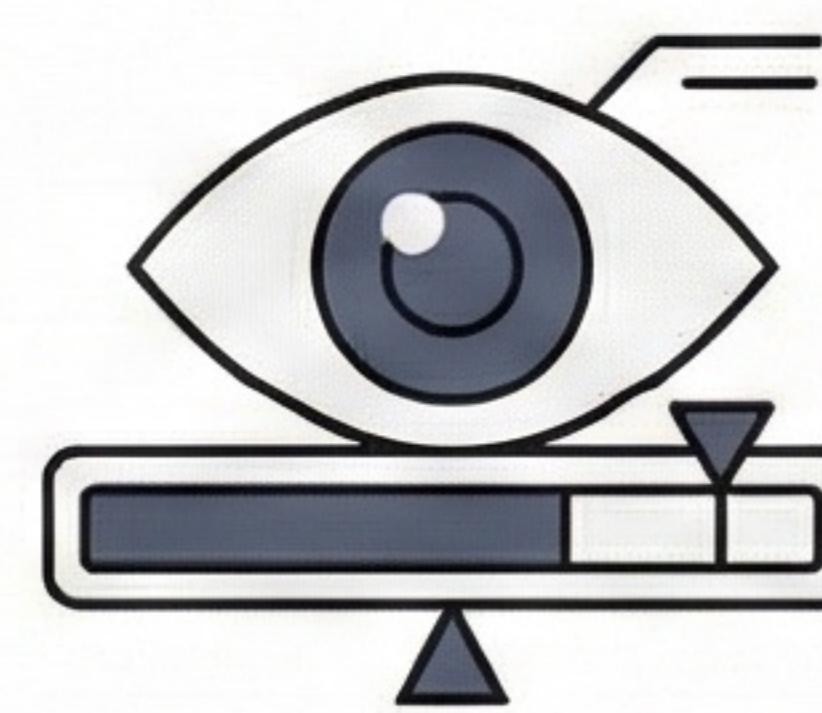


省流四大心法

01

讓餘額一目瞭然

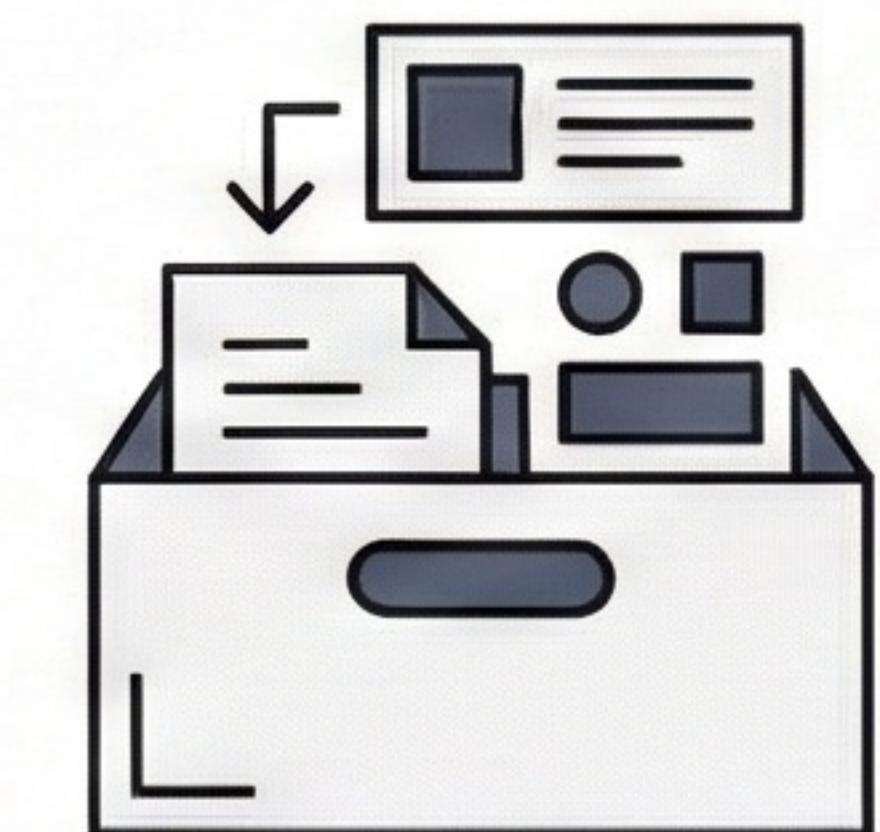
Visibility



02

Context 收納整理術

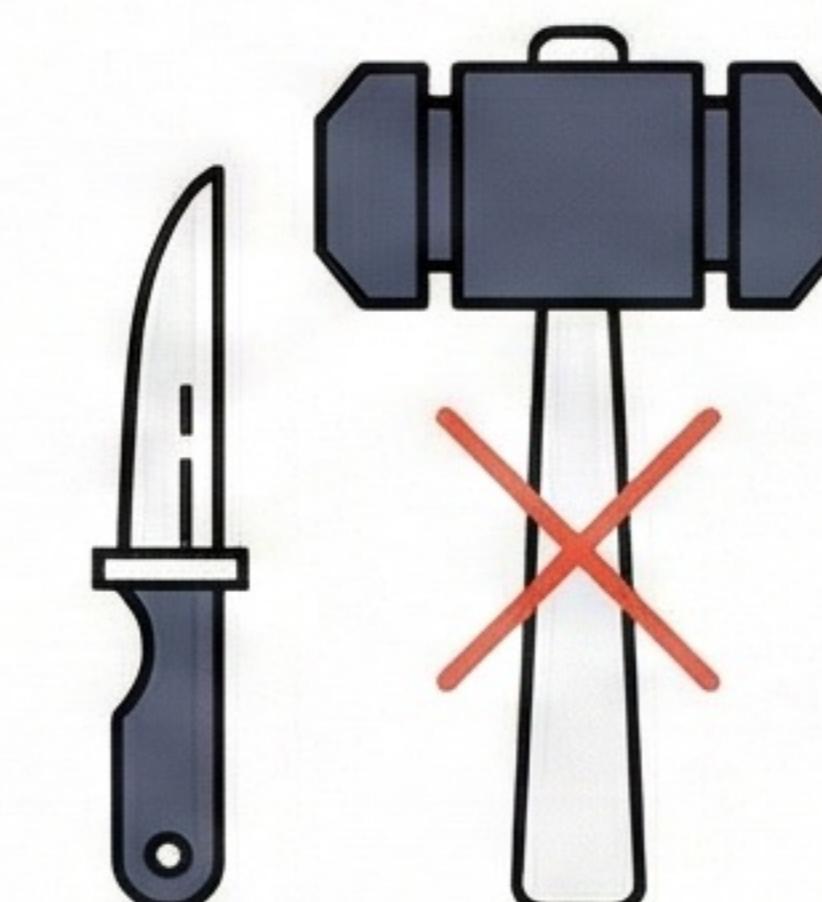
Context Management



03

殺雞不要用牛刀

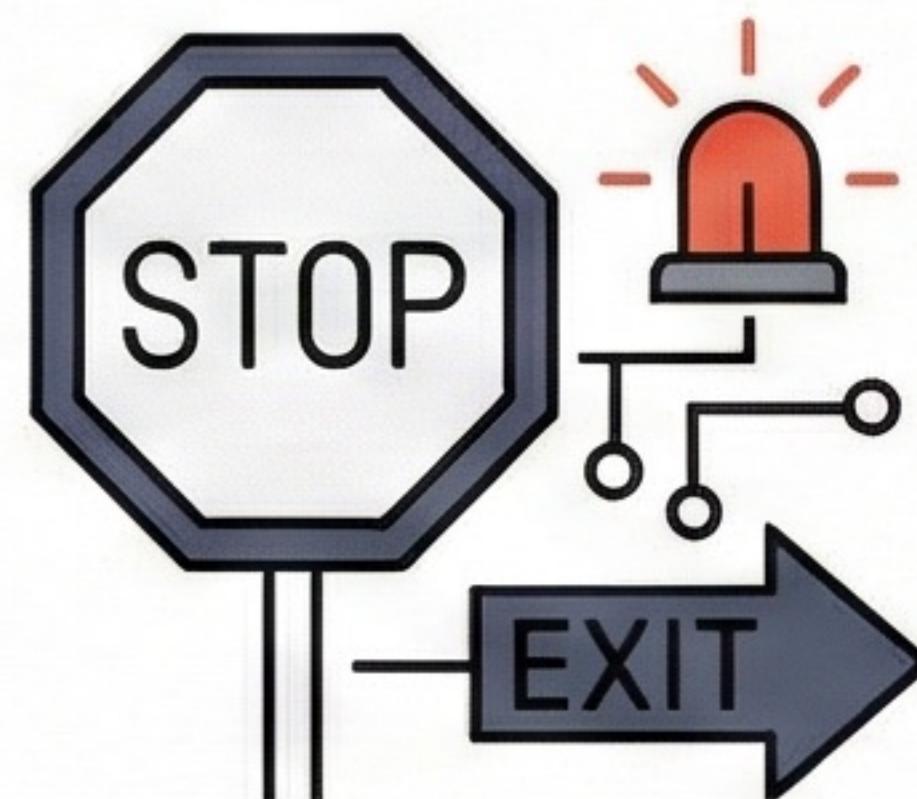
Right Tool



04

苗頭不對，馬上撤退

Stop Loss

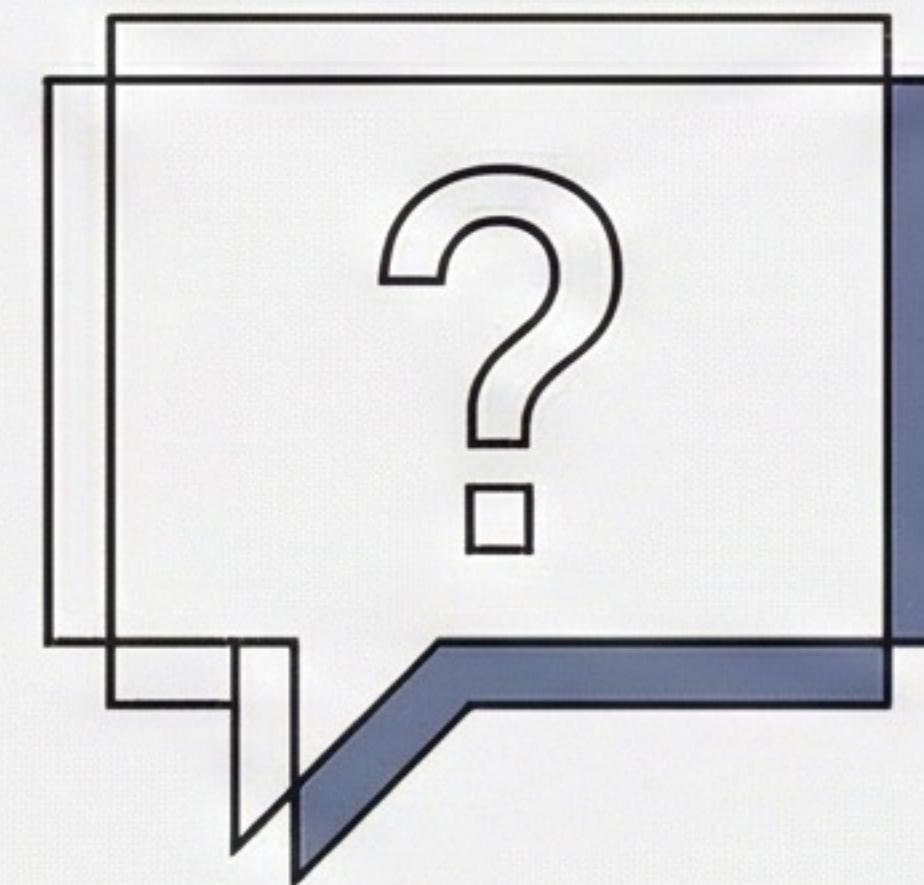


心法 1：讓餘額一目瞭然

隨時掌握 Quota，就像隨時知道錢包剩多少

偶爾查 (Check)

不確定時，直接用
Prompt 問 AI



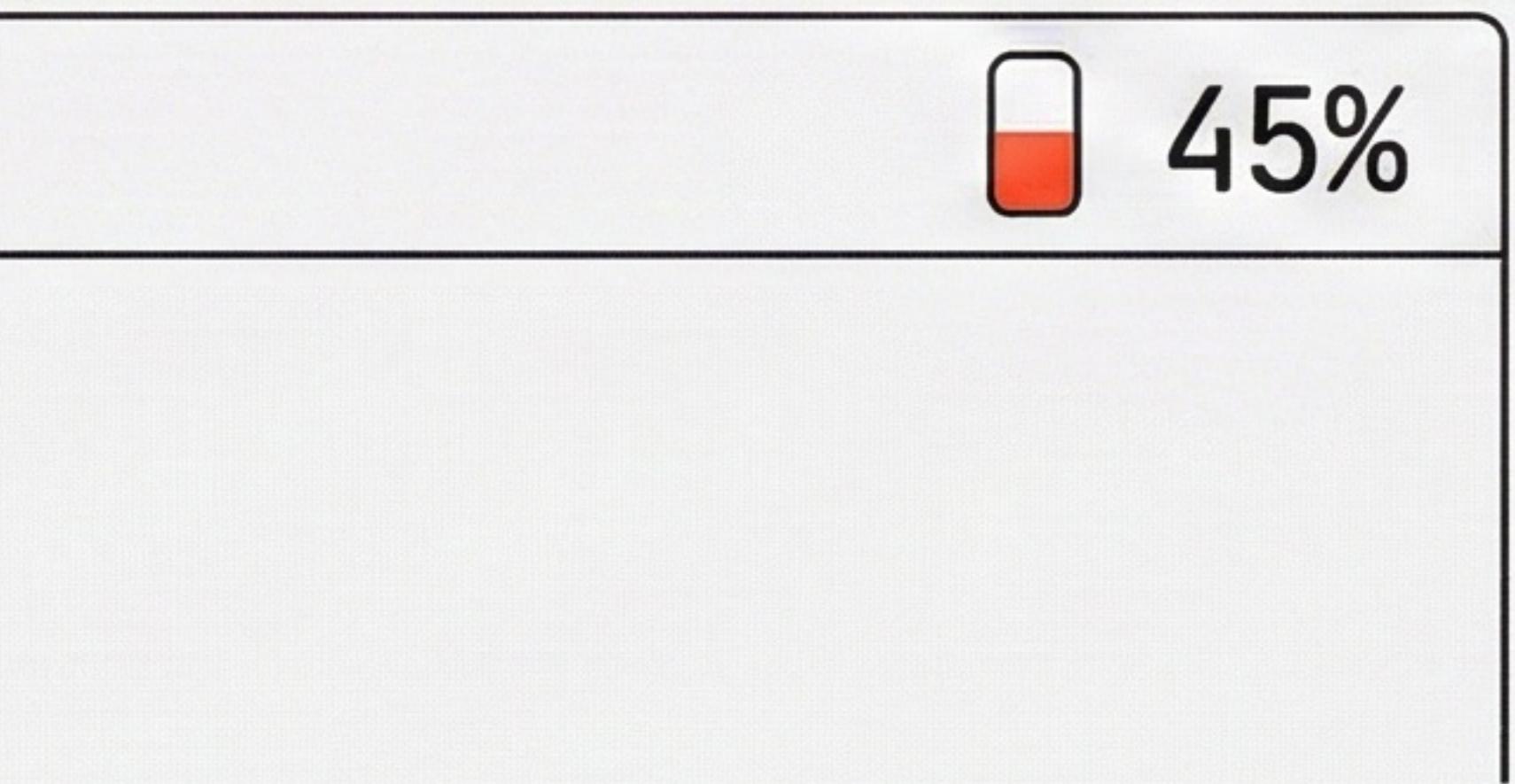
順便瞄 (Glance)

Terminal Status Line
常駐顯示

```
[ STATUS ] Quota: $5.20 (85%) [ RUNNING ]
```

抬頭看 (Look Up)

裝個 Mac Menu Bar App

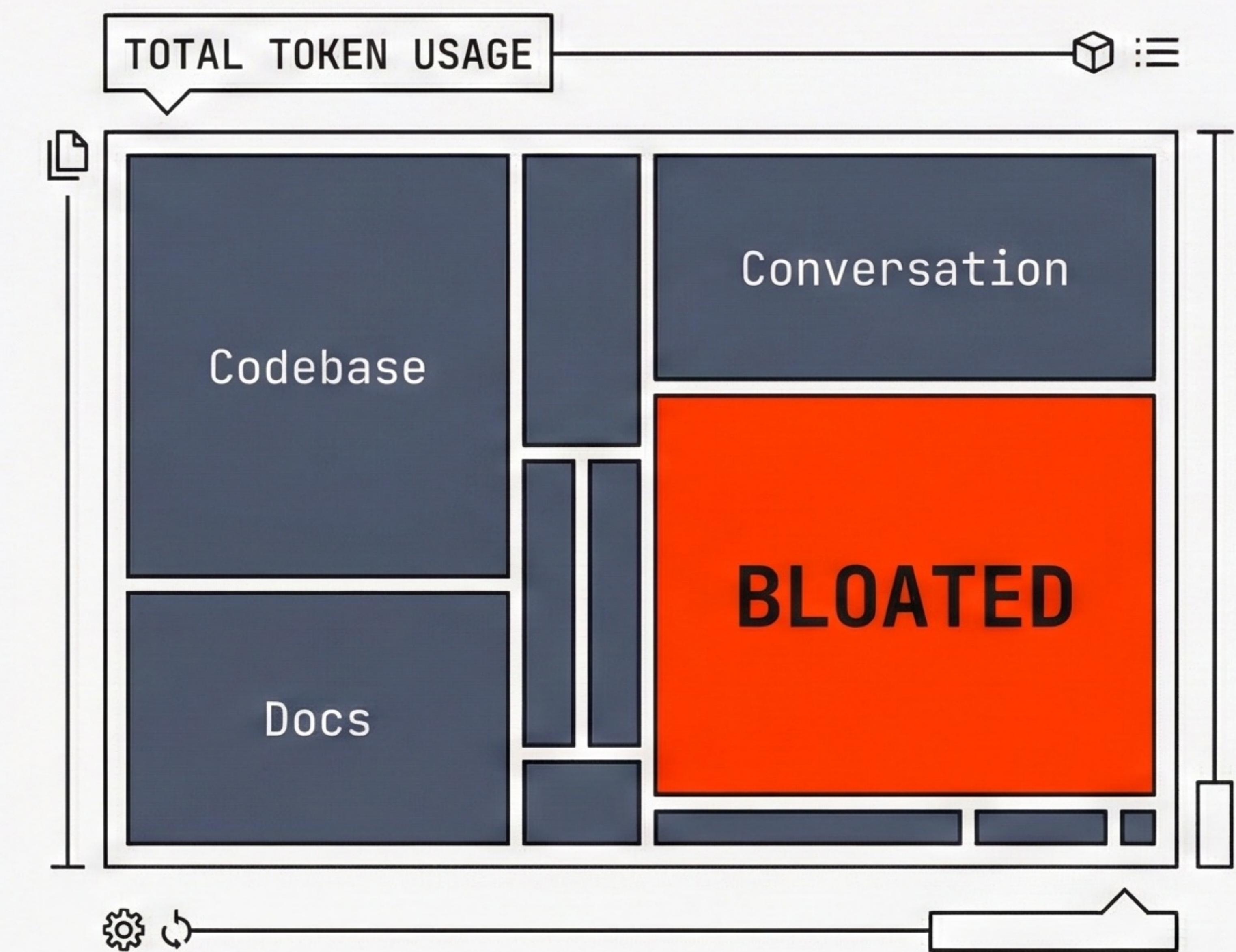


心法 2：Context 收納整理術

像整理房間一樣，常保空間輕盈乾淨

>> /context

將目前的 Context 用量視覺化為彩色方格



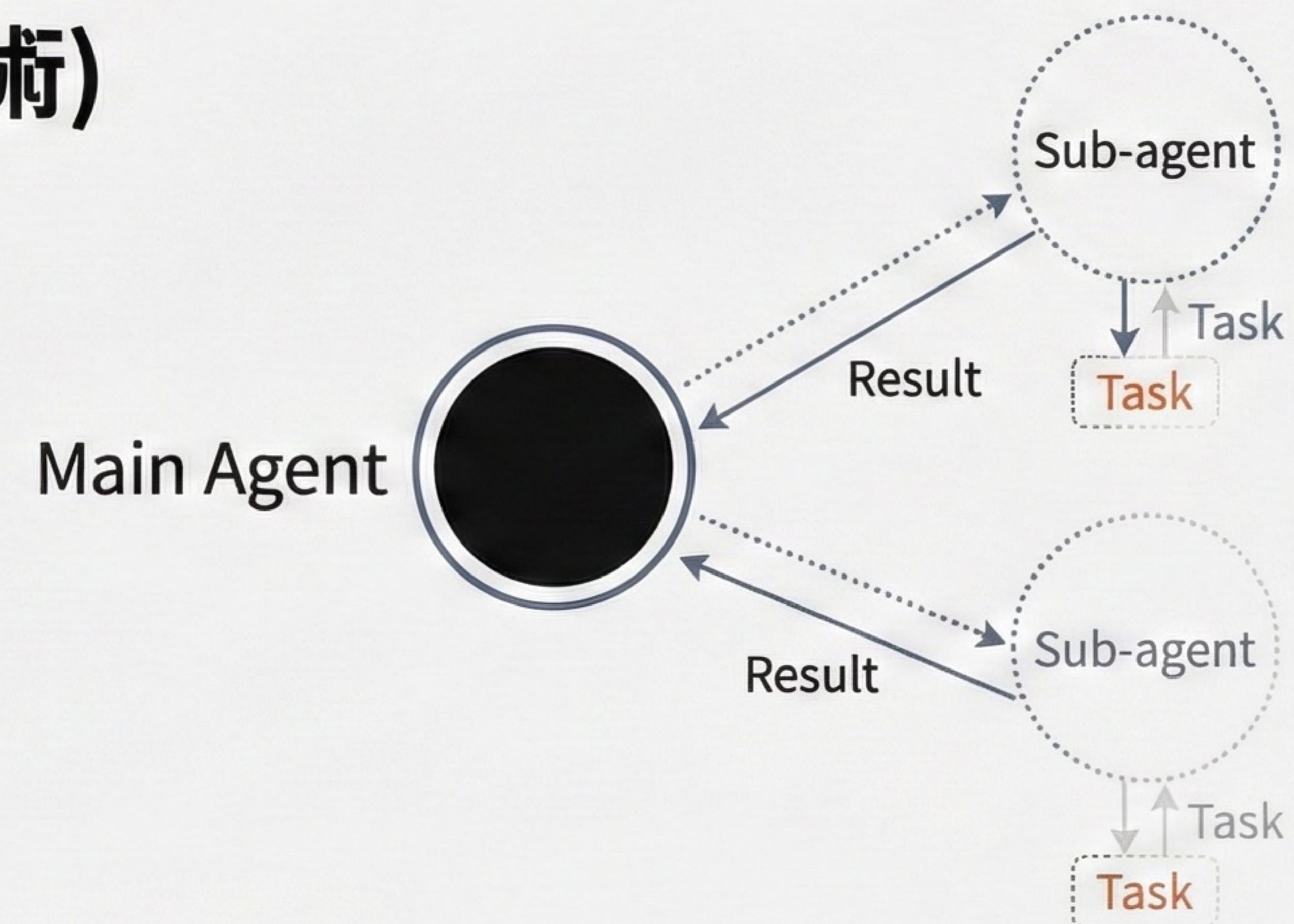
策略 A：只有必要的才帶

Tool Search

ENABLE_TOOL_SEARCH = true

MCP 超過 Context 10% 時自動開啟，或強制開啟以極致省流。

Sub-agents (分身術)



用完即丟 (Use & Discard)
- Keep main thread clean.

策略 B：該丟的就丟

Commands

>> /clear

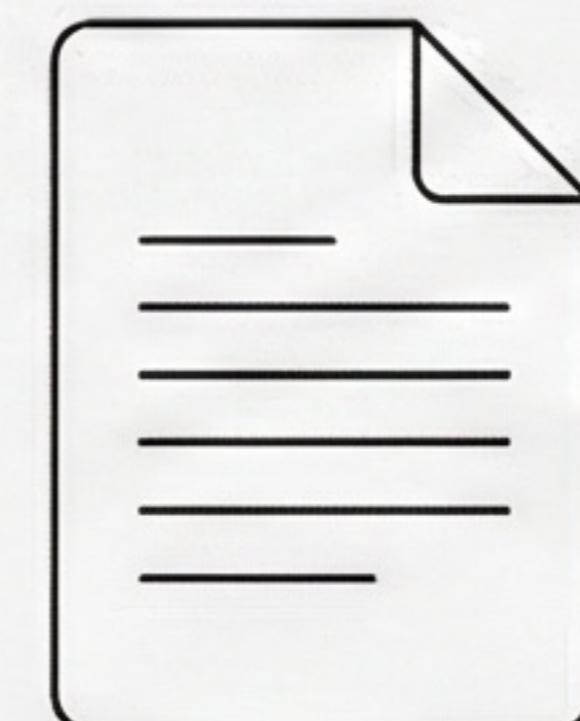
直接失憶，重新做人 (The Cheapest Option)

>> /compact

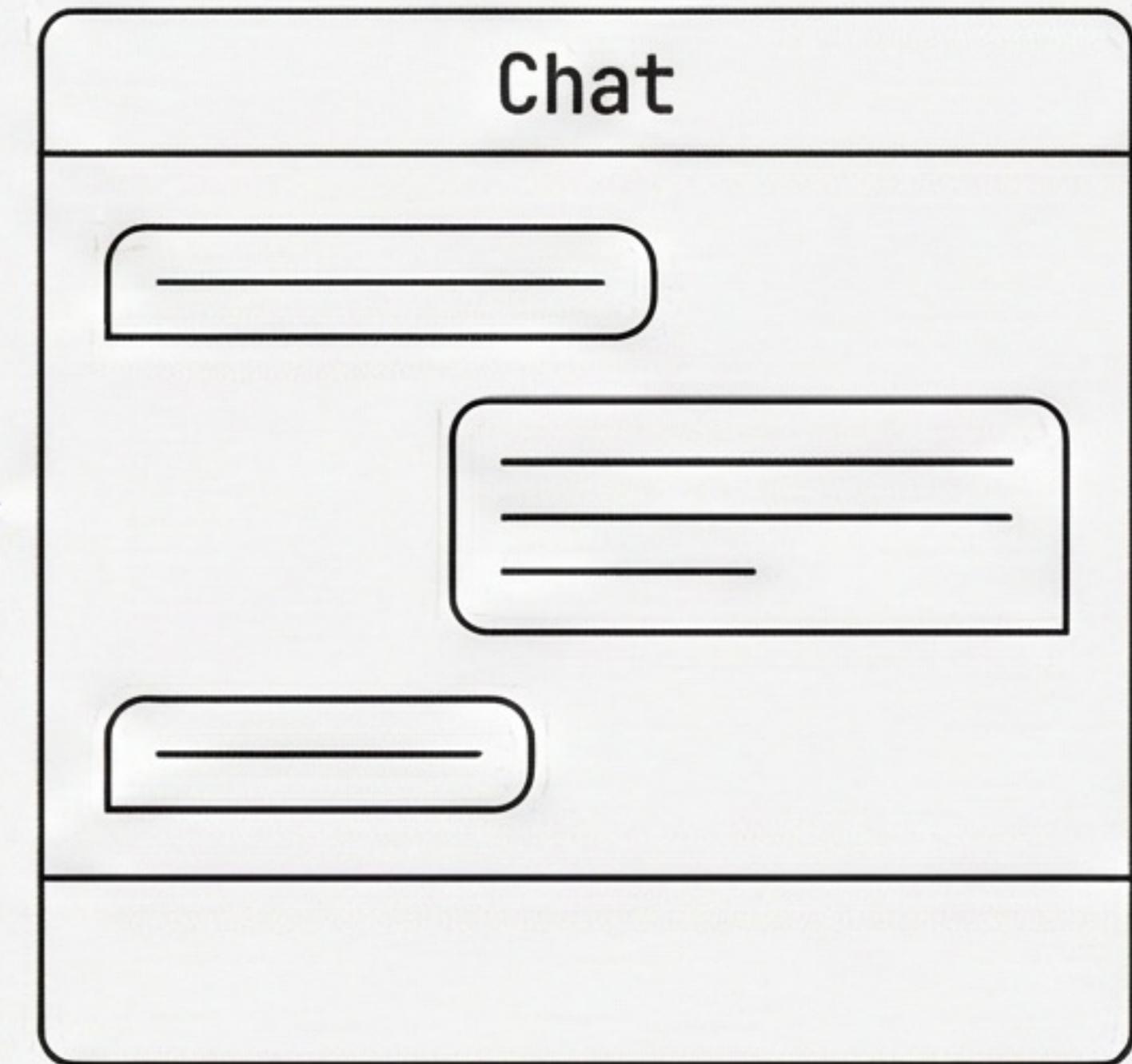
主動壓縮對話，只留重要資訊

Best Practice

漸進式餵食 (Progressive Feeding)



@reference →



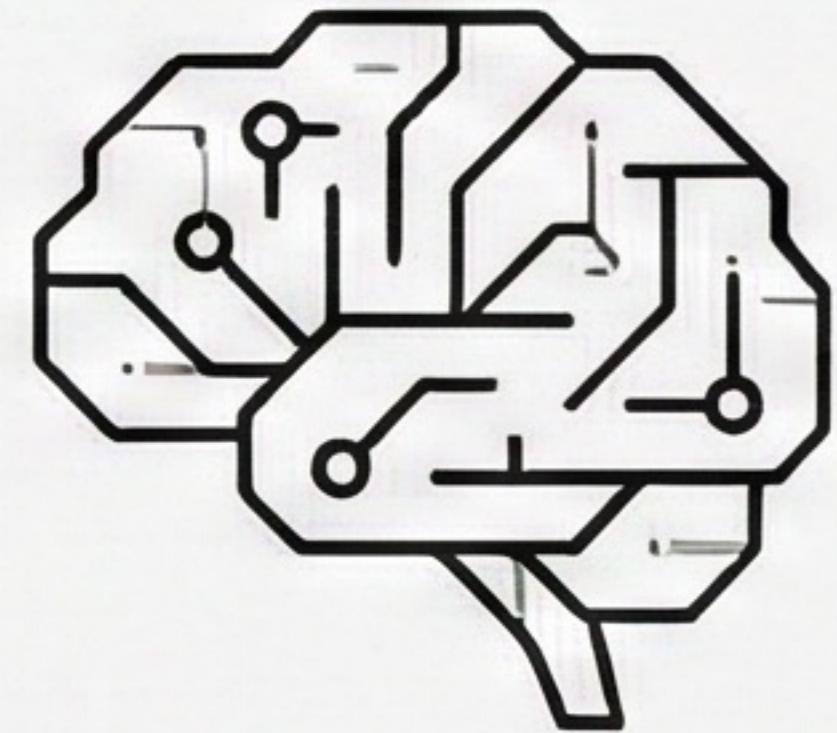
CLAUDE.md

別一次塞滿 text，使用 Reference 連結。

心法 3：殺雞不要用牛刀

把好鋼用在刀刃上

Opus 4.5

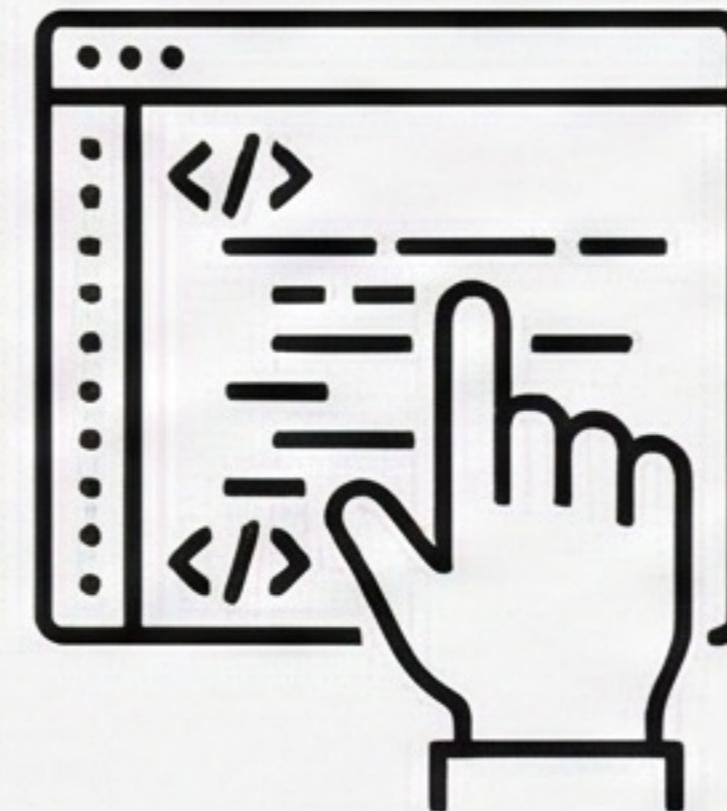


\$\$\$\$\$ (5x)

大腦擔當

邏輯最強，必要時才用

Sonnet 4.5



\$\$\$ (3x)

手腳擔當

主力輸出，寫 Code 快又好

Haiku 4.5



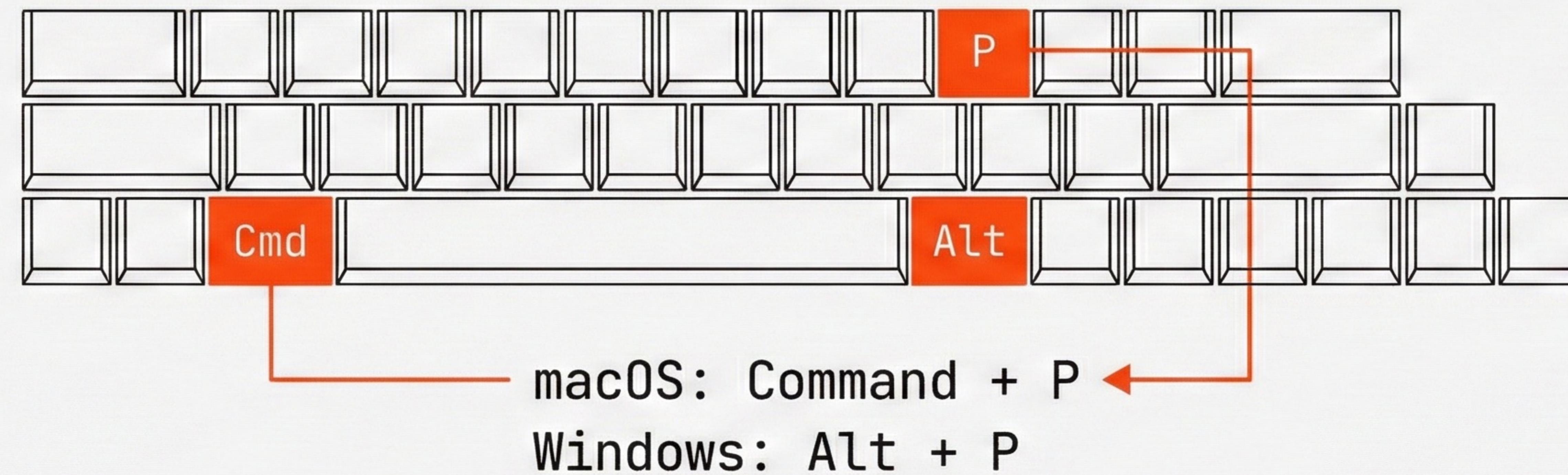
\$ (1x)

速度擔當

效率之王，快速迭代

快速切換模型

隨時依需求變身

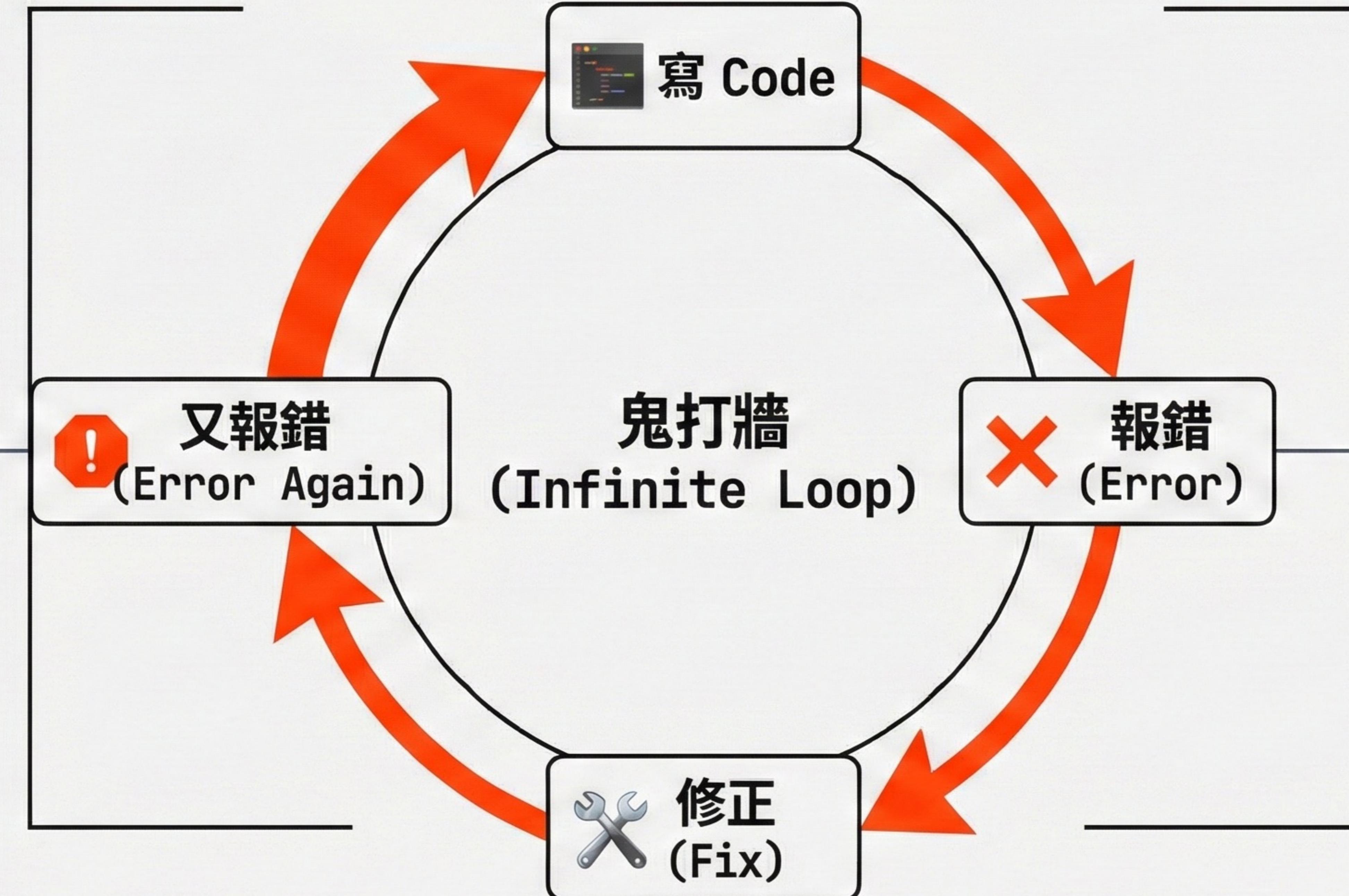


或輸入指令：

```
>> /model
```

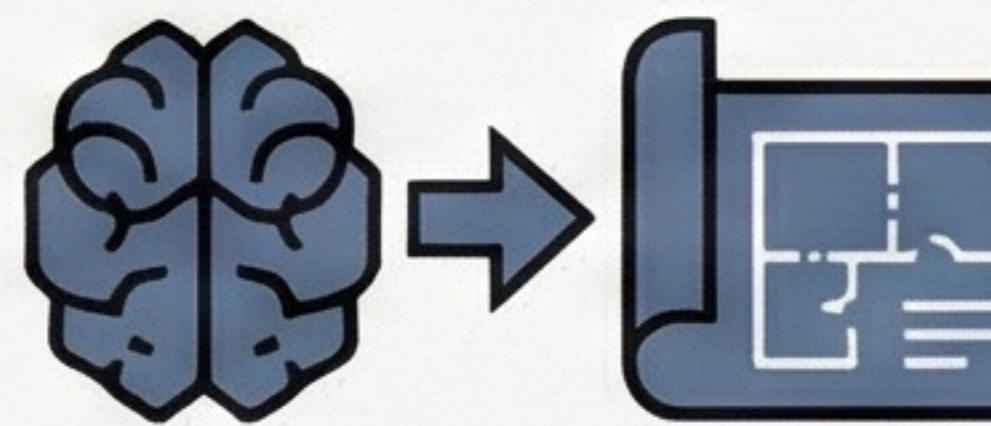
心法 4：苗頭不對，馬上撤退

拒絕成為「Token 焚化爐」



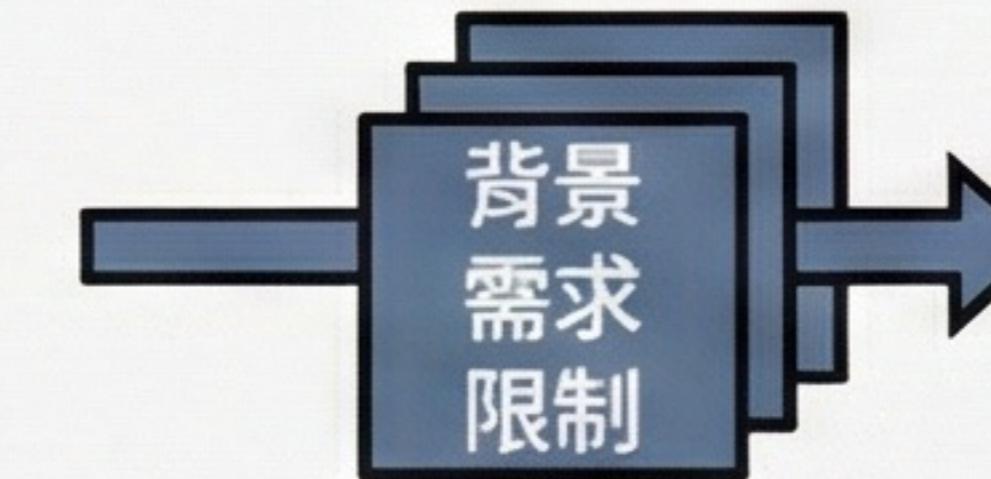
如何破解鬼打牆？

Plan Mode



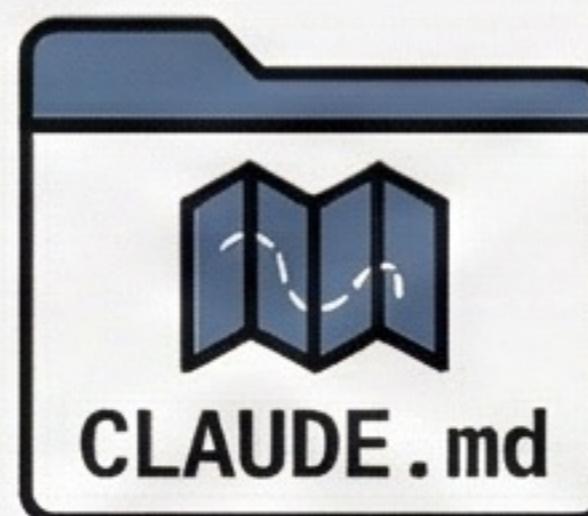
先想再做

One-shot Prompting



背景、需求、限制，一次講完

Maintain CLAUDE.md



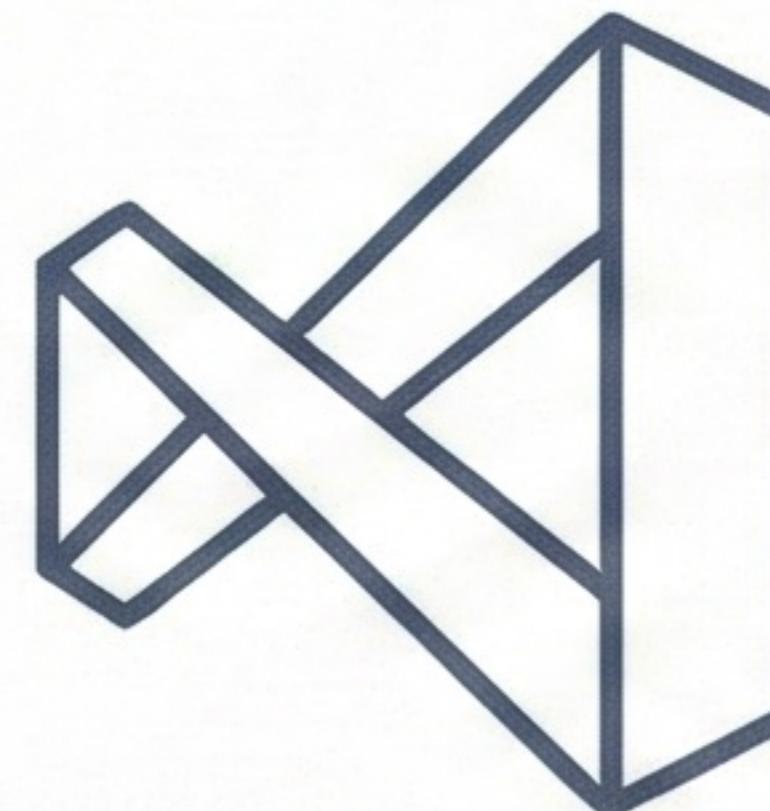
給 AI 正確的地圖

ESC Key

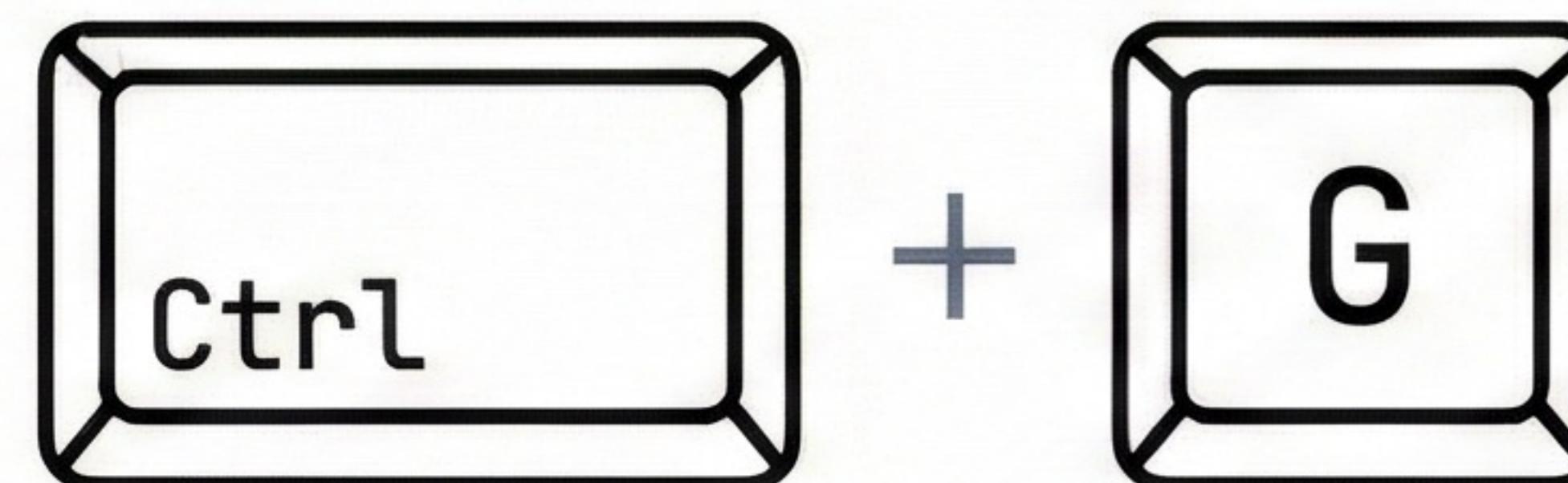


緊急煞車！別等它跑完！

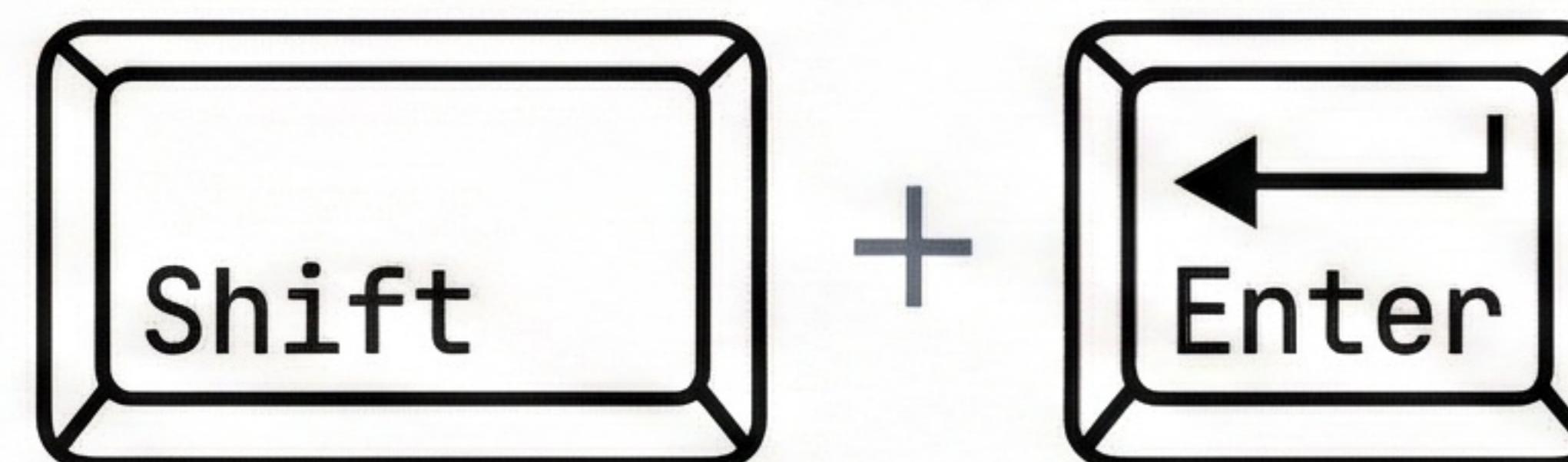
同場加映：Terminal 不設限



**Auto-connect to IDE
(VSCode Awareness)**



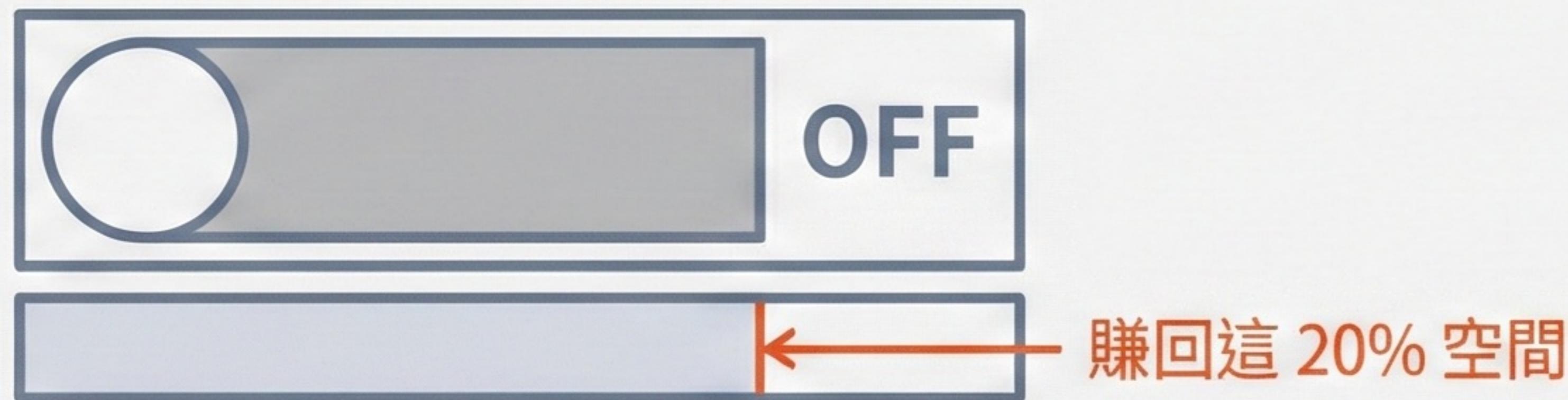
快速編輯 (Edit in VSCode)
適合撰寫複雜 Prompt



換行輸入 (Safety Line)
避免手滑直接送出

進階省流與維護

Disable Auto Compact



預設於剩餘 20% 時壓縮。手動關閉可賺回這 20% 空間。

工具常保新鮮

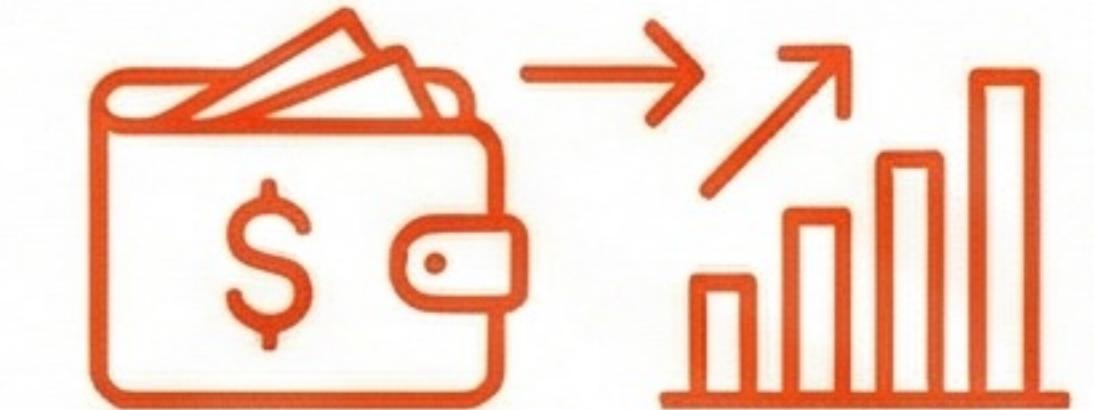
coding-cli-helper 自動檢查更新

```
cch update && claude update
```

最後總結



讓餘額一目瞭然 (Watch the wallet)



Context 收納術 (Keep it clean)



殺雞不用牛刀 (Choose right model)



苗頭不對即撤 (Stop the loop)



From User to Resource Manager.

下回預告 (Coming Next)

Claude Code 社群好物 必看開源專案推薦

就像玩 RPG 遊戲一樣，看看大神都怎麼配裝？

