

## USAID/FFP TITLE II BASELINE QUESTION GUIDE

### KEY INFORMANT: HEALTH AND NUTRITION

**Background:** Before we begin our conversation around food security, I want to learn a little bit about who you are and the nature of your position.

1. What organizations do you work with?
2. What is your current title?
3. What are the roles and responsibilities related with that position?
  - a. Tell me specifically about the roles and responsibilities related to health and nutrition, especially with respect to MCHN.
  - b. What portion of your time do you dedicate to the activities you spoke about in reference to the prior question?
  - c. Which districts, sub-counties, villages, etc. do you work?
4. What type of work did you do in MCHN prior to this project?
5. What is your past work experience in the Karamoja region of Uganda?

**Food Access and Utilization:** The primary objective of this section is to gain insight about the access the community has to various food sources and decision making processes that determine what food is consumed. The survey questionnaire asks specifics about the access to various food types, in this interview we are trying to understand where the food comes from, what the level of access is, how the foods are chosen, and who makes those decisions.

6. Please tell me about the typical food consumption habits in this community.
  - a. Have you observed how often people eat a cooked meal during the day? What are the particular patterns? What times?
  - b. Do these patterns change at particular times of the year? (Rainy vs. Dry Seasons)
  - c. What are the primary foods that families would have consumed in the last week? Does this change during different seasons?
7. Now I would like to ask about the different members of a household?
  - a. How is food distributed amongst family members?
  - b. What are some of the beliefs or traditions that may influence eating patterns in a household? (Think about cultural or religious traditions.)
  - c. If there is not enough food available to feed an entire family, how do households typically manage that situation?
  - d. Who makes these decisions regarding the distribution of food and types of food and how?

8. What do you think is the primary reason that there is a lack of food at particular times of year? What times of year does that happen? And during those times are there changes in the eating patterns of particular household members? (differences by age, gender, work status, etc.).
9. Where does the majority of food consumed come from? (Are they purchased, produced, or provided by another source)? Has that changed over time? Change through different seasons?
10. What are the primary beverages (water, milk, juice, coffee, tea, alcohol/spritis, sorghum beer) that community members consumed in households over the last week?
  - a. What is the purpose for consuming alcohol?
  - b. Does this vary by community member? Or household member?
  - c. How much is typically consumed? (Use this as an opportunity to probe on alcohol consumption and its purpose-stave off hunger?)
11. Are there any customs, traditions, or beliefs that involve food in your community? For example, is there a period in which people fast, or eat a particular food type, or avoid a particular food type? Are there beliefs that interfere with breastfeeding? Are there beliefs as to the kinds of foods children need when they are sick?

**Nutritional Status of Women and Children and Access to Health Care:** Now that we've learned a little bit about eating and drinking habits of individuals in the community, we would like to discuss some issues around the health and nutritional status of the women and children in the community.

12. Do women in the community typically receive pre and ante-natal care? What does this care consist of? Who provides this care?
13. Where do women typically give birth in this community?
14. Are there particular patterns related to breastfeeding in this community?
  - a. When do individuals typically start breast feeding their children (at what age/stage)? At what age/stage do individuals typically stop breastfeeding? Do women typically make this decision? If the men do play a role in this decision-making process please explain their role.
  - b. Do children in this community receive breast milk using methods other than breast feeding?
  - c. At what point do children stop breastfeeding and other liquids and/or food is introduced? Why is breastfeeding stopped?
  - d. Are there particular cultural beliefs in this community that influences the practice of breastfeeding?
  - e. Are local health workers trained on the benefits and practice of breastfeeding? Do they teach? And what do they teach?
15. What types of health care services are available to community members?

- a. What do people do if there is a health emergency?
  - b. What do people do for pregnancy care and delivery?
  - c. What is the quality of the health services that are available?
  - d. Where are they? How far must individuals travel or how long does it take to reach a health center?
  - e. How do individuals access them?
  - f. When (under what circumstances) do community members typically access those facilities?
  - g. Who in families make the primary decisions regarding health care?
  - h. Are the health care providers reliable?
16. Is there trust in the community of health care providers? Why or why not? Is there fear of health care providers? What are they afraid of? Is it around certain treatments or conditions? If so, why? Is there variation in trust of health care providers by sex? Please explain this variance.
17. Is there someone in particular in the community individuals turn to for guidance about health other than western health care providers? (traditional healers, elders, relatives, etc.)
18. What are some of the patterns in illnesses that individuals in this community face? What kinds of illnesses are there? Are there variances by age, sex, SES, or other demographic characteristics?
- a. What are some of the symptoms?
  - b. Do you know the cause?
  - c. How was it treated?
  - d. Is this a recurring problem? If so, is there something that could be done to address it?
19. Is there a practice of vaccinating children in the community? What were the vaccinations for? How do community members make the decision to vaccinate or not vaccinate children? How are children vaccinated?
20. Is there a need in the community for particular types of medications that are currently lacking? Or sources of health care? Please tell me a little bit about that situation.

**Water, Sanitation, and Hygiene (WASH):** Now I would like to ask you a few questions about living arrangements and access to water in the community.

21. What is the main source of drinking water for members of the community? In the dry season? In the rainy season?
22. Please tell me about the quality of water in the dry and rainy seasons.
23. Tell me about the daily routine for fetching water.

- a. How do people carry water?
  - b. How do they store it?
  - c. How long does it take to fetch water?
  - d. What time does it occur?
  - e. Who in the household is responsible for that activity?
  - f. Do those who are fetching water have different eating and drinking habits from other individuals in the household?
24. Who maintains the water source in the community?
25. Are there periods of time when water is not available? During those times what do community members do to secure water?
26. Are there common habits in the community regarding the treatment of water to ensure that it is safe to drink? What type of awareness-raising has been conducted in the past around this issue? Do individuals change their practices regarding water treatment following the awareness-raising? Why or why not?
27. What types of things are children taught about how to keep clean? What about washing hands? Do households have washbasins and soap or other cleaning materials? Are children's clothes washed?
28. Do most families have a latrine in their home or near their home? Please describe a typical set up. If latrines are available, are they used? Why or why not?

**Socio-Cultural and Political Context:** In this last part of our interview, I would like to learn a little bit more about the community as a whole and some of the practices put in place to assist individuals in their everyday lives.

29. Are there particular groups of people in the community who struggle with severe food scarcity on a day to day basis? What do you think is the reason for this hunger or lack of food security? What could the community itself do to improve the situation? What kinds of external help does the community need?
30. Have there been food security programs implemented in the past by the government, foreign donors, or community based organizations? If so, please tell me a little bit about your experiences with those programs. What were some of the strengths of those programs? And weaknesses?
31. What impact do conflict/disputes have on food security in the community?
32. Are there locations/resources in your community that members would wish to access but have not for the past year due to insecurity/or avoidance of disputes? How has the level of access to this resource changed? How free are you to move around? And how has this changed over time? How

has your freedom to move freely changed over time (during day and at night/evening)? Do crimes vary by sex?

33. How often do community members interact with people from other communities? What is the nature of interaction? What types of economic interactions are associated with good/bad relationship? Are there variations by sex? Who are the aggravators of conflict?

## USAID/FFP TITLE II BASELINE QUESTION GUIDE

### KEY INFORMANT: LIVELIHOODS, BUSINESS AND/OR AG EXPERT

**Background:** Before we begin our conversation around food security, I want to learn a little bit about who you are and the nature of your position.

1. What organizations do you work with?
2. What is your current title?
3. What are the roles and responsibilities related with that position?
  - a. Tell me specifically about the roles and responsibilities related to agriculture or business/livelihood development.
  - b. What portion of your time do you dedicate to the activities you spoke about in reference to the prior question?
  - c. Which districts, sub-counties, villages, etc. do you work in?

**Agricultural Development and Farming:** Now I'd like to ask about agriculture as a source of income in the community.

4. Tell me about the type of farming that happens in this community? Are they primarily subsistence farming? Or farming for income generation? Or both? Does this change throughout the year? Please explain. What are the patterns in access to land for cultivation?
5. Who are the primary decision-makers regarding farming in the community? Are there variances by age and sex in who undertakes subsistence versus farming for income generation? Please tell me a little bit about the various roles and responsibilities. Has this shifted over time?
6. For those individuals who are producing food for consumption, please tell me the following:
  - a. What type of crops and livestock are normally grown/raised? (particular plant or animal?)
  - b. Who makes the primary decisions about this farm work?
  - c. And what types of decisions do they make?
  - d. Tell me a little bit about the typical roles and responsibilities of individuals in a household for farming as well as household work.
7. I would like to learn a little bit more about farming that is undertaken to produce goods for sale in this community.
  - a. What type of crops and livestock are normally grown/raised? (particular plant or animal?)
  - b. Who makes the primary decisions about this farm work at the community level?
  - c. And what types of decisions do they make?
  - d. Do the community members who are farmers collaborate in decision making regarding what types of goods are being produced? Do they pool resources? Where do the resources come from?

- e. Tell me a little bit about the typical roles and responsibilities of individuals in the community for farming for the production of goods for sale.
8. For the products that are being sold, please tell me the about that process?
    - a. Do individuals sell the goods here locally? Where? To whom? In what quantities?
    - b. What part of the process do community members undertake in the process of selling goods?
    - c. Is there collective sharing of the money that is earned through community sales?
    - d. How often is livestock sold?
    - e. In what form are goods sold - raw or processed? What are the challenges involved in processing and sale of processed goods?
  9. Has the community experienced any events in the past that have impacted individuals' ability to farm? Is it typical for community members to have any insurance that helped them through that event? If not, how do they manage that?
  10. Where or how do most community members learn their farming techniques? Whom do they believe knows about farming? Whom do they trust?
  11. If the community keeps food to eat throughout the year, where do they store it? Which foods are stored? How is it stored??
  12. Do men, women, or youth migrate to distant locations at particular times of year? Please tell me about that process.
    - a. Who migrates?
    - b. Why do they migrate?
    - c. When do they migrate?
    - d. Where do they go?
    - e. Do eating habits change during that period of time? How?
    - f. Do they have regular access to healthcare during that period of time?
    - g. How do roles and responsibilities shift within families and within the community when migration occurs?
    - h. What are some of the challenges and or dangers community members face with migration?
    - i. What are some of the benefits in migrating?
    - j. If children also migrate, do they have access to school during the time they are away from home?

**Livelihood and Business Development:** Now I'd like to ask you about other sources of income in the community.

13. What would you say are the primary sources of income for the majority of households in this community? Agriculture, livestock, trading? Services? Combination? Others – e.g. selling wild food? Firewood, charcoal, etc.? And who is involved in those activities?

14. Are there business development opportunity that you believe would help build food security in this area? Please explain your thoughts?
15. Is it common for individuals or families to save money? Why or why not? And if so, what are savings commonly directed towards? Are people members of saving groups?
16. Is it possible to secure business loans in your community that may help inspire development? What are some of the roadblocks to securing loans?
17. Are there other structural features in the community that may prevent successful economic growth? Please explain.
18. Is there a reliable source of water in the community? Who maintains that source? Does the availability of water vary by season?

**Socio-Cultural and Political Context:** In this last part of our interview, I would like to learn a little bit more about the community as a whole and some of the practices put in place to assist individuals in their everyday lives.

19. Are there particular groups of people in the community who struggle with severe food scarcity on a day to day basis? What do you think is the reason for this hunger or lack of food security? What could the community itself do to improve the situation? What kinds of external help does the community need?
20. Have there been food security programs implemented in the past by the government, foreign donors, or community based organizations? If so, please tell me a little bit about your experiences with those programs. What were some of the strengths of those programs? And weaknesses?
21. What impact do conflict/disputes have on food security in the community?
22. Are there locations/resources in your community that members would wish to access but have not for the past year due to insecurity/or avoidance of disputes? How has the level of access to this resource changed? How free are you to move around? And, how has this changed over time? How has your freedom to move freely changed over time (during day and at night/evening)? Do crimes vary by sex?
23. How often do community members interact with people from other communities? What is the nature of interaction? What types of economic interactions are associated with good/bad relationship? Are there variations by sex? Who are the aggravators of conflict?



## USAID/FFP TITIEL II BASELINE QUESTION GUIDE

### PVO Interview Guide

**Background:** Before we begin our conversation around food security, I want to learn a little bit about who you are and the nature of your position.

1. What organization(s) do you work with?
2. Which districts do you work in?
3. What is your current title?
4. What are the roles and responsibilities related with that position?
  - a. Tell me specifically about the roles and responsibilities related to food security, nutrition, health, and/or agriculture.
  - b. What portion of your time do you dedicate to the activities you spoke about in reference to the prior question?
  - c. Which districts, sub-counties, villages, etc. are covered by these activities?

**Food Access and Utilization:** The primary objective of this next section is to gain insight about the access the communities you work in have to various food sources and decision making processes that determine what food is consumed.

5. Please tell me about the typical food consumption habits in the communities where you are working?
6. Have you observed how often people eat a cooked meal during the day? What are the particular patterns? What times?
7. Do these patterns change at particular times of the year? (Rainy vs. Dry Seasons)
8. What are the primary foods that families would have consumed in the last week? Does this change during different seasons?
9. What do you think is the primary reason that there is a lack of food at particular times of year? What times of year does that happen?
10. Where does the majority of food consumed come from? (Are they purchased, produced, or provided by another source)? Has that changed over time? Change through different seasons?
11. What are the primary beverages (water, milk, juice, coffee, tea, alcohol/spritis, sorghum beer) that community members consumed in households over the last week?

12. What is the purpose for consuming alcohol? Does this vary by community member? Or household member? How much is typically consumed? (Use this as an opportunity to probe on alcohol consumption and its purpose-stave off hunger?)
13. Are there any customs, traditions, or beliefs that involve food in your community? For example, is there a period in which people fast, or eat a particular food type, or avoid a particular food type? Are there beliefs that interfere with breastfeeding? Are there beliefs as to the kinds of foods children need when they are sick?

**Nutritional Status of Women and Children and Access to Health Care:** Now that we've learned a little bit about eating and drinking habits of individuals in the community, we would like to discuss some issues around the health and nutritional status of the women and children in the community.

14. Are there particular patterns related to breastfeeding in the communities you work with?
  - a. When do individuals typically start breast feeding their children (at what age/stage)? At what age/stage do individuals typically stop breastfeeding? Do women typically make this decision? If the men do play a role in this decision-making process please explain their role.
  - b. Do children receive breast milk using methods other than breast feeding?
  - c. At what point do children stop breastfeeding and other liquids and/or food is introduced? Why is breastfeeding stopped?
  - d. Are there particular cultural beliefs in this community that influences the practice of breastfeeding?
  - e. Are local health workers trained on the benefits and practice of breastfeeding? Do they teach? And what do they teach?
15. What types of health care services are available in the communities where you are working?
  - a. What do people do if there is a health emergency?
  - b. What do people do for pregnancy care and delivery?
  - c. What is the quality of the health services that are available?
  - d. Who in families make the primary decisions regarding health care?
  - e. Are the health care providers reliable?
16. Is there trust in the community of health care providers? Why or why not? Is there fear of health care providers? What are they afraid of? Is it around certain treatments or conditions? If so, why? Is there variation in trust of health care providers by sex? Please explain this variance.
17. Is there someone in particular in the community individuals turn to for guidance about health other than western health care providers? (traditional healers, elders, relatives, etc.)

18. What are some of the patterns in illnesses that individuals in this community face? What kinds of illnesses are there? Are there variances by age, sex, SES, or other demographic characteristics?
- a. What are some of the symptoms?
  - b. Do you know the cause?
  - c. How was it treated?
  - d. Is this a recurring problem? If so, is there something that could be done to address it?
19. Is there a practice of vaccinating children in the community? What were the vaccinations for? How do community members make the decision to vaccinate or not vaccinate children? How are children vaccinated?

**Water, Sanitation, and Hygiene (WASH):** Now I would like to ask you a few questions about living arrangements and access to water in the community.

20. What is the main source of drinking water in the majority of communities where you are working? In the dry season? In the rainy season?
21. Are there common habits in the community regarding the treatment of water to ensure that it is safe to drink? What type of awareness-raising has been conducted in the past around this issue? Do individuals change their practices regarding water treatment following the awareness-raising? Why or why not?
22. What types of things are children taught about how to keep clean? What about washing hands? Do households have washbasins and soap or other cleaning materials? Are children's clothes washed?

**Agriculture and Livelihood:** Now I'd like to ask about agriculture and livelihood in the community.

23. Tell me about the type of farming that happens in the communities where you are working? Are they primarily subsistence farming? Or farming for income generation? Or both? Does this change throughout the year? Please explain. What are the patterns in access to land for cultivation?
24. Who are the primary decision-makers regarding farming in the communities? Are there variances by age and sex in who undertakes subsistence versus farming for income generation? Please tell me a little bit about the various roles and responsibilities related to farming in the community? At the household level. Has this shifted over time?
25. What type of crops and livestock are normally grown/raised for consumption in the communities you are working in? (particular plant or animal?) What are the reasons for this?

26. What type of crops and livestock are normally grown/raised for sale in the communities you are working in? (particular plant or animal?) What are the reasons for this?
27. Do men, women, or youth in the communities where you are working migrate to distant locations at particular times of year? Please tell me about that process.

**Poverty and Income:**

28. What would you say are the primary sources of income for the majority of households in the communities where you are working? Agriculture, livestock, trading? Services? Combination? Others – e.g. selling wild food? Firewood, charcoal, etc.? And who is involved in those activities?
29. Is it common for individuals or families to save money? Why or why not? And if so, what are savings commonly directed towards? Are people members of saving groups?

**Socio-Cultural and Political Context:** In this last part of our interview, I would like to learn a little bit more about the community as a whole and some of the practices put in place to assist individuals in their everyday lives.

30. Are there particular groups of people in the community who struggle with severe food scarcity on a day to day basis? What do you think is the reason for this hunger or lack of food security? What could the community itself do to improve the situation? What kinds of external help does the community need?
31. Have there been food security programs implemented in the past by the government, foreign donors, or community based organizations? If so, please tell me a little bit about your experiences with those programs. What were some of the strengths of those programs? And weaknesses?
32. What impact do conflict/disputes have on food security in the community?
33. Are there locations/resources in your community that members would wish to access but have not for the past year due to insecurity/or avoidance of disputes? How has the level of access to this resource changed? How free are you to move around and how has this changed over time? How has your freedom to move freely changed over time (during day and at night/evening)? Do crimes vary by sex?
34. How often do community members interact with people from other communities? What is the nature of interaction? What types of economic interactions are associated with good/bad relationship? Are there variations by sex? Who are the aggravators of conflict?

**Program Design and Implementation:** I've asked a lot of questions about food security in the community, and issues related to it, now I'd like to ask you a few questions about the program activities that will be implemented as a part of the Title II project.

35. How did you identify the strategies you have identified for implementation as a part of this program?
36. What are some of the more successful strategies that have been implemented in the past? What about less successful strategies? Did you modify them to improve them? How have your past experiences influenced your current strategies? Please explain. Have past strategies ever negatively impacted a particular group, such as women, children, ethnic minorities?
37. What do you anticipate will be some of your biggest challenges in implementing your program? Are there particular groups of individuals that target who are especially challenging to reach? Please explain. What strategies will you use to overcome challenges?
38. Please describe how you work with your current partners. E.g. grantees, government, NGOs, donors.

## USAID/FFP Title II BASELINE QUESTION GUIDE

### Focus Group Discussion with Father/ Male Caregiver or Female Caregiver of children ages 5 and under

(This should be stated prior to giving them the consent form). Hello, thank you so much for joining us today for this discussion. In a few minutes I will give you a paper that allows us to ask for your permission to talk with you today. Before I have you make that decision, I would like to talk with you a little bit about what this group discussion will involve.

My name is (NAME OF INTERVIEWER), I am here with my colleague from ICF International and (NAME OF INTERPRETER) who will be helping her participate in our conversation today. All of us are contracted by USAID to complete a baseline study to understand the communities where they, along with their partners Mercy Corps and ACDI VOCA will be starting new programs.

To help us understand your communities and get to know the way you live, we would like to discuss with you a number of broad topics with you. The topics include the structure of your household, the types of food and beverages you and your family members eat and drink, the type of health care you have access to and have used specifically for the women and children in your family, farming practices, access to food and latrines, and cultural practices and beliefs in your community.

We welcome to answer all of the questions we ask. However, if something makes you feel uncomfortable or prefer not to answer, that is okay. Or if you don't know an answer, it is fine to just say, "I don't know." We ask that you be respectful of the other participants. I have given you a pen and notebook, so if you want to write down a thought while another person is speaking please feel free to do so. Or if you don't feel comfortable providing a specific answer in the group, you may approach us after the group. You may keep the pen and notebook as a "thank you" for participating. Also, you can raise your hand and this will let us know that you have something you want to contribute while someone else is speaking, and we will make sure you have an opportunity to speak.

Okay, now we are going to go through a consent form, to ask your permission for you to participate in our conversation today. (Distribute the consent form...the interviewer and interpreter will read through the form with each participant and seek their consent).

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**Background Information:** Before we begin our specific questions related to food, agriculture, health and nutrition, I wanted to learn a little bit about the typical structure of a household in your community.

1. Please describe tell me who you consider to be a part of your household? Do you all have similarly structured households? Or are there differences amongst you? Please explain

PROBES:

- a. What are the ages of these individuals that are part of the household?
- b. Do all the members of the household live and sleep under the same roof?
- c. How do you determine who is a part of your household?

2. How is the head of household determined?
3. Who makes the primary decisions in most households for the care of the children? We will explore this a little bit more in a bit. But it would be helpful to get a preliminary idea.
4. What are the various roles and responsibilities individuals have in a typical household regarding child care? Is there a difference in the roles and responsibilities by sex?
5. Is there a school in your community for children to attend? Do most children attend school? Why or why not? Who makes the decision in most families about who will attend school?

**Food Access and Utilization:** Now that I have a better understanding of the structure of your households, I want to ask you some questions about the various foods and drinks, people in your community typically consume or use.

6. Please tell me a little bit about the typical eating habits here in your community?  
PROBES:
  - a. What kinds of foods do you typically eat? (Think about the foods that you and the members of your household ate over the last week)?
  - b. What times of day do people eat?
  - c. Who prepares the food?
7. Please tell me a little bit about the liquids individuals in your community typically drink.
  - a. What do they typically drink?
  - b. What times of day?
8. Where do most of the foods and beverages you consume come from?
9. Are there particular special events or holidays you celebrate that effect your food choices? Tell me about those occasions. How frequently do these events occur?

**Nutritional Status of Women and Children and Access to Health Care:** Now that we've learned a little bit about you're the eating and drinking habits of people in your community, we would like to discuss some issues around the health of the women and children in your community. While I know that you may have children in your household who are over the age of five, I'd like for you to answer the questions about your children who are five and under.

10. Do most members of your community breastfeed their children?
11. Did you and/or other members of your household breastfeed your children? Why or why not?

- a. How old was the child when s/he started to breastfeed? Did it occur immediately after the child was born? Why or why not?
  - b. Who made this decision regarding breastfeeding?
  - c. Some children receive breast milk in different ways such as a spoon, cup, or bottle, was that the case for any children in your household?
  - d. At what stage/age did you begin to introduce either beverages or food instead of breast milk? Why did you choose that age/stage?
  - e. Where did you learn about your practices and beliefs surrounding breastfeeding?
12. I would like for you as a group to tell me a little bit about the health care that is available to you in your community.
13. Do any of you have particular experiences you want to share about seeking out health care for either you or your child?
14. Are there facilities available that you can go to in order to have your children vaccinated? Please tell me about the experiences you have had when vaccinating your children.
15. When you have a health problem, to whom in the community do you turn? Do you trust your health care providers? Have any of you had a negative experience with a health care provider?
16. What are some of the typical practices of what happens in your community when a woman learns that she is pregnant? If someone want to share their own experiences, that would be very helpful.
- a. Do women seek health care prior to deciding to have children?
  - b. Where do women go to seek health care once they have determined they are pregnant?
  - c. How about when a baby is born?
17. Are there particular services that you need in your community that are not currently available to you?

**Water, Sanitation, and Hygiene (WASH):** Now I would like to ask you a few questions about your access to water.

18. What is the main source of water for your community?
19. Tell me about the typical daily routine for fetching water. Does this activity happen individually for each household? Or is there a community system that is in place for fetching water?
- a. How long does it take to fetch water and return, including travel and waiting time?
  - b. How is water carried?
  - c. What time does it occur? And how often in the week?
  - d. Who in the household is typically responsible for that activity?



- e. Do those who fetch water face any risks? What are these risks and what steps have been taken, if any, to reduce the risk?

20. Does this change in the dry versus the rainy season?

21. Are there times when water is not available in your community? If so, what do you do when this happens?

**Socio-Cultural and Political Community Context:** In this last part of our interview, I would like to learn a little bit more about your community as a whole

22. What do you think are some of the greatest needs for your community? Have there been programs implemented in the past by the government, foreign donors, or community based organizations? If so, please tell me a little bit about your experiences with those programs. What were some of the strengths of those programs? And weaknesses?

23. How has the overall context and living situations changed within the last 2 years? Especially relating to security, food, health, women's rights, and agricultural production?

24. Are there locations/resources in your community that members would wish to access but have not for the past year due to insecurity/or avoidance of disputes? How has the level of access to this resource changed? How free are you to move around? Has this changed over time?

25. How often do you or your family members interact with individuals from other communities? What is the nature of interaction? What types of economic interactions are associated with good/bad relationship? Are there variations by sex? Who are the aggravators of conflict?

26. Is there any other additional information you would like to share with us about your access to food, your consumption of food and beverages, your work/livelihood, and healthcare practices?

## USAID/FFP TITLE II BASELINE QUESTION GUIDE

### Focus Group Discussion with Male or Female Farmer

(This should be stated prior to giving them the consent form). Hello, thank you so much for joining us today for this discussion. In a few minutes I will give you a paper that allows us to ask for your permission to talk with you today. Before I have you make that decision, I would like to talk with you a little bit about what this group discussion will involve.

My name is (NAME OF INTERVIEWER), I am here with my colleague from ICF International and (NAME OF INTERPRETER) who will be helping her participate in our conversation today. All of us are contracted by USAID to complete a baseline study to understand the communities where USAID Food for Peace, along with their partners Mercy Corps and ACDI/VOCA will be starting new programs.

To help us understand your communities and get to know the way you live, we would like to discuss a number of broad topics with you. The topics include the structure of your household, the types of food and beverages you and your family members eat and drink, the type of health care you have access to and have used specifically for the women and children in your family, farming practices, access to food and latrines, and cultural practices and beliefs in your community.

We welcome you to answer all of the questions we ask. However, if something makes you feel uncomfortable or prefer not to answer, that is okay. Or if you don't know an answer, it is fine to just say, "I don't know." We ask that you be respectful of the other participants. I have given you a pen and notebook, so if you want to write down a thought while another person is speaking please feel free to do so. Or if you don't feel comfortable providing a specific answer in the group, you may approach us after the group. You may keep the pen and notebook as a "thank you" for participating. Also, you can raise your hand and this will let us know that you have something you want to contribute while someone else is speaking, and we will make sure you have an opportunity to speak.

Okay, now we are going to go through a consent form, to ask your permission for you to participate in our conversation today. (Distribute the consent form...the interviewer and interpreter will read through the form with each participant and seek their consent).

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**Background Information:** Before we begin our specific questions related to food, agriculture, health and nutrition, I wanted to learn a little bit about the typical structure of a household in your community.

1. Please describe tell me who you consider to be a part of your household? Do you all have similarly structured households? Or are there differences amongst you? Please explain

PROBES:

- a. What are the ages of these individuals that are part of the household?
  - b. Do all the members of the household live and sleep under the same roof?
  - c. How do you determine who is a part of your household?
- 2. How is the head of household determined?
- 3. Who makes the primary decisions in most households for the care of the children? We will explore this a little bit more in a bit. But it would be helpful to get a preliminary idea.
- 4. What are the various roles and responsibilities individuals have in a typical household regarding child care? Is there a difference in the roles and responsibilities by sex?
- 5. Is there a school in your community for children to attend? Do most children attend school? Why or why not? Who makes the decision in most families about who will attend school?

#### **Food Access and Utilization:**

Now that I have a better understanding of the structure of your households, I want to ask you some questions about the various foods and drinks, people in your community typically consume or use.

- 6. Please tell me a little bit about the typical eating habits here in your community?  
PROBES:
  - a. What kinds of foods do you typically eat? (Think about the foods that you and the members of your household ate over the last week)?
  - b. What times of day do people eat?
  - c. Who prepares the food?
- 7. Please tell me a little bit about the liquids individuals in your community typically drink.
  - d. What do they typically drink?
  - e. What times of day?
- 8. Where do most of the foods and beverages you consume come from?
- 9. Are there particular special events or holidays you celebrate that effect your food choices? Tell me about those occasions. How frequently do these events occur?

**Agriculture and Livelihood:** Now I would like to ask you some questions about farming in your community. When I use the term farming, I not only mean growing food, but also raising and tending animals as well as fishing. I am going to ask you both about the farming that happens at the community level as well as farming you do at your home both for subsistence and to earn income.

10. What are some of the most common products that are farmed in this community?
  - a. For sale?
  - b. For consumption?
11. What type of farming do members of the community do? For food to consume? For food to sell? Or both? If both, what percentage for each? Does this vary by time of year? Or do people typically farm for some other purpose. If so, what is that other purpose?
12. I would like to learn a little bit more about the type of farming families do here for subsistence
  - a. What type of products are farmed? (particular plant or animal?)
  - b. Who typically makes the primary decisions about the farming in a household in your community? Tell me a little bit about the typical roles and responsibilities of individuals in households in your community for farming as well as household work.
  - c. Please tell me a little bit about the processes that occur once food has been harvested for consumption. What is the process for storing it? How do is it processed? Who makes the decisions regarding the production and storage of the food that has been harvested?
13. I would like to learn a little bit more about the type of farming that happens in this community to generate income.
  - a. What type of products are farmed? (particular plant or animal?)
  - b. Who typically makes the primary decisions about the farming in a household in your community? Tell me a little bit about the typical roles and responsibilities of individuals in households in your community for farming as well as household work.
  - c. Please tell me a little bit about the processes that occur once food has been harvested for income generation. What is the process for storing it? How do is it processed? Who makes the decisions regarding the production and storage of the food that has been harvested?
14. If community members are selling any part of the goods produced, please describe that process for me.
  - a. Does the farming occur here locally or do community members go elsewhere to farm?
  - b. What part of the process do household members in this community typically undertake in the preparation and sale of foods?
  - c. Do you work with other community members?
  - d. Who makes decisions regarding how the money will be allocated if farming and sales are a communal process?
15. Has the community experienced any events in the past that have impacted the ability to farm either for sustenance or for income? (illness, environmental episode, accident, community event, national event?) How did members of the community get through that event?
16. Where do community members typically learn their farming techniques? Are there techniques you or others in the community would like to learn, but have not had access to?

- a. Techniques for farming for consumption?
  - b. Techniques for farming for income generation?
17. What are some of the customs, traditions and/or beliefs related to work in the household? What differences are there in men's versus women's work roles? Who owns livestock? Who is responsible for processing different kinds of crops and livestock? Are there specific gender issues that affect food security?
  18. What is your primary source of water in this community? Is this water used both for consumption and for farming?
  19. What are some of the biggest challenges faced in this community with farming?

**Socio-Cultural and Political Community Context:** In this last part of our interview, I would like to learn a little bit more about your community as a whole

20. What do you think are some of the greatest needs for your community? Have there been programs implemented in the past by the government, foreign donors, or community based organizations? If so, please tell me a little bit about your experiences with those programs. What were some of the strengths of those programs? And weaknesses?
21. How has the overall context and living situations changed within the last 2 years? Especially relating to security, food, health, women's rights, and agricultural production?
22. Are there locations/resources in your community that members would wish to access but have not for the past year due to insecurity/or avoidance of disputes? How has the level of access to this resource changed? How free are you to move around? Has this changed over time?
23. How often do members of your community interact with individuals from other communities? What is the nature of interaction? What types of economic interactions are associated with good/bad relationship? Are there variations by sex? Who are the aggravators of conflict?
24. Is there any other additional information you would like to share with us about your access to food, your consumption of food and beverages, your work/livelihood, and healthcare practices?

## USAID/FFP TITLE II BASELINE QUESTION GUIDE

### Focus Group Discussion with Head of Household or Lead Female in Household

(This should be stated prior to giving them the consent form). Hello, thank you so much for joining us today for this discussion. In a few minutes I will give you a paper that allows us to ask for your permission to talk with you today. Before I have you make that decision, I would like to talk with you a little bit about what this group discussion will involve.

My name is (NAME OF INTERVIEWER), I am here with my colleague from ICF International and (NAME OF INTERPRETER) who will be helping her participate in our conversation today. All of us are contracted by USAID to complete a baseline study to understand the communities where they are providing supports through their partners Mercy Corps and ACDI/VOCA will be starting new programs.

To help us understand your communities and get to know the way you live, we would like to discuss a number of broad topics with you. The topics include the structure of your household, the types of food and beverages you and your family members eat and drink, the type of health care you have access to and have used specifically for the women and children in your family, farming practices, access to food and latrines, and cultural practices and beliefs in your community.

We welcome you to answer all of the questions we ask. However, if something makes you feel uncomfortable or prefer not to answer, that is okay. Or if you don't know an answer, it is fine to just say, "I don't know." We ask that you be respectful of the other participants. I have given you a pen and notebook, so if you want to write down a thought while another person is speaking please feel free to do so. Or if you don't feel comfortable providing a specific answer in the group, you may approach us after the group. You may keep the pen and notebook as a "thank you" for participating. Also, you can raise your hand and this will let us know that you have something you want to contribute while someone else is speaking, and we will make sure you have an opportunity to speak.

Okay, now we are going to go through a consent form, to ask your permission for you to participate in our conversation today. (Distribute the consent form...the interviewer and interpreter will read through the form with each participant and seek their consent).

.....

**Background Information:** Before we begin our specific questions related to food, agriculture, health and nutrition, I wanted to learn a little bit about the typical structure of a household in your community.

1. Please describe tell me who you consider to be a part of your household? Do you all have similarly structured households? Or are there differences amongst you? Please explain

PROBES:

- a. What are the ages of these individuals that are part of the household?
  - b. Do all the members of the household live and sleep under the same roof?
  - c. How do you determine who is a part of your household?
2. How is the head of household determined?
3. Who makes the primary decisions in most households for the care of the children? We will explore this a little bit more in a bit. But it would be helpful to get a preliminary idea.
4. What are the various roles and responsibilities individuals have in a typical household regarding child care? Is there a difference in the roles and responsibilities by sex?
5. Is there a school in your community for children to attend? Do most children attend school? Why or why not? Who makes the decision in most families about who will attend school?

**Food Access and Utilization:** Now that I have a better understanding of the structure of your households, I want to ask you some questions about the various foods and drinks, people in your community typically consume or use.

6. Please tell me a little bit about the typical eating habits here in your community?  
PROBES:
  - a. What kinds of foods do you typically eat? (Think about the foods that you and the members of your household ate over the last week)?
  - b. What times of day do people eat?
  - c. Who prepares the food?
7. Please tell me a little bit about the liquids individuals in your community typically drink.
  - d. What do they typically drink?
  - e. What times of day?
8. Where do most of the foods and beverages you consume come from?
9. Are there particular special events or holidays you celebrate that effect your food choices? Tell me about those occasions. How frequently do these events occur?

**Water, Sanitation, and Hygiene (WASH):** Now I would like to ask you a few questions about your access to water.

10. What is the main source of water for members in your community?

11. Tell me about the typical daily routine for fetching water. Does this activity happen individually for each household? Or is there a community system that is in place for fetching water?
  - a. How long does it take to fetch water and return, including travel and waiting time?
  - b. How is water carried?
  - c. What time does it occur? And how often in the week?
  - d. Who in the family is responsible for that activity?
  - e. Who makes the decision regarding who will be responsible for fetching the water?
  - f. Do those who fetch water face any risks? What are these risks and what steps have been taken, if any, to reduce the risk?
  - g. Do you typically sanitize your water before use? If so, what process do you follow? If not, why not?
12. Does this change in the dry versus the rainy season?
13. Are there times when water is not available to you? If so, what do you do when this happens?

**Agriculture and Livelihood:** Now I would like to ask you some questions about how the farming in your community is typically done.

14. What type of products do you or other members of your community farm (plants, animals, fish, etc)?
15. Typically who is in charge of the farming in the household regarding the decisions that are made? Who is in charge of the activities that take place for farming? Are these the same person? Or distinct people? Tell me a little bit about the breakdown of roles and responsibilities.  
PROBES:
  - f. Do the children in the household participate in farming?
  - g. Are there differences in the types of activities you undertake if you are a man or a woman?
16. Are there farming activities that you all participate in as a community? Or is this taken on by individual households?  
PROBES:
  - h. What types of farming activities are taken on as a community versus individually?
  - i. What about during particular holidays or celebrations?
  - j. Who in the community is responsible for decision-making for community farming?
17. What are some of the challenges individuals in the community have faced with farming?
18. Where did the members of your community learn their farming practices?



**Socio-Cultural and Political Community Context:** In this last part of our interview, I would like to learn a little bit more about your community as a whole

19. What do you think are some of the greatest needs for your community? Have there been programs implemented in the past by the government, foreign donors, or community based organizations? If so, please tell me a little bit about your experiences with those programs. What were some of the strengths of those programs? And weaknesses?
20. How has the overall context and living situations changed within the last 2 years? Especially relating to security, food, health, women's rights, and agricultural production?
21. Are there locations/resources in your community that members would wish to access but have not for the past year due to insecurity/or avoidance of disputes? How has the level of access to this resource changed? How free are you to move around? Has this changed over time?
22. How often do you or your family members interact with individuals from other communities? What is the nature of interaction? What types of economic interactions are associated with good/bad relationship? Are there variations by sex? Who are the aggravators of conflict?
23. Is there any other additional information you would like to share with us about your access to food, your consumption of food and beverages, your work/livelihood, and healthcare practices?

## USAID/FFP BASELINE QUESTION GUIDE

### Individual Interview with Father, Mother, or Male/Female Caregiver of children ages 5 and under

**Background Information:** Before we begin our specific questions related to food, agriculture, health and nutrition, I wanted to learn a little bit about the people who live in your household.

1. Please list for me the people, their ages, and sex, who are a part of your household.
  - a. Do they all live under the same roof? If no, please explain to me where they live.
  - b. Who do you consider to be the head of the household? Is this person also the main decision-maker? What are the types of decisions they make for the family?
  - c. Does the head of the household always live and sleep in the same home? Please explain this pattern for me.
2. Do you or your family members migrate to distant locations at particular times of year? Please tell me about that process.
  - a. Who in your family migrates? And who does not? Why do you or other family members migrate?
  - b. Who in the family makes decision regarding migration?
3. Who in your family goes to school?
  - a. Who in your family makes the decision about who will attend school?
  - b. When do they attend?
  - c. Are there periods of the year that they do not attend? Why?

**Food Access and Utilization:** The primary objective of this section is to understand the access you have to various foods and drinks, and how you decide which foods your family members consume and the liquids they drink.

4. Please describe what a typical day in the last week looks like in terms of the food you eat...
  - a. What are typical times of day you eat? What do you eat at those times?
  - b. How do you decide what you are going to eat for each meal? If you do not decide who decides and how?
  - c. Have there been times you would like to eat, but there is no food? Please tell me a little about how that influences your food choices and the times of day you eat.
  - d. Are there differences in the food that is provided to grown men and women in your family? How are those decisions made? Who makes those decisions?
  - e. Which household members are typically responsible for food preparation?

5. Now I would like to ask some questions about the eating habits of the children in your home.
  - a. Are there differences in when the children who live in your home eat compared to your own habits or the habits of other adults in the family?
  - b. What are some of your beliefs or customs regarding how people in your family eat? For example, does whether the child is a boy or girl influence the food they are given
  - c. If there is not enough food available to feed your entire family, how do you manage that situation?
6. How do you and your children's eating habits change at different times of the year (during the rainy versus dry season, school year or non-school year)?
7. Where does the majority of food you consume come from? Do you buy it, produce it, or receive it from another source? Has that changed over time?
8. What is the primary beverage (water, milk, juice, tea, coffee, alcohol) that has been consumed in your household over the last week?
  - a. Are there differences in the primary beverage intake by household member? What determines what beverages a household member consumes? Who makes that decision?
  - b. Have there been times in the last month that you have wanted to have a particular beverage that was not available to you? Please tell me about that experience.
  - c. What types of beverages do you take with your meals?

**Nutritional Status of Women and Children and Access to Health Care:** Now that we've learned a little bit about your eating and drinking habits, we would like to discuss some issues around the health of the women and children in your family.

9. Did you or the woman who gave birth to the children you care for receive health care prior to giving birth?
  - a. From whom did you seek those services?
  - b. Where were the children born? What lead to the decision about where to deliver the baby?
  - c. Did you or the women who gave birth to the children you care for continue or start to seek health care services after giving birth?
10. Did you make the decision to breastfeed your children? Why or why not?
  - a. How old was the child when s/he started to breastfeed? Did it occur immediately after the child was born? Why or why not?
  - b. Who made this decision regarding breastfeeding?
  - c. Some children receive breast milk in different ways such as a spoon, cup, or bottle, was that the case for any children in your household?

- d. At what stage/age did you begin to introduce either beverages or food instead of breast milk? Why did you choose that age/stage?
  - e. Where did you learn about your practices and beliefs surrounding breastfeeding?
11. What are some of the health conditions that you or your children have faced over the last year? Two years? Please tell me about that experience. Do you see, health care as a preventative measure?
12. When someone in your family needs healthcare, what do you do?
- a. What health care services are available to you? (Probe: public, private, traditional healers, etc).
  - b. Where are the health care facilities located? And how long does it take you to reach the health care facilities you need to attend?
  - c. In what moment do you seek out health care services? Who makes the decision if a household member will seek treatment?
  - d. Is there someone aside from a health care facility within in the community that you turn to for health care advice?
  - e. Do you feel that your healthcare providers are reliable? Why or why not? Do you trust them? Why or why not? Do you fear them? If so, why?
13. Have your children been vaccinated? Why did you have your child vaccinated? Why not? What type of vaccines did they receive? Who make the decision to have your children vaccinated? If you did vaccinate your children, where did you go? Was it difficult or easy to have the vaccinations done?
14. Are there health services that you need for your children that are not available to you? Tell me about that.

**Water, Sanitation, and Hygiene (WASH):** Now I would like to ask you a few questions about your living arrangements and your access to water, and toilet facilities.

15. What is the main source of drinking water for members of your household? In the dry season? In the rainy season? How is the quality of water?
16. Tell me about the daily routine for fetching water.
- a. How long does it take to fetch water and return, including travel and waiting time?
  - b. How is water carried?
  - c. What time does it occur? And how often in the week?
  - d. Who in the family is responsible for that activity?
  - e. Who makes the decision regarding who will be responsible for fetching the water?
  - f. Do those who fetch water face any risk s? What are these risks and what steps have been taken, if any, to reduce the risk?

- g. Do you typically sanitize your water before use? If so, what process do you follow? If not, why not?
17. Is the water source you identified always available? What do you do if it isn't?
  18. In your household, when do the [men, women, children] bathe? Where and how do they do it? How often? Do they use soap or another cleansing agent? What practices do you teach your children about washing?
  19. When do you wash your hands? In addition to water, what do you and your family members use to wash your hands?
  20. Do you and your family have access to a latrine? What is the typical set up of the latrine? Is it of use both to the men and women in your family? Are there times you or your family members elect not to use a latrine? Please explain.

**Socio-Cultural and Political Community Context:** In this last part of our interview, I would like to learn a little bit more about your community as a whole

21. What do you think are some of the greatest needs for your community, especially the children in your community? Have there been programs implemented in the past by the government, foreign donors, or community based organizations to address these issues? If so, please tell me a little bit about your experiences with those programs. What were some of the strengths of those programs? And weaknesses?
22. How has the overall context and living situations changed within the last 2 years? Especially relating to security, food, health, women's rights, and agricultural production?
23. Are there locations/resources in your community that members would wish to access but have not for the past year due to insecurity/or avoidance of disputes? How has the level of access to this resource changed? How free are you to move around? Has this changed over time?
24. How often do you or your family members interact with individuals from other communities? What is the nature of interaction?
25. Is there any other additional information you would like to share with us about your access to food, your consumption of food and beverages, your work/livelihood, and healthcare practices especially as it relates to your children?

## USAID/FFP TITLE II BASELINE QUESTION GUIDE

### Individual Interview with Male or Female Farmer

**Background Information:** Before we begin our specific questions related to food, agriculture, health and nutrition, I wanted to learn a little bit about the people who live in your household.

1. Please list for me the people, their ages, and sex, who are a part of your household.
  - a. Do they all live under the same roof? If no, please explain to me where they live.
  - b. Who do you consider to be the head of the household? Is this person also the main decision-maker? What are the types of decisions they make for the family?
  - c. Does the head of the household always live and sleep in the same home? Please explain this pattern for me.
2. Do you or your family members migrate to distant locations at particular times of year? Please tell me about that process.
  - a. A. Who in your family migrates? And who does not? Why do you or other family members migrate?
  - b. Who in the family makes decision regarding migration?
  - c. Is the migration due to farming?
3. Who in your family goes to school?
  - a. Who in your family makes the decision about who will attend school?
  - b. When do they attend?
  - c. Are there periods of the year that they do not attend? Why?

**Food Access and Utilization:** The primary objective of this section is to understand the access you have to various foods and drinks, and how you decide which foods your family members consume and the liquids they drink.

4. Please describe what a typical day in the last week looks like in terms of the food you eat...
  - a. What are typical times of day you eat? What do you eat at those times?
  - b. How do you decide what you are going to eat for each meal? If you do not decide who decides and how?
  - c. Have there been times you would like to eat, but there is no food? Please tell me a little about how that influences your food choices and the times of day you eat.
  - d. Which household members are typically responsible for food preparation?

5. How do your eating habits change at different times of the year (during the rainy versus dry season)? Other family members?
6. Where does the majority of food you consume come from? Do you buy it, produce it, or receive it from another source? Has that changed over time?
7. What is the primary beverage (water, milk, juice, tea, coffee, alcohol) that you have consumed over the last week?
  - a. Have there been times in the last month that you have wanted to have a particular beverage that was not available to you? Please tell me about that experience.
  - b. What types of beverages do you take with your meals?

**Agriculture and Livelihood:** Now I would like to ask you some questions about experiences with farming. I want to focus on the farming you do over which you make the primary decisions.

8. What type of farming do you and your family members do or animals do you raise? For food to consume? For food to sell? Or both? If both, what percentage for each? Does this vary by time of year? Or some other purpose? If for some other purpose? What is that purpose?
9. I would like to learn a little bit more about the type of farming you do here for subsistence
  - a. What type of products do you and your family farm at the various times of year? (particular plant or animal?)
  - b. Who makes the primary decisions about the farming you undertake to sustain the family
  - c. How did you/they decide to farm that particular product?
  - d. What other decisions did individuals in your household make regarding your farm?
  - e. Tell me a little bit about the roles and responsibilities of individuals in your household for farming as well as household work.
  - f. Please tell me a little bit about your processes once you have harvested your food for your family consumption. What is your process for storing it? How do you process it? Who makes the decisions regarding the production and storage of food your harvested?
10. I would like to learn a little bit more about the type of farming you do here to generate income.
  - a. What type of product do you farm? (particular plant or animal?)
  - b. Who makes the primary decisions about the farming you undertake for income generation?
  - c. How did you/they decide to farm that particular product?
  - d. What other decisions did individuals in your household make regarding your farm?
  - e. Tell me a little bit about the roles and responsibilities of individuals in your household for farming (grandmothers, grandfathers, mothers, fathers, children, etc.)

- f. Please tell me a little bit about your processes once you have harvested your food for sale. What is your process for storing it? How do you process it? Who makes the decisions regarding the production and storage of food your harvested?
11. If you are selling any part of your products, please describe that process for me.
    - a. Do you farm here locally or do you have to go elsewhere?
    - b. What part of the process do you or other household members undertake in the preparation and sale of foods?
    - c. Do you work with other community members?
    - d. What do you do with the money you earn selling your goods?
    - e. Who makes decisions regarding how the money will be allocated?
  12. Have you experienced any events in the past that have impacted your ability to farm either for sustenance or for income? (Family illness, environmental episode, accident, community event, national event?) Did you have any insurance that helped you through that event? If not, how did you manage that period in your life?
  13. Where did you learn your farming techniques? Who gave you this information? Are there techniques you would like to learn, but have not had access to?
    - a. Techniques for farming for consumption?
    - b. Techniques for farming for income generation?
  14. What are some of the customs, traditions and/or beliefs related to work in the household? What differences are there in men's versus women's work roles? Who owns livestock? Who is responsible for processing different kinds of crops and livestock?

**Poverty and Income:** In this section we will ask you a few questions about your income sources, aside from farming and agriculture, your saving practices, and how you obtain the items you need for daily living.

15. What is the primary source of income for your household? Are there other secondary sources?

If it something other than agriculture or farming, I have some additional questions for you.

16. Does income coming in both from you as well as other household members from farming as well as other sources provide you with enough economic support to sustain your daily life? Please explain.



- a. If your income does not sustain you, what other means do you use to obtain items you need for daily life including housing, health care, transportation, schooling, food, etc.
  - b. Are there times when you trade goods and services? Tell me about that experience?
17. Do you have any savings? Where is that from? Do you currently have a savings plan in place? What is the purpose of that plan? Are there particular items for which you are saving? Who in your household makes decisions regarding money saving practices?

**Socio-Cultural and Political Community Context:** In this last part of our interview, I would like to learn a little bit more about your community as a whole and some of the practices put in place by the national government to aid you in your everyday life.

18. What do you think are some of the greatest needs for your community? Have there been programs implemented in the past by the government, foreign donors, or community based organizations? If so, please tell me a little bit about your experiences with those programs. What were some of the strengths of those programs? And weaknesses?
19. What impact do conflict/disputes have on food security in the community?
20. How has the overall context and living situations changed within the last 2 years? Especially relating to security, food, health, women's rights, and agricultural production?
21. Are there locations/resources in your community that members would wish to access but have not for the past year due to insecurity/or avoidance of disputes? How has the level of access to this resource changed? How free are you to move around? Has this changed over time?
22. How often do you or your family members interact with individuals from other communities? What is the nature of interaction? What types of economic interactions are associated with good/bad relationship? Are there variations by sex? Who are the aggravators of conflict?
23. Is there any other additional information you would like to share with us about your access to food, your consumption of food and beverages, your work/livelihood, and healthcare practices?

## USAID/FFP BASELINE QUESTION GUIDE

### Individual Interview with Head of Household or Lead Female in Household

**Background Information:** Before we begin our specific questions related to food, agriculture, health and nutrition, I wanted to learn a little bit about the people who live in your household.

1. Please list for me the people, their ages, and sex, who are a part of your household.
  - a. Do they all live under the same roof? If no, please explain to me where they live.
  - b. Who do you consider to be the head of the household? Is this person also the main decision-maker? What are the types of decisions they make for the family?
  - c. Does the head of the household always live and sleep in the same home? Please explain this pattern for me.
2. Do you or your family members migrate to distant locations at particular times of year? Please tell me about that process.
  - a. A. Who in your family migrates? And who does not? Why do you or other family members migrate?
  - b. Who in the family makes decision regarding migration?
3. Who in your family goes to school?
  - a. Who in your family makes the decision about who will attend school?
  - b. When do they attend?
  - c. Are there periods of the year that they do not attend? Why?

**Food Access and Utilization:** The primary objective of this section is to understand the access you have to various foods and drinks, and how you decide which foods your family members consume and the liquids they drink.

4. Please describe what a typical day in the last week looks like in terms of the food you eat...
  - a. What are typical times of day you eat? What do you eat at those times?
  - b. How do you decide what you are going to eat for each meal? If you do not decide who decides and how?
  - c. Have there been times you would like to eat, but there is no food? Please tell me a little about how that influences your food choices and the times of day you eat.
  - d. Which household members are typically responsible for food preparation?
5. Now I would like to ask the same question but about the different members of your family
  - a. Are there differences in when the children who live in your home eat compared to your own habits or the habits of other adults in the family?
  - b. What are some of your beliefs or customs regarding how people in your family eat? For example, does whether the child is a boy or girl influence the food they are given? Or the

- child's age? Are there differences in the food that is provided to grown men and women in your family? How are those decisions made? Who makes those decisions?
- c. If there is not enough food available to feed your entire family, how do you manage that situation?
6. How do your eating habits change at different times of the year (during the rainy versus dry season)? Other family members?
  7. Where does the majority of food you consume come from? Do you buy it, produce it, or receive it from another source? Has that changed over time?
  8. What is the primary beverage (water, milk, juice, tea, coffee, alcohol) that has been consumed in your household over the last week?
    - a. Are there differences in the primary beverage intake by household member? What determines what beverages a household member consumes? Who makes that decision?
    - b. Have there been times in the last month that you have wanted to have a particular beverage that was not available to you? Please tell me about that experience.
    - c. What types of beverages do you take with your meals?

**Nutritional Status of Women and Children and Access to Health Care:** Now that we've learned a little bit about your eating and drinking habits, we would like to discuss some issues around the health of the women and children in your family.

9. Did you make the decision to breastfeed your children? Why or why not?
  - a. How old was the child when s/he started to breastfeed? Did it occur immediately after the child was born? Why or why not?
  - b. Who made this decision regarding breastfeeding?
  - c. Some children receive breast milk in different ways such as a spoon, cup, or bottle, was that the case for any children in your household?
  - d. At what stage/age did you begin to introduce either beverages or food instead of breast milk? Why did you choose that age/stage?
  - e. Where did you learn about your practices and beliefs surrounding breastfeeding?
10. What are some of the health conditions that you or members of your household have faced over the year? Two years? Please tell me about that experience. Do you see health care as a preventative measure?
11. When someone in your family needs health care, what do you do?
  - a. What health services are available to you? (Probe: public, private, traditional healers, etc).

- b. Where are the health care facilities located? And how long does it take you to reach the health care facilities you need to attend?
  - c. In what moment do you go to seek out health care services? Who makes the decision if a household member will seek treatment?
  - d. Is there someone aside from a health care facility within in the community that you turn to for health care advice?
  - e. Do you feel that your healthcare providers are reliable? Why or why not? Do you trust them? Why or why not? Do you fear them? If so, why?
12. Have your children been vaccinated? Why did you have your child vaccinated? Why not? What type of vaccines did they receive? Who make the decision to have your children vaccinated? If you did vaccinate your children, where did you go? Was it difficult or easy to have the vaccinations done?

**Water, Sanitation, and Hygiene (WASH):** Now I would like to ask you a few questions about your living arrangements and your access to water, and toilet facilities.

13. What is the main source of drinking water for members of your household? In the dry season? In the rainy season? How is the quality of water?
14. Tell me about the daily routine for fetching water.
- a. How long does it take to fetch water and return, including travel and waiting time?
  - b. How is water carried?
  - c. What time does it occur? And how often in the week?
  - d. Who in the family is responsible for that activity?
  - e. Who makes the decision regarding who will be responsible for fetching the water?
  - f. Do those who fetch water face any risks? What are these risks and what steps have been taken, if any, to reduce the risk?
  - g. Do you typically sanitize your water before use? If so, what process do you follow? If not, why not?
15. Is the water source you identified always available? What do you do if it isn't?
16. In your household, when do the [men, women, children] bathe? Where and how do they do it? How often? Do they use soap or another cleansing agent? What practices do you teach your children about washing?
17. When do you wash your hands? In addition to water, what do you and your family members use to wash your hands?

18. Do you and your family have access to a latrine? What is the typical set up of the latrine? Is it of use both to the men and women in your family? Are there times you or your family members elect not to use a latrine? Please explain.

**Agriculture and Livelihood:** Now I would like to ask you some questions about the farming you do here at your home.

19. Do you farm or do you raise animals? If so...

- a. What type of products do you and your family farm at the various times of year? (particular plant or animal?)
- b. Who makes the primary decisions about the farming you undertake to sustain the family?
- c. How did you/they decide to farm that particular product?
- d. Tell me a little bit about the roles and responsibilities of individuals in your household for farming as well as household work.
- e. Please tell me a little bit about your processes once you have harvested your food for your family consumption. What is your process for storing it? How do you process it?
- f. Who makes the decisions regarding the production and storage of food you harvested?
- g. Where did you learn your farming techniques? Who gave you this information? Are there techniques you would like to learn, but have not had access to?

**Poverty and Income:** In this section we will ask you a few questions about your income sources, your saving practices, and how you obtain the items you need for daily living.

20. What is the primary source of income for your household? Are there other secondary sources? Who is responsible for bringing in these sources of income?

Do you pool your money into a single fund or do the individuals who earn the income have “ownership” over the income they bring in?

21. Does the income you or you in combination with other in your household brings in provide you with enough economic support to sustain your daily life? Please explain.

- a. If your income does not sustain you, what other means do you use to obtain items you need for daily life including housing, health care, transportation, schooling, food, etc.
- b. Are there times when you trade goods and services? Tell me about that experience?

22. Do you have any savings? Are your savings part of a savings plan? Please tell me more about that. Is there something in particular for which you are saving? What is the main income source for your savings?

**Socio-Cultural and Political Community Context:** In this last part of our interview, I would like to learn a little bit more about your community as a whole

23. What do you think are some of the greatest needs for your community? Have there been programs implemented in the past by the government, foreign donors, or community based organizations? If so, please tell me a little bit about your experiences with those programs. What were some of the strengths of those programs? And weaknesses?
24. What impact do conflict/disputes have on food security in the community? Do these conflicts have a negative or positive impact on economic development in your community? Please explain.
25. How has the overall context and living situations changed within the last 2 years? Especially relating to security, food, health, women's rights, and agricultural production?
26. Are there locations/resources in your community that members would wish to access but have not for the past year due to insecurity/or avoidance of disputes? How has the level of access to this resource changed? How free are you to move around? Has this changed over time?
27. How often do you or your family members interact with individuals from other communities? What is the nature of interaction? Are there variations by sex?
28. Is there any other additional information you would like to share with us about your access to food, your consumption of food and beverages, your work/livelihood, and nutritional status of women and children or other healthcare practices?