

SANTE ET BIEN-ETRE HEALTH AND WELFARE

FORM-012-A

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HYDROLAT

ORGANIC ST JOHN'S WORT FDS N° FLH21

1. PROPERTIES

- Anti-inflammatory General
- Analgesic
- Antidepressants
- Euphoric

2. INDICATIONS

- Irritated skin, cracked
- State of shock
- Fatigue nervous neurasthenia
- Lack of support and recognition from others
- Trend to isolation

3. INSTRUCTIONS FOR USE

- Compresses soaked hydrolats of hélichryse and its hydrolats's wort indicated for the treatment of wounds.
- The hydrolats's wort is popular in winter because it brings light in physiology.
- People who go through difficult times (divorce, separation, change professional ..) can help with hydrolats's wort to keep a clear mind and stay anchored.

4. ALLERGENS (%)

None

<u>WARNING</u>: These properties, indications and methods of use are derived from books or Web sites reference aromatherapy. We found them on a regular and confirmed by many observations in scientific circles. This information is provided for informational purposes, they do not in any way constitute medical information, or engage our responsibility. For any use of essential oils for therapeutic purposes, consult a doctor.