

# SANTE ET BIEN-ETRE HEALTH AND WELFARE

FORM-012-A

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Date d'entrée en vigueur / taking into effect : 02/08/2011



#### **HYDROLAT**

# ORGANIC MELISSA FDS N° FLH22

## 1. PROPERTIES

- Calming
- Anti-nausea internally
- Hydrate

## 2. INDICATIONS

- Irritated skin
- Eczema
- Deodorization & Sanitation facilities
- Lack of concentration

#### 3. INSTRUCTIONS FOR USE

- It can be taken as approval of drinking, one teaspoon in a glass of water (hot or cold) or a dilution of about 1 to 10 of water.
- For externally, it is pure on the skin (on the face during or after washing, by friction on the body).

## 4. ALLERGENS (%)

- Citral (Geranial + Neral) < 0.001
- Geraniol < 0.001
- Linalol < 0.001

<u>WARNING</u>: These properties, indications and methods of use are derived from books or Web sites reference aromatherapy. We found them on a regular and confirmed by many observations in scientific circles. This information is provided for informational purposes, they do not in any way constitute medical information, or engage our responsibility. For any use of essential oils for therapeutic purposes, consult a doctor.