# **DEDICATION**

To all families striving to build bonds of love and unity,  
To engaged couples preparing for the sacred journey of marriage,  
To those who dream of a future rooted in commitment and faith,  
And to marriage and family counselors who tirelessly guide and inspire,

This book is dedicated to you—may it serve as a source of wisdom, encouragement, and grace as you nurture relationships built on love, understanding, and abundant blessings of God.

**ACKNOWLEDGEMENT**

First and foremost, I give glory and honor to Almighty God, whose grace, guidance, and love have made this book possible. Through His wisdom and strength, I have been able to embark on this journey of sharing insights on marriage and family life.

I extend my heartfelt gratitude to my superiors in the Congregation of the Augustinians of the Assumption and to my brothers and priests—Joachim Setongo, Emmanuel Kahindo, Serge Patric Mabu, and Maticha Nyarombe—whom I live and serve with at St. Monica Njiru Parish. Your encouragement, advice, and steadfast support have been precious throughout this journey.

In a special way, I wish to thank the families of Lilian, Jackson-Reginah, Munyau-Purity, Nyatangi-Mildred, and Omondi-Bernadet. Your unwavering support, encouragement, and shared experiences have inspired and enriched this work.

I am profoundly grateful to the group *“Familia Zetu”*. Since 2020, when you entrusted me to be your spiritual father, our seminars, shared experiences, and collective reflections have been the root engine for producing this book. The lessons and inspiration drawn from our interactions have greatly contributed to this initiative.

I also acknowledge the vibrant and dedicated families who have been participating actively in our family program at St. Monica Njiru Parish. Your commitment to strengthening the bonds of love and faith within your families is a testament to the beauty of God’s design for marriage and family life.

To each one of you, thank you for your prayers, insights, and encouragement. This book is a reflection of our shared mission to nurture relationships grounded in love, faith, and understanding. May God bless you abundantly.

**FOREWORD**

**(From the Bishop)**