



Patient Name	1:	MRS. SHWETA ARORA	IPD No.	- :	AFBIP1937492
Age	:	32 Yrs 21 Days	UHID	:	AFB000106069
Gender	1:	FEMALE	D.O.A	:	14-12-2019
Under Doctor	:	DR. ANITA KANT /DR. USHA PRIYAMBADA /DR. AMRITA	D.O.D	:	10-01-2020
Ward	:	Post Natal Ward 2nd Floor	Room No.	:	PN002
			Doctor. Unit	:	UNIT-I

# DEPARTMENT OF GYNAECOLOGY DISCHARGE SUMMARY

#### **DIAGNOSIS:**

G2 A1 WITH 24 WEEKS 1 DAY POG WITH CERVICAL INCOMPETENCE WITH MC DONALD STITCH INSITU

BLOOD GROUP :- "B POSITIVE"

## **BRIEF HISTORY OF ILLNESS:**

Patient with 6 months amenorrhea admitted in view of decrease cervical length in USG.

O/H - G2A1

M/H - 3 - 4 / 30 days / regular /average flow

LMP - 28/06/2019

EDD-05/04/2020

POG-24 weeks and 1 day

O/H-G2 A1

G1- Spontaneous abortion @ 4 month/ PROM

G2- Present pregnancy, spontaneous conception

<u>PAST HISTORY</u> - Hypothyroidism (On treatment), hegan's test was positive MC Donald applied done in Oct 2019

## FAMILY HISTORY - Parental aunt - Diabetic

## **ON EXAMINATION:-**

Conscious, cooperative and well oriented
Chest -Bilateral clear, no added sound
CVS -NAD
Temperature- Afebrile
Pulse -80 min
BP -110/70 mm/Hg
P/A - Uterus 24 weeks 1 days, relaxed FHS (+)

#### **HOSPITAL COURSE:-**

Patient was managed conservatively with complete bed rest, antibiotics and progesterone support. USG 10.01.2020 suggestive of SLIUF of 28 week Breech, Funneling of OS EFBW 1.3kg 138kg AFI-11.9.

# **CONDITION AT DISCHARGE**:- Satisfactory

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TREATMENT ADVISED:

S. No.	Drug	Dosage	Route	Frequency	Food drug interaction	Duration
1.	TAB THYRONORM	12.5 mg	Orally	Once daily empty stomach	Empty stomach	T. Arthur Layer
2.	TAB DUPHASTON	10mg	Orally	Thrice daily	After food	
3.	TAB RICHAR CR	1 tab	Orally	Once daily	After food	
4.	TAB KALZIUM	1 tab	Orally	Once daily	After food	
5.	INJ PROLUTON DEPOT	500mg	Orally	Once a week on Thursday		
6.	TAB WELGEST	200 mg	Orally	At bed time	After food	A
7.	TAB FITNEURON	1 tab	Orally	Once daily	After food	- / 1997
8.	CAP QUANTO D3	1 sachet	Orally	Once a week	After food	12 dose
9.	TAB AZEE	500 mg	Orally	Once daily	After food	2 days
10.K	TAB CEFTRAL	1 tab	Orally	Twice daily With glass of water	After food	2 days
11.	SYP MOVICOL	2 tsp	Orally	100 cc glass of water at night time	After food	

### PREVENTIVE STRATEGIES:

Normal diet with foot end elevation Complete bed rest till 1 month

## PENDING REPORTS:

Nil

# WHEN TO OBTAIN URGENT CARE:

In case of bleeding per-vaginum, leaking per vagina pain lower abdomen decrease fetal movement.

#### **NEXT APPOINTMENT**

Review on 07/02/2020 in Gynaecology OPD (2<sup>nd</sup> Floor) on Tuesday/Thursday/Saturday (10:00 to 1:00 P.M.) and Monday/Wednesday/Friday (2:00P.M. to 4:00 P.M.).

In case of any medical emergency come to Asian Institute of Medical Sciences Sec- 21A, FBD, Badkal Flyover, Faridabad or may call at 0129-4253000 or 105758





1 - 2			Doctor. Unit	:	UNIT-I
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The post hospital care instruction set forth above have been explained to me in my language. I understand the importance of following them as specified. I have received all the copies/original documents.

POST-DISCHARGE SURGICAL SITE INFECTION (SSI) SURVEILLANCE FORM GIVEN TO THE PATIENT

Patient/Relative signatureSautoM	Relationship to patient
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RESIDENT GYNAE

DR. ANITA KANT/DR. USHA PRIYAMBADA/DR. AMRITA
UNIT-1
OBS/GYNAE

.....End of Report.....

Prepare By. MS. KAVITA ARORA