

Recovering your Mac

Follow the instructions below to recover your Mac when it cannot start or when it is working incorrectly.

First, make sure that you have:

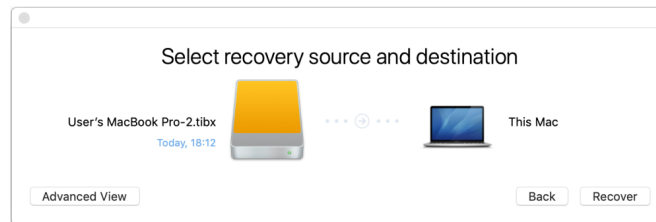
- A previously created Acronis True Image backup. Without the backup recovery is impossible. Refer to [Backing up to local or network storage](#) and [Backing up to Acronis Cloud](#) for details.
- Acronis bootable media. If you do not have one and you can start Acronis True Image 2021 on your Mac, please create the media as soon as possible. Refer to [Creating Acronis bootable media](#) for details.

To recover your Mac:

1. Plug in the bootable media to your Mac.
2. To display the boot menu:
 - [On an Intel-based Mac] Start or restart your Mac. Press and hold the **Option** key while the Mac is starting.
 - [On a Mac with Apple silicon] Shut down your Mac. Press and hold the power button.
3. Choose Acronis Bootable Media as a device to boot from. The utilities are displayed.
 - [On an Intel-based Mac] Select **Recover from Acronis True Image Backup**, and then click **Continue**.
 - [On a Mac with Apple silicon] Select **Acronis Bootable Media**, and then click **Restore**.
4. In the window that opens, choose the location of your backup:
 - **Acronis Survival Kit**
 - **Local Storage**
 - **Acronis Cloud**—sign in to your Acronis account.
 - **Network**

Select your backup, and then click **Open**.

5. From the list, select the backup version from which you want to recover your Mac, and then click **Next**. The contents of the version are displayed.
6. Select the check boxes next to the partitions that you want to recover. Select a destination for each partition.



Note: If Acronis True Image automatically determines a destination for each partition in the backup, the simplified view appears. You cannot make changes in this mode. If you need to select partitions manually, click the **Advanced View** button.

7. To start recovery, click **Recover**, and then confirm that you want to erase all data on the destination partitions.
8. [For Big Sur] When prompted, click **Restore Data** if you only need to restore data on an unbootable data volume. Click **Restore with Reboot** if you need a bootable volume with macOS installed. Note that it requires internet connection.
9. [Except Big Sur] When recovery is complete, restart your Mac.

See also

> [When do I recover my Mac?](#)