Two-sex demography, sexual niche differentiation, and the formation of range limits over an environmental gradient

Tom E.X. Miller* and Aldo Compagnoni

Program in Ecology and Evolutionary Biology, Department of BioSciences, Rice University, Houston, TX USA

*Corresponding author: tom.miller@rice.edu (1-713-348-4218)

Abstract

Understading the mechanisms that generate biogeographic patterns of distribution and abundance is a long-standing goal of ecology that takes on urgency in the context of range shifts in response to environmental change. It is widely hypothesized that distributional limits reflect niche characteristics, but this hypothesis is complicated by widespread potential for intra-specific niche heterogeneity. In dioecious species, for example, sexual niche differentiation may cause divergence between the sexes in the limits of environmental suitability. We studied the mechanisms of range boundary formation in the perennial dioecious grass Poa arachnifera, testing the alternative hypotheses that range limits reflect the niche limits of females only, as assumed by classic ecological theory, versus the combined contributions of females and males, including their inter-dependence via male-limitation of female 11 fertility. Common garden experiments across the longitudinal aridity gradient of the southern Great Plains, US revealed female-biased flowering and panicle pro-13 duction approaching eastern range limits, consistent with surveys of operational sex ratio variation in natural populations. A process-based demographic model 15 predicted longitudinal limits of population viability ($\lambda \geq 1$) that matched the observed eastern and western range limits, and further showed that declines in λ 17 approaching range limits were driven almost entirely by declines in female vital 18 rates. Thus, despite the potential for mate limitation particularly at eastern mar-19 gins, the geographic distribution was effectively female-dominant, reflecting the 20 environmental niche of females with little contribution from males. The dominant role of females was attributable to female fertility being quite robust to sex ratio variation (which declined only at extreme under-representation of males) and to

- relatively low sensitivity of λ to reproductive transitions in the life cycle. This sug-
- 25 gests that female-dominant limitation of geographic distribution may be common
- 26 to long-lived species with polygamous mating systems.

²⁷ Keywords

- demography; dioecy; intra-specific niche heterogeneity; matrix projection model;
- sex ratio; range limits

Introduction

Understanding the processes that generate species' distributional limits is a foun-31 dational objective of ecology. The niche concept is central to theory for range limits 32 (Hutchinson, 1958) and available evidence suggests that geographic distributions 33 may commonly be interpreted as ecological niches "writ large" (Lee-Yaw et al., 2016; Hargreaves et al., 2013). Species distribution modeling (or "environmental 35 niche modeling") has long capitalized on this idea to infer niche characteristics from statistical associations between occurrence and environmental variables. In 37 contrast, there is growing interest in process-based models of range limits, where individual-level demographic responses to environmental variation inform predic-39 tions about the ecological niche and environmental limits of population viability (i.e., at least replacement-level population growth, $\lambda \geq 1$) (Merow et~al.,~2014,2017; Diez et al., 2014). The mechanistic understanding offered by process-based models of range limits provides a potentially powerful vehicle for predicting range shifts in response to current and future environmental change (Evans et al., 2016; Ehrlén & Morris, 2015). 45 The widespread idea that range limits reflect niche limits intersects awkwardly 46 with another pervasive concept in ecology: intra-specific niche heterogeneity. This 47 refers to the fact that individuals within a population or species may differ in their interactions with, and responses to, the biotic and/or abiotic environment (Bolnick et al., 2002; Araújo et al., 2011; Holt, 2009). Intra-specific niche differences may be based on demographic state variables such as life stage, size class or other, unmeasured aspects of individual identity. If range limits are a geographic manifestation of niche limits, but a single population or species may be comprised of many niches, then whose niche is it that determines the geographic distribution and how would we know?

Sexual niche differentiation is a common form of intra-specific niche heterogene-56 ity (Bolnick et al., 2002) and has been widely documented in animals (the vast majority of which are dioecious) and plants (ca. 6% of angiosperms are dioecious: 58 Renner & Ricklefs 1995). The prevalence of sexual niche differentiation was recognized by Darwin (1871), who described "different habits of life, not related...to the 60 reproductive functions" of females and males. There are now numerous examples of sex differences in trophic position (Pekár et al., 2011; Law & Mehta, 2018), habi-62 tat use (Bowyer, 2004; Phillips et al., 2004), and responses to climate (Petry et al., 63 2016; Rozas et al., 2009; Gianuca et al., 2019), differences that may or may not 64 be accompanied by sexual dimorphism. It has been hypothesized that sex-specific 65 niches may evolve by natural selection when it reduces competitive or other antagonistic interactions between the sexes (Bierzychudek & Eckhart, 1988; Bolnick & 67 Doebeli, 2003) or as a byproduct of naturally or sexually selected size dimorphism (Shine, 1989; Temeles et al., 2010). In an ecological context, sexual niche differen-69 tiation can translate to sex-specific advantages in different environments, causing skew in the operational sex ratio (OSR: relative abundance of females and males 71 available for mating) even if the primary (birth) sex ratio is unbiased (Veran & Beissinger, 2009; Shelton, 2010; Eberhart-Phillips et al., 2017). Indeed, environmental clines in OSR have been widely documented in plants and animals at fine spatial scales (Eppley, 2001; Bertiller et al., 2002; Groen et al., 2010) as well as broader climatic clines across alititutes or latitudes (Petry et al., 2016; Ketterson & Nolan Jr, 1976; Caruso & Case, 2007). At range margins, where environments are extreme relative to the range core, demographic differences between the sexes, and hence skew in the OSR, may be greatest. In dioecious plants, for example, populations at the upper altitudes and latitudes and in the more xeric margins of species' ranges tend to be male-biased (Field *et al.*, 2013).

Returning to the question of whose niche determines range limits given po-82 tential for sexual niche differentiation, classic ecological theory assumes answer. 83 "Female dominance" is a pervasive, often implicit feature of population-dynamic models whereby male availability is assumed to have no influence on female fertility (Miller & Inouye, 2011; Rankin & Kokko, 2007; Caswell & Weeks, 1986). This assumption is, of course, wrong but it may often be a convenient approx-87 imation when the sex ratio is balanced or does not vary. The female-dominant 88 perspective predicts that female responses to environmental variation should gov-89 ern range limits (Fig. 1). However, females may be male-limited in environments in which they are favored, which could reduce population viability in marginal environments. This creates an additional, "two-sex" pathway by which environ-92 mental drivers may set distributional limits, via perturbations to the mating pool that arise from sex-specific responses to the environment (Fig. 1). While sexual niche divergence sets the stage for two-sex dynamics to play an important role in marginal environments, this influence may be dampened in mating systems where 96 single males can fertilize many females (Miller & Inouye, 2011) or in life histories where population viability is weakly sensitive to female fertility (Franco & Silvertown, 2004).

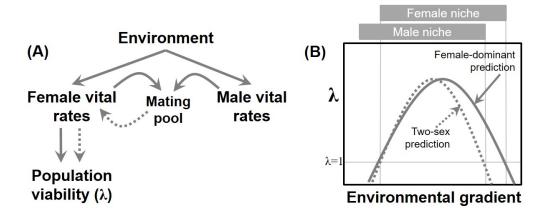


Figure 1: Hypotheses for how environmental variation can affect population viability and range limits in dieocious species. Under the female-dominant hypothesis, environmental drivers affect population growth (λ) through effects on females, alone (A). In geographic / environmental space, this translates to range boundaries that arise at the limits of the female environmental niche, irrespective of where they fall with respect to the male niche (B). Under the two-sex hypothesis, environmental drivers can affect λ through sex-specific responses, which may skew the sex ratio of the mating pool and feed back to affect female fertility via mate availability (A). In this case, expectations for range limits may differ from the female-dominant prediction, since mate limitation in environments that favor females over males may reduce population viability. These are alternative hypotheses in the strict sense, but as the role of males becomes weaker the two-sex prediction converges on the female-dominant prediction.

Here we ask, for the first time, whether female demographic responses to en-100 vironmental variation, alone, are sufficient to understand the ecological origins of 101 range limits, or whether the additional role of males determines range boundary 102 formation. As an experimental model, we worked with a dieocious plant species 103 (the grass Poa arachnifera) narrowly distributed across the sharp longitudinal arid-104 ity gradient in the southern Great Plains, US (Fig. 2). The environmental isocline 105 governing aridity in this region is expected to shift eastward under climate change 106 (Karl et al., 2009), so understanding how it sets distributional limits may aid in 107

forecasting range future shifts. We hypothesized that sexual niche differentiation
with respect to longitudinal variation in aridity may lead to skewed sex ratios approaching range limits, and that mate limitation could cause range boundaries to
deviate from female-dominant expectations.

This study was conducted in four parts. First, we conducted surveys to ask 112 whether natural populations exhibit clines in operational sex ratio across longi-113 tudinal environmental variation. Second, we conducted a common garden exper-114 iment at 14 sites throughout the southern Great Plains to quantify sex-specific 115 demography in variable abiotic environments. Third, we conducted a local sex 116 ratio manipulation experiment to quantify how viable seed production by females 117 responds to variation in sex ratio. Finally, we connected sex-specific demogra-118 phy with inter-sexual mating dynamics in a two-sex modeling framework to derive 119 demographically-driven predictions for geographic limits of population viability 120 $\lambda \geq 1$. We analyzed the demographic model to decompose the decline in λ ap-121 proaching range limits into contributions from female-dominant and two-sex path-122 ways (Fig. 1). 123

$_{124}$ Materials and methods

Study system and natural population surveys

Poa arachnifera is a perennial, cool-season grass endemic to the southern Great
Plains. This species occurs almost exclusively in central Texas, Oklahoma, and
Kansas (Fig. 2) though there are occasional records of adventive populations in

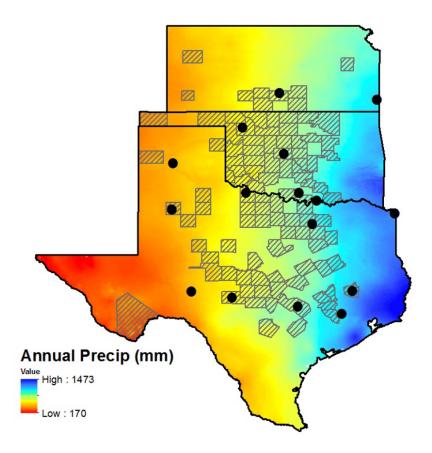


Figure 2: Geographic and environmental distribution of *P. arachnifera* in Texas, Oklahoma, and Kansas. Hatched shapes show counties with herbarium records of occurrence. Color shows geographic variation in annual precipitation (mm) based on 30-year normals from WorldClim (Fick & Hijmans, 2017). Points show sites for the common garden transplant experiment.

other states¹. Like all grasses, *P. arachnifera* is wind-pollinated. Individuals can be sexed only when flowering, in early spring, based on the presence of stigmas (females) or anthers (males) in the inflorescence. Following inflorescence and seed production, plants go dormant for the hot summer months and vegetative growth resumes in fall. Individuals grow via rhizomes to form "patches" that may be as

¹http://bonap.net/Napa/TaxonMaps/Genus/County/Poa

large as $50m^2$ in area. Sex in *P. arachnifera* is genetically based (Renganayaki et al., 2001, 2005) and the primary sex ratio is 1:1 (J. Goldman, USDA-ARS, personal communication). The rhizomatous growth habit allowed us to clonally propagate large numbers of known-sex individuals for experiments, as we describe below.

We surveyed P. arachnifera across its range to establish whether natural pop-139 ulations exhibited geographic clines in operational sex ratio corresponding to the 140 longitudinal aridity gradient. We visited 14 populations in spring 2012 and 8 in 141 spring 2013 (Table A1). At each location, we searched for P. arachnifera along 142 roads, trails, or creek drainages and recorded the number of female and male 143 patches that we encountered and the number of inflorescences on each. To quan-144 tify the mating environment, we focus our analyses on the sex ratio of inflores-145 cences rather than patches, since a single patch makes different contributions to 146 the mating pool depending on whether it has few or many inflorescences. 147

148 Statistical analysis of natural population surveys

We fit a binomial generalized linear model (glm), where females were "successes" and total inflorescences was the number of "trials", to test whether the operational sex ratio varied systematically with respect to longitude. Here and in the experiments that follow we use longitude as a proxy variable that captures all east-west environmental variation, notably precipitation (Fig. 2) but also factors that co-vary with precipitation, such as productivity. This statistical model and all those that follow were fit in a Bayesian statistical framework using Stan (Carpenter et al., 2017) and rstan (Team et al., 2018) with vague priors on all parameters. In all cases, model fit was assessed with posterior predictive checks

(Conn et al., 2018). All code for statistical and demographic modeling is available at https://github.com/texmiller/POAR-range-limits.

160 Common garden experiment

161 Source material and experimental design

We established a common garden experiment at 14 sites throughout and beyond 162 the geographic distribution of P. arachnifera (MAP). Experimental sites spanned 163 latitudinal and longitudinal variation, though we focus here on longitude. During 164 the three years of this experiment, total precipitation at each site closely tracked 165 longitude (Fig. A1), as expected based on longer-term climate trends (map). 166 Source material for this experiment came from 8 sites, which were of subset of the 167 sites that were visited for the natural population survey (Table). For a subset of 168 the natural populations we visited, we collected tillers from flowering individuals 169 of each sex (mean: 11.6 individuals per site, range: 2-18) (Table A1). These 170 were brought back to the Rice University greenhouse, where they were clonally 171 propagated in ProMix potting soil and supplemental Osmocote fertilizer at 78– 172 80°F under natural light. 173

Common gardens were set up in Fall (October–December) 2014. At each site, we established 14 experimental blocks, which typically corresponded to a tree or woodland edge, providing partial shade that mimics this species' natural microenvironment. We planted 3 females and 3 males in each block, for a total of 42 individuals per sex per site and 1176 total plants across sites, with all source collections represented at all sites. Individuals were spaced within blocks to allow space for rhizomatous growth that could be clearly attributed to individual transplants.

To promote establishment, we cleared vegetation immediately surrounding transplants and provided ca. 1 L of water at the time of transplanting but provided no subsequent watering, fertilization, or competitor removal.

We visited each site during May of 2015, 2016, and 2017. For each individual in
each year, we recorded data for four demographic vital rates: survival status (alive
or dead), size (number of tillers), flowering status (reproductive or vegetative), the
number of panicles produced by flowering plants.

188 Statistical analysis of common garden experiment

We analyzed the demographic vital rates with generalized linear mixed models in 189 a hierarchical Bayesian framework. All the vital rates shared a common linear 190 predictor for the expected value that included fixed effects of size, sex, linear and 191 quadratic terms for longitude, and all 2- and 3-way interactions. We included 192 quadratic effects of longitude to account for the possibility of non-monotonic re-193 sponses, following the hypothesis that fitness may peak in the center of the range. The linear predictor also included random effects of site, block, and source popula-195 tion of the transplant. We pooled all three years of observations for analysis so we do not explicitly model temporal variation but our results are implicitly averaged 197 over years. 198

The survival and flowering data were Bernoulli distributed, and these models applied the logit link function. We modeled tiller and panicle counts as zero-truncated negative binomial using the log link. For flowering and panicle production in year t, the size covariate was the natural logarithm of tiller number in year t. For survival and size in year t, the size covariate was the natural logarithm of tiller number in year t. If t is the size covariate was the natural logarithm of tiller number in year t.

the time of planting).

206 Sex ratio experiment

At one site near the center of the range (Lake Lewisville Environmental Learning 207 Area in North-central Texas), we established a separate experiment to quantify 208 how sex ratio variation affects female reproductive success. Details of this exper-209 iment, which was conducted in 2014-2015, are described in Compagnoni et al. 210 2017. Briefly, we established 124 experimental populations in $0.4m \times 0.4m$ plots 211 that varied in population density (1-48 plants/plot) and sex ratio (0-100% female), 212 with 2-4 replicates each of 34 density-sex ratio combinations. The experiment was 213 established ca. 1 km from a natural population at this site and plots were situated with a minimum of 15 m spacing, a buffer that was intended to limit pollen move-215 ment between plots (pilot data indicated that $\geq 90\%$ of wind pollination occurred within 13m). We measured female reproductive success in different density and 217 sex ratio environments by collecting panicles from a subset of females in each plot at the end of the reproductive season. In the lab, we counted the total number 219 of seeds on each panicle and assessed seed viability with tetrazolium assays of 25 220 seeds per panicle. We also conducted germination trials in the greenhouse (17–57 221 seeds per panicle, mode: 30).

223 Statistical analysis of sex ratio experiment

Our previous study examined how interactions between density and frequency (sex ratio) dependence contributed to female reproductive success (Compagnoni *et al.*, 2017). Here we focus solely on sex ratio variation, averaging over variation in

density. Our goal was to estimate a 'mating function' that defines how availability of male panicles affects the viability of seeds on female panicles. We modeled the seed viability data with a binomial distribution where the probability of viability (p_v) was given by:

$$v = v_0 * (1 - OSR^{\alpha}) \tag{1}$$

where OSR is the operational sex ratio (fraction of panicles that were female) in 231 our experimental populations. This function has the properties, supported by our 232 previous work, that seed viability is maximized at v_0 as OSR approaches zero and 233 goes to zero as OSR approaches 1. Parameter α controls how viability declines 234 with increasing female bias. 235 We modeled germination data from greenhouse trials similarly, where counts of 236 germinants were modeled as binomial successes. Since germination was conditional 237 on seed viability, the probability of success was given by the product v * g, where 238 v is a function of OSR (Eq. 1) and g is assumed to be constant. The germination 239

on seed viability, the probability of success was given by the product v * g, where v is a function of OSR (Eq. 1) and g is assumed to be constant. The germination trials alone do not provide enough information to independently estimate v and g but the combination of viability and germination data allowed us to do so. For both viability and germination, we found that accounting for overdispersion with a beta-binomial response distribution improved model fit.

Demographic model of range limits

The statistical models for the common garden and sex ratio experiments provided the backbone of the full demograppic model, a matrix projection model (MPM)

structured by size (tiller number) and sex. Following the statistical modeling, the MPM accommodates longitude as a predictor variable, allowing us to identify the 248 longitudinal limits of population viability ($\lambda \geq 1$) and investigate the underlying 249 drivers of population decline at range limits. For a given longitude, let $F_{x,t}$ and $M_{x,t}$ 250 be the number of female and male plants of size x in year t, where $x \in \{1, 2, ..., U\}$ 251 and U is the maximum number of tillers a plant can attain (assumed to be the 252 same for females and males). We also include additional state variables for new 253 recruits, F_t^R and M_t^R , which we assume do not reproduce in their first year. For 254 ease of presentation, we do not symbolically show longitude effects in the vital 255 rate functions for growth, survival, flowering, and panicle production but these 256 all included longitude effects on the intercept and slope (with respect to size) as 257 a second-order polynomial, following the statistical models. We assume that the 258 parameters of sex ratio-dependent mating (Eq. 1) do not vary with longitude. 259 For a pre-breeding census, the expected numbers of recruits in year t+1 is 260 given by:

261

$$F_{t+1}^{R} = \sum_{x=1}^{U} [p^{F}(x) \cdot c^{F}(x) \cdot d \cdot v(\mathbf{F_t}, \mathbf{M_t}) \cdot m \cdot \rho] F_{x,t}$$
 (2)

$$M_{t+1}^{R} = \sum_{x=1}^{U} \left[p^{F}(x) \cdot c^{F}(x) \cdot d \cdot v(\mathbf{F_t}, \mathbf{M_t}) \cdot m \cdot (1 - \rho) \right] F_{x,t}$$
 (3)

where p^F and c^F are flowering probability and panicle production for females of 262 size x, d is the number of seeds (fertilized or unfertilized) per female panicle, v is the probability that a seed is fertilized, m is the probability that a fertilized seed 264 germinates, and ρ is the primary sex ratio (proportion of recruits that are female).

Seed fertilization depends on the OSR of panicles (following Eq. 1) which was derived from the $U \times 1$ vectors of population structure $\mathbf{F_t}$ and $\mathbf{M_t}$:

$$v(\mathbf{F_t}, \mathbf{M_t}) = v_0 * \left[1 - \left(\frac{\sum_{x=1}^{U} p^F(x) c^F(x) F_{x,t}}{\sum_{x=1}^{U} p^F(x) c^F(x) F_{x,t} + p^M(x) c^M(x) M_{x,t}} \right)^{\alpha} \right]$$
(4)

Finally, the dynamics of the size-structured component of the population are given by:

$$F_{y,t+1} = \left[\sigma \cdot g^F(y, x = 1)\right] F_t^R + \sum_{x=1}^U \left[s^F(x) \cdot g^F(y, x)\right] F_{x,t}$$
 (5)

$$M_{y,t+1} = \left[\sigma \cdot g^{M}(y, x = 1)\right] M_{t}^{R} + \sum_{x=1}^{U} \left[s^{M}(x) \cdot g^{M}(y, x)\right] M_{x,t}$$
 (6)

For both females and males, the first term represents seedlings that survived their first year and enter the size distribution of established plants. Because our common 271 garden experiment relied on greenhouse-raised transplants, we had little informa-272 tion on these early life cycle transitions. We used the seedling survival probability (σ) from our demographic studies of the perennial congener Poa autumnalis in 274 east Texas (T.E.X. Miller and J.A. Rudgers, unpublished data) as a stand-in for P. 275 arachnifera, and we assume this probability was constant across sexes longitudes 276 ($\sigma = 0.09$). We also assume that surviving seedlings reach size y with probability g(y, x = 1), the expected future size of 1-tiller plants from the transplant experi-278 ment. The second term represents survival and size transition of established plants from the previous year, where s and g give the probabilities of surviving at size x280 and growing from sizes x to y, respectively, and superscripts indicate that these

functions may be unique to females (F) and males (M). All parameter estimates are reported in Table A1².

Because the two-sex MPM is nonlinear (vital rates affect and are affected by 284 population structure) we estimated the asymmptotic geometric growth rate (λ) by 285 numerical simulation, and repeated this across a range of longitudes. We used 286 a regression-style Life Table Response Experiment (Caswell, 2001) to decompose 287 the change in λ towards range limits into contributions from female and male 288 vital rates (the female-dominant hypothesis predicts that declines in λ at range 289 limits are driven solely by females). The LTRE approximates the change in λ 290 with longitude as the product of the sensitivity of λ to the parameters times the 291 sensitivity of the parameters to longitude, summed over all parameters:

$$\frac{\partial \lambda}{\partial Longitude} \approx \sum_{i} \frac{\partial \lambda}{\partial \theta_{i}^{F}} \frac{\partial \theta_{i}^{F}}{\partial Longitude} + \frac{\partial \lambda}{\partial \theta_{i}^{M}} \frac{\partial \theta_{i}^{M}}{\partial Longitude}$$
 (7)

Here, θ_i^F and θ_i^M represent sex-specific parameters: the regression coefficients for the intercepts and slopes of size-dependent vital rate functions. Because LTRE contributions are additive, we summed across vital rates to compare the total contributions of female and male parameters. Finally, we compared the two-sex MPM to the corresponding female-dominant model (Fig. 1B) by setting $v(\mathbf{F_t}, \mathbf{M_t}) = v_0$, which decouples female fertility from the composition of the mating pool.

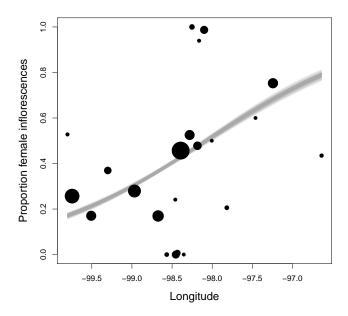


Figure 3: Variation in operational sex ratio (proportion of panicles that were female) across 22 natural populations of *P. arachnifera*. Point size is proportional to population size (total panicles; min: 45, max: 2148). Lines show the fitted binomial regression for 500 samples from the posterior distribution of regression coefficients.

Results

300 Sex ratio variation in natural populations

We found wide variation in operational sex ratio (proportion of total panicles that were female) across 22 natural populations of *P. arachnifera*, including female-only and male-only populations (Fig. 3). There was a longitudinal trend to sex ratio variation, with male-biased panicle production in the western parts of the range and female-biased panicle production in the east. Not suriprisingly, small

²This table does not exist yet.

populations deviated most strongly from the mean trend (Fig. 3).

307 Geographic variation in sex-specific demography

In year one, there was near-total mortality of transplants in the common garden 308 experiment at three sites due to various catastrophes (a flood, a drought, a pack of 309 voles); otherwise, we had good establishment in the common gardens. There was 310 strong longitudinal variation in demography, including sex-specific demographic 311 responses that varied across vital rates and interactions between size, sex, and 312 longitude. Where sex-specific demographic responses occurred, they were almost 313 always in favor of females. In Fig. 4, we show binned means of raw data and 314 fitted vital rate models for four vital rates (rows) and three size classes (columns), 315 discretized for visualization only. This figure also shows the posterior distributions 316 for the difference between the sexes across longitudes.

Annual survival probability was predicted to peak at western and eastern range 318 edges and was lowest at intermediate longitudes (Fig. 4A-C). There was a modest female survival advantage but only at the western range edge for large sizes. Other 320 vital rates showed the opposite longitudinal pattern for most sizes, with peaks in 321 the center of the range and declines at eastern and western edges. There was a 322 female growth advantage for small sizes at western longitudes (Fig. 4D-F). The 323 strongest sex difference was in the probability of flowering: females had a flowering 324 advantage, especially for large sizes and at eastern longitudes (Fig. 4G-I). Finally, 325 panicle production by flowering plants was similar between the sexes for most sizes, 326 though for the largest sizes there were advantages for males in the west and females 327 in the east (Fig. 4J-L). 328

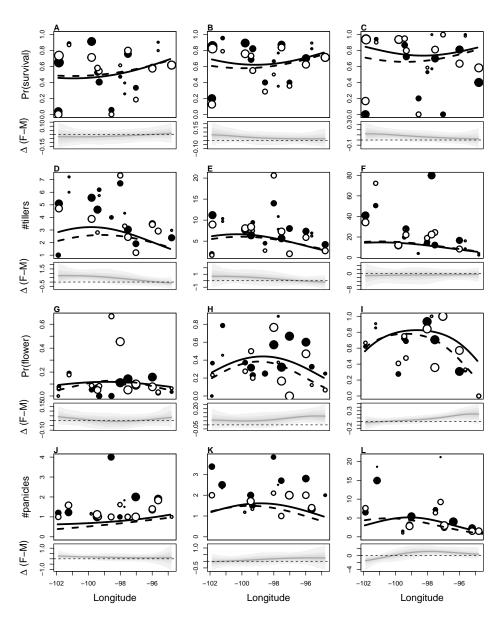


Figure 4: Sex-, size-, and longitude-related variation in: A–C, inter-annual probability of survival; D–F, inter-annual growth (change in number of tillers); G–I, probability of flowering; J–L, number of panicles produced given flowering. Points show means by site for females (filled) and males (open) and small (left column), medium (middle column), and large (right column) size classes (discretized, for visualization only). Point size is proportional to the sample size of the mean. Lines show fitted statistical models for females (solid) and males (dashed) based on posterior mean parameter values. Lower panels below each data panel show the posterior distribution of the difference between females and males as a function of longitude (positive and negative values indicate female and advantage, respectively); dashed horizontal line shows zero difference.

Sex differences in flowering and panicle production generated a longitudinal 329 trend in the operational sex ratio of our common garden populations that mirrored 330 the trend in natural populations (Fig. 3): the fraction of total panicles that were 331 female in our common gardens increased from west to east (Fig. B2A) even as 332 the fraction of surviving plants that were female did not show a longitudinal trend 333 (Fig. B2B). Thus, the common garden experiment suggested that the longitudinal trend in the mating pool of natural populations was due to the reproductive niche 335 of females extending farther east than that of males, and not to sex differences in 336 mortality. 337

338 Sex-ratio dependent seed fertilization

Seed fertilitzation by females declined with increasing female bias in experimen-339 tal populations. Fertilization success was greatest for females that were rare in male-biased populations, where 75-80% of initiated seeds were viable (Fig. 5). 341 Fertilization was robust to sex ratio variation until ca. 75\% of the panicles in a population were female, at which point fertilization strongly declined due to pollen 343 limitation. The fitted model specifies that seed fertilization goes to zero as female 344 bias goes to 100% (Eq. 1), and this assumption was generally consistent with the 345 experimental results, where the majority (63%) of females from female-only populations produced zero viable seeds. The occasional production of viable seeds in 347 female-only populations (Fig. 5) likely reflects rare pollen contamination between 348 experimental plots. 349

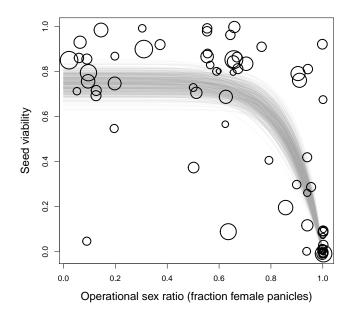


Figure 5: Seed fertilization success in relation to operational sex ratio (fraction of panicles that are female) in experimental populations. Circles show data from tetrazolium assays of seed viability; circle size is proprtional to the number of seeds tested (min: 14, max: 57). Lines show fitted model (Eq. 1) for 500 samples from the posterior distribution of parameter estimates.

350 Two-sex model of range limits

The processed-based demographic model connected sex-specific vital rate responses to longitudinal variation (Fig. 4) with sex ratio-dependent mating (Fig. 5) to predict the contributions of females and males to range limitation. The model predicted maximum fitness in the center of the range and declines in population viability at longitudes that corresponded well with observed range limits. Specifically, the western-most and eastern-most county records of *P. arachnifera* fell within the uncertainty distribution of the model's predictions (represented by the shading in Fig. 6A, bolstering our confidence that the model effectively captures

the population dynamics of the focal species.

Decomposition methods revealed that declines in λ approaching range lim-360 its were driven almost exclusively by females (Fig. 6B) with near-zero contri-361 butions from males (Fig. 6C). Thus, range limitation was an effectively female-362 dominant process, despite female bias in the mating pool at eastern range margins. 363 Correspondingly, the two-sex model was nearly indistinguishable from a female-364 dominant model with all else equal except that female seed fertilization did not 365 depend on males (Fig B1). Decomposition analysis further revealed that multiple 366 female vital rates contributed to range limits, some in opposing directions. Be-367 cause female survival increased toward range limits (Fig 4A-C), this vital rate had 368 a contribution to $\frac{\partial \lambda}{\partial Longitude}$ that was opposite in sign to the other vital rates (Fig. 369 6B). However, increased survival at range edges was not sufficient to offset declines 370 in other vital rates. The overall decline in λ was driven most strongly by the de-371 cline in female flowering probability at the western limit and by a combination of 372 reduced female flowering and growth at the eastern limit. 373

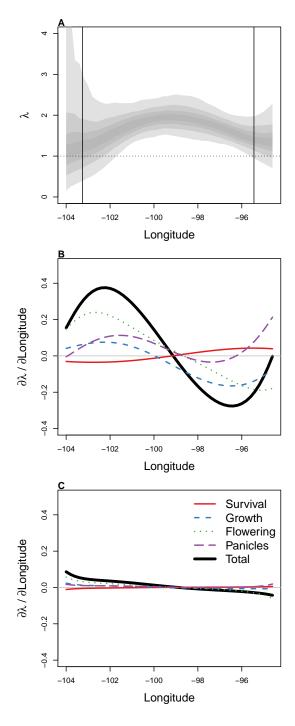


Figure 6: Population growth (λ) as a function of longitude, predicted by the two-sex MPM that incorporates sex-specific demographic responses to longitude with sex ratio-dependent seed fertilization. A, posterior distribution of λ reflecting parameter uncertainty, where shaded regions show the 25, 50, 75, and 95% percentiles of parameter uncertainty. Dashed horizontal line indicates the limit of population viability ($\lambda = 1$) and vertical lines show the longitudes of Brewster and Brazoria Counties, TX, the western- and eastern-most occurrence records of P. arachnifera. B-C, LTRE decomposition of the sensitity of λ to longitude into additive vital rate contributions of females (B) and males (C) based on posterior mean parameter estimates.

Discussion

375 Acknowledgements

376 Author contributions

377 Data accessibility

References

- Araújo MS, Bolnick DI, Layman CA (2011) The ecological causes of individual specialisation. *Ecology letters*, **14**, 948–958.
- Bertiller MB, Sain CL, Bisigato AJ, Coronato FR, Aries JO, Graff P (2002) Spatial sex segregation in the dioecious grass poa ligularis in northern patagonia: the role of environmental patchiness. *Biodiversity & Conservation*, **11**, 69–84.
- Bierzychudek P, Eckhart V (1988) Spatial segregation of the sexes of dioecious plants. The American Naturalist, 132, 34–43.
- Bolnick DI, Doebeli M (2003) Sexual dimorphism and adaptive speciation: two sides of the same ecological coin. *Evolution*, **57**, 2433–2449.
- Bolnick DI, Svanbäck R, Fordyce JA, Yang LH, Davis JM, Hulsey CD, Forister

 ML (2002) The ecology of individuals: incidence and implications of individual

 specialization. The American Naturalist, 161, 1–28.
- Bowyer RT (2004) Sexual segregation in ruminants: definitions, hypotheses, and

- implications for conservation and management. Journal of Mammalogy, 85, 1039–1052.
- Carpenter B, Gelman A, Hoffman MD, et al. (2017) Stan: A probabilistic programming language. Journal of statistical software, **76**.
- ³⁹⁶ Caruso C, Case A (2007) Sex ratio variation in gynodioecious lobelia siphilitica:
- effects of population size and geographic location. Journal of Evolutionary Bi-
- ology, 20, 1396-1405.
- Caswell H (2001) Matrix Population Models. Sinauer Associates, Inc., Sunderland,
 MA, 2 edn.
- Caswell H, Weeks DE (1986) Two-sex models: chaos, extinction, and other dynamic consequences of sex. *The American Naturalist*, **128**, 707–735.
- Compagnoni A, Steigman K, Miller TE (2017) Can't live with them, can't live without them? balancing mating and competition in two-sex populations. *Proceedings of the Royal Society B: Biological Sciences*, **284**, 20171999.
- Conn PB, Johnson DS, Williams PJ, Melin SR, Hooten MB (2018) A guide to bayesian model checking for ecologists. *Ecological Monographs*, **88**, 526–542.
- Darwin C (1871) The descent of man. BoD-Books on Demand.
- Diez JM, Giladi I, Warren R, Pulliam HR (2014) Probabilistic and spatially variable niches inferred from demography. *Journal of ecology*, **102**, 544–554.
- Eberhart-Phillips LJ, Küpper C, Miller TE, et al. (2017) Sex-specific early survival drives adult sex ratio bias in snowy plovers and impacts mating system

- and population growth. Proceedings of the National Academy of Sciences, 114,
- E5474-E5481.
- Ehrlén J, Morris WF (2015) Predicting changes in the distribution and abundance
- of species under environmental change. Ecology Letters, 18, 303–314.
- Eppley S (2001) Gender-specific selection during early life history stages in the
- dioecious grass distichlis spicata. Ecology, 82, 2022–2031.
- Evans ME, Merow C, Record S, McMahon SM, Enquist BJ (2016) Towards
- process-based range modeling of many species. Trends in Ecology & Evolution,
- **31**, 860–871.
- 422 Fick SE, Hijmans RJ (2017) Worldclim 2: new 1-km spatial resolution climate
- surfaces for global land areas. International journal of climatology, 37, 4302-
- 424 4315.
- Field DL, Pickup M, Barrett SC (2013) Ecological context and metapopulation
- dynamics affect sex-ratio variation among dioecious plant populations. Annals
- of botany, **111**, 917–923.
- Franco M, Silvertown J (2004) A comparative demography of plants based upon
- elasticities of vital rates. *Ecology*, **85**, 531–538.
- 430 Gianuca D, Votier SC, Pardo D, et al. (2019) Sex-specific effects of fisheries and
- climate on the demography of sexually dimorphic seabirds. Journal of Animal
- Ecology.
- 433 Groen KE, Stieha CR, Crowley PH, McLetchie DN (2010) Sex-specific plant re-

- sponses to light intensity and canopy openness: implications for spatial segre-
- gation of the sexes. Oecologia, 162, 561–570.
- 436 Hargreaves AL, Samis KE, Eckert CG (2013) Are species' range limits simply niche
- limits writ large? a review of transplant experiments beyond the range. The
- American Naturalist, 183, 157-173.
- Holt RD (2009) Bringing the hutchinsonian niche into the 21st century: ecological
- and evolutionary perspectives. Proceedings of the National Academy of Sciences,
- **106**, 19659–19665.
- 442 Hutchinson GE (1958) Concluding remarks. In: Cold Spring Harbour Symposium
- on Quantitative Biology, vol. 22, pp. 415—-427.
- 444 Karl TR, Melillo JM, Peterson TC, Hassol SJ (2009) Global climate change impacts
- in the United States. Cambridge University Press.
- Ketterson ED, Nolan Jr V (1976) Geographic variation and its climatic correlates
- in the sex ratio of eastern-wintering dark-eyed juncos (junco hyemalis hyemalis).
- Ecology, **57**, 679–693.
- Law CJ, Mehta RS (2018) Carnivory maintains cranial dimorphism between males
- and females: evidence for niche divergence in extant musteloidea. Evolution, 72,
- 451 1950-1961.
- Lee-Yaw JA, Kharouba HM, Bontrager M, et al. (2016) A synthesis of transplant
- experiments and ecological niche models suggests that range limits are often
- niche limits. $Ecology\ letters,\ 19,\ 710-722.$

- ⁴⁵⁵ Merow C, Bois ST, Allen JM, Xie Y, Silander JA (2017) Climate change both
- facilitates and inhibits invasive plant ranges in new england. Proceedings of the
- National Academy of Sciences, 114, E3276–E3284.
- ⁴⁵⁸ Merow C, Latimer AM, Wilson AM, McMahon SM, Rebelo AG, Silander Jr JA
- (2014) On using integral projection models to generate demographically driven
- 460 predictions of species' distributions: development and validation using sparse
- data. Ecography, **37**, 1167–1183.
- Miller TE, Inouye BD (2011) Confronting two-sex demographic models with data.
- Ecology, 92, 2141-2151.
- Pekár S, Martišová M, Bilde T (2011) Intersexual trophic niche partitioning in an
- ant-eating spider (araneae: Zodariidae). PloS one, 6, e14603.
- Petry WK, Soule JD, Iler AM, Chicas-Mosier A, Inouye DW, Miller TE, Mooney
- KA (2016) Sex-specific responses to climate change in plants alter population
- sex ratio and performance. Science, **353**, 69–71.
- ⁴⁶⁹ Phillips R, Silk J, Phalan B, Catry P, Croxall J (2004) Seasonal sexual segregation
- in two thalassarche albatross species: competitive exclusion, reproductive role
- specialization or foraging niche divergence? Proceedings of the Royal Society of
- London. Series B: Biological Sciences, 271, 1283-1291.
- Rankin DJ, Kokko H (2007) Do males matter? the role of males in population
- dynamics. Oikos, **116**, 335–348.
- Renganayaki K, Jessup R, Burson B, Hussey M, Read J (2005) Identification of

- male-specific aflp markers in dioecious texas bluegrass. *Crop science*, **45**, 2529–2539.
- Renganayaki K, Read J, Fritz A (2001) Genetic diversity among texas bluegrass
 genotypes (poa arachnifera torr.) revealed by aflp and rapd markers. *Theoretical*and Applied Genetics, **102**, 1037–1045.
- Renner SS, Ricklefs RE (1995) Dioecy and its correlates in the flowering plants.

 American journal of botany, 82, 596–606.
- Rozas V, DeSoto L, Olano JM (2009) Sex-specific, age-dependent sensitivity of tree-ring growth to climate in the dioecious tree juniperus thurifera. New Phytologist, 182, 687–697.
- Shelton AO (2010) The ecological and evolutionary drivers of female-biased sex ratios: two-sex models of perennial seagrasses. *The American Naturalist*, **175**, 302–315.
- Shine R (1989) Ecological causes for the evolution of sexual dimorphism: a review of the evidence. The Quarterly Review of Biology, **64**, 419–461.
- Team SD, et al. (2018) Rstan: the r interface to stan. r package version 2.17. 3.
- Temeles EJ, Miller JS, Rifkin JL (2010) Evolution of sexual dimorphism in bill size and shape of hermit hummingbirds (phaethornithinae): a role for ecological causation. *Philosophical Transactions of the Royal Society B: Biological Sciences*, **365**, 1053–1063.
- Veran S, Beissinger SR (2009) Demographic origins of skewed operational and

- adult sex ratios: perturbation analyses of two-sex models. *Ecology Letters*, **12**,
- 129-143.

499 Appendix A: Site locations and climate

	Population	Latitude	Longitude	Year_visited	Experimental_source
1	Canyon_of_Eagles	30.88	-98.43	2012	no
2	ClearBay-Thunderbird	35.23	-97.24	2013	no
3	CooperWMA	36.60	-99.51	2012	yes
4	Copper Breaks	34.10	-99.75	2013	yes
5	Dinosaur_Valley	32.25	-97.82	2012	no
6	Fort_Worth_Nature_Center	32.83	-97.46	2012	no
7	Ft Cobb	35.18	-98.45	2013	no
8	Ft Richardson	33.20	-98.16	2013	no
9	Great Plains	34.74	-98.97	2013	no
10	Great_Salt_Plains	36.79	-98.18	2012	no
11	$Horn_Hill_Cemetery$	31.56	-96.64	2012	yes
12	Kingman_Fishing_Lake	37.65	-98.28	2012	no
13	Lake Arrowhead	33.75	-98.39	2013	yes
14	$Mineral_Wells$	32.89	-98.01	2012	no
15	$Pedernales_Falls$	30.33	-98.25	2012	no
16	Possum Kingdom	32.87	-98.57	2013	no
17	$Quartz_Mountain$	34.89	-99.30	2012	yes
18	Red Rock Canyon	35.44	-98.35	2013	no
19	Red_River	34.13	-98.10	2012	no
20	South_Llano	30.45	-99.80	2012	yes
21	Sulfur_Springs	31.08	-98.46	2012	yes
22	Wichita Mountains	34.70	-98.67	2012	no

Table A1: Sites of natural population surveys corresponding to Figure

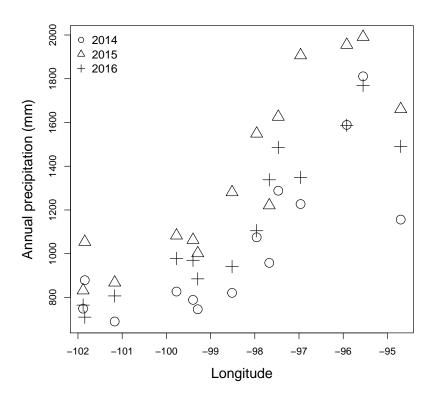


Figure A1: Total annual precipitation at common garden sites during the study years tracked long-term trends of increasing aridity from east to west.

Appendix B: Additional results

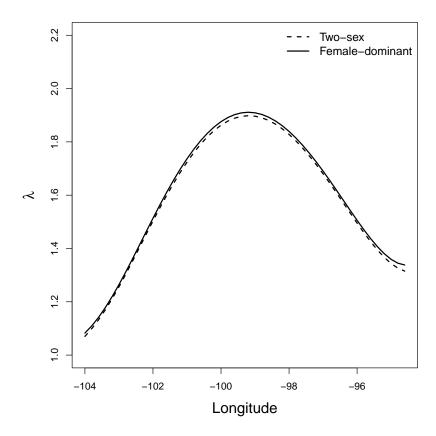


Figure B1: Comparison of longitudinal variation in λ between the two-sex demographic model (dashed line) that includes dependence of female seed production on population structure and the corresponding female-dominant model (solid line) with constant female fertility and all else equal. Models were evaluated at posterior mean parameter estimates

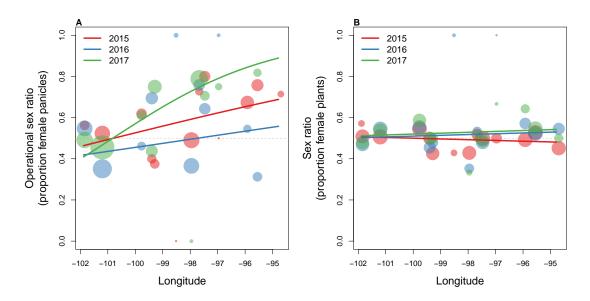


Figure B2: Longitudinal variation in: A, operational sex ratio (fraction of panicles that were female), and B, individual sex ratio (fraction of surviving plants that were female) across 14 common garden sites. Colors indicate year and point size is proportional to sample size of the fraction (total panicles in A [min: 1, max: 1021] and total plants in B [min: 2, max: 79]). Lines show fitted binomial GLMs.