

WeServeEveryone Clinic

1111 First Street California
111-111-11111 Fax: 111-111-1111

Chart Summary

Steve Apple

Male DOB: 02/02/1945 0000-22222 Home: 222-222-2222
Ins: Commercial xxxxx

Patient Information

Name: Steve Apple	Home Phone: 222-222-2222
Address: 2222 Computer Dr Laptop, California	Office Phone:
Patient ID: 0000-22222	Fax:
Birth Date: 02/02/1945	Status: Active
Gender: Male	Marital Status: Married
Contact By: Phone	Race: White
Soc Sec No: 222-22-2222	Language: English
Resp Prov: Carl Savem	MRN: MR-111-1111
Referred by:	Emp. Status: Full-time
Email:	Sens Chart: No
Home LOC: WeServeEveryone	External ID: MR-111-1111

Problems

DIABETES MELLITUS (ICD-250.)

Medications

PRINIVIL TABS 20 MG (LISINOPRIL) 1 po qd
Last Refill: #30 x 2 : Carl Savem MD (11/27/2010)
HUMULIN INJ 70/30 (INSULIN REG & ISOPHANE (HUMAN)) 20 units ac breakfast
Last Refill: #600 u x 0: Carl Savem MD (11/27/2010)

Directives

Allergies and Adverse Reactions (! = critical)

Services Due

CREATININE

2/1/2011 - Office Visit: F/u Diabetes

Provider: Carl Savem MD

Location of Care: WeServeEveryone Clinic

OFFICE VISIT

History of Present Illness

Reason for visit: Routine follow up to review medications

Chief Complaint: No complaints

History

Diabetes Management

Hyperglycemic Symptoms

Polyuria: no

Polydipsia: no

Blurred vision: no

Sympathomimetic Symptoms

Diaphoresis: no

Agitation: no

Tremor: no

Palpitations: no

Insomnia: no

Neuroglycopenic Symptoms

Confusion: no

Lethargy: no

Somnolence: no

Amnesia: no

Stupor: no

Seizures: no

Review of Systems

General: denies fatigue, malaise, fever, weight loss

Eyes: denies blurring, diplopia, irritation, discharge

Ear/Nose/Throat: denies ear pain or discharge, nasal obstruction or discharge, sore throat

Cardiovascular: denies chest pain, palpitations, paroxysmal nocturnal dyspnea, orthopnea, edema
Respiratory: denies coughing, wheezing, dyspnea, hemoptysis

Gastrointestinal: denies abdominal pain, dysphagia, nausea, vomiting, diarrhea, constipation

Genitourinary: denies hematuria, frequency, urgency, dysuria, discharge, impotence, incontinence

Musculoskeletal: denies back pain, joint swelling, joint stiffness, joint pain

Skin: denies rashes, itching, lumps, sores, lesions, color change

Neurologic: denies syncope, seizures, transient paralysis, weakness, paresthesias

Psychiatric: denies depression, anxiety, mental disturbance, difficulty sleeping, suicidal ideation, hallucinations, paranoia

Endocrine: denies polyuria, polydipsia, polyphagia, weight change, heat or cold intolerance

Heme/Lymphatic: denies easy or excessive bruising, history of blood transfusions, anemia, bleeding disorders, adenopathy, chills, sweats

Allergic/Immunologic: denies urticaria, hay fever, frequent UTIs; denies HIV high risk behaviors

Vital Signs

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March 24, 2011

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Ht: **71 in.** Wt: **191 lbs.** T: **98.0** degF. T site: **oral** P: 70 Rhythm: **regular** R: **16** BP: **118/70**

Physical Exam

General Appearance: no acute distress

Eyes: conjunctiva and lids normal, PERRLA, EOMI, fundi WNL

Ears, Nose, Mouth, Throat: TM clear, nares clear, oral exam WNL

Respiratory: clear to auscultation and percussion, respiratory effort normal

Cardiovascular: regular rate and rhythm, S1-S2, no murmur, rub or gallop, no bruits, peripheral pulses normal and symmetric, no cyanosis, clubbing, edema or varicosities

Skin: clear, good turgor, color WNL, no rashes, lesions, or ulcerations

Assessment

Problems (including changes): Feet are inspected and there are no callouses, no compromised skin. No vision complaints.

Impression: Sub optimal sugar, control with retinopathy and neuropathy, high glucometer readings.

Plan

Medications:

HUMULIN INJ 70/30 20 u ac breakfast

PRINIVIL TABS 20 MG 1 qd

Treatment: Will have annual foot exam at next visit.

Orders:

Lipid Panel

Education/Counseling (time): 15 minutes

Coordination of Care (time): 5 minutes

Follow-up/Return Visit: 3 months

Disposition: return to clinic

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Tests:

(1) Metabolic Panel (ML-03CHEM)

ALK PHOS	72 U/L	35-100
BG RANDOM	125 mg/dl	70-125
BUN	16 mg/dl	7-25
CALCIUM	9.6 mg/dl	8.2-10.2
CHLORIDE	101 mmol/l	96-109
CO2	27 mmol/l	23-29
CREATININE	0.7 mg/dl	0.6-1.2
PO4	2.9 mg/dl	2.5-4.5
POTASSIUM	4.5 mmol/l	3.5-5.3
SGOT (AST)	31 U/L	0-40
BILI TOTAL	0.7 mg/dl	0.0-1.3
URIC ACID	4.8 mg/dl	3.4-7.0
LDH, TOTAL	136 IU/L	0-200
SODIUM	135 mmol/l	135-145

(2) HbA1c Test
HbA1c level 5.0%
(3) Lipid Profile
Cholesterol, Total 210 mg/dl

Triglycerides 236 mg/dl
HDL Cholesterol 36
LDL Cholesterol 87

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Flowsheet

Date 12/18/2010

HEIGHT (in)	71
WEIGHT (lb)	191
TEMPERATURE (deg F)	98
TEMP SITE	oral
PULSE RATE (/min)	72
PULSE RHYTHM	
RESP RATE (/min)	16
BP SYSTOLIC (mm Hg)	118
BP DIASTOLIC (mm Hg)	70
CHOLESTEROL (mg/dL)	
HDL (mg/dL)	87
LDL (mg/dL)	125
BG RANDOM (mg/dL)	
CXR	
EKG	

PAP SMEAR	
BREAST EXAM	
MAMMOGRAM	
HEMOCCULT	neg
FLU VAX	0.5 ml g
PNEUMOVAX	0.5 ml g
TD BOOSTER	0.5 ml g
Foot Exam	Complete
Eye Exam	Complete

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