WeServeEveryone Clinic

1111 First Street California

111-111-1111 Fax: 111-111-1111 Chart Summary

Tom Gellato

Home: 666-666-6666

Male DOB: 06/06/1938 0000-66666 Ins: Commercial xxxxx

Patient Information

Name: Tom Gellato Home Phone: 666-666-6666

Address: 5555 Flavor Avenue

Ice Cream, California Office Phone:

Patient ID: 0000-66666 Fax:

Birth Date: 06/06/1938 Status: Active

Gender: Male Marital Status: Divorced

Contact By: Phone Race: White

Soc Sec No: 666-66-6666 Language: English

Resp Prov: Carl Savem MRN: MR-111-1111

Referred by: Emp. Status: Full-time

Email: Sens Chart: No

Home LOC: WeServeEveryone External ID: MR-111-1111

Problems

**DIABETES MELLITUS (ICD-250.)** 

Medications

HUMULIN INJ 70/30 (INSULIN REG & ISOPHANE (HUMAN)) 20 units ac breakfast

Last Refill: #600 u x 0 : Carl Savem MD (04/27/2010)
Directives
DO NOT RESUSCITATE
Allergies and Adverse Reactions (! = critical)
! CODEINE
Services Due
FLU VAX, PNEUMOVAX, MICROALB URN,
11/13/2010 - Office Visit: F/u Diabetes
Provider: Carl Savem MD
Location of Care: WeServeEveryone Clinic
OFFICE VISIT
History of Present Illness
Reason for visit: Routine follow up
Chief Complaint: No complaints
History
Social History: His wife Marzipan died 5 years ago this month and he is more introspective.
Diabetes Management
Hyperglycemic Symptoms
Polyuria: no

Polydipsia: no

Blurred vision: no

Sympathomimetic Symptoms

Diaphoresis: no

Agitation: no

Tremor: no

Palpitations: no

Insomnia: no

Neuroglycopenic Symptoms

Confusion: no

Lethargy: no

Somnolence: no

Amnesia: no

Stupor: no

Seizures: no

**Review of Systems** 

General: denies fatigue, malaise, fever, weight loss

Eyes: denies blurring, diplopia, irritation, discharge

Ear/Nose/Throat: denies ear pain or discharge, nasal obstruction or discharge, sore throat

Cardiovascular: denies chest pain, palpitations, paroxysmal nocturnal dyspnea, orthopnea, edema

Respiratory: denies coughing, wheezing, dyspnea, hemoptysis

Gastrointestinal: denies abdominal pain, dysphagia, nausea, vomiting, diarrhea, constipation

Genitourinary: denies hematuria, frequency, urgency, dysuria, discharge, impotence, incontinence

Musculoskeletal: denies back pain, joint swelling, joint stiffness, joint pain

Skin: denies rashes, itching, lumps, sores, lesions, color change

Neurologic: denies syncope, seizures, transient paralysis, weakness, paresthesias

Psychiatric: denies depression, anxiety, mental disturbance, difficulty sleeping, suicidal ideation,

hallucinations, paranoia

Endocrine: denies polyuria, polydipsia, polyphagia, weight change, heat or cold intolerance

Heme/Lymphatic: denies easy or excessive bruising, history of blood transfusions, anemia, bleeding

disorders, adenopathy, chills, sweats

Allergic/Immunologic: denies urticaria, hay fever, frequent UTIs; denies HIV high risk behaviors

Vital Signs

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**Chart Summary** 

Tom Gellato

Male DOB: 06/06/1938

0000-66666

Ins: Commercial xxxxx Home: 666-666-6666

Ht: 66 in. Wt: 195 lbs. T: 98.0 degF. T site: oral P: 70 Rhythm: regular R: 16 BP: 131/94

**Physical Exam** 

General Appearance: well developed, well nourished, no acute distress

Eyes: conjunctiva and lids normal, PERRLA, EOMI, fundi WNL

Ears, Nose, Mouth, Throat: TM clear, nares clear, oral exam WNL

Respiratory: clear to auscultation and percussion, respiratory effort normal

Cardiovascular: regular rate and rhythm, S1-S2, no murmur, rub or gallop, no bruits, peripheral pulses

normal and symmetric, no cyanosis, clubbing, edema or varicosities

Skin: clear, good turgor, color WNL, no rashes, lesions, or ulcerations

Assessment

Problems (including changes): Blood pressure is lower. He is following his diet, by his account. He has not had any hypoglycemic episodes, no night sweats. Feet are inspected and there are no callouses, no compromised skin. No vision complaints.

Impression: Sub optimal sugar, control with retinopathy and neuropathy, high glucometer readings.

Home Glucose Monitoring: AC breakfast 110 to 220 AC breakfast mean 142 AC dinner 100 to 250 AC dinner mean 120 Plan Medications: HUMULIN INJ 70/30 20 u ac breakfast Treatment: Will have annual foot exam at next visit. Orders: Ophthalmology consult UA HGBA1C Metabolic Panel Lipid Panel Education/Counseling (time): 10 minutes

Coordination of Care (time): 10 minutes

Follow-up/Return Visit: 3 months

Disposition: return to clinic

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Tests:

## (1) Metabolic Panel (ML-03CHEM)

ALK PHOS 72 U/L 35-100

BG RANDOM 125 mg/dl 70-125

BUN 16 mg/dl 7-25

CALCIUM 9.6 mg/dl 8.2-10.2

CHLORIDE 101 mmol/l 96-109

CO2 27 mmol/l 23-29

CREATININE 0.7 mg/dl 0.6-1.2

PO4 2.9 mg/dl 2.5-4.5

POTASSIUM 4.5 mmol/l 3.5-5.3

SGOT (AST) 31 U/L 0-40

BILI TOTAL 0.7 mg/dl 0.0-1.3

URIC ACID 4.8 mg/dl 3.4-7.0

LDH, TOTAL 136 IU/L 0-200

SODIUM 135 mmol/l 135-145

(2) HbA1c Test

HbA1c level 11.0%

(3) Lipid Profile

Cholesterol, Total 210 mg/dl

Triglycerides 236 mg/dl

**HDL Cholesterol 36** 

LDL Cholesterol 102

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**Chart Summary** 

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Male DOB: 06/06/1938

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Flowsheet

Date 12/18/2010

HEIGHT (in) 66

WEIGHT (lb) 195

TEMPERATURE (deg F) 98

TEMP SITE oral

PULSE RATE (/min) 72

**PULSE RHYTHM** 

RESP RATE (/min) 16

BP SYSTOLIC (mm Hg) 131

BP DIASTOLIC (mm Hg) 94

CHOLESTEROL (mg/dL)

HDL (mg/dL) 102

LDL (mg/dL) 125

BG RANDOM (mg/dL)

CXR

EKG

PAP SMEAR

BREAST EXAM

MAMMOGRAM

HEMOCCULT neg

FLU VAX

PNEUMOVAX

TD BOOSTER 0.5 ml g

Foot Exam

Eye Exam