

ty\_lau@outlook.com

teyang-lau.github.io

Github.com/teyang-lau

Kaggle.com/teyang

Linkedin.com/in/teyang-lau/

Languages & Software: R, Python, Matlab, Tableau, SPSS, MS Office Suite

**Technical Skills:** Regression (Linear, Multiple-Linear, Logistic, Regularization), Classification (K-NN, SVM, Decision Tree, Random Forest, Naive Bayes, Ensemble Learning, Gradient Boosting), Clustering (K-Means, Hierarchical), Neural Networks (Deep Learning, ConvNets, PyTorch), Statistical Analysis (T-Test, ANOVA, Regression, Non-Parametric, Linear Mixed Models), Data (Cleaning, Wrangling, Visualization—ggplot2, matplotlib, seaborn, plotly)

Interests: NLP, Recurrent Neural Networks, Cloud Computing, NoSQL, Geospatial Analysis, Health Analytics, Sleep Health, Mental Health, Psychology, Wearables, Digital Medicine, Time Series

### **WORK EXPERIENCE**

Research Assistant | 2018 - Present

Sleep & Cognition Lab, School of Medicine, NUS
Cognitive Neuroscience Lab, Duke-NUS Medical School

- Mined large HPB Fitbit longitudinal dataset that led to 2 applications
- Clustered >120k & analysed >300k days of Fitbit data from 1.8k+ individuals to identify 4 subgroups of Singapore working adults differentially susceptible to unhealthy behaviours during COVID-19
- Applied clustering approaches over existing cosinor methods for studying rest-activity rhythms, improving model fit by Corr: 26%, RMSE: 12%
- Investigated the effects of napping, which improves memory encoding by 20% and benefits brain functioning
- Work with external government and industry partners (HPB, Oura) to explore best approach to mining datasets & structuring new projects
- Manage database for time use app and query data for analyses
- Plan, run and collect data for behavioural and imaging studies

Research Intern | 2016 (6 months)

### Cognitive Neuroscience Lab, Duke-NUS Medical School

- Automated the visualization & computation of sleep polysomnography that expedited the sleep report generation process
- Automated actigraphy scoring and extraction that led to a more productive and efficient workflow

Research Assistant (part-time) | 2015 (4 months)

# **Education & Cognitive Development Lab, NIE**

- Administered psychological test batteries to assess children's cognitive and motor abilities

## **PUBLICATIONS**

- Objectively tracking the global sleep reboot from COVID-19 lockdowns across 20 countries (manuscript in preparation)
- COVID-19 related mobility reduction: heterogenous effects on sleep and physical activity rhythms. *SLEEP*, 2020.
- A daytime nap restores hippocampal function and improves declarative learning. *SLEEP*, 2020. Editor's choice.
- Cognitive effects of split and continuous sleep schedules in adolescents differ according to total sleep opportunity. *SLEEP*, 2020.
- Evaluation of a portable light device for phase advancing the circadian rhythm in the home environment. *Sleep Biol Rhythms*, 2018.

## **PROJECTS**

#### Work

- Multi-country effects of pandemic lockdown stringency on sleep, physical activity and resting heart rate (with Oura)
- Sleep intervention to improve population sleep habits (hiSG study with HPB)
- Time analyses of large-scale Fitbit data to engineer sleep features (variability metrics)
- Effects of napping duration on short- and long-term cognitive performance
- Variation of inactivity and activity rhythm according to chronotype and sleep quality

### **Personal**

- Identified melanoma from skin lesion images using ensemble of EffNets and meta-data with AUROC of 93%
- Detected pneumonia from chest x-rays using ConvNet with F1-score of 92%
- Predicted heart disease using different ML models with best accuracy of 87%
- Classified 120 dog breeds using ConvNet and transfer learning with accuracy of 88%
- Classify disaster tweets using NLP (ongoing)

### **EDUCATION**

**BA Psychology (Honours)** 

Flinders University | 1st Class Honours

### **BA Psychology & Management**

Murdoch University | GPA: 3.75

**Awards**: University Medal (Top 7 Graduates), Vice Chancellor's Commendation for Academic Excellence, Psychology High Achievement Award

#### Certificates

**Deep Learning Specialization** (Neural Networks, Optimization, Structuring ML Projects, ConvNets, Sequence Models)

Al for Medicine (Diagnosis, Prognosis, Treatment)

Data Science (Visualization, Probability)