

# TeYang Lau

ty\_lau@outlook.com | +65 82336103

linkedin.com/in/teyang-lau/ | teyang-lau.github.io | github.com/teyang-lau

## WORK EXPERIENCE

### Research Assistant

2018 – Present

*Sleep & Cognition Laboratory, School of Medicine, NUS*

*Cognitive Neuroscience Laboratory, Duke-NUS Medical School*

- Mined large HPB Fitbit longitudinal dataset that led to 2 applications in understanding public health behavior and analyzing sleep variability
- Clustered >120k & analysed >300k days of Fitbit data from 1.8k+ individuals to identify 4 subgroups of Singapore working adults differentially susceptible to unhealthy behaviours during COVID-19
- Applied clustering approaches over existing cosinor methods for studying rest-activity rhythms, improving model fit by Corr: 26%, RMSE: 12%
- Co-led 2 nap research projects, one of which was published and selected as an Editor's Choice manuscript
- Investigated the effects of napping, which improves memory encoding by 20% and benefits brain functioning
- Collaborated with external government and industry partners (HPB, Oura) to explore best approach in mining datasets and structuring new projects
- Manage lab IT server and hardware

### Research Intern

2016 (6 Months)

*Cognitive Neuroscience Laboratory, Duke-NUS Medical School*

- Automated the visualization & computation of sleep poly-somnography that expedited the sleep report generation process by 50%
- Automated actigraphy scoring and extraction that led to reduced total process time by 30%

### Research Assistant (Part-Time)

2015 (4 Months)

*Education & Cognitive Development Lab, National Institute of Education*

- Administered psychological test batteries to assess children's cognitive and motor abilities

## SKILLS

- **Languages & Software:** R, Python, Matlab, Tableau, SPSS
- **Technical Skills:** **Regression** (Linear, Multiple-Linear, Regularization), **Classification** (Logistic, K-NN, SVM, Decision Tree, Random Forest, Ensemble Learning), **Clustering** (K-Means, Hierarchical), **Neural Networks** (Deep Learning, ConvNets), **Libraries** (Scikit-learn, Keras, PyTorch), **Statistical Analysis** (T-Test, ANOVA, Regression, Non-Parametric, Linear Mixed Models), **Data** (Cleaning, Wrangling, Visualization—ggplot2, matplotlib, seaborn, plotly)

## EDUCATION

### BA Psychology (Honours)

2017

Flinders University | 1<sup>st</sup> Class Honours

### BA Psychology & Management

2014-2016

Murdoch University | GPA: 3.75

- University Medal (Top 7 Graduates), Vice Chancellor's Commendation for Academic Excellence, Psychology High Achievement Award

### Certificates

- **Deep Learning Specialization** (Neural Networks, Optimization, Structuring ML Projects, ConvNets, Sequence Models)
- **AI for Medicine** (Diagnosis, Prognosis, Treatment)
- **Data Science** (Visualization, Probability)

## PROJECTS

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### Healthcare Analytics

- Multi-country effects of pandemic lockdown stringency on sleep, physical activity and resting heart rate (with Oura)
- Public sleep intervention study to improve population sleep habits (hiSG study with HPB)
- Time analyses of large-scale Fitbit data to engineer sleep features (variability metrics)
- Effects of napping duration on short- and long-term cognitive performance
- Variation of inactivity and activity rhythm according to chronotype and sleep quality
- **Heart Disease Prediction**
  - Predicted heart disease using different ML models (e.g., SVM, random forests) with best accuracy of 87%
  - Identified most important features/contributors using SHAP values

### Computer Vision

- **Melanoma Detection**
  - Identified melanoma from skin lesion images using ensemble of EffNets and meta-data with AUROC of 93%
  - Explored different strategies for improving model performance (learning rate scheduling, label smoothing, test time augmentation)
- **Pneumonia Detection**
  - Detected pneumonia from chest x-rays using ConvNet (ResNet50) via transfer learning with F1-score of 92%
  - Used PyTorch as a framework for building the model on Kaggle's GPU
  - Experimented with gradient clipping and weight decay
- **Dog Breeds Classification**
  - Classified 120 dog breeds using ConvNet and transfer learning with accuracy of 88%

### Natural Language Processing

- **Disaster Tweets Classification – NLP (ongoing)**
  - Classify real disaster tweets using different sequence models like LSTM, Bi-directional LSTM with attention, and transformers (BERT) with best accuracy of 84%
  - Perform text pre-processing to ensure suitable input into model

### Business and Consumer Analytics

- **Drivers of HDB Resale Price**
  - Analyzed 800k resale transactions to identify the main drivers of resale price using linear regression and random forest with  $> 0.9$   $R^2$
  - Performed web-scraping using APIs to engineer new features that captured distance and number of amenities around each HDB flat
  - Predicted HDB resale prices with MAE of \$20k
- **Chips Sales Customer Segmentation**
  - Explored customer transaction data to find insights on purchase behavior and identify groups to target for advertisements and promotions
  - Performed market basket and affinity analysis to identify customer segments that have affinity towards certain brands and product features

## PUBLICATIONS

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- Impact of COVID-19 lockdown stringency on sleep and resting heart rate measures across 20 countries: Longitudinal analysis from a wearable device (manuscript submitted)
- COVID-19 related mobility reduction: heterogenous effects on sleep and physical activity rhythms. *SLEEP*, 2020.
- A daytime nap restores hippocampal function and improves declarative learning. *SLEEP*, 2020. Editor's choice.
- Cognitive effects of split and continuous sleep schedules in adolescents differ according to total sleep opportunity. *SLEEP*, 2020.
- Evaluation of a portable light device for phase advancing the circadian rhythm in the home environment. *Sleep Biol Rhythms*, 2018.

## WORK EXPERIENCE

**Research Assistant** | 2018 – Present

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**Cognitive Neuroscience Lab, Duke-NUS Medical School**

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- Investigated the effects of napping, which improves memory encoding by 20% and benefits brain functioning
- Work with external government and industry partners (HPB, Oura) to explore best approach to mining datasets & structuring new projects
- Co-led 2 research studies investigating the effects of napping
- Manage lab IT server and hardware

**Research Intern** | 2016 (6 months)

**Cognitive Neuroscience Lab, Duke-NUS Medical School**

- Automated the visualization & computation of sleep polysomnography that expedited the sleep report generation process
- Automated actigraphy scoring and extraction that led to a more productive and efficient workflow

## PROJECTS

**Melanoma Detection** | [Github](#), [Kaggle](#)

- Identified melanoma from skin lesion images using ensemble of EffNets and meta-data on a Kaggle TPU with an AUROC of 93%
- Explored different strategies for improving model performance (learning rate scheduling, label smoothing, test time augmentation)

**Pneumonia Detection** | [Github](#), [Kaggle](#)

- Detected pneumonia from chest x-rays using ConvNet (ResNet50) via transfer learning with F1-score of 92%
- Used PyTorch as a framework for building the model on Kaggle's GPU
- Experimented with gradient clipping and weight decay

**Heart Disease Prediction** | [Github](#)

- Predicted heart disease using 8 different ML models (log reg, random forest, SVM, gradient boosting, etc) with best accuracy of 87%
- Identified most important features/contributors using SHAP values

**Disaster Tweets Classification - NLP (ongoing)** | [Github](#)

- Classify real disaster tweets using LSTM and BERT with accuracy of 84%
- Perform text pre-processing to ensure suitable input into model

**Drivers of HDB Resale Price** | [Github](#)

- Analyzed 800k resale transactions to identify the main drivers of resale price using linear regression and random forest with > 0.9 R<sup>2</sup>
- Perform web-scraping using APIs to engineer new features that capture distance and number of amenities around each HDB flat
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**Chips Sales Customer Segmentation** | [Github](#), [Kaggle](#)

- Explored customer transaction data to find insights on purchase behavior
- Performed market basket and affinity analysis to identify customer segments that have affinity towards certain brands and product features

## Skills

**Languages & Software**

R, Python, Matlab, Tableau, SPSS, MS Office

**Technical Skills**

**Regression** (Linear, Multiple-Linear, Regularization), **Classification** (Logistic, K-NN, SVM, Decision Tree, Random Forest, Ensemble Learning), **Clustering** (K-Means, Hierarchical), **Neural Networks** (Deep Learning, ConvNets), **Libraries** (Scikit-learn, Keras, PyTorch), **Statistical Analysis** (T-Test, ANOVA, Regression, Non-Parametric, Linear Mixed Models) **Data** (Cleaning, Wrangling, Visualization — ggplot2, matplotlib, seaborn, plotly)

**Interests**

NLP, Time Series, Geospatial analyses, Health Analytics, Digital Health, Cloud Computing

## EDUCATION

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**Murdoch University** | GPA: 3.75

**Awards:** University Medal (Top 7 Graduates), Vice Chancellor's Commendation for Academic Excellence, Psychology High Achievement Award

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**AI for Medicine** (Diagnosis, Prognosis, Treatment)

**Data Science** (Visualization, Probability)

## Publications

- Objectively tracking the global sleep reboot from COVID-19 lockdowns across 20 countries (manuscript in preparation)
- COVID-19 related mobility reduction: heterogenous effects on sleep and physical activity rhythms. *SLEEP*, 2020.
- A daytime nap restores hippocampal function and improves declarative learning. *SLEEP*, 2020. Editor's choice.
- Cognitive effects of split and continuous sleep schedules in adolescents differ according to total sleep opportunity. *SLEEP*, 2020.
- Evaluation of a portable light device for phase advancing the circadian rhythm in the home environment. *Sleep Biol Rhythms*, 2018.