

The 7 Habits Benchmark

translation missing: en-

us2.COMMON_REPORT_LABEL_FOR

translation missing: en-

Ruby Fantina

us2.COMMON_REPORT_DATE_WORKSHOP

May 14, 2021

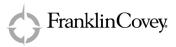
translation missing: en-

us2.COMMON_REPORT_DATE_PRINTED

May 20, 2021

© 2014 FranklinCovey. All rights reserved.

Ruby Fantina - 3



Contents

Introduction	2
The 7 Habits Overview	3
Category Reviews	
Emotional Bank Account	4
P/PC Balance	5
Habit 1: Be Proactive	6
Habit 2: Begin With the End in Mind	7
Habit 3: Put First Things First	8
Habit 4: Think Win-Win	9
Habit 5: Seek First to Understand	10
Then to Be Understood	11
Habit 6: Synergize	12
Habit 7: Sharpen the Saw	13
Rankings and Frequencies	14
Written Comments	19

Introduction

The purpose of the 7 Habits Benchmark report is to provide you with valuable feedback regarding your personal and interpersonal effectiveness. Please make sure to **PRINT THIS OUT AND BRING IT WITH YOU TO THE WORKSHOP.**

As you review this report, remember the following two items:

- 1. **Do NOT take action now.** During the workshop, you will review this data in depth and develop a complete action plan. Go ahead and do a high-level review now, looking for areas that stand out, then put the report aside until the workshop.
- Take a balanced view. Straight feedback is a priceless gift. Don't spend time guessing who gave you low scores or express hostility toward people who responded. Use the data in a balanced, objective way to improve your abilities.

Scoring

The following surveys contributed to your report:

Self Boss Peers Direct Reports	1 0 0 0
Total	1

General Information

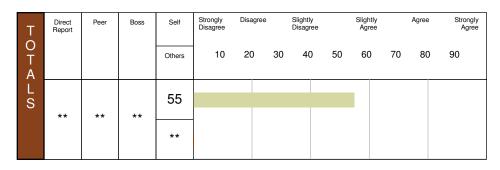
All responses were converted to percentages in the following manner:

	Response	Resulting Score %
6	Strongly Agree	100%
5	Agree	80%
4	Slightly Agree	60%
3	Slightly Disagree	40%
2	Disagree	20%
1	Strongly Disagree	0%
?	Don't Know / NA	**

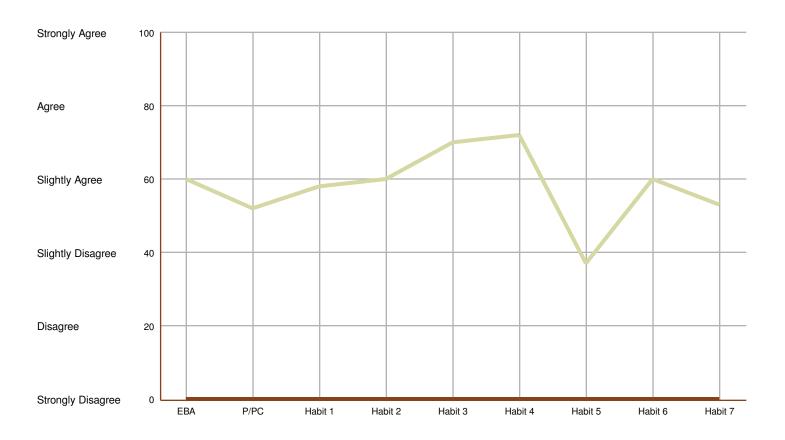
Responses of "Don't Know" or nonresponses are indicated by ** and are not tallied in the percentages.

© 2007 FranklinCovey. All rights reserved. Printed in the United States of America. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, and any information storage and retrieval system for any purpose without the express written permission of FranklinCovey. FranklinCovey is not responsible for errors resulting from a failure to comply with instructions. The 7 Habits Benchmark is intended solely for use in the personal development of the individual participant. FranklinCovey is not responsible for any claim, action, liability, expense, damage, or concern arising from its use in any other manner. Review of any individual Benchmark report by any party other than the intended recipient, except for internal processing, is strictly prohibited, without the written permission of the participant. FranklinCovey reserves the right to correct minor grammatical errors and to omit inappropriate or abusive language when transcribing comments.

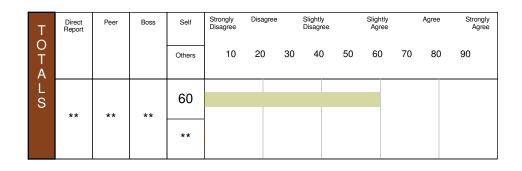
The 7 Habits Overview



RELATIONSHIPS	EBA	P/PC	Habit 1	Habit 2	Habit 3	Habit 4	Habit 5	Habit 6	Habit 7
Self —	60	52	58	60	70	72	37	60	53
Boss —	**	**	**	**	**	**	**	**	**
Peer	**	**	**	**	**	**	**	**	**
Direct Report —	**	**	**	**	**	**	**	**	**

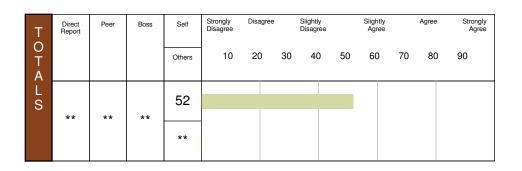


Emotional Bank Account



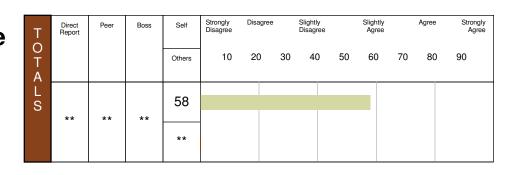
		1			0	D'		OF LH		011111			0
OUESTIONS	Direct Report	Peer	Boss	Self	Strongly Disagree	Disagre	ee	Slightly Disagree		Slightly Agree		Agree	Strongly Agree
QUESTIONS				Others	10	20	30	40	50	60	70	80	90
1 Willingly helps people.	**	**	**	100									
				**									
2 Follows through on commitments.	**	**	**	0									
				**									
3 Shows courtesy toward people.	**	**	**	40									
				**									
4 Is loyal to those who are absent (i.e., does not criticize people behind their backs).	**	**	**	80									
				**									
5 Is honest with people.	**	**	**	80									
				**									
6 Keeps confidences.	**	**	**	80									
				**									
7 Acknowledges and apologizes for mistakes.	**	**	**	100									
				**									
8 Leads by example.	**	**	**	0									
				**									

P/PC Balance



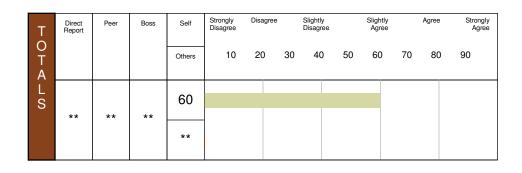
	Direct Report	Peer	Boss	Self	Strongly Disagree	Disagree		Slightly Disagree		Slightly Agree		Agree	Strongly Agree
QUESTIONS				Others	10	20	30	40	50	60	70	80	90
9 Produces high-quality work.	**	**	**	60									
				**									
10 Makes cost-effective use of resources.	**	**	**	**									
				**									
11 Is a hard worker.	**	**	**	80									
				**									
12 Balances all aspects of life (e.g., work, leisure, family) to maintain overall effectiveness.	**	**	**	20									
				**									
13 Influences others to be productive.	**	**	**	0									
				**									
14 Does not push people to work beyond a reasonable limit.	**	**	**	100									
				**	-								

Habit 1: Be Proactive



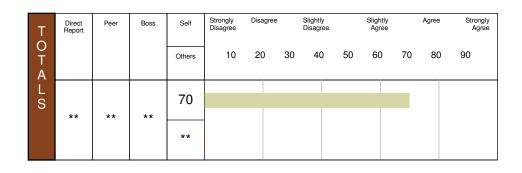
	Direct Report	Peer	Boss	Self	Strongly Disagree	Disagr	ee	Slightly Disagree		Slightly Agree		Agree	Strongly Agree
QUESTIONS				Others	10	20	30	40	50	60	70	80	90
15 Takes initiative to get things done.	**	**	**	100									
				**									
16 Works to solve problems rather than avoiding them.	**	**	**	20									
				**									
17 Focuses on things he/she can do something about rather than on things beyond his/her control.	**	**	**	40	_								
				**									
18 Maintains self-control, even in difficult or emotional circumstances.	**	**	**	40	_								
				**									
19 Accepts responsibility for his/her actions rather than making excuses.	**	**	**	80									
				**									
20 Receives negative feedback without becoming defensive.	**	**	**	80									
				**									
21 Does the "right" thing, even if it is unpopular.	**	**	**	20									
				**									
22 Is decisive when a decision is needed.	**	**	**	80									
				**									

Habit 2: Begin With the End in Mind



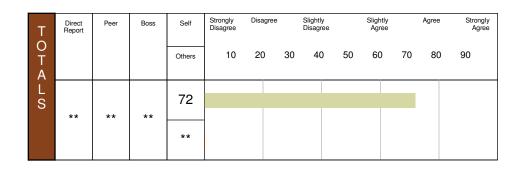
OUESTIONS	Direct Report	Peer	Boss	Self	Strongly Disagree	Disagr	ee	Slightly Disagree		Slightly Agree		Agree	Strongly Agree
QUESTIONS				Others	10	20	30	40	50	60	70	80	90
23 Begins projects with a clear understanding of desired outcomes.	**	**	**	20									
				**									
24 Displays a sense of direction in life.	**	**	**	**									
				**									
25 Works toward long-term solutions, not just "quick fixes."	**	**	**	100									
				**									
26 Plans ahead to reduce having to work in a crisis mode.	**	**	**	40									
				**									
27 Anticipates how his/her decisions impact others.	**	**	**	**									
				**									
28 Is organized when conducting meetings.	**	**	**	100									
				**									
29 Ensures that his/her work group has a clear sense of direction.	**	**	**	**									
				**									
30 Sets clear expectations with individuals when assigning tasks.	**	**	**	40									
				**									

Habit 3: Put First Things First



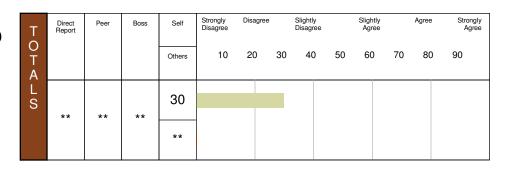
	Direct Report	Peer	Boss	Self	Strongly Disagree	Disagre	ee	Slightly Disagree		Slightly Agree		Agree	Strongly Agree
QUESTIONS				Others	10	20	30	40	50	60	70	80	90
31 Prioritizes work so time is spent on the most important issues.	**	**	**	40									
				**									
32 Is punctual (i.e., on time for appointments, meetings, etc.).	**	**	**	**									
				**									
33 Is disciplined in carrying out plans (i.e., avoids procrastination).	**	**	**	**									
				**									
34 Respects people's time (i.e., does not waste others' time with trivial interruptions).	**	**	**	100									
				**									
35 Responds to requests in a timely manner.	**	**	**	20	-								
-				**									
36 Is organized in handling multiple tasks and projects.	**	**	**	100									
27.0				**									
37 Delegates work that ought to be done by others.	**	**	**	**	_								
38 Sets reasonable deadlines so others have sufficient				**									
time to respond.	**	**	**	60									
39 Keeps his/her work group focused on priorities.				**									
1466 Treeps Tils/Tier work group locused on priorities.	**	**	**	100									
				**									

Habit 4: Think Win-Win



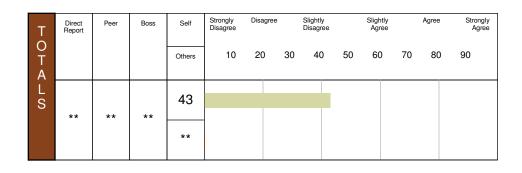
QUESTIONS	Direct Report	Peer	Boss	Self	Strongly Disagree	Disagree	30	Slightly Disagree	50	Slightly Agree	70	Agree 80	Strongly Agree
40 Does not undermine others for personal gain.				100									
	**	**	**	**									
41 Is fair with all people (i.e., does not show favoritism).	**	**	**	80									
	**	**	**	**									
42 Works to find win-win solutions.	**	**	**	**									
				**									
43 Does what is best for the entire organization, not just his/her own interests.	**	**	**	**									
				**									
44 Has the courage to say no when appropriate.	**	**	**	80									
				**									
45 Shares credit and recognition for successes.	**	**	**	20									
				**									
46 Does not pressure people to compromise personal values.	**	**	**	80									
				**									

Habit 5: Seek First to Understand...



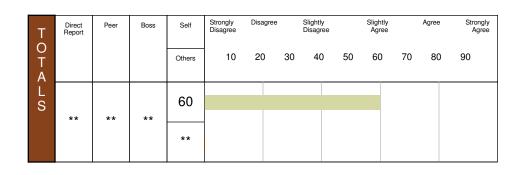
	Direct Report	Peer	Boss	Self	Strongly Disagree	Disag	ree	Slightly Disagree		Slightly Agree		Agree	Strongly Agree
QUESTIONS				Others	10	20	30	40	50	60	70	80	90
47 Listens without interrupting.	**	**	**	0									
				**									
48 Is sensitive to people's feelings.	**	**	**	20									
				**									
49 Seeks to understand people's viewpoints.	**	**	**	20									
				**									
50 Seeks to understand problems before attempting to solve them.	**	**	**	80									
				**									
51 Is easy to approach with a concern.	**	**	**	0									
				**									
52 Spends enough one-on-one time with individuals in his/her work group.	**	**	**	40									
				**									
53 Understands what is going on in his/her work group.	**	**	**	20									
				**									
54 Understands issues outside his/her work group (e.g., other departments, product trends, competition).	**	**	**	60									
				**									

...Then to Be Understood



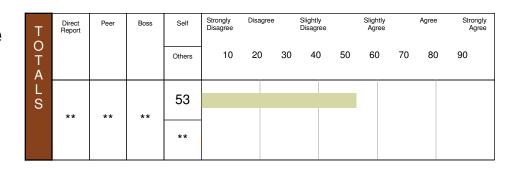
	Direct Report	Peer	Boss	Self	Strongly Disagree	Disagr	ee	Slightly Disagree		Slightly Agree		Agree	Strongly Agree
QUESTIONS				Others	10	20	30	40	50	60	70	80	90
55 Communicates clearly and concisely.	**	**	**	60									
				**									
56 Does not dominate discussions.	**	**	**	80									
				**									
57 Expresses viewpoints with confidence.	**	**	**	0									
				**									
58 Is considerate when communicating.	**	**	**	100									
				**									
59 Is straightforward when communicating.	**	**	**	**									
				**									
60 Informs people regarding important matters.	**	**	**	20	_								
				**									
61 Provides regular feedback on how well people perform their jobs.	**	**	**	**									
				**									
62 Shows appreciation for positive performance.	**	**	**	0									
				**									

Habit 6: Synergize



QUESTIONS	Direct Report	Peer	Boss	Self	Strongly Disagree	Disa	gree	Slightly Disagree		Slightly Agree		Agree	Strongly Agree
QUESTIONS				Others	10	20	30	40	50	60	70	80	90
63 Seeks out the strengths of others to get things done.	**	**	**	100									
		^^	^^	**									
64 Networks with people outside his/her work group.	**	**	**	**									
	**	**	**	**									
65 Is flexible and open-minded in trying new ideas.	**	**	**	100									
				**									
66 Values differences in people.	**	**	**	**									
				**									
67 Involves people when making plans that will affect them.	**	**	**	0									
				**									
68 Encourages and supports creativity and innovation.	**	**	**	**									
				**									
69 Supports people in taking responsible risks.	**	** **		80									
				**									
Builds teamwork by maximizing the talents of his/her work group.	**	**	**	20									
				**									

Habit 7: Sharpen the Saw



					Strongly	Disagn	20	Slightly		Slightly		Agree	Strongly
OUESTIONS	Direct Report	Peer	Boss	Self	Strongly Disagree	Dioagn		Slightly Disagree		Slightly Agree		/ igioo	Agree
QUESTIONS				Others	10	20	30	40	50	60	70	80	90
71 Cares for his/her physical well-being.	**	**	**	40									
				**									
72 Cares about others and tries to build lasting friendships.	illd lasting friendships.		**	40									
				**									
73 Is competent in his/her field of work.	**	**	**	40									
				**									
74 Takes time to find enjoyment and meaning in life.	**	**	**	20									
				**									
75 Encourages and supports the development of others.	**	**	**	**									
				**									
76 Takes steps to improve his/her leadership abilities.	**	**	**	100									
				**									
77 Seeks feedback on ways he/she can improve.	**	**	**	**									
				**									
78 Strives to improve his/her workgroup performance.	**	**	**	80									
				**									

Rankings and Frequencies

N O T E S

- The individual statements are ranked below by the scores of "Others."
- Others = Average of all Boss, Peer, and Direct Report responses in other words, all scores excluding "Self."
- "Self" scores are included in the frequencies.

			Fred	quenc		Scores						
QUESTIONS	Strongly Disagree					Strongly Agree	Don't Know	Direct Report	Peer	Boss	Others	Self
QUESTIONS	1	2	3	4	5	6	?					
1 Willingly helps people. (EBA)	0	0	0	0	0	1	0	**	**	**	**	100
2 Follows through on commitments. (EBA)	1	0	0	0	0	0	0	**	**	**	**	0
3 Shows courtesy toward people. (EBA)	0	0	1	0	0	0	0	**	**	**	**	40
4 Is loyal to those who are absent (i.e., does not criticize people behind their backs). (EBA)	0	0	0	0	1	0	0	**	**	**	**	80
5 Is honest with people. (EBA)	0	0	0	0	1	0	0	**	**	**	**	80
6 Keeps confidences. (EBA)	0	0	0	0	1	0	0	**	**	**	**	80
7 Acknowledges and apologizes for mistakes. (EBA)	0	0	0	0	0	1	0	**	**	**	**	100
8 Leads by example. (EBA)	1	0	0	0	0	0	0	**	**	**	**	0
9 Produces high-quality work. (P/PC)	0	0	0	1	0	0	0	**	**	**	**	60
10 Makes cost-effective use of resources. (P/PC)	0	0	0	0	0	0	1	**	**	**	**	**
11 Is a hard worker. (P/PC)	0	0	0	0	1	0	0	**	**	**	**	80
12 Balances all aspects of life (e.g., work, leisure, family) to maintain overall effectiveness. (P/PC)	0	1	0	0	0	0	0	**	**	**	**	20
13 Influences others to be productive. (P/PC)	1	0	0	0	0	0	0	**	**	**	**	0
14 Does not push people to work beyond a reasonable limit. (P/PC)	0	0	0	0	0	1	0	**	**	**	**	100

			Fred	quenc			S	cores				
QUESTIONS	Strongly Disagree					Strongly Agree	Don't Know	Direct Report	Peer	Boss	Others	Self
QUESTIONS	1	2	3	4	5	6	?					
15 Takes initiative to get things done. (Habit 1)	0	0	0	0	0	1	0	**	**	**	**	100
16 Works to solve problems rather than avoiding them. (Habit 1)	0	1	0	0	0	0	0	**	**	**	**	20
17 Focuses on things he/she can do something about rather than on things beyond his/her control. (Habit 1)	0	0	1	0	0	0	0	**	**	**	**	40
18 Maintains self-control, even in difficult or emotional circumstances. (Habit 1)	0	0	1	0	0	0	0	**	**	**	**	40
19 Accepts responsibility for his/her actions rather than making excuses. (Habit 1)	0	0	0	0	1	0	0	**	**	**	**	80
20 Receives negative feedback without becoming defensive. (Habit 1)	0	0	0	0	1	0	0	**	**	**	**	80
21 Does the "right" thing, even if it is unpopular. (Habit 1)	0	1	0	0	0	0	0	**	**	**	**	20
22 Is decisive when a decision is needed. (Habit 1)	0	0	0	0	1	0	0	**	**	**	**	80
23 Begins projects with a clear understanding of desired outcomes. (Habit 2)	0	1	0	0	0	0	0	**	**	**	**	20
24 Displays a sense of direction in life. (Habit 2)	0	0	0	0	0	0	1	**	**	**	**	**
25 Works toward long-term solutions, not just "quick fixes." (Habit 2)	0	0	0	0	0	1	0	**	**	**	**	100
26 Plans ahead to reduce having to work in a crisis mode. (Habit 2)	0	0	1	0	0	0	0	**	**	**	**	40
27 Anticipates how his/her decisions impact others. (Habit 2)	0	0	0	0	0	0	1	**	**	**	**	**
28 Is organized when conducting meetings. (Habit 2)	0	0	0	0	0	1	0	**	**	**	**	100
29 Ensures that his/her work group has a clear sense of direction. (Habit 2)	0	0	0	0	0	0	1	**	**	**	**	**
30 Sets clear expectations with individuals when assigning tasks. (Habit 2)	0	0	1	0	0	0	0	**	**	**	**	40
31 Prioritizes work so time is spent on the most important issues. (Habit 3)	0	0	1	0	0	0	0	**	**	**	**	40

	Frequencies								Scores					
QUESTIONS	Strongly Disagree					Strongly Agree	Don't Know	Direct Report	Peer	Boss	Others	Self		
QUESTIONS	1	2	3	4	5	6	?							
32 Is punctual (i.e., on time for appointments, meetings, etc.). (Habit 3)	0	0	0	0	0	0	1	**	**	**	**	**		
33 Is disciplined in carrying out plans (i.e., avoids procrastination). (Habit 3)	0	0	0	0	0	0	1	**	**	**	**	**		
34 Respects people's time (i.e., does not waste others' time with trivial interruptions). (Habit 3)	0	0	0	0	0	1	0	**	**	**	**	100		
35 Responds to requests in a timely manner. (Habit 3)	0	1	0	0	0	0	0	**	**	**	**	20		
36 Is organized in handling multiple tasks and projects. (Habit 3)	0	0	0	0	0	1	0	**	**	**	**	100		
37 Delegates work that ought to be done by others. (Habit 3)	0	0	0	0	0	0	1	**	**	**	**	**		
38 Sets reasonable deadlines so others have sufficient time to respond. (Habit 3)	0	0	0	1	0	0	0	**	**	**	**	60		
39 Keeps his/her work group focused on priorities. (Habit 3)	0	0	0	0	0	1	0	**	**	**	**	100		
40 Does not undermine others for personal gain. (Habit 4)	0	0	0	0	0	1	0	**	**	**	**	100		
41 Is fair with all people (i.e., does not show favoritism). (Habit 4)	0	0	0	0	1	0	0	**	**	**	**	80		
42 Works to find win-win solutions. (Habit 4)	0	0	0	0	0	0	1	**	**	**	**	**		
43 Does what is best for the entire organization, not just his/her own interests. (Habit 4)	0	0	0	0	0	0	1	**	**	**	**	**		
44 Has the courage to say no when appropriate. (Habit 4)	0	0	0	0	1	0	0	**	**	**	**	80		
45 Shares credit and recognition for successes. (Habit 4)	0	1	0	0	0	0	0	**	**	**	**	20		
46 Does not pressure people to compromise personal values. (Habit 4)	0	0	0	0	1	0	0	**	**	**	**	80		
47 Listens without interrupting. (Habit 5)	1	0	0	0	0	0	0	**	**	**	**	0		
48 Is sensitive to people's feelings. (Habit 5)	0	1	0	0	0	0	0	**	**	**	**	20		

	Frequencies								Scores					
QUESTIONS	Strongly Disagree					Strongly Agree	Don't Know	Direct Report	Peer	Boss	Others	Self		
QUESTIONS	1	2	3	4	5	6	?							
49 Seeks to understand people's viewpoints. (Habit 5)	0	1	0	0	0	0	0	**	**	**	**	20		
50 Seeks to understand problems before attempting to solve them. (Habit 5)	0	0	0	0	1	0	0	**	**	**	**	80		
51 Is easy to approach with a concern. (Habit 5)	1	0	0	0	0	0	0	**	**	**	**	0		
52 Spends enough one-on-one time with individuals in his/her work group. (Habit 5)	0	0	1	0	0	0	0	**	**	**	**	40		
53 Understands what is going on in his/her work group. (Habit 5)	0	1	0	0	0	0	0	**	**	**	**	20		
54 Understands issues outside his/her work group (e.g., other departments, product trends, competition). (Habit 5)	0	0	0	1	0	0	0	**	**	**	**	60		
55 Communicates clearly and concisely. (Habit 5)	0	0	0	1	0	0	0	**	**	**	**	60		
56 Does not dominate discussions. (Habit 5)	0	0	0	0	1	0	0	**	**	**	**	80		
57 Expresses viewpoints with confidence. (Habit 5)	1	0	0	0	0	0	0	**	**	**	**	0		
58 Is considerate when communicating. (Habit 5)	0	0	0	0	0	1	0	**	**	**	**	100		
59 Is straightforward when communicating. (Habit 5)	0	0	0	0	0	0	1	**	**	**	**	**		
60 Informs people regarding important matters. (Habit 5)	0	1	0	0	0	0	0	**	**	**	**	20		
61 Provides regular feedback on how well people perform their jobs. (Habit 5)	0	0	0	0	0	0	1	**	**	**	**	**		
62 Shows appreciation for positive performance. (Habit 5)	1	0	0	0	0	0	0	**	**	**	**	0		
63 Seeks out the strengths of others to get things done. (Habit 6)	0	0	0	0	0	1	0	**	**	**	**	100		
64 Networks with people outside his/her work group. (Habit 6)	0	0	0	0	0	0	1	**	**	**	**	**		
65 Is flexible and open-minded in trying new ideas. (Habit 6)	0	0	0	0	0	1	0	**	**	**	**	100		

			Fred	quenc		Scores						
QUESTIONS	Strongly Disagree					Strongly Agree	Don't Know	Direct Report	Peer	Boss	Others	Self
QUESTIONS	1	2	3	4	5	6	?					
66 Values differences in people. (Habit 6)	0	0	0	0	0	0	1	**	**	**	**	**
67 Involves people when making plans that will affect them. (Habit 6)	1	0	0	0	0	0	0	**	**	**	**	0
68 Encourages and supports creativity and innovation. (Habit 6)	0	0	0	0	0	0	1	**	**	**	**	**
69 Supports people in taking responsible risks. (Habit 6)	0	0	0	0	1	0	0	**	**	**	**	80
70 Builds teamwork by maximizing the talents of his/her work group. (Habit 6)	0	1	0	0	0	0	0	**	**	**	**	20
71 Cares for his/her physical well-being. (Habit 7)	0	0	1	0	0	0	0	**	**	**	**	40
72 Cares about others and tries to build lasting friendships. (Habit 7)	0	0	1	0	0	0	0	**	**	**	**	40
73 Is competent in his/her field of work. (Habit 7)	0	0	1	0	0	0	0	**	**	**	**	40
74 Takes time to find enjoyment and meaning in life. (Habit 7)	0	1	0	0	0	0	0	**	**	**	**	20
75 Encourages and supports the development of others. (Habit 7)	0	0	0	0	0	0	1	**	**	**	**	**
76 Takes steps to improve his/her leadership abilities. (Habit 7)	0	0	0	0	0	1	0	**	**	**	**	100
77 Seeks feedback on ways he/she can improve. (Habit 7)	0	0	0	0	0	0	1	**	**	**	**	**
78 Strives to improve his/her workgroup performance. (Habit 7)	0	0	0	0	1	0	0	**	**	**	**	80

Written Comments

Note: Written comments are presented verbatim.

а.	List this	person's	three most	positive	qualities	with rega	ard to	overall	effectiveness.

Written Comments

Note: Written comments are presented verbatim.

b.	Describe the three r	most important things	this person co	ould improve to i	ncrease overal	l effectiveness.

Written Comments

Note: Written comments are presented verbatim.

c. If desired, use the space below to clarify your responses in this survey.