

You are being asked to take part in this Staff Training Assessment (STA) as part of your facility's Nurses Improving Care for Healthsystem Elders (NICHE) Program. Please read this introduction carefully before agreeing to take part in this survey.

What the survey is about: This training assessment provides important information about inter-professional team members' knowledge and attitudes about caring for adults age 65 and older. The survey provides information to identify and target clinical practice improvement priorities to advance clinical nursing excellence for older adults seeking care at your facility.

What we will ask you to do: If you agree to participate, you will be asked to complete the following survey. The survey will include questions about your knowledge of common nursing problems experienced by older adults, and your opinions about the quality of care provided to older adults on the nursing unit where you spend most of your time. The survey will take about ten minutes to complete.

Risks and benefits: It is possible that some of the questions about the nursing care provided to older adults at your facility may make you uncomfortable.

There are no direct benefits to you.

Compensation: Participants who complete the survey will receive a \$15.00 Amazon gift card.

Your answers will be confidential: The records of this study will be kept private. In any sort of report we make public we will not include any information that will make it possible to identify you. Research records will be kept in a locked file; only the researchers will have access to the records.

Taking part is voluntary: Taking part in this survey is completely voluntary. You may skip any questions that you do not want to answer. If you decide not to take part or to skip some of the questions, it will not affect your current or future relationship with your employer or your participation in the NICHE program. If you decide to take part, you are free to withdraw at any time.

If you have questions: The researcher conducting this study is Mattia Gilmartin PhD, RN. If you have questions about this study, you may contact Mattia Gilmartin at mig14@nyu.edu or by phone at 212-992-9753. If you have any questions or concerns regarding your rights as a participant in this study, you may contact the Committee on Activities Involving Human Subjects, New York University, 665 Broadway, Suite 804, New York, NY 10012 at 212-998-4808 or ask.humansubjects@nyu.edu.

Statement of Consent: By clicking the "I agree" button at the bottom of this page, you are affirming that you have read the above information, and consent to take part in the survey.

[SRI Note: Respondent is required to supply an answer to the consent question.]

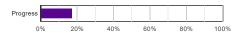
[consent] I agree to participate in this survey.

o Yes o No

This consent form will be kept by the researcher for at least three years beyond the end of the study and was approved by the New York University Institutional Review Board (IRB) on 11/20/2017, Protocol number FY2018-1290.

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This survey collects information regarding your knowledge and views about caring for older adults. The information gained through this survey will be used to create a training program that is tailored to the professional development needs of the nursing staff as part of your facility's membership in Nurses Improving Care for Healthsystem Elders (NICHE).

Read each question carefully and select the answer that most closely reflects your opinion.

Section 1. Tell us about yourself and the unit where you work.

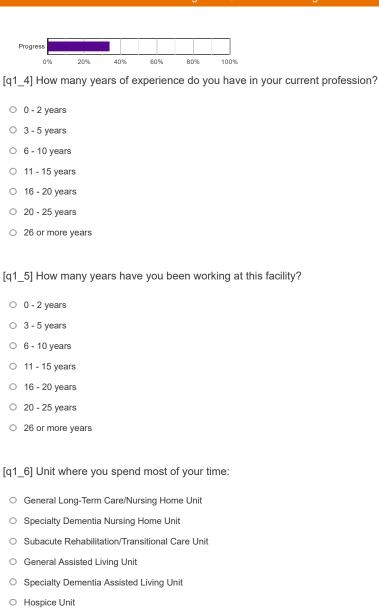
	,
[q1_	_1] In what position do you spend most of your time?
0	Nursing Assistant/Aide
0	Staff Nurse (LPN/LVN or RN)
0	Unit Nurse Manager
0	Clinical Specialist/Nurse Practitioner
0	Staff/Nurse Educator
0	Administrator
0	Physician
0	Physician Assistant
0	Medical Director
0	Pharmacist
0	Social Worker
0	Occupational Therapist
0	Physical Therapist
0	Respiratory Therapist
0	Recreation Therapist
0	Dietitian
0	Minimum Data Set (MDS) Coordinator
0	Transport Team Member
0	Spiritual Care Provider/Clergy
0	Volunteer
0	Other [q1_1_spec] - Please specify:
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	Progress
[a1	0% 20% 40% 60% 80% 100%
[91	_2] Which license do you hold?
0	Licensed Practical Nurse/Licensed Vocational Nurse
0	Registered Nurse
0	Advanced Practice Registered Nurse
0	I am not a nurse.
	[SRI Note: If question q1_2 answers "Registered Nurse" or "Advanced Practice Registered Nurse", show questions q1_2_1a and q1_2_1b.]
	[q1_2_1a] Registered nurses, select the highest degree earned.
	O Diploma
	O Associate degree
	O Bachelor's degree in nursing
	O Bachelor's degree in non-nursing field [q1_2_1a4_spec] - Please specify:
	Master's degree in nursing
	O Master's degree in non-nursing field [q1_2_1a6_spec] - Please specify:
	O Doctorate (e.g. PhD, DNP, EdD, DNSc)
	O Not RN - Not applicable
	[q1_2_1b] Was your first (basic) RN nursing program in the country where you are currently working? O Yes O No
	[SRI Note: If question q1_2 answers "Licensed Practical Nurse/Licensed Vocational Nurse" or "I am not a Nurse", show question q1_2_2a.]
	[q1_2_2a] Please select your highest education level.
	O High School
	○ GED
	○ AD
	O BS, BA
	O MS, MA
	O PhD, EdD, SciD
	Other professional degree (MD, JD, etc.)
[q1	_3] Have you earned a national certification in older adult nursing?
0	Yes O No

Finish Later



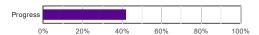


O Program for All-Inclusive Care for the Elderly (PACE) Facility

Other [q1_6_spec] - Please specify:

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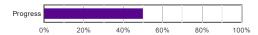
Section 2. For this section, think about how each statement applies to the way work is organized and care is delivered in the unit where you spend most of your time.

How much do you agree with each of the following statements?

At my facility	Strongly Disagree	Disagree	Neither Agree Nor Disagree	Agree	Strongly Agree
[q2_1a] The time required to manage common problems experienced by older adults is factored into staff assignments.	0	0	0	0	0
[q2_1b] Training is readily available to staff members who want to learn more about the care of older adults.	0	0	0	0	0
[q2_1c] Staff members are provided with time away from their regular work tasks to participate in quality improvement activities such as implementing new care practices.	0	0	0	0	0
[q2_1d] The nurse administrators (e.g., unit managers, supervisors, senior leaders) take an active interest in improving care for older adults.	0	0	0	0	0
[q2_1e] Care of older adults is a priority in my unit.	0	0	0	0	0
[q2_1f] It is acceptable to disagree with my supervisor regarding approaches to resident care.	0	0	0	0	0
[q2_1g] In my unit, older adult residents are always treated with respect.	0	0	0	0	0
[q2_1h] Residents receive person-centered care in my unit.	0	0	0	0	0
[q2_1i] Residents receive the medical care they need in my unit.	0	0	0	0	0
[q2_1j] Staff members in my unit are familiar with how aging affects responses to treatment.	0	0	0	0	0
[q2_1k] Residents and family members are actively engaged as part of the care team.	0	0	0	0	0







How much do you agree that the following stand in the way of the care of older adults at your facility?

	Strongly Disagree	Disagree	Neither Agree Nor Disagree	Agree	Strongly Agree
[q2_2a] Lack of staff knowledge about the care of older adults	0	0	0	0	0
[q2_2b] Lack of access to useful written policies and procedures	0	0	0	0	0
[q2_2c] Differences of opinion among staff members regarding resident care	0	0	0	0	0
[q2_2d] Lack of specialized services for residents (e.g., oral care, wound care, podiatry)	0	0	0	0	0
[q2_2e] Lack of necessary equipment (e.g., raised toilet seats, special mattresses)	0	0	0	0	0
[q2_2f] Not including staff in care decisions	0	0	0	0	0
[q2_2g] Communication difficulties with residents	0	0	0	0	0
[q2_2h] Communication difficulties with residents' families	0	0	0	0	0
[q2_2i] Communication difficulties between staff	0	0	0	0	0
[q2_2j] Not including residents and families in care decisions	0	0	0	0	0
[q2_2k] Confusion over who is the appropriate decision maker for the resident	0	0	0	0	0







How often are the following specialty services available to residents on your unit?

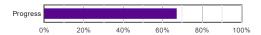
	Daily	Weekly	Monthly	Less Than Monthly	Hardly Ever	Not Available
[q2_3a] Geriatric clinical nurse specialist or geriatric nurse practitioner	0	0	0	0	0	0
[q2_3b] Geriatrician	0	0	0	0	0	0
[q2_3c] Geriatric social worker	0	0	0	0	0	0
[q2_3d] Geriatric psychologist/psychiatrist	0	0	0	0	0	0
[q2_3e] Registered dietitian	0	0	0	0	0	0
[q2_3f] Palliative care	0	0	0	0	0	0
[q2_3g] Hospice care	0	0	0	0	0	0

During the last 12 months, how often have you personally used information from the following resources?

	Never	Once	More than one time, but less than once a month	Once per month	More than once per month
[q2_4a] Clinical rounds or in-service education	0	0	0	0	0
[q2_4b] Geriatric texts or journals	0	0	0	0	0
[q2_4c] Continuing education programs (including webinars)	0	0	0	0	0
[q2_4d] Regional/national geriatric conferences, workshops	0	0	0	0	0





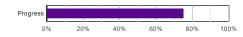


During the last 12 months, how often have you personally participated in the following quality improvement activities?

	Never	Once	More than one time, but less than once a month	Once per month	More than once per month
[q2_5a] A: Identified good care from scientific evidence	0	0	0	0	0
[q2_5b] B: Measured current performance	0	0	0	0	0
[q2_5c] C: Examined gaps in current practice	0	0	0	0	0
[q2_5d] D: Systematically applied tools and methods to improve performance	0	0	0	0	0
[q2_5e] Repeated steps A through D above until desired performance is achieved	0	0	0	0	0
[q2_5f] Measured resulting changes	0	0	0	0	0
[q2_5g] Monitored sustainability of changes in practice	0	0	0	0	0
[q2_5h] Participated in a quality improvement project(s)	0	0	0	0	0
[q2_5i] Worked as a team to improve processes or systems of care related to errors that were reported back to your unit	0	0	0	0	0

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[q2_6] Are you a licensed nurse?

O Yes O No





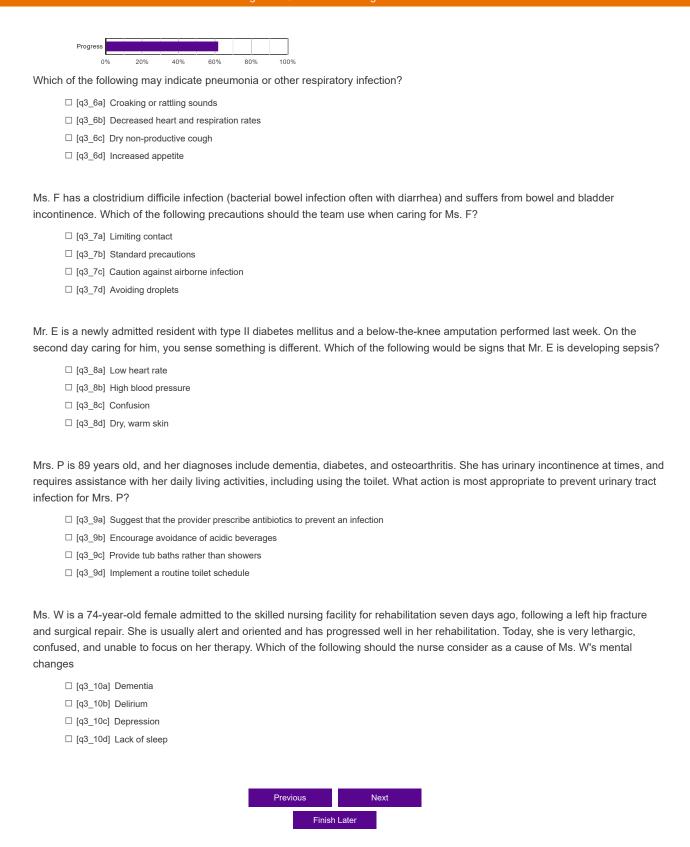


Section 3. Consider each resident care scenario and select the best action to address the nursing care problem. You may select more than one answer for each scenario.

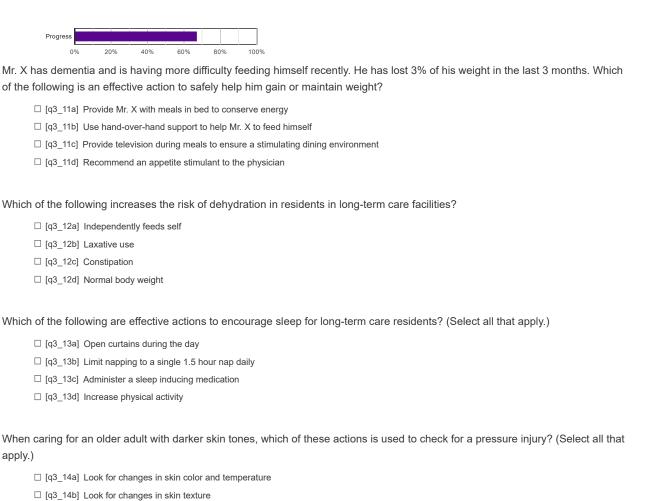
ect more than one answer for each scenario.
Which of the following is an appropriate measure to reduce agitation and resistance to care in residents with dementia?
☐ [q3_1a] Providing a highly stimulating environment
☐ [q3_1b] Returning at a later time to the task causing agitation
□ [q3_1c] Varying caregivers frequently
☐ [q3_1d] Administering antipsychotic medications
Mr. A has moderate dementia, only sleeps during the day, and is awake at night. Which of the following interventions may help him regain a normal sleep-wake cycle?
☐ [q3_2a] Decrease physical activity during the day
□ [q3_2b] Limit daytime napping to 1.5 hours
☐ [q3_2c] Give sleep medication at night
☐ [q3_2d] Reduce daytime stimuli
Ms. J is an 83-year-old female with moderate/severe dementia, and osteoarthritis, who pushes the CNA away when the CNA tries to move her right arm during range-of-motion exercises. She is otherwise cooperative with her exercises. Which of the following is the most likely cause of her agitation
□ [q3_3a] Pain
□ [q3_3b] Stubbornness
☐ [q3_3c] Depression
□ [q3_3d] Bipolar disease
When developing a plan of care for a resident with dementia, which of the following would be a priority for the inter-professional team?
☐ [q3_4a] Ensuring that the usual routines of the nursing home are followed
☐ [q3_4b] Providing activities enjoyed by most people in the nursing home
☐ [q3_4c] Incorporating resident preferences around activities of daily living
☐ [q3_4d] Providing many choices with activities such as dressing
Mr. K is a newly admitted resident with an inserted urinary catheter. Which of the following is the most appropriate reason to use the inserted urinary catheter?
☐ [q3_5a] Family request to manage Mr. K's urinary incontinence
□ [q3_5b] Neurogenic bladder responsive to timed double voiding
☐ [q3_5c] Stage 4 pressure injury on the scapula
☐ [q3_5d] Obstructive urinary disease
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Ms. Y is an 82-year-old with a stage II pressure injury on her lower back that developed during a recent hospitalization. Which of the following will encourage wound healing? (Select all that apply.)

- $\ \square$ [q3_15a] Ensure adequate caloric intake
- $\ \square$ [q3_15b] Use a donut shaped cushion on Ms. Y's chair to relieve pressure
- \square [q3_15c] Elevate the head of Ms. Y's bed at least 60 degrees while she lies in bed

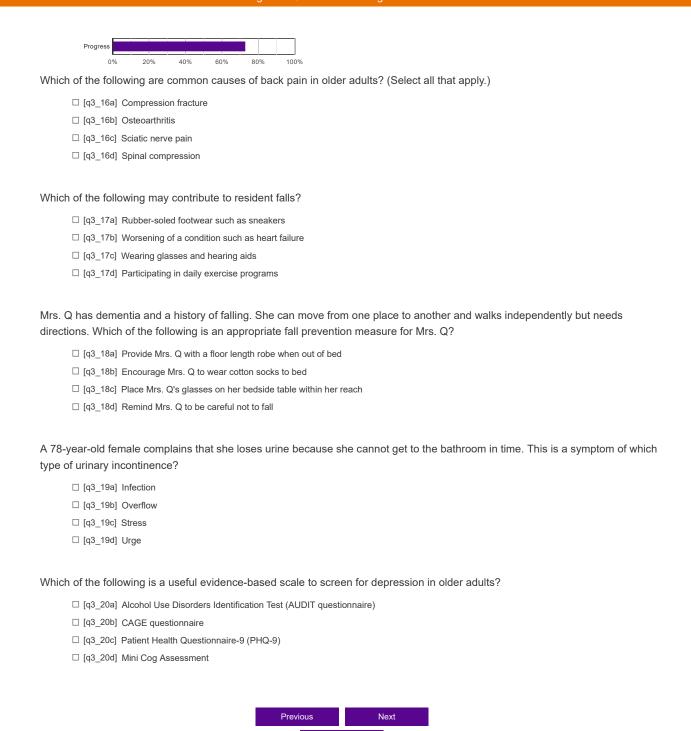
 $\hfill\Box$ [q3_14d] Look for reddened skin that does not turn pale when pressure is applied

 $\hfill\Box$ [q3_15d] Turn Ms. Y every 2 hours while in bed

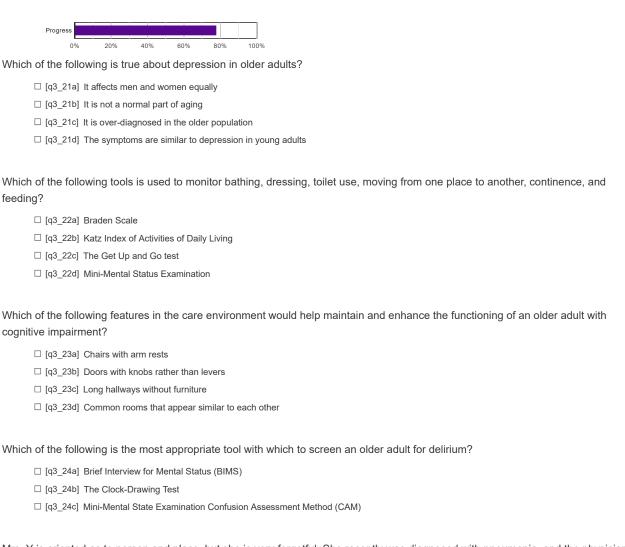
 \square [q3_14c] Examine by touch for edema in a suspected area











Mrs. Y is oriented as to person and place, but she is very forgetful. She recently was diagnosed with pneumonia, and the physician ordered antibiotics to treat the pneumonia. Which of the following is an appropriate nursing action for Mrs. Y?

 $\hfill\Box$ [q3_25a] Provide air humidification

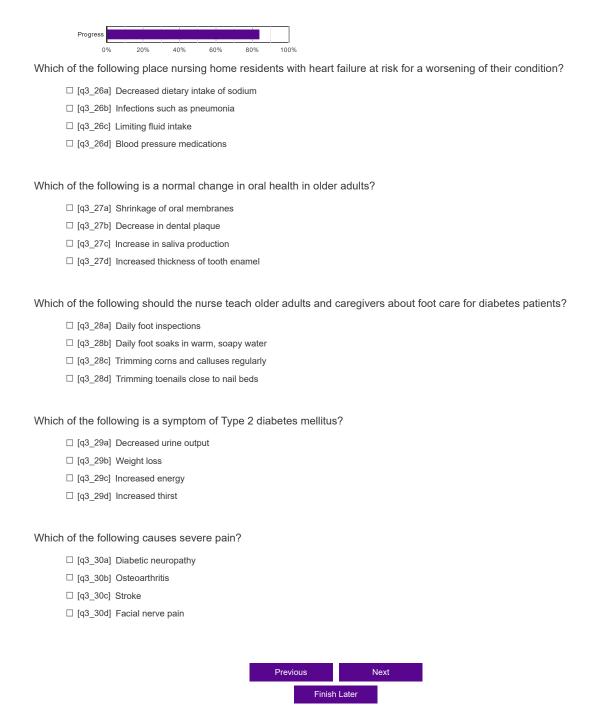
 $\hfill\Box$ [q3_25b] Encourage Mrs. Y to lie flat in bed

☐ [q3_25c] Remind Mrs. Y to use an incentive spirometer once a day

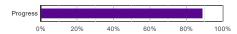
 $\hfill\Box$ [q3_25d] Limit oral intake of fluids to avoid excess fluid











Section 4. Finally, tell us about your professional background and experience.

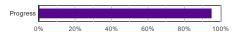
[q4_1] How do you rate the job your facility is doing to educate staff in caring for older adults?	?
O Poor	
O Fair	
○ Good	
O Very Good	
O Excellent	

[q4_2] To what extent do you agree with the following statement? I am satisfied with my current job.

- Strongly agree
- O Agree
- Neither agree nor disagree
- O Disagree
- O Strongly disagree







[q4 3] Which of the following choices best describes your typical work schedule?

Day
Evening
Night
Rotating schedule
Other [q4_3_spec] - Please specify:

[q4_4] In a typical week, how many hours do you work in your job at this facility/organization? (If you don't work any hours in a typical week, enter 0.)

hours [SRI Note: Question q4_4 accepts a number from 0 to 80.]

[q4_5] During the most recent shift you worked, how many residents did you care for? (If you did not care for any residents during your last shift, enter 0.)

residents [SRI Note: Question q4_5 accepts a number from 0 to 250.]

[q4_6] In a typical week, how many hours of mandatory overtime (paid or unpaid) do you work in your job at this facility/organization? (If you do not work any mandatory overtime in a typical week, enter 0.)

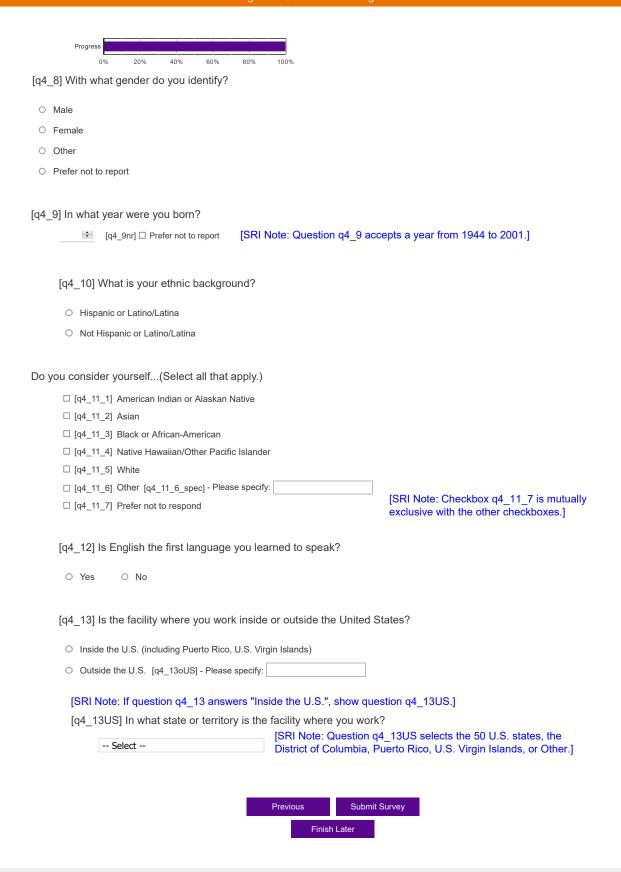
hours [SRI Note: Question q4_6 accepts a number from 0 to 80.]

[q4_7] In a typical week, how many hours of voluntary overtime (paid or unpaid) do you work in your job at this facility/organization? (If you do not work any voluntary overtime in a typical week, enter 0.)

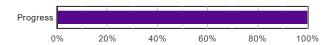
hours [SRI Note: Question q4 7 accepts a number from 0 to 80.]











You've reached the end of the survey. Please click "Submit Survey" button below if you have completed everything. Otherwise, click the "Previous" button to go back.





Thank you for taking the time to complete this survey.

Your survey has been submitted, please close your browser.