#### Tamara Hofer

#### Th2891@cumc.columbia.edu

### **EDUCATION**

### Columbia University Mailman School of Public Health, New York, NY

Expected 2022

Master of Public Health in Epidemiology Certificate in Epidemiology of Chronic Disease Coursework: Chronic Disease Epidemiology, Statistical Software and Data Analysis Skills using SAS, and epidemiological methods and theory

#### University of Michigan, Ann Arbor, MI

2017

Bachelor of Science in Program in the Environment

Awards: University Honors

#### PUBLIC HEALTH EXPERIENCE

### International Rescue Committee (Through AmeriCorps), Atlanta, GA

2018-19

Health Associate

- Provided healthcare orientation for 500+ recently arrived refugees, connected clients to primary care
- Coordinated 900+ appointments: scheduling, transportation, interpretation, follow-up instructions
- Managed emergency health situations for clients, facilitated access to care including hospital pick-ups and emergency room visits

## Fresh Harvest, Atlanta, GA

2018

Farm Assistant

- Performed daily labor of small-scale sustainable agriculture including soil preparation, crop maintenance, and harvest
- Assembled customer orders to fulfill weekly produce boxes
- Learned about socially and environmentally responsible small businesses

#### Community Health and Social Services (CHASS) Center, Detroit, MI

2015

Fresh Prescription Market Manager

- Managed voucher program providing fresh produce to patients with uncontrolled diabetes and enrolling individuals in educational courses on best disease management methods
- Organized weekly events and on-site farmer's market for patients, staff, and community
- Collaborated with farmers, schools, insurance companies, and local artists to provide public cultural and educational events including cooking demonstrations and nutrition workshops in English and Spanish

# The American Cancer Society, Ann Arbor, MI

2015

Patient Assistant at Veterans Affairs Hospital through Project Outreach U of M

- Assisted newly diagnosed cancer patients in understanding resources provided by ACS through one-on-one meetings at oncology appointments
- Shadowed Registered Nurse during oncology appointments

#### ADDITIONAL EXPERIENCE

# New American Pathways, Atlanta, GA

2018

Young Women's Leadership Intern

- Assisted in the development of curriculum to empower young refugees through workshops, mentoring, and peer conversations
- Collected qualitative data and converted to quantitative using Most Significant Change technique to evaluate program efficacy
- Contributed to design of training, literature, and activities for new mentors

## Public Consulting Group, Atlanta, GA

2017-18

Education Associate

- Tutored and created individualized study plans for 80+ students to position them for graduation and postsecondary options
- Reported and analyzed trends in daily data to monitor student development

### **COMMUNITY INVOLVEMENT**

# Primary Care Progress, New York, NY

2021

Executive Board Member

• Active collaboration with students from Vagelos College of Physicians and Surgeons to deliver innovative methods of primary care to with HELP Audubon Women's Shelter

# Columbia Health Dispatch, New York, NY

2021

Staff writer

• Create a biweekly summary of the recent news in public health with the goal of increasing understanding and accessibility of credible information

### Gun Violence Action Week, New York, NY

2021

Member of Student Planning Committee

 Organized week-long events in collaboration with students and staff from Teachers College, Columbia, to hear from academic researchers, community organizations, and program organizers about active nation-wide gun violence prevention efforts