

1. I prefer to do things with others rather than on my own.

d. ☐ Definitely Disagree

2. I prefer to do things the same way over and over again.

a. ☐ Definitely Agree

3. If I try to imagine something, I find it very easy to create a picture in my mind.

a. ☐ Definitely Agree

4. I frequently get so strongly absorbed in one thing that I lose sight of other things.

a. ☐ Definitely Agree

5. I often notice small sounds when others do not.

a. ☐ Definitely Agree

6. I usually notice car number plates or similar strings of information.

a. ☐ Definitely Agree

7. Other people frequently tell me that what I've said is impolite, even though I think it is polite.

d. ☐ Definitely Disagree

8. When I'm reading a story, I can easily imagine what the characters might look like.

c. ☐ Slightly Disagree

9. I am fascinated by dates.

d. ☐ Definitely Disagree

10. In a social group, I can easily keep track of several different people's conversations.

d. ☐ Definitely Disagree



11. I find social situations easy.

- c. ☐ Slightly Disagree

12. I tend to notice details that others do not.

- a. ☐ Definitely Agree

13. I would rather go to a library than a party.

- a. ☐ Definitely Agree

14. I find making up stories easy.

- b. ☐ Slightly Agree

15. I find myself drawn more strongly to people than to things.

- c. ☐ Slightly Disagree

16. I tend to have very strong interests which I get upset about if I can't pursue.

- a. ☐ Definitely Agree

17. I enjoy social chit-chat.

- c. ☐ Slightly Disagree

18. When I talk, it isn't always easy for others to get a word in edgewise.

- b. ☐ Slightly Agree

19. I am fascinated by numbers.

- b. ☐ Slightly Agree

20. When I'm reading a story, I find it difficult to work out the characters' intentions.

- b. ☐ Slightly Agree



21. I don't particularly enjoy reading fiction.

d. ☒ Definitely Disagree

22. I find it hard to make new friends.

c. ☒ Slightly Disagree

23. I notice patterns in things all the time.

a. ☒ Definitely Agree

24. I would rather go to the theatre than a museum.

d. ☒ Definitely Disagree

25. It does not upset me if my daily routine is disturbed.

a. ☒ Definitely Agree

26. I frequently find that I don't know how to keep a conversation going.

c. ☒ Slightly Disagree

27. I find it easy to 'read between the lines' when someone is talking to me.

b. ☒ Slightly Agree

28. I usually concentrate more on the whole picture, rather than the small details.

d. ☒ Definitely Disagree

29. I am not very good at remembering phone numbers.

c. ☒ Slightly Disagree

30. I don't usually notice small changes in a situation, or a person's appearance.

c. ☒ Slightly Disagree



31. I know how to tell if someone listening to me is getting bored.

b. ☐ Slightly Agree

32. I find it easy to do more than one thing at once.

d. ☐ Definitely Disagree

33. When I talk on the phone, I'm not sure when it's my turn to speak.

d. ☐ Definitely Disagree

34. I enjoy doing things spontaneously.

c. ☐ Slightly Disagree

35. I am often the last to understand the point of a joke.

d. ☐ Definitely Disagree

36. I find it easy to work out what someone is thinking or feeling just by looking at their face.

b. ☐ Slightly Agree

37. If there is an interruption, I can switch back to what I was doing very quickly.

d. ☐ Definitely Disagree

38. I am good at social chit-chat.

c. ☐ Slightly Disagree

39. People often tell me that I keep going on and on about the same thing.

a. ☐ Definitely Agree

40. When I was young, I used to enjoy playing games involving pretending with other children.

a. ☐ Definitely Agree



41. I like to collect information about categories of things.

- a. ☒ Definitely Agree

42. I find it difficult to imagine what it would be like to be someone else.

- b. ☒ Slightly Agree

43. I like to plan any activities I participate in carefully.

- a. ☒ Definitely Agree

44. I enjoy social occasions.

- c. ☒ Slightly Disagree

45. I find it difficult to work out people's intentions.

- b. ☒ Slightly Agree

46. New situations make me anxious.

- b. ☒ Slightly Agree

47. I enjoy meeting new people.

- b. ☒ Slightly Agree

48. I am a good diplomat.

- b. ☒ Slightly Agree

49. I am not very good at remembering people's date of birth.

- c. ☒ Slightly Disagree

50. I find it very easy to play games with children that involve pretending.

- a. ☒ Definitely Agree



Score

Total:

33

**Need more information,
or would you like to start
the assessment process?**



Contact us

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