



# Human Readiness: Fragmented Realities in AI Literacy

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# The Human Gap

## Diverse Psychological Responses

Individuals and populations exhibit widely varying psychological reactions to AI.

to AI.

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## Distinction from Current AI Literacy

Cognitive and emotional readiness differs fundamentally from understanding AI mechanics.

## Lack of Readiness Standards

No universal framework exists to assess cognitive and emotional readiness for AI interaction.

## Efficacy Depends on Human Preparedness

AI Literacy fails without adequate mental and emotional preparation of users.

# AI is Outpacing Us:

MIT: ↓ brain activity, memory failure

Critical thinking drops, dependence rises

Delegation to AI → over trust → bias amplification

Cognitive Shifts → Systemic Risk

# The Missing Pillar:

Add psychological / cognitive assessments to UNESCO's systems

IRIS Diagnostic Framework 6-domains including trust, identity, boundary clarity

Add modular tool to current frameworks close the gap

HumanReadiness = Critical Infrastructure





**Even the best AI fails if the human  
using it  
is not ready.**