

ASSIGNMENT: PAGE DESIGNING

1. HEADER SECTION



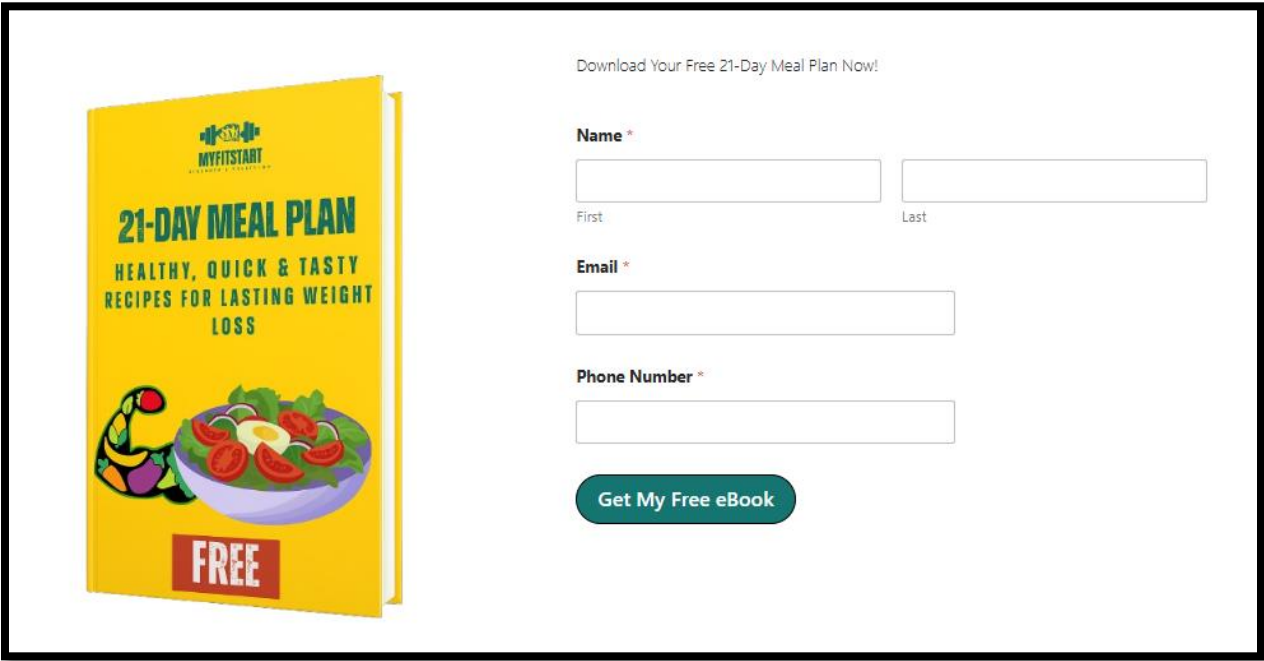
2. HEADLINE & SUBHEADLINE



3. BENEFITS OF DOWNLOADING



4. EBOOK IMAGE & FORM



5. TESTIMONIALS

TESTIMONIALS

The 21-Day Meal Plan made weight loss so simple! The recipes were quick, tasty, and family-friendly. I never felt deprived and finally broke through my plateau.



Sarah M.
Lost 12 Lbs In 3 Weeks

As someone with a hectic work schedule, I loved how easy this plan was to follow. Prepping meals took less than 20 minutes, and I had more energy throughout the day.



James T.
Busy Professional

I was nervous about starting, but the plan guided me step by step. Within 3 weeks I felt lighter, healthier, and more motivated than ever before!



Priya K.
Beginner In Fitness

6. ABOUT THE COACH

Lost 12 Lbs In 3 Weeks

Busy Professional

Beginner In Fitness



Meet Your Coach – Ananya Sharma

Hi, I'm Ananya Sharma, a certified fitness & nutrition coach with over 7 years of experience helping people achieve sustainable weight loss and better health. I believe fitness should be practical, enjoyable, and a natural part of everyday life. My approach combines simple, home-friendly meal plans with balanced fitness routines to create lasting results. Over the years, I've guided hundreds of clients to build healthier habits through consistency, motivation, and accountability—without extreme diets or unrealistic restrictions.

7. FAQ SECTION

– Is this plan beginner-friendly?

Absolutely! Whether you're just starting out or trying something new, we make it super easy to follow step by step.

+ Suitable for dietary restrictions?

+ Will my email be spammed?

+ How long will it take to see results?

+ Can I cancel anytime?

8. CTA




Ready to Start Your Journey?

Click Here


9. FOOTER SECTION

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10. DESKTOP VIEW




myfitstart
Strength & Nutrition


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TRANSFORM YOUR LIFE IN JUST 21 DAYS!


Download Your Free Meal Plan To Start Your Weight Loss Journey Today!




Easy-to-follow daily meal plans




Healthy, quick, and tasty recipes



Nutrition tips to boost results



Motivation and accountability strategies



Download Your Free 21-Day Meal Plan Now!


Name *

FirstLast


Email *

Phone Number *


Get My Free eBook




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Lost 12 Lbs In 3 Weeks



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Priya K.
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11. MOBILE VIEW

