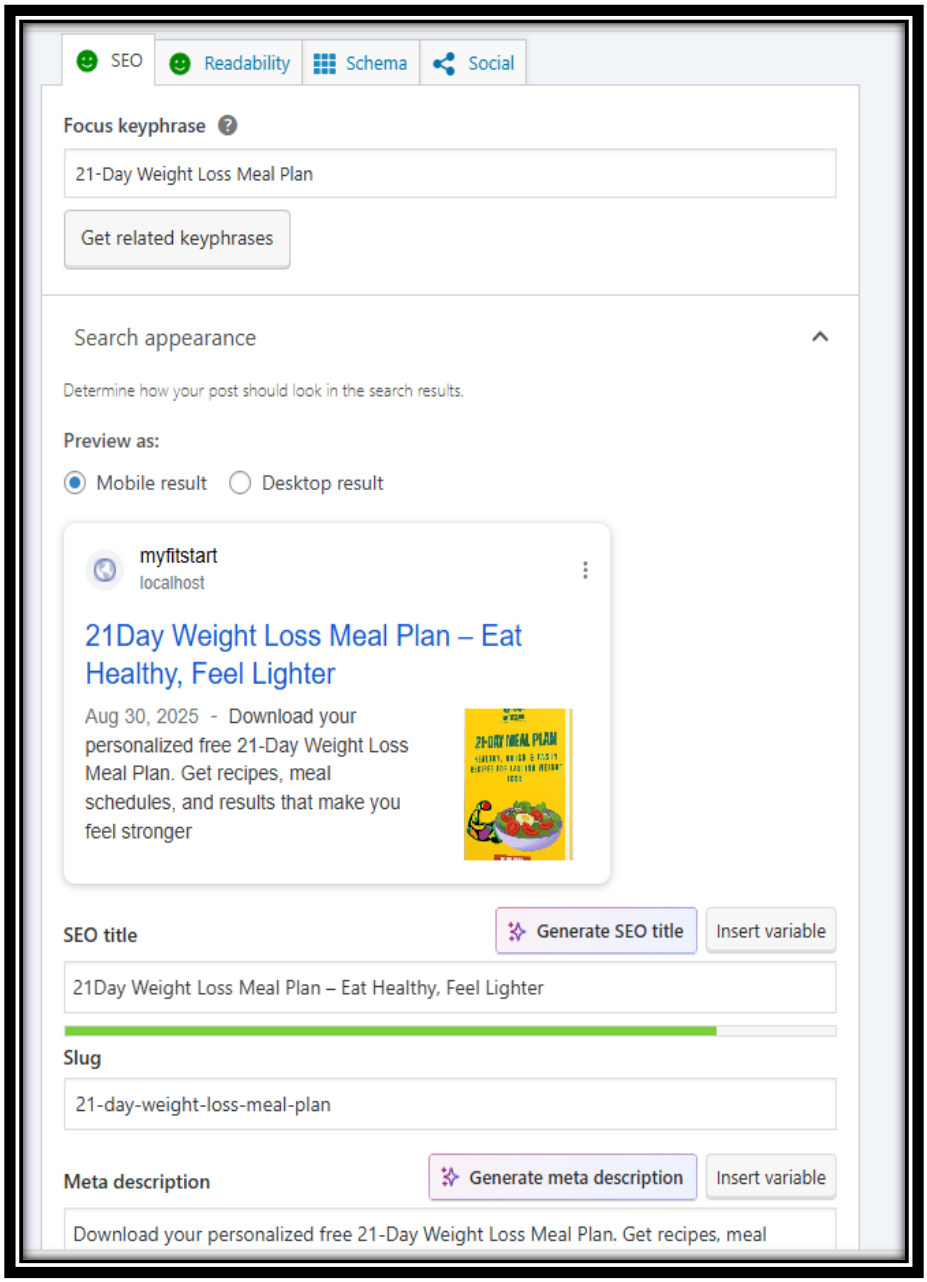
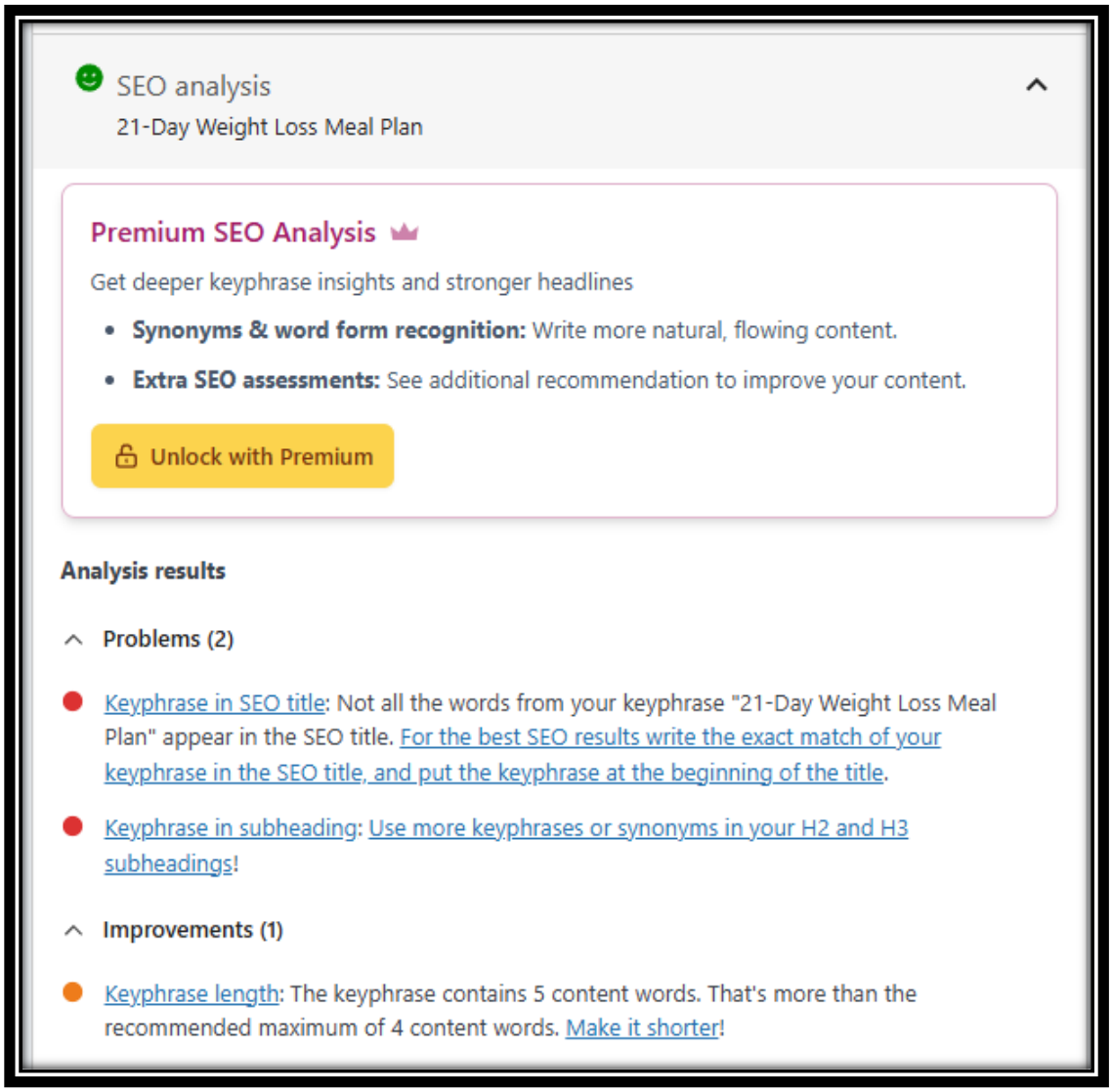
Assignment: On-Page SEO Optimization – 21-Day Weight Loss Meal Plan Landing Page

1. On page:



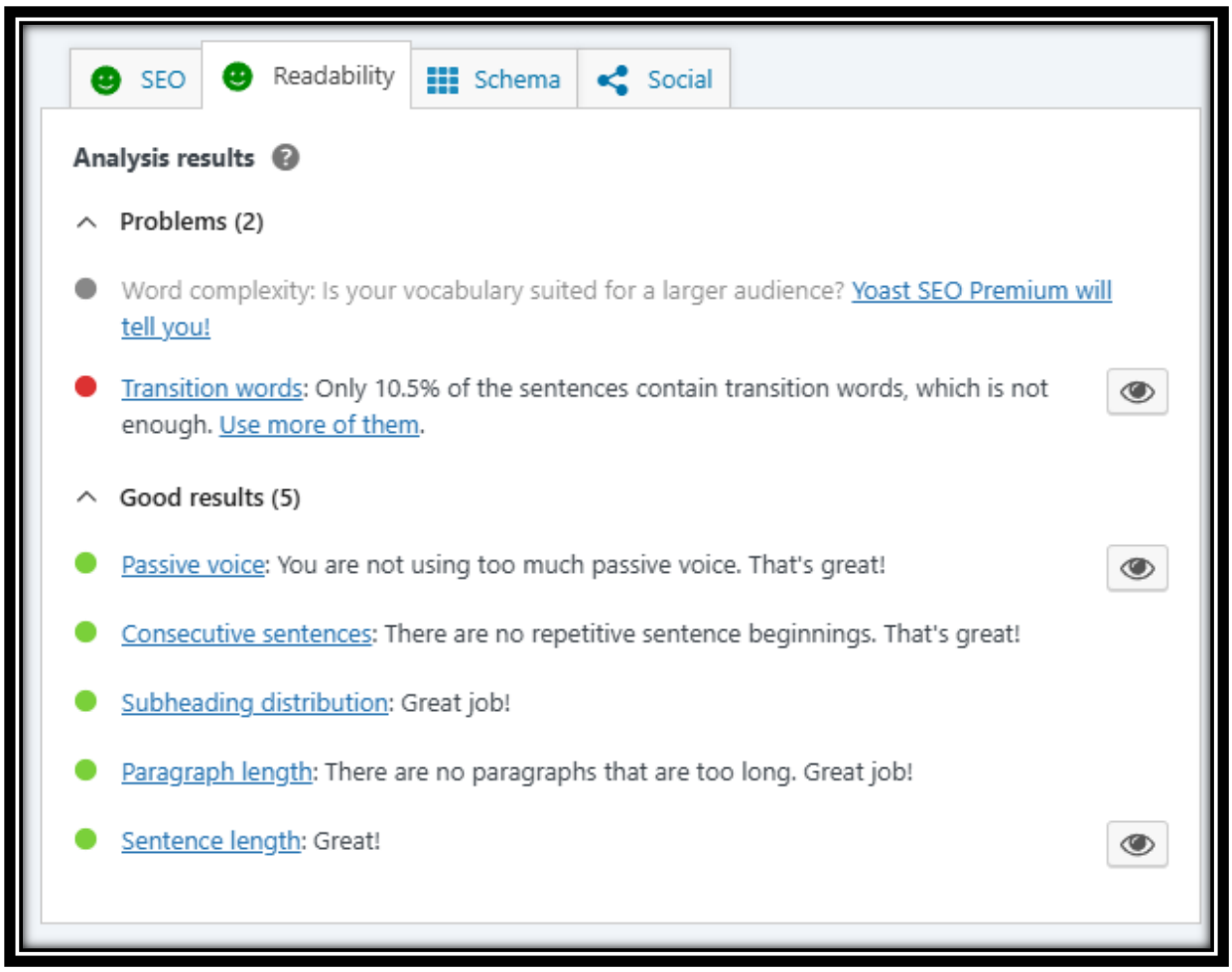
2. **Live Link:**
   http://localhost:10004/21-day-weight-loss-meal-plan/

3. Screenshot of Yoast SEO Analysis:



Good results (14)

- Outbound links: Good job!
- Keyphrase in image alt attributes: Good job!
- Images: Good job!
- Internal links: You have enough internal links. Good job!
- Keyphrase in introduction: Well done!
- Keyphrase density: The keyphrase was found 3 times. This is great!
- Keyphrase in meta description: Keyphrase or synonym appear in the meta description. Well done!
- Meta description length: Well done!
- Previously used keyphrase: You've not used this keyphrase before, very good.
- Single title: You don't have multiple H1 headings, well done!
- Keyphrase in slug: More than half of your keyphrase appears in the slug. That's great!
- Competing links: There are no links which use your keyphrase or synonym as their anchor text. Nice!
- Text length: The text contains 460 words. Good job!
- SEO title width: Good job!


SEO
Readability
Schema
Social
Analysis results
Problems (2)
Word complexity: Is your vocabulary suited for a larger audience? Yoast SEO Premium will tell you!
Transition words: Only 10.5% of the sentences contain transition words, which is not enough. Use more of them.
Good results (5)
Passive voice: You are not using too much passive voice. That's great!
Consecutive sentences: There are no repetitive sentence beginnings. That's great!
Subheading distribution: Great job!
Paragraph length: There are no paragraphs that are too long. Great job!
Sentence length: Great!