

# Privacy, Security and Usability

**Usability Design Details: Surveys, Team Work and Participant Recruitment**

# Topics for today

- Understanding User Motivation
- Surveys
- Interviews
- Focus groups
- Diary studies
- Interview demo

# Usability Design

- Understanding User Motivation

# The Hawthorne Effect

- The Hawthorne Effect was the product of productivity studies
  - conducted at Hawthorne Works plant of Western Electric in the 1920s by Elton Mayo
- Following parameters were altered during the study:
  - frequency and duration of rest periods
  - the length of a workday
  - employee compensation
  - temperature settings
  - Lighting, etc.

# The Hawthorne Effect

- Hypotheses included:
  - increasing the frequency of meal periods would increase productivity
  - decreasing lighting levels would decrease productivity.
- Results showed that these changes and many others resulted in increased worker productivity
- So why did this happen?

# The Hawthorne Effect

- Results showed that these changes and many others resulted in increased worker productivity
- Independent variables considered: temperature, lighting, rest periods length, etc.
- Dependent variable: productivity
- Researchers failed to consider another important independent variable at work:
  - attention

# The Hawthorne Effect

- Researchers failed to consider another important independent variable at work: attention.
- Employees being studied were responding to increased attention they were receiving during study
  - And not the changed physical conditions
- This increased attention appeared to have caused employees to feel as if they were special
  - for being singled out during the observation period.

# Understanding Users

- The Hawthorne Effect



# Contextual Inquiry

- a semi-structured interview method to obtain information about the context of use
- Includes two steps:
  - users are first asked a set of standard questions
  - users are observed and questioned while they work in their own environments

# Contextual Inquiry Principles

- **Focus:**

- Plan for the inquiry, based on a clear understanding of your purpose
  - You can't focus on every detail; need a focus to filter out the irrelevant details
    - The Where, How, and What expose the Why

- **Context:**

- Way of understanding users' needs and work practices
  - Go to the customer's workplace and watch them do their own work

# Contextual Inquiry Principles

- **Partnership:**

- Talk to customers about their work and engage them in uncovering unarticulated aspects of work
  - Investigator is a humble observer, participant is the knowledgeable informant.
  - master does the work & talks about it while working
  - we interrupt to ask questions as they go

- **Interpretation:**

- Develop a shared understanding with the customer about the aspects of work that matter
- Convert raw information into interpretation

# Contextual Inquiry

- The results of contextual inquiry can be used to
  - define requirements
  - improve a process
  - learn what is important to users and customers
  - learn more about a new domain to inform future projects

# Observations

- How?
  - Spending time in the vicinity of the subjects
  - Assume the role of subject
  - Ask for a tour from an insider
  - Observe and photograph anonymously
  - Other
    - Security cameras, youtube videos, etc.

# Contextual Inquiry

- Contextual Inquiry

# STUDY TOOLS

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# SURVEYS

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# Why learn how to survey?

- Questionnaires are everywhere
  - Measure customer experience or satisfaction
  - Also, used and standardized by government agencies
    - Measure economic effects, health of populations, etc.
- Designing good surveys is more complex than it seems

# Survey Process [Foddy 1993]

- Survey is a complex communication process:
  - Agreement has to be reached as to what to ask
    - within a framework or model encompassing the research questions and hypotheses to be addressed
  - Researchers or interviewers encode their request for information in a carefully standardized stimulus
  - Respondents subsequently decode this stimulus and encode an answer
    - usually expressed in terms of a standardized format previously encoded by the researcher.
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# Survey Process [Foddy 1993]

- Survey is a complex communication process (cont.):
  - The researchers or interviewers decode this response and proceed to analyzing the information
    - drawing some form of conclusion from the analyses

# Surveys

- What are the benefits of surveys?
  - Can obtain data from many participants
  - Relatively quick, easy, unobtrusive, inexpensive
    - Finding diversified group of participants may be challenging, expensive
  - Useful for validating hypotheses
    - using a smaller study with a larger population
      - Can be used as motivation for a follow-up expanded study
  - Can use both quantitative and qualitative questions
  - Quantitative questions may use Likert scale

# Survey Limitations

- Self reported data
- Participants response may not be accurate

# Survey Limitations

- Participants response may not be accurate:
  - May rush to finish survey, not consider question thoroughly
  - Participants may not appreciate correctly their real-time response
  - May be embarrassed to tell the truth
  - May deceive self regarding real-time response to events

# Survey Limitations

- Participants response may not be accurate (cont.):
  - Not remember correctly past reactions
  - May be concerned with privacy
  - Want to appear average/normal
    - Choose neutral responses
  - May not understand the questions

# Ways to deploy a survey

- Online
  - Users can fill at home
  - May prevent participants collaboration
- Handout/mail paper survey
- Provide tablet with questionnaire
- Phone survey



# Types of survey questions

- Multiple choice
  - Likert scale
- Ranking
- Open-ended responses
  - Short response
  - Long response

# Likert Scale

## Website User Survey

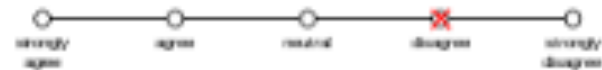
1. The website has a user friendly interface.



2. The website is easy to navigate.



3. The website's pages generally have good images.



4. The website allows users to upload pictures easily.



5. The website has a pleasing color scheme.



# Likert scale

- May use an odd or even number of responses
  - Odd Likert typically uses 5 to 7 questions
- Offers a range of answer options from one extreme attitude to another:
  - like “extremely likely” to “not at all likely”
- If number of odd responses, they include a moderate or neutral midpoint.
  - Easy to normalize, run statistical tools

# Likert Scale

- Length of scale should be meaningful to respondents
  - Do you want to know how strongly people feel about a certain issue?
    - In this case, a 7-point scale will provide more granularity

# Likert Scale Considerations

- Likert scales are arbitrary
  - The value assigned to a Likert item has no objective numerical basis
    - either in terms of measure theory or scale
  - The value assigned to each Likert item is simply determined by the researcher designing the survey
    - who makes the decision based on a desired level of detail.
  - each successive Likert item is treated as indicating a 'better' response than the preceding value

# Likert Scale Considerations

- The 'distance' between each successive item category is assumed to be equivalent
  - => In a five-point Likert item, the 'distance' between category 1 and 2 is inferred to be the same as between category 3 and 4
    - equidistant presentation by the researcher is important
      - otherwise a bias in the analysis may result.
- [http://en.wikipedia.org/wiki/Likert\\_scale](http://en.wikipedia.org/wiki/Likert_scale)

# Likert Scale Considerations

- The 'distance' between each successive item category is assumed to be equivalent
  - For example, a four-point Likert item with categories "Poor", "Average", "Good", and "Very Good" is unlikely to have all equidistant categories
    - since there is only one category that can receive a below average rating
      - This would arguably bias any result in favor of a positive outcome.

# Designing good survey questions

- Word questions clearly, without jargon or undefined abbreviations
- Avoid leading questions, ambiguous terms, or emotionally-loaded terms
- Design questions to evoke truthful responses
  - Non-threatening, don't bias participants to provide what they think you want, protect confidentiality
- Probe one dimension at a time
- Design questions such that respondents are likely to provide a range of answers



# Clear questions

- Word questions clearly, without jargon, ambiguous terms, or undefined abbreviations
- Exercise - Improve these questions:
  - Does your company use a VPN?
  - Do you make passwords with leet?

# Avoid bias

- Avoid leading questions or emotionally-loaded terms
- Exercise - improve these questions:
  - Do you do insecure things like not using anti-virus?
  - Do you think privacy-invasive companies like Facebook should be allowed to post children images?

# Evoke truth

- Design questions to evoke truthful responses
  - Non-threatening
  - Don't bias participants to provide what they think you want
  - Protect confidentiality (and tell participants that you will)
  - Don't allow participants to finish much faster by selecting certain answers

# Evoke truth

- Design questions to evoke truthful responses (cont.)
  - Keep surveys at proper length, to avoid rushing responses
    - If using Mturk, pay amount appropriate to survey length
    - Avoid using “wide net” to pick potential findings
    - Consider using an initial survey to created focused study hypotheses
      - This will allow shorter and more meaningful surveys

# Probe one dimension at a time

- If you ask about multiple dimensions in one question, answers tend to be ambiguous
- Improve these questions:
  - Do you delete cookies or use an ad blocker to protect your privacy?
  - Are you concerned about your identity being stolen, making it difficult for you to get credit in the future?

# Make sure all responses are available

- For example, let people respond that they don't know...
- Similarly, where appropriate, allow respondents to indicate they don't remember, don't have an opinion, or the question is not applicable to them (N/A)

# Make sure all responses are available

- Consider this question:
  - When was the last time you changed your email password?
    - This week
    - Last week
    - Last month
    - Last year
    - More than 1 year ago
  - What is the problem with this question? How can you improve it?

# Appropriate answer choices

- Answer choices should be clear, mutually exclusive, cover entire space of possible answers
  - Allow multiple answers if choices are not mutually exclusive
  - Include “Other” if answers may not cover entire space



# Appropriate answer choices

- Answer choices should be clear, mutually exclusive, cover entire space of possible answers
  - Improve this question:
    - What technique did you use last time you created a password (choose 1)?
      - I used a name
      - I used a dictionary word
      - I used a random number
      - I added digits and symbols

# Varied answers

- Design questions such that respondents are likely to provide a range of answers
- If you bucket answers, use appropriate level of granularity, keeping in mind your population
- Improve this question:
  - How old are you?
    - 20-39
    - 40-69
    - 70-89

# Include sufficiently wide quantitative ranges

- Be aware that the rating scale can skew responses
  - People like to think they are normal and will choose responses that don't look like outliers
- Make sure you are covering an appropriate range

# Include sufficiently wide quantitative ranges

- Improve this question:
  - How often do you look at Facebook?
    - Once per week
    - A few times per week
    - Once per day
    - A few times per day

# Designing good survey questions

- Word questions clearly, without jargon or undefined abbreviations
- Avoid leading questions, ambiguous terms, or emotionally-loaded terms
- Design questions to evoke truthful responses
  - Non-threatening, don't bias participants to provide what they think you want, protect confidentiality
- Probe one dimension at a time
- Design questions such that respondents are likely to provide a range of answers

# Rating Scales

- If you are asking multiple Likert scale questions, try to use the same size scale throughout
  - 5, 7, etc.
- For opinion (concern, fun, difficulty, etc.) scales or agreement scales, put neutral in the middle
  - E.g.: Strongly agree, agree, neither agree nor disagree, disagree, strongly disagree

# Rating Scales

- Agreement scales can allow for more consistency
  - I find changing my password annoying
    - Strongly agree, agree, neither agree nor disagree, disagree, strongly disagree

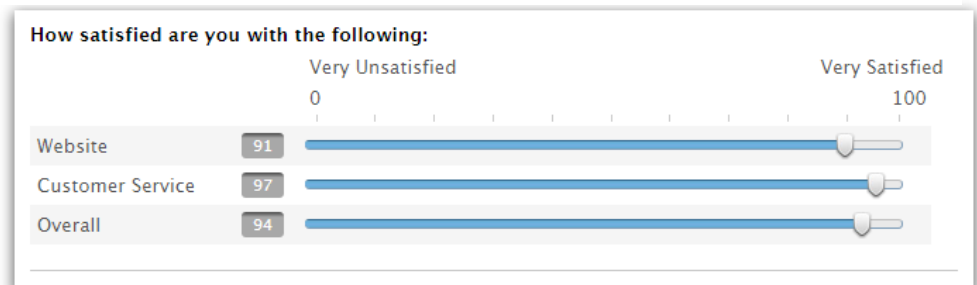
# Scale options

- Label every point on scale with words
  - Computing means can be problematic because it is not clear that scale is linear

2. How satisfied were you with the ice cream flavor that you chose?

☐ Very Satisfied   ☐ Somewhat Satisfied   ☐ Satisfied   ☐ Neutral   ☐ Dissatisfied

☐ Somewhat Dissatisfied   ☐ Very Dissatisfied



- Label end points only
  - OK to compute means

<https://www.surveygizmo.com/resources/blog/survey-question-scale-length/>

<https://www.questionpro.com/blog/4-measurement-scales-every-researcher-should-remember/>



# Be aware of cognitive load difficulties

- Do not ask respondents to perform cognitively difficult tasks
  - E.g., ranking more than 5 items
    - unless you are testing their ability to perform these tasks

# Be aware of cognitive load difficulties

- Improve this question:
  - Rank the security of each password, placing a 1 next to the most secure, 2 next to the next most secure, etc.
    - ulovedogs25
    - urcatperson25
    - cat
    - dog
    - U<3dogs
    - Cats25

# More survey design tips

- Cluster similar questions together
- Use a clear and attractive layout
- Pilot, pilot, pilot!

# Survey length should be appropriate

- Prioritize and eliminate questions that are less important to your research
- Provide appropriate pay or other incentives for a long survey
  - Help avoid rushing Mturk users, etc.
- Consider dividing your sample randomly and giving different participants different questions
- Consider running multiple surveys or giving participants a break between survey parts

# Include attention checks

- Make sure participants are paying attention
  - Ask same question more than once in slightly different ways
  - Ask question with obvious correct answer that is formatted similarly to other survey questions
  - Tell participants correct answer and see if they choose it
  - Check whether participants write meaningful answer to free response question

# Include attention checks

- Make sure participants are paying attention (cont.)
  - Ask a factual question on the topic before asking an opinion question
  - Don't make attention check questions too obvious

# Run a pilot survey

- You won't get it 100% right the first time
  - Generate study in a few steps
- Take the survey yourself and see how long it takes
- Watch people complete survey and see if anything confuses them
- Give the survey to a small sample and check timing and look for unexpected results
- Come up with data analysis plan and use it to analyze pilot results

# Online survey tools

- Many tools to choose from...
  - Google Forms – free and easy, not very sophisticated
  - Survey Monkey – free and paid versions
  - Survey Gizmo – free and paid versions
  - Qualtrics – powerful but requires subscription
  - Conditional questions, randomization, embed code, and more!



# INTERVIEWS

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# Interviews

- Pros:
  - Obtain rich data from a few participants when you aren't sure what you'll find
    - Explore an area
    - If done properly, lets you identify themes
    - Come up with entirely new perspectives

# Interviews

- Pros (cont.):
  - Allows you to probe mental models, what people think and why
  - Semi-structured interviews allow you to explore issues as they are raised
  - Allows you to clarify if people don't understand a question

# Interviews

- Cons:
  - Time consuming to conduct; large number of interviews may not be feasible
  - May not be able to quantitatively generalize frequencies of opinions
  - Time consuming to analyze
    - May require transcription and coding
  - Hard to completely avoid bias

# How to design an interview

- Concentrate on open-ended questions
  - Maximize interview benefits
- Design follow-up questions, i.e.
  - “What files do you have on your computer that you consider valuable?”
  - Follow up with “Do you have valuable photos? Videos? School work?”

# How to design an interview

- Go from general to more specific questions
  - So you first get unbiased responses
    - For example, ask about general computer-related behavior before asking about installing anti-virus, etc.
- Prepare script of planned interview
  - Including questions and follow-up probes

# Role play and hypothetical scenarios

- Appropriate for some interview studies
- Give participant a role to play or put them in a hypothetical scenario
  - Imagine you just saw this message on your computer screen....
  - Imagine your friend called you and told you he saw this message and asked you what to do....

# Interview Preparation

- Have a written copy of the interview script
  - With space to take notes, write down feedback
- Prepare and print the official consent form
- Prepare compensation plan and print information for participants
- Audio/video recording equipment
- Remind interviewer ahead of time the time/place of the interview



# Conducting Interview

- Introduce yourself and any research assistants
- Explain purpose of study
  - unless you need to hide it to avoid biasing participant)
    - in which case prepare an 'alternative purpose' that the participants will be provided
- Ask participants to read and sign consent form
- Turn on all recording material (if used)
- Perform study, debrief the participants at end of study
- Provide participants with payment
  - Ask participants to sign payment sheet

# Interview guidelines

- Make participants feel comfortable
  - Comfortable environment, refreshments for long interviews
  - Make room for silence
    - If you listen, interviewees will speak
- Avoid leading questions
  - Stay neutral
- Support whatever participants say
  - don't make them feel like they're incorrect or being judged
- Interview a broad range of people
- Know when to follow up

# Interviews

- User Interviews
  - Explore current and future use of product
  - Make an ongoing engagement
    - Choose users to be beta testers
- Expert Interviews
  - Interviews with domain experts
    - Beyond traditional interview structure
    - Ask open ended questions
    - Try to understand their role in user's experience

# Interviews

- Camera studies
  - Provide cameras to document subject's experience
  - Explain purpose of the study
  - Identify meaningful images
    - Get permissions to use images

# FOCUS GROUPS

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# Focus groups

- More efficient than interviews; you can interview 5-10 people at once
- Good for getting a lot of opinions quickly or for topics that benefit from group discussion
- Less detail from any interviewee than you would get in an individual interview

# Focus groups

- Not great for testing usability because you can't watch multiple people use software at the same time
- Sometimes an opinionated individual can dominate a focus group
- Hard to publish paper based only on one or two focus groups

# Planning a focus group

- Develop very detailed script to guide you
- Pre-screen participants to get a good mix of people who meet your criteria
- Setup audio and video recorders, but don't make people feel under surveillance



# Planning a focus group

- Helpful to have at least 2 people: moderator + note taker
- Give people name tags with their first name only
- Plan to do multiple focus groups to mitigate effects of dominant participant steering conversation

# Conducting a focus group

- Make the session fun, informal, relaxed feel
  - Provide drinks and snacks
- Promote a free flowing conversation that engages all participants
- Ask open ended questions
  - Show people multiple things and ask them to compare
  - Give demos or show videos to start-off discussion
  - Give people handouts and ask them to circle things they like/don't like, or jot down first impressions before group discussion

# DIARY STUDIES

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# Benefits of a diary study

- Rich longitudinal data from a few participants in a natural environment
  - Explore natural reactions and occurrences
  - Examine over longer time periods
  - “Existence and quantity” of phenomena
  - Provide concrete examples to discuss during interview

# Benefits of a diary study

- Examples

- Record every time you self-censor a Facebook post
- Record every time you authenticate
- Record every time you share a file
- Take a photo of anything you see that helps people protect privacy
- Every evening, think about your day and write about the most frustrating thing that happened

# Logistics

- Participants may record words on paper, on a computer, on a mobile device, with camera, with voice recorder
  - Unstructured and open ended, or filling out form
- Once per day diaries, quick entries throughout the day, or quick entries with detail added once per day
- Provide clear instructions and expectations
- A lot of work for participants, pay them well

# Usability Design

- Understanding User Motivation

# Study Positive Outcomes

- An implicit insight
- Finding a surprising or missing element
- Finding out why people do unusual things
- Detecting explanation to a contradiction
- Knowing what the subject will say next



# Study Positive Outcomes

- You can tell a good story
- You want to make what you learned public
  - Tell your family, friends and even strangers
  - Write and publish

# Caveats of User-Centered Design

- Users are not always right
  - cannot anticipate new technology accurately
  - job is to build system users will want
    - not system users say they want
    - if you can't get users interested in your hot idea, you're probably missing something
- Design/observe forever without prototyping
  - rapid prototyping, evaluation, & iteration is key

# TEAMWORK

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# Topics for Today

- Writing a survey
- Project proposal
- Teamwork
- Team building exercise

# What is a Survey/Literature Review?

- A critical summary of what has been published on a topic
  - What is already known about the topic
  - Strengths and weaknesses of previous studies
  - Often part of the introduction or a section of a research paper, proposal, or thesis
    - You will write one for your project

# Properties of a good survey

- be organized around and related directly to your research question
- synthesize results into a summary of what is and is not known
- identify areas of controversy in the literature
- formulate questions that need further research

# Creating a survey

- Don't create a list of article summaries or quotes
- Do point out what is most relevant about each article to your paper
- Do compare and contrast the articles you review
- Do highlight controversies raised or questions left unanswered by the articles you review
- Do take a look at some examples of literature reviews or related work sections
  - in papers assigned for this class
  - before you try to create one yourself

# Team work

- What are some effective strategies for working in teams?



# Effective teamwork

- Good communication
- Timeline with deadlines
- Regular meetings
- Divide up responsibilities (but help teammates when they need it)

# Team building exercise

- You have 30 minutes to work in your teams and produce the following deliverables:
  - A short name for your team
  - A team logo
  - A team slogan
  - A 1-minute advertisement for your project
    - Everyone on your team must say something
    - You may use slides and/or chart paper and anything you have with you as props
    - Display your team name, logo, and slogan

# PARTICIPANT RECRUITMENT

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# Recruiting Participants

- Recruiters with clipboards (or booth/table) on campus, where you have permission, public place
- Facebook ads, Google Surveys
- Email to membership organizations (perhaps in exchange for donations)
- Panels, participant pools
- Flyers on bulletin boards, telephone polls, bus stops
- Crowdsourcing services

# Flyers

- Big headline to grab attention,
- color and/or graphics to stand out
- Not too many words, use bullets
- Explain who qualifies, location, time commitment
- Make it easy to contact you
  - Tear-offs, URL, QR code

# Requirements for ethical studies

- Minimize risk to participants throughout study
  - Exposure of personal information, physical and psychological harm
  - Is there a less risky approach?
- Obtain participant consent (or waiver from IRB)
- Debrief if necessary
- Treat participants fairly

# Requirements for ethical studies

- Don't coerce to participate, allow participants to quit
  - How can we make sure participation is voluntary?
- Monitor for problems, address them quickly, stop study if need be

# Deception

- Do we mind if participants know precisely what is being studied?
  - Sometimes, it's crucial that we observe their responses in context
    - Making them aware of the study purpose will change its outcome
      - For example, studying a phishing response
- What “deception” or “distraction” task can we introduce?
- How can we introduce deception ethically?
  - IRB will generally require you to debrief participants
  - How do we debrief?



# Social Phishing (Jagatic et al., 2007)

- How did they obtain consent?
  - What ethical concerns are there?
    - What seemed to be done well?
    - What could have been done better?
  - Who was potentially affected by the study?
- 
- \* Tom Jagatic, Nathaniel Johnson, Markus Jakobsson, and Filippo Menczer. Social phishing. In *Communications of the ACM*, Volume 50, Issue 10, pp. 94-100, October 2007.

# Social Phishing (Jagatic et al., 2007)

- Paper states that:
  - “The number of complaints made to the campus support center was also small (30 complaints, or 1.7% of the participants).”
    - Is there any cause for concern?
- \* Tom Jagatic, Nathaniel Johnson, Markus Jakobsson, and Filippo Menczer. Social phishing. In *Communications of the ACM*, Volume 50, Issue 10, pp. 94-100, October 2007.

# Summary

- Work in teams
  - Collaborate and exchange ideas
- Create a survey
  - Learn about existing research
- Recruit participants for your study
  - Using advertising,

# Questions?

