The FasTrak® NLP Master Practitioner Certification Audio Program

Introduction and Themes Goals and Themes Introduction to CD's Master Practitioner Introduction Themes: Cause and Effect 3. 1. Goals for the Training 4. **NLP Communication Model** The Learning State Perception is Projection 3. What is NLP (1) Neuro Transmitter Bathes Every Cell 6. 4. What is NLP (2) Responsibility for Change 7. 5. Opening Metaphors Responsibility for Value 6. Conscious Mind - Unconscious Mind NLP - a Do-With process 9. 10. The Grey Zone 11. About learning this material 12. Agreements for training **Presuppositions and Prime Directives** Introduction to Language 1. Introduction to Quantum Linguistics 2. Presuppositions in Language 1. The Unconscious Mind 3. Presuppositions - Exercise 1 Presuppositions of NLP (1, 2) 4. Presuppositions – Exercise 2 Presuppositions of NLP (3) 5. Introduction to Inductive Language Patterns Prime Directives of the Unconscious Mind 6. Milton Model - review The Boards for Breakthrough 7. Giving Feedback in the Training Meta Programs (1) Meta Programs (2) 1. Convincer Rep Meta Program 2. Convincer Demo Meta Program 1. Introduction to Meta Programs Management Direction Meta Program What are Meta Programs Action Filter Meta Program Introduction to Myers - Briggs Affiliation Filter Meta Program 5. Introvert - Extrovert 4. Sensor – Intuitor Thinker – Feeler Work Preference Meta Program 6. 5. Primary Interest Meta Program 6. 8. Chunk Size Meta Program Judger - Perceiver Relationship Filter Meta Program Judger Close 8. 10. Stress Response Meta Program Class Scores 11. Time Storage Meta Program 10. Judger Perceiver Pointers 12. Model Operator Sequence Meta Program 11. Changing Meta Programs and Questions 13. Attention Direction Meta Program 12. Introduction to Complex Meta Programs 13. Direction Meta Program 14. Processing Style Meta Program 15. Listening Style Meta Program 16. Speaking Style Meta Program 14. Reason Meta Program 15. Frame of Reference 17. Meta Program Elicitation Demo 18. Elicitation Explanation 19. Exercise Values (2) Values (1) 1. Introduction to Values 1. The Why of Behavior 2. Surface and Deep Levels of Values What are Values - Definitions Effects of Values 3. Sacrificial vs. Expressive Systems Where Values comes from 4. Outside Conditions produce Inside Changes 4. Change Evolution of Values - Graves 5. 5. Three Parts of a Values Level Tip Offs for each level 6. Introduction to Values Levels Specific Examples 8. Why Is a Good Idea a Good Idea Values Level 1 Values Level 2 Previous thinking systems Values (3) Values (4) Values Level 3 1. Transitioning Through the Levels Values Level 4 The Actual Values Transitions Values Level 5 Transition Levels 1 and 2 Values Level 6 4. 4. Transitions Levels 3 and 4 Transitioning from 6 to 7 Transitions Level 5 5. 6. Values Level 7 6. Transitions Level 6 Values Level 8 Transitions Level 7 Country Values Levels

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Values (6) Values (5) Elicitation of Values from Motivation Strategy Elicitation of Values from Thresholds Hierarchy of Values Values Elicitation - Demo 1. Interactions between Levels Values Utilization - Demo 5. 2. Class Interpretation 6. The Effect of Changing Values 3. Discussion and Exercise Discussion 7. 4. Standard Elicitation of Values 8. More Discussion Toward vs. Away From 10. Toward - Toward Conflicts 11. Away - Away Conflicts Values (7) Values (8) and Strategies 1. Discovering the Conflicts 1. Aligning Boards of Directors Toward - Away Demo Be a Minimalist Discussion and More Demo Re-ranking importance of Areas of Life Toward - Toward Demo and Exercise Case Study Changing Values Contextually Misplaced Values 5. Accelerating Your Evolution Changing Values in Hierarchy Advanced Strategy Installation (1) 6. 7. Making Sure Not To Install Advanced Strategy Installation (2) Changing the Higher Values TOTE Model and Strategy Installation 9. Changing Values - Demo Strategy Installation Exercise 10. Discussion moving to Level 7 and Beyond **Parts Integration Quantum Linguistics** Introduction to Cartesian Coordinates 1. Introduction to Parts Integration Acquisition of Language The Formation of Parts **Explanation of Cartesian Logic** Advanced Parts Integration Technique Cartesian Logic Discussion The Arm Catalepsy Induction The Glue Predicate Calculus 5. Parts Integration and Projection Quantum Presuppositions 6. 6. Parts Integration Demo **Delivering Embedded Commands That Work** Parts Integration Discussion Quantum Physics Exercise 8. Parts Integration Exercise Quantum Physics 1 **Quantum Linguistics Exercises (1) Quantum Physics** Chunking Exercise NLP Negotiation and Mediation (1) NLP Negotiation and Mediation (2) Mediation Exercise 1. Quantum Physics 2 Quantum Linguistics Review 5. Quantum Physics 3 Meta Model III 3. Quantum Physics 4 Quantum Linguistics Temporal Change 4. Quantum Physics 5 Temporal Decision Destroyer 5. Quantum Physics 6 Going Beyond Boundaries 10. Linguistic resourcing 11. De-identification Process QL Exercises (2) and Prime Concerns (1) Prime Concerns (2) 1. Chaining Modal operators 1. Being, Doing, Having 2. Quantum Linguistics Parts Integration Be, Do, Have Examples 3. Introduction to Sleight Of Mouth (SOM) 3. **Ecstatic State Elicitation** Examples for each SOM Pattern Prime Concerns Process 5. How is SOM used Prime Concerns Examples (1) 5. Questions to develop the SOM Patterns 6. Prime Concerns Examples (2) 7. The SOM Exercise Prime Concerns Demo 8. Moving into Prime Concerns Discussion of Demo 9. Introduction to Prime Concerns Prime Concerns Exercise 10. What are Prime Concerns 11. Structure or Prime Concerns

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Advanced Submodalities (1)

- 1. Introduction to Advanced Submodalities and Drivers
- 2. Universal Experiences
- 3. Submodalities Drivers (Continued)
- 4. Submodalities Thresholds
- 5. Threshold Group Exercises
- 6. Compulsion Blowout Technique Explained
- 7. Compulsion Blowout Discussion
- 8. Designer Swish Patterns



Adv. Submodalities (2) and Logical Levels (1)

- 1. Allergy Clearing Model
- 2. Advanced Phobia Model Discussion
- 3. Neurological Drivers Introduction
- 4. Neuro Drivers Discussion (1)
- 5. Neuro Drivers Demo
- 6. Discussion and Exercise
- 7. Neuro Drivers Discussion (2)
- Logical Levels of Therapy
 Logical Levels Example
- Logical Levels Example
 Logical Levels Discussion



Logical Levels of Therapy (2)

- 1. Logical Levels of Therapy Demo
- 2. Logical Levels of Therapy Exercise
- 3. Two Successful Stories
- 4. Questions
- 5. Training Design
- 6. Training Elements
- 7. Teaching Conscious Mind and Unconscious Mind



4MAT Training Exercises

- 1. The 4Mat System
- 2. 4Mat Exercise
- 3. Introduction to Exercises
- 4. Introduction to Training State
- 5. Peripheral Vision Exercise (1)
- 6. Peripheral Vision Exercise (2)
- 7. Presentation Exercise
- 8. Talk In Time With The Music Demo
- 9. Talk In Time With The Music Exercise
- 10. Modeling



Modeling Being a Trainer

- 1. How To Do Modeling
- 2. Board Break
- 3. Succeeding as a Trainer of NLP
- 4. Join the Boards



Conclusion

- 1. Master Practitioner Closing Words
- 2. Master Practitioner CD Conclusion

Relationships

- 1. The Three Minds
- 2. How Do You Treat Your Unconscious Mind
- 3. Polarity of the Minds and the Bodies
- 4. The Basic Polarity Male Female
- 5. The Polarity of Relationship
- 6. Energy Polarity in Ancient Thinking
- 7. Modern relationships and Energy
- 8. The Energy Neuro Driver
- Making Sure Energy Flows
- 10. Negative Emotions Attract Projections
- 11. Making the Energy High
- 12. Conclusion



- 1. Huna Introduction
- 2. Increasing Energy with Ha Breathing
- Breathing Group Exercise
- 4. Introduction to Ho'oponopono
- 5. Ho'oponopono Process
- 6. Ho'oponopono with the Class
- 7. Conclusion

