

RESUME

Name : Dr.Naveena.C
Qualification : BNYS (Bachelor of Naturopathy and Yogic Science)
E-mail : drnaveenabnys07@gmail.com
Phone number : 9150665196
BLOOD GROUP : O⁺
DOB : 03.04.1998



Permanent Address : D/O Chandrasekar,
2-576,Karukkampatty,Nagampatty,Vedasandur,Dindigul, Tamil
Nadu -624710.

OBJECTIVE

Seeking a position to start my career in hospital and college sector for the mutual growth and profit where I could get learning environment. I am passionate to provide the benefits of the naturopathy and yoga management to the people. **EDUCATION**

DEGREE/COURSE	INSTITUTE/BOARD	PERCENTAGE
BNYS 2015-2023	JSS INYS COIMBATORE	58.54%
HSCC 2015	NSVV G HR SEC SCHOOL PATTIVEERANPATTI, VATHALAKUNDU	89.5 %
SSLC 2013	ANNAMALAIYAR MILLS G HR SEC SCHOOL DINDIGUL	80.5 %

PROFESSIONAL SKILL

- Best medical practice in naturopathy treatment and yoga.
- Strong communication skills.
- Good handling with patient.
- Diagnosis and treatment.
- Knowledge about homeopathy, Ayurveda & herbs, ozone therapy
- Best in diet, physiotherapy, acupuncture, acupressure, and herbology.

INTERNSHIP EXPERIENCE

- Saiseva yoga, Nature cure hospital & Research Centre, Tiruvannamalai (Apr-July 2022)
- S.K.T Nature cure & yoga research institute, Pavoorchatram, Tenkasi (July-Sep 2022)
- Lotus multispeciality hospital, Erode (Sep-Nov 2022)
- M S R Arogyalayam, Vijayawada (Nov 2022 - Jan 2023)
- Nisarga hospital, Sirsi, Karnataka. (Jan - March 2023).
- Nirvana naturopathy and retreat, Nasik, Maharashtra (March - Apr 2023)

EXPERIENCE

- Shanthi homeopathic clinic, Vedasandur, Dindigul (May 2023 – September 2023)
- Edamanaassery Spine Hospital Pvt. Ltd., Coimbatore (October 2023 – April 2024)

SKILLS LEARNT FROM INTERNSHIP (ROLES AND RESPONSIBILITIES)

- Assisting senior doctor during patient's consultation OPD& IPD.
- Worked in different department (Physiotherapy, diet section, treatment section, consultation, ayurveda consultation, ozone therapy).
- Delivering regular yoga session – group, personal (THERAPEUTIC YOGA).
- Night duty and basic emergency treatment.
- Massage and acupuncture.
- Therapeutic diet chart making.
- Periodically meeting the patients and discussing about their improvement.
- Giving psychological counseling to the patient.
- IPD history taking follow up and rounds.

ACTIVITIES

Camps & Conference

- 21st Incofyra - 2016
- Hospital visit (normal delivery) Govt medical collage & hospital, Coimbatore - 2019
- Arogya fair - 2019
- Ayusastra - 2020
- Duty during covid pandemic 2021 – yoga & naturopathy intervention, ANC Program & Camps.
- Participated free medical camp during my college days.

LANGUAGE

- TAMIL

- ENGLISH
- KANNADA (Manageable)
- TELUGU (Manageable)
- HINDI (Manageable)

COMPUTER KNOWLEDGE:

- Basic knowledge of operating computer.
- MS Office (Word, Excel, PowerPoint)

Reference

Name : Dr.Kalimuthu

Phone No : 9842985914

DECLARATION:

I hereby declare that the contents of my above resume are true and correct the best of my knowledge nothing has been falsely stated there in.

PLACE:

YOURS SINCERELY,

DATE: