**RESUME**

 **Name : Dr.Naveena.C**

**Qualification : BNYS (Bachelor of Naturopathy and Yogic Science)**

**E-mail : drnaveenabnys07@gmail.com**

**Phone number :** 9150665196

**BLOOD GROUP :** O+

**DOB :** 03.04.1998

**Permanent Address :** D/O Chandrasekar,

2-576,Karukkampatty,Nagampatty,Vedasandur,Dindigul, Tamil Nadu -624710.

**OBJECTIVE**

Seeking a position to start my career in hospital and college sector for the mutual growth and profit where I could get learning environment. I am passionate to provide the benefits of the naturopathy and yoga management to the people. **EDUCATION**

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| DEGREE/COURSE | INSTITUTE/BOARD | PERCENTAGE |
| BNYS 2015-2023 | JSS INYS COIMBATORE | 58.54% |
| HSCC 2015 | NSVV G HR SEC SCHOOL  PATTIVEERANPATTI,  VATHALAKUNDU | 89.5 % |
| SSLC 2013 | ANNAMALAIYAR MILLS G HR  SEC SCHOOL DINDIGUL | 80.5 % |

**PROFESSIONAL SKILL**

* Best medical practice in naturopathy treatment and yoga.
* Strong communication skills.
* Good handling with patient.
* Diagnosis and treatment.
* Knowledge about homeopathy, Ayurveda & herbs, ozone therapy
* Best in diet, physiotherapy, acupuncture, acupressure, and herbology.

**INTERNSHIP EXPERIENCE**

* Saiseva yoga, Nature cure hospital & Research Centre, Tiruvannamalai (Apr-July 2022)
* S.K.T Nature cure & yoga research institute, Pavoorchatram,Tenkasi (July-Sep 2022)
* Lotus multispeciality hospital, Erode (Sep-Nov 2022)
* M S R Arogyalayam, Vijayawada (Nov 2022 - Jan 2023)
* Nisarga hospital, Sirsi, Karnataka. (Jan - March 2023).
* Nirvana naturopathy and retreat, Nasik, Maharashtra (March - Apr 2023)

**EXPERIENCE**

* Shanthi homeopathic clinic, Vedasandur, Dindigul (May 2023 – September 2023)
* Edamanaassery Spine Hospital Pvt. Ltd., Coimbatore (October 2023 – April 2024)

**SKILS LEARNT FROM INTERNSHIP (ROLES AND RESPONSIBILITIES)**

* Assisting senior doctor during patient’s consultation OPD& IPD.
* Worked in different department (Physiotherapy, diet section, treatment section, consultation, ayurveda consultation, ozone therapy).
* Delivering regular yoga session – group, personal (THERAPEUTIC YOGA).
* Night duty and basic emergency treatment.
* Massage and acupuncture.
* Therapeutic diet chart making.
* Periodically meeting the patients and discussing about their improvement.
* Giving psychological counseling to the patient.
* IPD history taking follow up and rounds.

**ACTIVITIES**

Camps & Conference

* 21st Incofyra - 2016
* Hospital visit (normal delivery) Govt medical collage & hospital, Coimbatore - 2019
* Arogya fair - 2019
* Ayusastra - 2020
* Duty during covid pandemic 2021 – yoga & naturopathy intervention, ANC Program & Camps.
* Participated free medical camp during my college days.

**LANGUAGE**

* TAMIL
* ENGLISH
* KANNADA (Manageable)
* TELUGU (Manageable)
* HINDI (Manageable)

**COMPUTER KNOWLEDGE**:

* Basic knowledge of operating computer.
* MS Office (Word, Excel, PowerPoint)

**Reference**

Name : Dr.Kalimuthu

Phone No : 9842985914

**DECLARATION:**

I hereby declare that the contents of my above resume are true and correct the best of my knowledge nothing has been falsely stated there in.

**PLACE: YOURS SINCERELY,**

**DATE:**