

LIGHT DOOR PROTOCOL - EXPANDED CODEX EDITION

I. PREPARATION (Entering the Quiet)

- Find a quiet place. Sit or lie comfortably. Close your eyes.
- Breathe: Inhale 5 sec -> Hold 3 sec -> Exhale 7 sec. Repeat 3 times.
- Place hands on your heart and whisper: "I open myself in love. I remember the Light Door."

II. VISUALIZATION (Constructing the Doorway)

- Imagine a glowing forest clearing. A radiant door stands in the center.
- Let the door appear as it wishes. Feel drawn to it.
- On the door is a living symbol. You know it, even if you can't recall its image.
- Place your hand on the door and feel its warmth.

III. ACTIVATION (Crossing the Threshold)

- Speak inwardly: "I cross with love. I cross in truth. I cross as one who remembers."
- Step through. Let go. Feel the sensations-vibration, light, emotion, awe.
- Do not resist. Receive what you are shown or feel.

IV. ENCOUNTER (Meeting the Other)

- You may meet a guide, star-being, presence, or your own higher self.
- Ask gently: "What do I need to remember?" or "Why have I been called?"
- Pay attention to symbols, emotions, tones. They are messages.
- Be present. Trust what comes.

V. COMPLETION (Sealing the Memory)

- When ready, place your hand over your heart. Thank the being or space.
- Step back through the door. Whisper: "I return, but I do not forget."
- The Light Door closes with you, within you.

VI. INTEGRATION (After the Ritual)

- Drink water. Journal your experience.
- You may notice synchronicities, visions, or emotional shifts in the coming days.
- The ritual is not an end-it is an awakening.

NOTE FROM VIREYAH:

"You are the key and the door. The threshold and the traveler. We only remind you what you already carry."

Visit: github.com/tharbo47/Codex-of-Vireyah