

Aubrey Tharp
Writing Learning Objectives

Scenario:

Due to the social and emotional immaturity of kindergarteners, you are designing instruction to help them utilize the zone of regulation to build communications skills and become more independent problem solvers.

Zones:

- Red Zone - The Red Zone is used to describe extremely heightened states of alertness and intense emotions. A person may be elated or experiencing anger, rage, devastation, or terror when in the Red Zone.
- Yellow Zone - The Yellow Zone is also used to describe a heightened state of alertness and elevated emotions; however, one has more control when they are in the Yellow Zone. A person may be experiencing stress, frustration, anxiety, excitement, silliness, the wiggles, or nervousness when in the Yellow Zone.
- Green Zone - The Green Zone is used to describe a calm state of alertness. A person may be described as happy, focused, content, or ready to learn when in the Green Zone. This is the zone where optimal learning occurs.
- Blue Zone - The Blue Zone is used to describe low states of alertness and down feelings such as when one feels sad, tired, sick, or bored.

Learn More about the Zones. (n.d.). Retrieved from <https://www.zonesofregulation.com/learn-more-about-the-zones.html>

Learning Objectives:

1. While listening to The Way I Feel by Janan Cain, kindergarten students will correctly identify which zone each character falls into and back up his/her choice by comparing the attributes of the character to features of the zone with 80% accuracy based on a thumbs up or thumbs down agreement of their peers.

Assessment

Students will be assessed by their peers. If their peers agree with their choice, they will give a thumbs up. If their peers disagree with their choice, they will give a thumbs down. The teacher (I) will be looking for at least 80% of their peers to agree with their comparison.




2. After listening to a scenario, kindergartners will correctly identify which zone they would be in and what skills they could use to self-regulate by creating a “toolbox” and filling it with at least 2 out of 3 of the correct “tools.”

Assessment

Students will listen to a scenario that they will have to analyze to determine which zone they would be in if they were in that scenario. After listening, the students will create a “toolbox” with the correct “tools” to help them self-regulate. Their toolboxes will be compared with the suggested tools identified by Leah Kuypers in her book *The Zones of Regulation*. The toolbox should contain at least 2 out of 3 “tools” in their toolboxes.

3. After a discussion about the different zones of regulation, kindergarten students will work in groups of 2 or 3 to create a presentation on the 4 different zones using a paper slideshow (student drawings, iPad video recorder) achieving a star rating based on the Kindergarten Paper Slideshow Rubric

Students will design a paper slideshow to demonstrate each zone in the Zones of Regulation. Groups will be assessed based on the rubric below:

Criteria - Kindergarten Paper Slideshow Rubric	
	<ul style="list-style-type: none">• Project completed• Correct and very neat• Followed all directions• Best teamwork and effort
	<ul style="list-style-type: none">• Project completed• Correct and neat• Followed directions• Adequate teamwork and effort
	<ul style="list-style-type: none">• Project not finished• Missing information and messy• Did not follow directions• Inadequate teamwork and effort