YIELD: 4 TO 6 SERVINGS

Roasted Veggie Pasta with Feta

This delicious roast veggie feta pasta is so easy to make! It's a perfect weeknight meal.

PREP TIME

COOK TIME

ADDITIONAL TIME

5 minutes

15 minutes

5 minutes

TOTAL TIME

25 minutes



Ingredients

- 1 pound fusilli (or other chunky pasta)
- 6 ounce block of feta
- 1 cup cherry tomatoes
- 1 red onion, cut into thin wedges
- 2 small zucchini (or 1 large), diced into 1/2 in pieces
- 1 orange bell pepper, diced into 1/2 in pieces
- 2 tablespoons olive oil
- 2 teaspoons kosher salt
- 1 teaspoon freshly ground black pepper
- 2 tablespoons of freshly squeezed lemon juice
- 2 cups fresh baby arugula

Instructions

- 1. Preheat oven to 400 degrees F.
- 2. Place the feta and vegetables on a parchment-lined baking sheet. Toss vegetables and drizzle cheese with 1 tablespoon of olive oil and 1 teaspoon of salt.
- 3. Bake in the oven for 15 minutes or until the tomatoes have burst.
- 4. Meanwhile, boil the pasta in very salty water according to package directions. Drain and set aside.

- 5. When the vegetables and feta are done baking, combine the feta and pasta in a large bowl. Stir the feta is evenly dispersed over the pasta. Then add the vegetables, remaining olive oil, remaining salt, pepper, lemon juice, and arugula and stir gently till combined.
- 6. Serve immediately or save in the refrigerator for up to 4 days.

Nutrition Information: YIELD: 6 SERVING SIZE: 1

Amount Per Serving: CALORIES: 263 TOTAL FAT: 12g SATURATED FAT: 5g TRANS FAT: 0g UNSATURATED FAT: 6g CHOLESTEROL: 25mg SODIUM: 972mg CARBOHYDRATES: 31g FIBER: 3g

SUGAR: 5g PROTEIN: 10g

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