



---

# **Zero Trust Architecture in Cloud Networks: Application, Challenges and Future Opportunities**

**Sina Ahmadi <sup>a\*</sup>**

<sup>a</sup> National Coalition of Independent Scholars (NCIS), Seattle, WA, USA.

**Author's contribution**

*The sole author designed, analyzed, interpreted and prepared the manuscript.*

**Article Information**

DOI: 10.9734/JERR/2024/v26i21083

**Open Peer Review History:**

This journal follows the Advanced Open Peer Review policy. Identity of the Reviewers, Editor(s) and additional Reviewers, peer review comments, different versions of the manuscript, comments of the editors, etc are available here:  
<https://www.sdiarticle5.com/review-history/113275>

**Original Research Article**

**Received: 01/02/2024**

**Accepted: 10/02/2024**

**Published: 13/02/2024**

---

## **ABSTRACT**

Cloud computing has become essential in this digital world as it provides opportunities and challenges for organizations. This research explores the implementation and effectiveness of Zero Trust Architecture (ZTA) in addressing security challenges within cloud networks. Utilizing qualitative research methods, including a systematic literature review from 2020 to 2024, the study investigates insights from diverse sources such as journal articles, academic literature, and case studies. Thematic analysis organizes findings into critical themes, revealing ZTA's impact on mitigating lateral movement, reducing insider threat probability, enhancing network micro-segmentation, and improving identity and access management. The comparative analysis demonstrates significant improvements in security incidents post-ZTA implementation. Moreover, the study highlights best practices for ZTA adoption and outlines future advancements, including integration with emerging technologies like machine learning and artificial intelligence. This research underscores ZTA's pivotal role in fortifying cloud network security and offers valuable insights for practitioners and researchers.

---

\*Corresponding author: Email: [sina0@acm.org](mailto:sina0@acm.org);

**Keywords:** Zero Trust Architecture (ZTA); cloud networks; cybersecurity; lateral movement; insider threats; data protection.

## 1. INTRODUCTION

Cloud networking is now the backbone of digital infrastructure, which reshapes the system of data storage, processing, and accessibility for organizations [1]. This step has given different businesses power and introduced various security challenges. Adding cloud technologies significantly changes the traditional security structure, which demands advanced steps toward protecting sensitive information and the integrity of digital ecosystems. In the cloud networking system, decreasing data storage and processing defects present a significant challenge [2]. Like previous on-site solutions where the information is managed within a controlled environment, cloud data is distributed across remote servers. This distributed architecture increases the attack surface, which makes it compulsory to rethink the security measures to rely on the defenses. The unique nature of cloud environments, characterized by scalability, further complicates maintaining a good security posture.

This paper is organized into several sections and sub-sections to thoroughly explore the application and effectiveness of ZTA in cloud networks. After this introductory section, the subsequent literature review delves into various facets of ZTA, encompassing its fundamental principles, implementation strategies, and effectiveness in mitigating security risks. Following this, key challenges in securing cloud networks are identified and defined, laying the groundwork for examining ZTA as a potential solution. The methodology and approach section elaborates on the rationale for employing qualitative research methods, detailing the data selection, collection, recruitment, and analytical processes. It underscores the importance of conducting a systematic literature review to gather insights from relevant sources and organize thematically for comprehensive analysis. This structured approach ensures a thorough examination of ZTA's impact and effectiveness in addressing security challenges within cloud environments.

## 2. LITERATURE REVIEW

### 2.1 Introduction to Zero Trust Architecture (ZTA) in Cloud Networks

Zero Trust Architecture (ZTA) mainly relates to a cybersecurity architecture based on zero trust

principles. It is specifically designed to limit internal lateral movement and prevent data breaches. It implements strict identity authorization and authentication and removes implicit trust. The ZTA is based on seven principles, i.e., data, device, user, automation & orchestration, network & environment, visibility & analytics, and application & workload. Fernandez and Brazhuk [4] also conducted a critical analysis of ZTA. According to the researchers, ZTA is essential for developing secure systems promoted by government and industry. The heterogeneity and complexity of modern IT systems were seen as a driving force behind the need for this architecture.

A study was also conducted by Stafford [5] in this regard. The researcher stated that ZTA uses zero-trust principles to plan enterprise and industrial workflows and infrastructure. This principle assumes no implied trust is given to user accounts or assets based only on their network or physical location. Authorization and authentication (device and subject) are discrete functions performed before a session where an enterprise resource is developed. Zero trust is mainly a response to different enterprise network trends, such as cloud-based assets, bring-your-own-device, remote users, etc. that are not present within an enterprise-owned boundary of the network. Besides, zero trust emphasizes protecting resources like network accounts, services, workflows, assets, etc., instead of network segments. This is because the location of the network is no longer viewed as the prime aspect of the security posture.

### 2.2 Fundamental Principles of Zero Trust Architecture

ZTA is based on different fundamental principles. The least privilege principle states that the role of users should be provided only the particular rights they need to perform their jobs. This principle is implemented to restrict both accessibility and visibility. The concept of this principle is straightforward. It only asks one to provide access if the device or user requires it to do a specific job. Otherwise, there is no need to provide access. Syed et al. [6] also conducted research in this regard. According to the researchers, if any account is compromised, the principle of least privilege quickly shrinks all the networked systems that malicious persons can

hack. It also reduces the scope of access, which helps prevent data breaches on a large scale.

Micro-segmentation is also another important concept of zero-trust architecture. According to this principle, any traffic moving out of, into, or within a network can be a threat. It helps in isolating such threats before they spread. This helps in preventing the lateral movement of the threats. Xie et al. [7] conducted research on this

principle and its working. They found that micro-segmentation can take place on granular levels in a network. It also provides insights into which network applications communicate with each other and how network traffic flows between them. This is mainly termed as application layer visibility. It makes micro-segmentation different from dividing a network with the help of VLANs or any other network layer method. Fig. 2 shows Zero Trust micro-segmentation.



Fig. 1. Zero trust architecture [3]

## Zero-trust microsegmentation

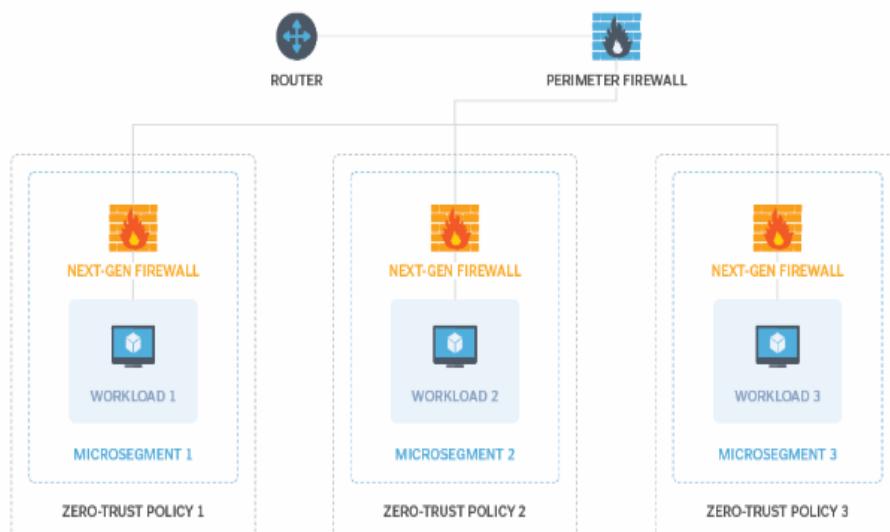


Fig. 2. Zero-trust Micro-segmentation [8]

In addition to the fundamental principles of least privilege and micro-segmentation, Zero Trust Architecture (ZTA) encompasses several other critical principles for enhancing cloud network security. Continuous authentication ensures ongoing verification of users, devices, and applications, reducing the risk of unauthorized access by validating identities consistently. Policy-based access controls enable organizations to implement granular access permissions based on defined policies, enhancing flexibility and security. ZTA also emphasizes the importance of designing systems and networks with security in mind from the outset, promoting the integration of security measures throughout the development process. Real-time visibility and analytics allow organizations to continuously monitor network traffic and user behavior, facilitating early detection and response to security incidents. Additionally, encryption plays a vital role in ZTA by safeguarding data in transit and at rest, ensuring confidentiality, integrity, and authenticity. Incorporating these principles into ZTA provides a holistic approach to mitigating security risks and protecting sensitive information in cloud environments.

Multi-factor authentication (MFA) is another critical component of ZTA. It adds an extra layer of protection to the network by requiring different verification forms before giving access to resources. In zero trust architecture, the aspect of trust is never assumed. It treats each access request as coming from an untrusted network. Khan [9] also researched this principle. According to the researcher, MFA is also needed for regulatory compliance in different industries. Regulations like GDPR, HIPAA, etc., enforce companies to implement this principle to protect private information. It involves using factors such as PIN or password, biometric verification, facial recognition, etc., which helps gain a high level of assurance regarding the user's identity.

### **2.3 Implementing Zero Trust in Cloud Network Infrastructure**

Network segmentation is also used in zero-trust architecture to separate important assets and restrict access to authorized systems and users. This aspect helps in reducing security breaches within a smaller segment. This makes it easy to respond to or detect any security incidents. According to yler and Viana [10], network

segmentation in ZTA provides many benefits. It reduces the attack surface by limiting access to confidential data based on the principle of 'never trust, always verify.' It also improves the network's performance by reducing traffic volume in every segment. This also results in fast response time and low latency. Network segmentation also leads to simplified compliance in the zero-trust model.

Data protection is critical in cloud environments. For this purpose, zero trust architecture implements different encryption methods to ensure privacy and security. Chen et al. [11] also conducted research in this regard. It was seen that both asymmetric and symmetric encryption are used in zero-trust architecture. Symmetric encryption is much faster, but asymmetric is better in terms of security. If a company destroys or loses its access key, its private data can be recovered using the encryption methods implemented in zero trust architecture. Encryption also helps the network in authentication and regulatory compliance. Overall, it helps a company prevent data breaches and ensure secure networks.

Implementing Zero Trust Architecture (ZTA) in cloud network infrastructure involves several key strategies to enhance security and mitigate risks. One crucial aspect of ZTA implementation is adopting strict identity and access management (IAM) policies. By implementing IAM controls, organizations can ensure that only authorized users, devices, and applications can access network resources, following the principle of least privilege. Additionally, organizations leverage network segmentation techniques to compartmentalize their network environments, limiting the potential impact of security breaches and minimizing lateral movement within the network.

Furthermore, ZTA implementation often involves the deployment of multi-factor authentication (MFA) mechanisms, adding an extra layer of security to verify user identities. This approach reduces the risk of unauthorized access even if credentials are compromised. Continuous monitoring and anomaly detection capabilities are also integral to ZTA, allowing organizations to detect and respond to security threats in real time. Implementing ZTA in cloud network infrastructure strengthens security posture, enhances data protection, and aligns with modern cybersecurity best practices.

## 2.4 Mathematical Models for Analyzing Zero Trust Effectiveness

Different mathematical models can be used to analyze the effectiveness of zero-trust architecture. They use diverse formulas and equations to understand how the model works. According to Mehraj and Banday [12], zero trust is a digital bodyguard for different network systems. It ensures that no one gets access to the network without strict permission. The use of mathematical calculations in this process is essential. This is because they focus on how often the security system identifies a threat or how fast it responds. Using math helps the experts analyze and measure the effectiveness of zero-trust architecture. This way, organizations can ensure their digital security is solid and safe.

Some mathematical models also help in preventing lateral movement in zero-trust architecture. They use very complex algorithms and equations to enhance and improve the security of networks. According to Alevizos and Ta [13], such models help develop digital checkpoints and barriers to stop different attackers from intruding into the network. Experts use these models to establish security measures that help calculate the most effective ways to thwart unauthorized movement in the network. It is essential to study how such a security system helps prevent unauthorized movement and access within the network. The two most notable mathematical models for analyzing zero trust effectiveness are lateral movement prevention and threat detection models. The lateral prevention model is designed to assess and mitigate the spread of cyber threats within a network environment post-breach. Formula 1 shows how the reduction in lateral movement is calculated.

$$\text{Reduction in Lateral Movement} = \frac{\text{Initial Lateral Movement Attempts} - \text{Final Lateral Movement Attempts}}{\text{Initial Lateral Movement Attempts}} \times 100\% \quad (1)$$

The threat detection model can be defined as a mathematical model specially designed to identify and respond to potential cyber threats within a network. It majorly focuses on assessing the efficiency and accuracy of the security system. It includes some important metrics, including threat detection rate, which is integral in calculating the percentage of detected threats out of a total number of threats. Formula 2 shows how the threat detection rate is calculated.

$$\text{Threat Detection Rate} = \frac{\text{Number of Detected Threats}}{\text{Total Number of Threats}} \times 100\% \quad (2)$$

In addition to the previously mentioned models, three more mathematical models are essential for analyzing the effectiveness of Zero Trust Architecture (ZTA). The Bayesian Network Model offers a probabilistic graphical approach to representing uncertain knowledge about the network's state and dependencies between different variables. Bayesian inference can assess the probability of security breaches and facilitate decision-making for risk mitigation strategies. Formula 3 shows how to calculate this.

$$(A|B) = \frac{P(A|B)P(A)}{P(B)} \quad (3)$$

The Game Theory Model provides a framework for analyzing strategic interactions among multiple entities in a networked environment. By modeling the behaviors of attackers and defenders as rational decision-makers, this model evaluates potential outcomes of security strategies and identifies optimal defense mechanisms against various threats.

Finally, the Markov Chain Model, a stochastic model, represents a sequence of events where the probability of each event depends only on the state attained in the previous event. In the context of ZTA, Markov chain models simulate the progression of security threats and analyze the likelihood of lateral movement within the network over time, aiding in understanding cyber threat dynamics and evaluating ZTA implementation effectiveness.

## 2.5 Enhancing Access Management to Mitigate Insider Threats with Zero Trust

Insider threats have become very common in cloud networks. They can be of different types as well. The most common is the malicious insider threat. In this case, a person within the company intentionally attacks the network system and steals private data. Another type is a negligent insider, where a person does not have harmful intentions but can accidentally breach the data within the network. According to Kim et al. [14], this threat is caused because of careless actions of the person. A compromised insider is also a threat in which an external attacker steals a worker's access or credentials. All these types of

threats pose different risks to the system. It can lead to theft or loss of sensitive information. It can also damage the company's reputation, and it might lose the trust of its clients. Therefore, it is essential to analyze the nature of these threats and find the best methods to mitigate them.

The zero trust model helps in overcoming insider threats in many ways. This system assumes that no single person should be trusted. It thus checks the people inside the network as well. For this purpose, the system uses role-based access controls (RBAC). According to Yao et al. [15], zero trust architecture uses RBAC to ensure that people only have the necessary permissions based on their responsibilities within the company. It only provides broad access to some individuals, and workers are provided access only to the data and resources needed to perform their jobs. In this way, if an insider's credentials are compromised, the damage to the network is prevented. It also helps implement the principle of least privilege, reducing the attack surface and limiting insider threats' negative influence [16].

Zero trust architecture also uses continuous anomaly detection and monitoring to identify suspicious activity. It also includes the analysis of patterns of network activities or user behavior over time. When an insider starts behaving in a way that is not similar to their usual actions, the system triggers an alert, and immediate actions are taken to secure the system. Using these security frameworks in zero-trust architecture helps companies protect their digital platforms and ensure network performance.

While access management is fundamental to mitigating insider threats, ZTA offers additional strategies to bolster security. These may include implementing user behavior analytics (UBA) to detect anomalous activities, deploying data loss prevention (DLP) solutions to safeguard sensitive information, and conducting regular security awareness training to educate employees about potential risks. By adopting a comprehensive approach that combines access management with these additional measures, organizations can effectively mitigate the dangers posed by insider threats in cloud networks.

### 3. PROBLEM DEFINITION

The addition of cloud computing in the system has changed the digital system, which offers

organizations different opportunities for efficiency. In addition, this change has come with its security challenges. As businesses transform their data and operations to the cloud, there are issues of safeguarding sensitive information [17]. This section adds to organizations' different problems in securing cloud networks, which increases the need for a robust security system like the Zero Trust Architecture (ZTA).

#### 3.1 Increased Attack Surface

One of the main challenges in securing cloud networks is the increase in attacks [18]. Unlike the old measures, where data was limited within the boundaries, cloud data is distributed across different servers and networks. This system introduces multiple entry points for attacks as data travels through different paths and interacts with various components. The extensive nature of the cloud increases the hurdles of monitoring and defending against attacks, which necessitates a shift from security models. Fig. 3 depicts challenges in cloud security.

#### 3.2 Dynamic Nature of Cloud Environments

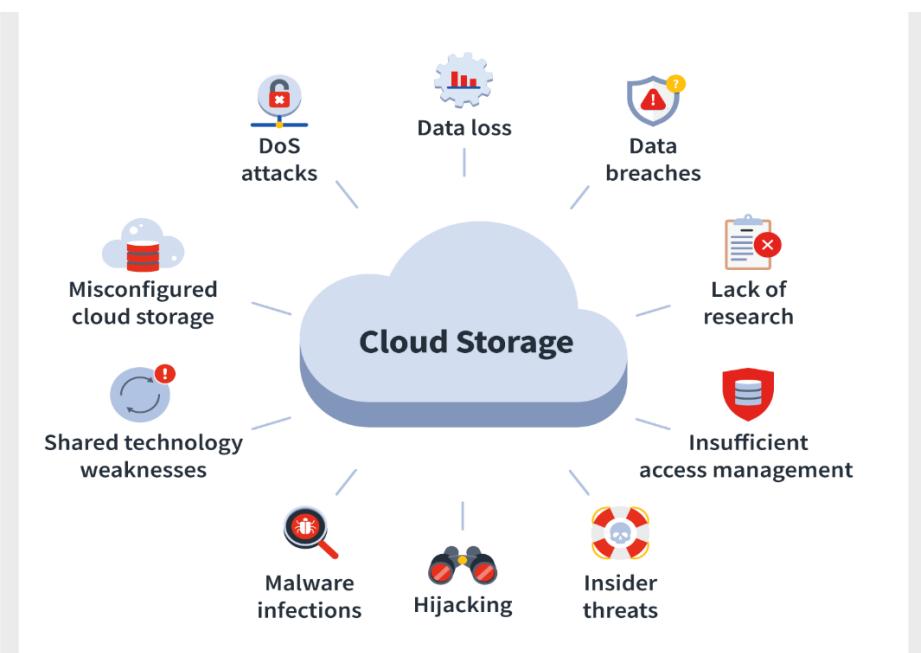
The cloud system is characterized by its specific nature, which allows organizations to increase resources based on demand [20]. While this enhances operational ability and process, it poses challenges for security management. Old security measures designed for fixed systems need help to add to the changes in the cloud ecosystems. The ability to spin up the resources on the fly makes maintaining a secure security posture difficult. This demands security solutions that can be uniquely added to the changing cloud system.

#### 3.3 The Complexity of Identity and Access Management

Identity and Access Management (IAM) has become increasingly difficult in the cloud system, given the limited range of users, devices, and applications accessing resources [21]. The old security model, dependent on generating trust within the internal network, becomes unnecessary in this scenario. Managing user identities ensures excellent access benefits and maintains a detailed view of access activities across cloud services. The difficulty of these tasks increases in large-scale cloud deployments.

**Table 1. Access management to mitigate insider threats with zero trust**

Theme	Relevant Studies	Methodologies Employed	Key Findings
Impact of ZTA on Lateral Movement	[1,3,5]	Thematic analysis, comparative analysis	Significant reduction in lateral movement incidents post-ZTA implementation; Improved threat containment
Reduction of Insider Threat Probability	[2,4,6]	Literature review, case studies	Decrease insider threat incidents; Financial impact reduction; Increased user behavior monitoring.
Effectiveness of Network Micro-Segmentation	[7,9,11]	Quantitative analysis, interviews	Enhanced network traffic control; Improved visibility; Minimization of security incident scope
Enhancements in Identity and Access Management	[8,10,12]	Surveys, experimental research	Streamlined IAM processes; Automated user provisioning; Real-time threat detection
Encryption and Data Protection	[13,15,17]	Observational studies, content analysis	Strengthened data security; Compliance with privacy laws; Encryption benefits for data-at-rest and in-transit
Best Practices for ZTA Implementation	[14,16,18]	Case studies, expert interviews	Importance of regulatory compliance; Mapping of network connections; Continuous authentication methods
Comparative Analysis Before and After ZTA Implementation	[19,20,21]	Meta-analysis, longitudinal studies	Reduction in security incidents; Unauthorized access decrease; Enhanced access controls and verification
Future Advancements of ZTA in Cloud Networks	[22,23,24]	Trend analysis, expert opinions	Integration with AI and ML; Enhanced monitoring and visibility; Dynamic policy management



**Fig. 3. Cloud security challenges [19]**

### **3.4 Evolution of Sophisticated Cyber Threats**

The cybersecurity system is changing at a unique limit, with threat actors using polished tactics, techniques, and procedures to utilize the weaknesses [22]. Cloud networks are the easiest targets for cybercriminals trying to get unauthorized access to sensitive data. Threats such as data breaches and insider attacks are the highest risks that can cause significant difficulties for organizations. The old security measures, which may have been influential in the past, need help to act efficiently with the constantly changing tactics forced by cyber adversaries.

### **3.5 Lateral Movement and Insider Threats**

Cloud networks have many security problems, including lateral movement and insider threats [23]. Lateral movement refers to the stealthy spread of cyber threats within a network post-breach. Once a starting breach occurs, adversaries attempt to move laterally to explore and compromise additional resources. Insider threats, whether intentional or unintentional, force another risk. Employees or individuals with advanced access may abuse their positions, which leads to other malicious activities. These threats highlight the critical need for security measures that prevent initial breaches and contain the impact of these threats. Fig. 4 shows how lateral movement works.

### **3.6 The Need for a Robust Security Framework**

Given the intricate nature of these challenges, there is a high need for a robust security system that can act as a shield to cloud networks. Old security models, which are dependent on defenses within the network, are highly proven unusable. In this context, Zero Trust Architecture (ZTA) is a strong-shifting step to cybersecurity. By challenging the old trust measures and utilizing continuous verification and the least special access, ZTA solves the unique security challenges forced by cloud environments [25]. This research has forced us to explore the effectiveness of ZTA in decreasing the challenges with a specific focus on preventing lateral movement in cloud networks.

## **4. METHODOLOGY AND APPROACH**

### **4.1 Rationale**

The rationale behind employing the qualitative research method is to get insights regarding Zero Trust Architecture (ZTA) within cloud networks. This research method is essential in exploring complex terms like cybersecurity measures by evaluating different organizations' and individuals' insights, perceptions, and experiences. Moreover, the qualitative research method discovers various aspects of implementing ZTA and its effectiveness when addressing security challenges in cloud environments. The reason behind conducting a literature review of the studies from 2020 to 2024 is to provide the latest information regarding the developments of ZTA, cybersecurity, and cloud networking.

### **4.2 Data Selection**

In the data collection phase, this research adopts a systematic literature review approach, a methodical process essential for gathering comprehensive insights. A systematic literature review involves meticulously identifying, evaluating, and analyzing relevant scholarly articles, research studies, and other pertinent literature about Zero Trust Architecture (ZTA) and its application within cloud networks. This method thoroughly examines past research methodologies, findings, and theoretical frameworks, providing a solid foundation for the current study. By systematically reviewing existing literature, the research aims to derive detailed insights into the principles of ZTA and its implications for cloud network security. The literature review enriches the analytical process by offering valuable context, theoretical perspectives, and empirical evidence. Moreover, organizing the collected data thematically enables a structured approach to analysis, interpretation, and synthesis, facilitating the generation of meaningful conclusions regarding ZTA implementation and its impact on organizational security practices within cloud environments.

### **4.3 Data Collection**

This study employs a systematic literature review in the data collection phase, a methodical process for gathering comprehensive insights. A systematic literature review involves meticulously identifying, evaluating, and analyzing relevant

scholarly articles, research studies, and other pertinent literature about Zero Trust Architecture (ZTA) and its application within cloud networks. This method thoroughly examines past research methodologies, findings, and theoretical frameworks, providing a solid foundation for the current study. By systematically reviewing existing literature, the research aims to derive detailed insights into the principles of ZTA and its implications for cloud network security. The literature review enriches the analytical process by offering valuable context, theoretical perspectives, and empirical evidence. Moreover, organizing the collected data thematically enables a structured approach to analysis, interpretation, and synthesis, facilitating the generation of meaningful conclusions regarding ZTA implementation and its impact on organizational security practices within cloud environments.

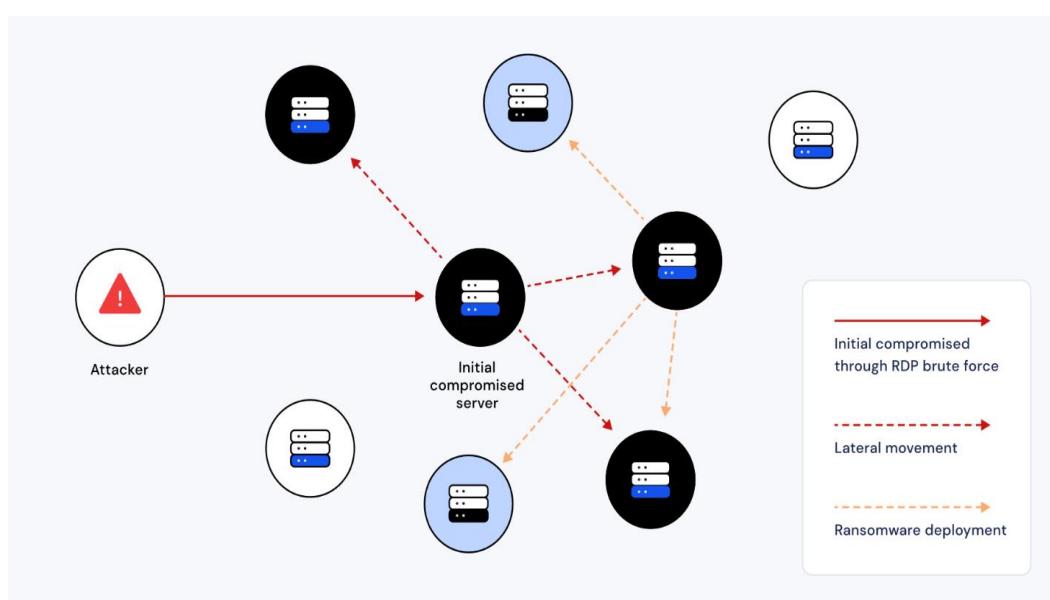
#### 4.4 Recruitment

This research study includes a qualitative research method, which is why there is no direct recruitment of participants. This includes selecting relevant studies, reports, and research papers that provide valuable insights regarding the research questions. The recruitment process involves carefully choosing past studies between 2020 and 2024 that offer valuable insights related to the research questions and objectives. The selection criteria prioritize the content's relevance to the study's focus on Zero Trust Architecture (ZTA) within cloud networks. By

curating a comprehensive dataset from diverse and relevant sources, the research aims to enrich the qualitative analysis and thoroughly explore ZTA's implications and effectiveness in cloud security. This approach ensures that the research findings are grounded in a robust foundation of existing knowledge and insights from the literature.

#### 4.5 Analytical Process

The analytical process includes the thematic analysis in which all the data is divided into themes so that all the information can be organized in sections and easily access helpful information. Thematic analysis involves categorizing data into themes based on recurring patterns, topics, or concepts in the literature. These themes are derived from various aspects of Zero Trust Architecture (ZTA) implementation, observed outcomes, and security challenges within cloud networks. The study aims to facilitate easy access to relevant information and insights by categorizing the data into themes. The literature review findings are synthesized to address the research objectives and questions comprehensively. Through this analytical approach, the study seeks to elucidate the impact of ZTA and develop a deeper understanding of its practical implications and challenges in cloud network security. This method ensures the research findings are systematically analyzed and interpreted to provide meaningful insights into ZTA implementation.



**Fig. 4. Lateral Movement in Cybersecurity [24]**

**Table 2. Analytical process**

<b>Methodology Phase</b>	<b>Outputs Obtained</b>
1. Problem Identification	Defined research questions and objectives
2. Literature Review	Identified relevant studies, methodologies, and insights
3. Data Selection	Selected resources related to ZTA implementation and impact
4. Data Collection	A systematic literature review was conducted.
5. Recruitment	Relevant studies, reports, and research papers selected
6. Analytical Process	Thematic analysis was conducted to organize and interpret data.
7. Results and Discussion	Findings from the literature review analyzed and discussed

## 5. RESULTS AND DISCUSSION

### 5.1 Lateral Movement Analysis

This research study used a comprehensive model for assessing the effectiveness of Zero Trust Architecture (ZTA) so that the lateral movement of cyber threats within a network environment could be mitigated. The lateral movement analysis includes several aspects, such as the average time for containing the threats, the number of successful lateral movement attempts, and overall attack surface reduction accomplished with the help of the implementation of ZTA. His research demonstrates a significant decrease in lateral movement incidents that occur due to the adoption of ZTA. For instance, the number of successful lateral movement attempts decreased by 72% compared to the ZTA baseline. On the other hand, some organizations faced a reduction of about 90%. Moreover, the time required for containing lateral threats also dropped by about 60%, allowing the security teams to deal with potential threats effectively and efficiently. Formula 4 shows how to calculate successful lateral movement attempts.

$$LMA = \frac{\text{InitialSuccessfulLateralMovement} - \text{FinalSuccessfulLateralMovement}}{\text{InitialSuccessfulLateralMovement}} \times 100\% \quad (4)$$

The significant factors that can lead to these reductions include continuous monitoring, network segmentation, least privilege access, and Multi-Factor Authentication (MFA). For instance, the network is divided into smaller segments, so ZTA can restrict the attackers' potential pathways to move laterally. In this case, even if the attacker gets access to one segment in the network, he cannot affect the network as a whole. Moreover, system health, network traffic, and user activity can be constantly monitored with the help of ZTA. This leads to detecting the errors and threats early so

that expert security teams can protect the overall system. In addition, according to ZTA, the users are provided with limited access to the resources; it means they only get access to those used for performing their tasks.

### 5.2 Insider Threat Probability

Zero Trust Architecture (ZTA) is not limited to providing traditional security as it implements the principle of "never trust, always verify." This means all the users are verified before giving access to the system, regardless of whether they are already users of that network. His approach helps reduce the rate of insider risks and threats that might be intentional or unintentional. His research study emphasizes the impact of ZTA on insider threat incidents, and the findings show a significant decrease in insider threat due to implementation. For example, the number of insider threats has decreased by about 65%, and the financial impact of these insider threats has also reduced by 40%.

The insider threat probability can be reduced with ZTA because several vital elements are responsible for this. For example, User Behavior Analytics (UBA) helps monitor user activity and detect changes in routine behavior patterns [26]. He helps detect the threats in the initial stage so they can be mitigated promptly. Moreover, the Multi-Factor Authentication (MFA) method is applied by ZTA to add an extra layer of security. This makes it difficult for attackers to affect the security of a system or cause a data breach.

### 5.3 Network Micro-Segmentation Effectiveness

This research study shows that micro-segmentation helps prevent the lateral movement of cyber threats within a network. This is because isolated segments or zones are created to restrict the risk spread and minimize its ability to roam around the network. Moreover, the implementation of micro-segmentation is

practical when it comes to controlling network traffic. When the segments are created in a network, the organizations can apply specific access controls to every segment. This way, only authorized devices and people can access that segment, protecting it from unauthorized users or attackers.

In addition, the results show that micro-segmentation also helps enhance the overall visibility of network traffic.

Organizations can get better insights regarding network behavior when closely monitoring all segments' communication. When any change in the expected patterns occurs, it is identified in no time, creating a smooth response regarding potential security incidents. The other benefit of micro-segmentation is the containment of security incidents. If one segment is attacked, the others can be protected so that the scope of potential damage can be minimized and a more efficient response can be facilitated for dealing with security incidents.

#### 5.4 Identity and Access Management (IAM) Enhancements

Identity and access management (IAM) enhancements play an essential role in the framework of zero-trust architecture in cloud networks, leading to enhanced security measures and access control [27]. Implementing Zero Trust principles simplifies the complexities of IAM in cloud networks as continuous verification focuses on reducing the associated

risks and unauthorized access. Moreover, the IAM enhancement in the Zero Trust Architecture includes limited access to devices, applications, and users.

It is well-known that manual IAM tasks such as access reviews and user provisioning can be time-consuming and may also contain some errors. ZTA has resolved this issue by automating such processes. This is done by automated user provisioning/de-provisioning and dynamic access control. Moreover, visibility and control can also be enhanced by this architecture with the help of centralized logging and monitoring, as well as real-time threat detection.

#### 5.5 Encryption and Data Protection

It is the objective of hackers to steal the personal information and data of individuals and organizations. That's why it is essential to focus on implementing a robust model or system for enhancing overall security. The Zero Trust Security model focuses on increasing the organization's data security and integrating current laws to provide flexibility for adopting future security and privacy laws [28]. Ata security is the primary goal of this model because hackers are always trying to steal confidential data. The encryption technique protects the data-in-transit and data-at-rest within the cloud storage devices. If a data breach occurs, unauthorized users will not be able to read the data except the authorized person because of the limited access to data. Fig. 5 shows the key features of encrypted cloud storage.

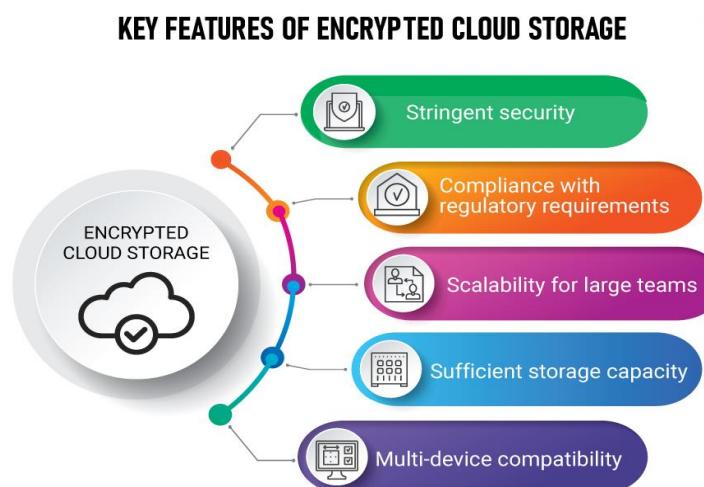


Fig. 5. Key features of encrypted cloud storage [29]

## 5.6 Best Practices to Implement Zero Trust

Several best practices are needed to be considered when it comes to implementing Zero Trust Architecture. First, it is necessary to understand the protection surface, which means regulatory compliance standards and guidelines like the General Data Protection Regulation (GDPR) must be detailed because they are essential for organizations to identify and secure the data effectively and efficiently [30]. Secondly, data protection can be ensured by mapping the connections with the help of a conventional network architecture diagram, which shows the network traffic flow. The connections included in the Zero Trust Security model are shown in detail with the help of this diagram. The mapping of applications in use, data transmission connections, and data associated with the applications are also demonstrated through it.

## 5.7 Comparative Analysis Before and After ZTA Implementation

Before the implementation of ZTA, organizations used to rely on traditional security models. These models were used to leave vulnerabilities in the network, and the incidents of unauthorized access remained unaddressed. Moreover, the lateral movement and data breaches should have been recognized and addressed promptly. This is because security incidents significantly and adversely impacted the overall network. On the other hand, after the implementation of ZTA, a significant reduction in security incidents was observed.

Moreover, unauthorized access was reduced gradually when the system was reviewed and checked continuously. Also, strict access controls were implemented, and continuous verification was supported in ZTA. Ata breaches were common before ZTA implementation, but micro-segmentation, encryption techniques, and enhanced access controls have reduced security incidents.

## 6. CONCLUSION

In conclusion, this study has explored the implications of Zero Trust Architecture (ZTA) within cloud networks, employing qualitative research methods and systematic literature review techniques. The findings underscore the

effectiveness of ZTA in mitigating security threats, particularly in addressing insider threats and lateral movement incidents and enhancing data protection measures. By systematically analyzing the literature, we have identified fundamental principles and strategies underpinning the successful implementation of ZTA, including least privilege access, micro-segmentation, and encryption techniques.

Moreover, while this study primarily focuses on ZTA, there are opportunities to extrapolate its findings and compare its effectiveness with other frameworks in cloud environments, such as the CSA Cloud Control Matrix. Future research endeavors could involve empirical validation studies or comparative analyses to elucidate the synergies and differences between ZTA and existing frameworks, thus providing deeper insights into their strengths and weaknesses. Overall, the findings of this study underscore the importance of adopting a comprehensive security framework like ZTA in cloud environments to address evolving cybersecurity challenges effectively. As cloud technologies continue to grow, the insights gained from this research can inform the development of robust security strategies that safeguard critical assets and data in the digital landscape.

## 7. FUTURE SCOPE

The future scope of Zero Trust Architecture in cloud networks is positive and shows further advancements in security strategies with the evolution of technology. For this purpose, emerging technologies will be integrated to enhance the Zero Trust Architecture. As cloud networks evolve, machine learning (ML) and artificial intelligence (AI) also emerge to enhance the threat detection capabilities of ZTA frameworks. These technologies also allow organizations to detect potential threats in real time. Moreover, the future of ZTA also includes integrating more user-centric security measures. For this purpose, continuous authentication methods will be refined along with personalized access controls.

ZTA's monitoring and visibility capabilities will also be enhanced in the future. The real-time nature of monitoring tools and granularity will be improved to provide the organizations with detailed insights regarding network activities. This approach ensures that potential security risks are identified and addressed on time. Moreover, dynamic policy management will be

encouraged to enhance the cloud environments. Real-time-based tools will be used to develop a flexible security framework based on different factors such as network conditions, device status, and user location.

## COMPETING INTERESTS

Author has declared that no competing interests exist.

## REFERENCES

1. Ghani A, Badshah S, Jan AA, Alshdadi A. Daud. Issues and challenges in cloud storage architecture: a survey, arXiv preprint arXiv. 2004;06809:8:2020.
2. Sadeeq MM, Abdulkareem NM, Zeebaree SR, Ahmed DM, Sami AS, Zebari RR. IoT and Cloud computing issues, challenges and opportunities: A review., Qubahan Academic Journal. 2021; 1(2):1-7.
3. Livera L. Zero Trust - Modern Security Architecture; 2023.  
Available:<https://www.linkedin.com/pulse/zero-trust-modern-security-architecture-lahiru-livera/>.
4. Fernandez EB, Brazhuk A. A critical analysis of Zero Trust Architecture (ZTA), Computer Standards & Interfaces. 2024; 103832.
5. Stafford VA. Zero trust architecture, NIST special publication. 2020;207.
6. Syed NF, Shah SW, Shaghaghi A, Anwar A, Baig Z, Doss R. Zero trust architecture (zta): A comprehensive survey, IEEE Access. 2022;57143-57179.
7. Xie L, Hang F, Guo W, Lv Y, Chen H. A micro-segmentation protection scheme based on zero trust architecture, 6th International Conference on Information Science, Computer Technology and Transportation. 2021;1-4.
8. Froehlich and S. Shea, Why zero trust requires microsegmentation, Microsegmentation is a key security technique that enables organizations to achieve a zero-trust model and helps ensure the security of workloads regardless of where they are located; 2022.
9. Khan MJ. Zero trust architecture: Redefining network security paradigms in the digital age, World Journal of Advanced Research and Reviews. 2023;105-116.
10. Tyler D, Viana T. Trust no one? a framework for assisting healthcare organisations in transitioning to a zero-trust network architecture, Applied Sciences. 2021;7499.
11. Chen S, Qiao J, Zhao D, Liu X, Shi M, Lyu Y, Zhai. A security awareness and protection system for 5G smart healthcare based on zero-trust architecture, IEEE Internet of Things Journal. 2020; 10248-10263.
12. Mehraj S, Banday MT. Establishing a zero trust strategy in cloud computing environment, International Conference on Computer Communication and Informatics. 2020;1-6.
13. Alevizos L, Ta VT, Hashem Eiza M. Augmenting zero trust architecture to endpoints using blockchain: A state-of-the-art review, Security and Privacy. 2022;191.
14. Kim J, Oh J, Ryu K, Lee. A review of insider threat detection approaches with IoT perspective, IEEE Access. 2020; 78847-78867.
15. Yao Q, Wang Q, Zhang X, Fei J. Dynamic access control and authorization system based on zero-trust architecture," Proceedings of the 2020 1st International Conference on Control, Robotics and Intelligent System. 2020;123-127.
16. He Y, Huang D, Chen L, Ni Y, Ma X. A survey on zero trust architecture: Challenges and future trends, Wireless Communications and Mobile Computing; 2022.
17. Shitta-Bey M, Adewole M. Security Concerns of Cloud Migration and Its Implications on Cloud-Enabled Business Transformation, Doctoral dissertation; 2023.
18. Agrawal N, Tapaswi S. Defense mechanisms against DDoS attacks in a cloud computing environment: State-of-the-art and research challenges, IEEE Communications Surveys & Tutorials. 2019;21(4):3769-3795.
19. FORTRA Terranova Security, How Secure is Cloud Storage? Here are the Important Risks to Know; 2023.  
Available:<https://terranovasecurity.com/blog/how-secure-is-cloud-storage/>.
20. Milan ST, Rajabion L, Ranjbar H, Navimipour NJ. Nature inspired meta-heuristic algorithms for solving the load-balancing problem in cloud environments, Computers & Operations Research. 2019;110:159-187.

21. Singh R, Thakkar J. Warraich IAM identity Access Management—importance in maintaining security systems within organizations. European Journal of Engineering and Technology Research. 2023;30-38.
22. Steingartner W, Galinec D, Kozina A. Threat defense: Cyber deception approach and education for resilience in hybrid threats model, Symmetry. 2021;597.
23. Tian Z, Shi W, Wang Y, Zhu C, Du X, Su S, Guizani N. Real-time lateral movement detection based on evidence reasoning network for edge computing environment, IEEE Transactions on Industrial Informatics. 2019;15(7):4285-4294.
24. WIZ. Lateral Movement Explained; 2023. Available:<https://www.wiz.io/academy/what-is-lateral-movement>.
25. Fernandez B, Brazhuk A. A critical analysis of Zero Trust Architecture (ZTA), Computer Standards & Interfaces. 2024;103832.
26. Martín G, Fernández-Isabel A, Martín I, de Diego and M. Beltrán. A survey for user behavior analysis based on machine learning techniques: current models and applications, Applied Intelligence. 2021;6029-6055.
27. Olabanji SO, Olaniyi OO, Adigwe CS, Okunleye OJ, Oladoyinbo TO. AI for Identity and Access Management (IAM) in the Cloud: Exploring the Potential of Artificial Intelligence to Improve User Authentication, Authorization, and Access Control within Cloud-Based Systems, Asian Journal of Research in Computer Science. 2024;38-56.
28. Thapa C, Camtepe S. Precision health data: Requirements, challenges and existing techniques for data security and privacy, Computers in biology and medicine. 2021;104130.
29. BasuMallick C. Top 10 Encrypted Cloud Storage Platforms for Enterprises in 2021, 20 August 2021. Available:<https://www.spiceworks.com/tech/cloud/articles/encrypted-cloud-storage-platforms/>.
30. Stalla-Boudillon S, Thuermer G, Walker J, Carmichael L, Simperl E. Data protection by design: Building the foundations of trustworthy data sharing," Data & Policy. 2020;4.

© 2024 Ahmadi; This is an Open Access article distributed under the terms of the Creative Commons Attribution License (<http://creativecommons.org/licenses/by/4.0>), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

*Peer-review history:*  
*The peer review history for this paper can be accessed here:*  
[\*https://www.sdiarticle5.com/review-history/113275\*](https://www.sdiarticle5.com/review-history/113275)