

QFit Universal Workout Tracker

User & Admin Interview Questions and Answers

Course: CS370 Software Engineering

USER INTERVIEW – 10 QUESTIONS & ANSWERS

1. How often do you work out each week?

Answer: I usually work out around 3–5 times per week depending on my schedule.

2. How do you currently track your workouts?

Answer: I mostly use my phone notes or sometimes I don't track at all.

3. What information is most important for you to log?

Answer: Exercise name, sets, reps, and weight are the most important for me.

4. What motivates you to stay consistent?

Answer: Seeing progress in charts and hitting personal goals keeps me motivated.

5. Do you prefer fast or detailed workout logging?

Answer: I prefer fast logging with minimal typing.

6. Would reminders help improve your consistency?

Answer: Yes, reminders after a few inactive days would be very helpful.

7. Do you care about viewing progress visually?

Answer: Yes, charts showing strength and consistency are very important to me.

8. How important is privacy for your workout data?

Answer: Very important — I want full control over who can see my data.

9. Would you use biometric syncing (Google Fit / Apple Health)?

Answer: Yes, automatic syncing would save a lot of time.

10. Would you pay for extra features?

Answer: Yes, I would consider paying a small student-friendly fee for advanced analytics.

ADMIN INTERVIEW – 10 QUESTIONS & ANSWERS

1. What is your main responsibility as an admin?

Answer: My main responsibility is managing users and maintaining system security.

2. Do you need access to all user profiles?

Answer: Yes, I must be able to view all user profiles for management purposes.

3. Should admins be able to deactivate users?

Answer: Yes, for security and rule enforcement.

4. Do you need access to system activity logs?

Answer: Yes, logs are needed to detect errors and suspicious activity.

5. Should admins manage user roles?

Answer: Yes, assigning roles like user and admin is very important.

6. Is password reset by admin necessary?

Answer: Yes, especially if users lose access to their accounts.

7. Do you require visibility into API connections?

Answer: Yes, admins should ensure API connections remain secure.

8. How important is data security to you?

Answer: Extremely important — user data must be protected at all times.

9. Should admins monitor file uploads?

Answer: Yes, to prevent misuse and offensive content.

10. What is the most important system goal for you?

Answer: System stability, data security, and smooth performance.