



WELCOME TO LITTLE SEMINAR!



INTRODUCING...

DAXTON SCHOLL

- Hometown: Bethlehem, PA
- Hobbies:
 - Falling off my snowboard
 - Listening to music no one has ever heard of
 - Driving in an anti-social manner
 - All things automotive
 - Eating food... lots of food
 - Slowly driving my girlfriend insane (pictured right)
- Major: Computer Engineering



QUICK QUESTIONNAIRE!

HELP ME GET TO KNOW YOU ALL...

- Name:
- Hometown:
- Intended Major:
- Coolest place you have been:
- Favorite Artist (Music):
- Class you are most excited for:
- Class you are least excited for:
- Something new you want to experience at college:
- Spirit animal:
- Celebrity best friend (Dead or alive):

MY RESPONSES!

- Name:
 - Daxton
- Hometown:
 - Bethlehem, PA
- Intended Major:
 - Computer Engineer (Junior)
- Coolest place you have been:
 - The Grand Canyon
- Favorite Artist (Music):
 - Hyper Potions or The Front Bottoms
- Class you are most excited for:
 - Algorithms
- Class you are were least excited for:
 - Physics
- Something new you want to experience at college:
 - Work a co-op position
- Spirit animal:
 - Panda
- Celebrity best friend (Dead or alive):
 - Bill Hader

WHAT IS LITTLE SEMINAR???

HERE'S THE IDEA...

- Help all of you adjust to life at Pitt!
- Sharing experiences in the struggles of engineering majors!
- Talk about fun stuff!
- Make some new friends!
- Learn about your new home!
- Help you tackle your first semesters!
- Expose you to all that Pitt has to offer!
- A place for you to ask questions and get answers!



WHAT WILL WE REALLY DO THOUGH???

HERE IS THE GIST...

- We will all meet once a week and discuss topics such as:
 - Study skills & Academics
 - Out of class activities
 - Roommates and new friends
 - Health
 - Resources
- But since you are with me we will also talk about:
 - ~~Pittsburgh (And what makes it a great place to call home)~~
 - ~~Fun things to do (And where they are located)~~
 - ~~Food (And where to get it)~~



RESTAURANTS!



SOME THINGS TO DO!



CAMPUS RESOURCES!

- Pitt has tons of resources to help you with everything you could think of!
 - Peer Tutoring
 - Study Skills Workshops
 - Academic Consultations
 - Student Support Services
 - Pitt EXCEL
 - Office of Study Abroad
 - Academic Advisors & More!!!
- Easiest resource to utilize?
 - Me!
 - Yeah, this guy



SOME PITTSBURGH FUN FACTS!

- The much beloved Fred Rogers of “Mr. Rogers’ Neighborhood” called Pittsburgh home
- The most common nickname, “Steel City,” is from the era when Pittsburgh was one of the top producers of steel. Some of the Pittsburgh-made steel went to projects like the Empire State Building and the Golden Gate Bridge
- The Point State Park fountain is actually spewing out 6,000 gallons per minute of water from a glacial formation
- The Robot Hall of Fame is located in Pittsburgh and in 2012 WALL-E became an inductee. EVE must have been so proud
- Back in 1909, Pittsburgh joined the big leagues when it built the first baseball stadium, Forbes Field





QUESTIONS?

YOUR FIRST WEEK IS ALWAYS ONE OF THE MOST CONFUSING, ANY WAY I CAN HELP CLEAR SOME THINGS UP?





WEEK #2/3

CAMPUS RESOURCES & THE CONTEST!
RELATIONSHIPS & FAMILY



RESOURCES DISCUSSED LAST WEEK!

- Peer Tutoring
- Study Skills Workshops
- Academic Consultations
- Student Support Services
- Pitt EXCEL
- Office of Study Abroad
- Academic Advisors & More!!!

MAC

- The Math Assistance Center (MAC) provides a walk-in service; no appointments are scheduled or needed. If there is a particular teaching assistant you prefer to work with, their hours are listed in the schedules below. However, all graduate teaching assistants present at any time have the capacity to aid in any undergraduate mathematics course. Undergraduate teaching assistants are there to provide assistance in sub-calculus classes.
- O'Hara Student Center
Room 215
4024 O'Hara Street
- <http://www.mathematics.pitt.edu/about/math-assistance-center>

ARC

- The Academic Resource Center (ARC) helps you achieve your highest potential. Whether you want to raise your grades, manage your time better, master complex material, or just feel more relaxed when taking an exam, the ARC is your gateway to academic excellence. The ARC is open to all undergraduates on the Pittsburgh campus!
- Academic Resource Center
- G-1 Gardner Steel Conference
- <http://www.asundergrad.pitt.edu/arc>

PRR

- Physics Resource Room
- Help with all physics and astronomy introductory classes
- Taught by teaching assistants
- Room 312 Thaw Hall –FALL 2015 (2161)
- http://www.physicsandastronomy.pitt.edu/resource_room

FISHBOWL

- Located in the 2nd floor balcony of Chevron
- <http://www.chem.pitt.edu/undergraduate/tutoring>
- Tutoring for most classes, the above link contains a calendar that tells you times for different classes!

WRITING CENTER

- The Writing Center provides a place for all University of Pittsburgh students to come to work on their writing. The Center is staffed by experienced consultants who have been trained to help others with their writing. The services are free to all University of Pittsburgh affiliates.
- Work with you one on one!
- University of Pittsburgh
317B O'Hara Student Center
4024 O'Hara Street
Pittsburgh, PA 15260
- <http://www.writingcenter.pitt.edu/>



GO FIND THEM!

PAIR UP IN THREES AND GO FOR A QUICK TRIP TO ONE OF THE 5 LOCATIONS

TAKE A SELFIE/ PICTURE WHEN YOU GET THERE AND REPORT BACK!



THE CONTEST!

- The three little seminars with the highest AVERAGE cumulative GPA after the fall term will win a pizza party!
- How to win...
 - Study hard and well in advance
 - Try and work with others and find what is best for you
 - Ask questions in lecture if you have them
 - Do your homework!
 - Talk to your professors!
 - Talk to me, or peers in this class!



WEEK #3

RELATIONSHIPS & FAMILY

PITT SKIING & SNOWBOARDING



RELATIONSHIPS & FAMILY

- 10 Tips for Dealing with Parents!
 - Break into 3 groups of 5
 - Read the article
 - Popcorn
 - Any method you like!
 - Talk about the article things you have done, things you should try and do better
- My experiences
 - Parents...
 - Freshman year...
 - Current relationships...

BREAK OUT YOUR PHONES!

- Who is the last person from home you have talked to
 - Parents/ Grandparents
 - Family members
 - Lady/ man friends
- Text someone you miss!
- Tell them how you are doing and that you are thinking of them

LETTERS!

- Each of you were given a piece of paper and an envelope
- Write a HAND WRITTEN LETTER to who ever you would like
 - Boyfriend
 - Girlfriend
 - Parents/ Grandparents
 - Other family members
- Return this to me sealed!
- Write the address you want to send it to as well as your return address
 - (Where you live at Pitt in case they don't know your address)
- I will cover stamps so don't worry about that!

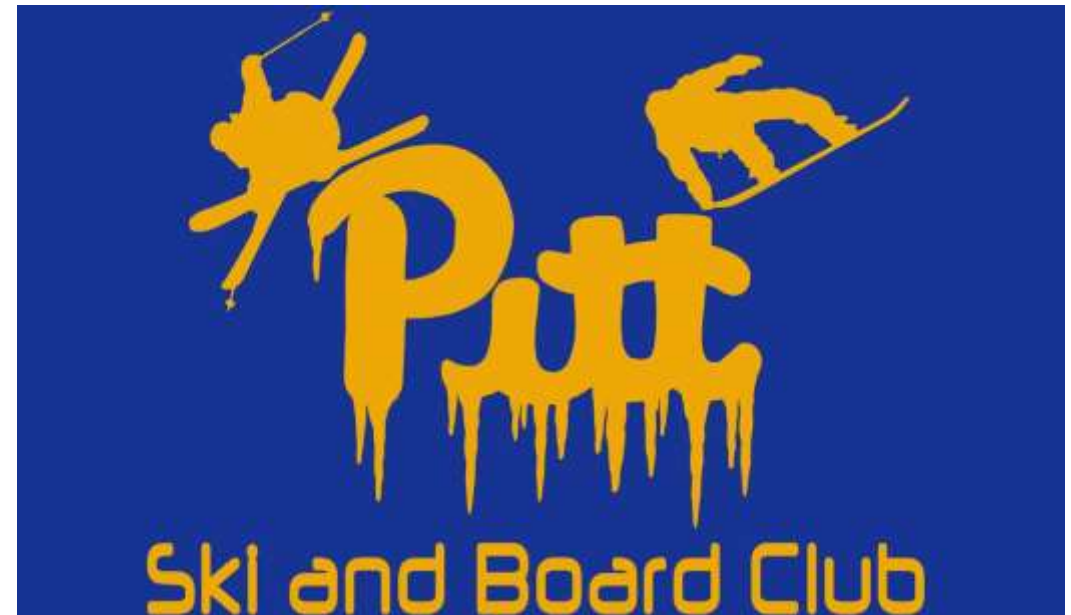
P.I.S.T (PITTSBURGH INTERCOLLEGIATE SNOWBOARDING TEAM)

- P.I.S.T is life.
- Great people
- Meet usually around once a week often time less though
- \$25 dues
- Discounted Rome hard-goods
- Discounted 7 Springs Season Passes!
- Good people, Good times
- https://www.facebook.com/groups/687036334719759/?notif_t=group_r2j_approved
- <https://www.facebook.com/PISTSnowboarding>



PITT SKI CLUB

- Less park ratty as the people at P.I.S.T
- \$5 dues
- Gets you a bus and discounted tickets to get on the hill at 7 Springs
- Prices:
 - Bus: Free? Might change this year (\$5)
 - Tickets: \$25 for a night lift
 - Rentals: ??? There is a discount given <3
- Great people great deal, good times!



MY OPINION?

- Join both!
- Meet new people!
- Get involved!
- Go to the rail-jam!
- Support your school!
- Support your local scene!

PIST Rail Jam 2012:

<https://www.youtube.com/watch?v=wU8GrxlcCgQ>

HOW YA DOIN:

<https://vimeo.com/129171962>

KNUCKLEHEAD:

<https://vimeo.com/114133236>



WEEK #4

TIME MANAGEMENT

STUDY SKILLS



WHAT WORKS AND WHAT DOESN'T?

- Study skills and time management can vary wildly from person to person
- Today we are going to talk about some things that help to make this easier
 - Physical planners
 - Mobile planners
 - Google Calendar
 - Planner Apps
- What doesn't work
- What your advisors expect

PHYSICAL PLANNERS

- All of you were give a planner at Pitt Start
 - Do you still have it?
 - Are you using it?
- Physical planner pros:
 - Help remember events by manually entering them
 - Good visual representation of the work you have to do
 - Easy to modify and update
- Physical planner cons:
 - Might forget to bring it with you
 - Might forget to check it
 - Doesn't remind you of things you have to do



DIGITAL PLANNERS

- There are many different digital planner solutions
- Google Calendar is my go to
- Digital Planner Pros:
 - Gives you notifications
 - Can customize it to be automated or require manual entry
 - Helps you see what you have going on
 - Helps you visualize free time
- Digital Planner Cons:
 - Not necessarily manual entry
 - Is only as effective as you make it



HOW DO I MAKE A GOOD PLANNER?

- Check your syllabuses and enter the following
 - Every homework assignment for the term
 - Every quiz for the term
 - Every paper/ large assignment for the term
 - Every test for the term
 - Reminders to start studying before the day of an exam
- Update your planner with events that are outside of school
- If you plan on going home for times other than holidays plan accordingly
- Overestimate the time assignments will take
- Check things off once they are complete


WHAT YOU ARE EXPECTED TO DO

- All of you are going to be meeting with your advisors at some point of this semester
- They are expecting you to provide them with some type of planner
- They would prefer to see you using the one provided at pitt start or another physical planner
- My suggestion:
 - If you don't have a running planner now, take the time to get one going
 - Planners will only help you get more done
- Other great time management tools are:
 - To-Do list
 - Goals list
- Use these along with your planners



ACTIVITY

FILL OUT THE 24 HOUR PLANNER WITH YOUR CLASSES
WHEN YOU SLEEP, AND WHEN YOU EAT





FREE THINGS TO DO IN PITTSBURGH!*

*MOSTLY FREE



VISIT ONE OF THE GREAT MUSEUMS OFFERED WITH PITT ARTS!

- Carnegie Art & History Museums
 - <http://www.carnegiemuseums.org/>
 - Hours:
 - Monday: 10 a.m.–5 p.m.
 - Tuesday: Closed
 - Wednesday: 10 a.m.–5 p.m.
 - Thursday: 10 a.m.–8 p.m.
 - Friday: 10 a.m.–5 p.m.
 - Saturday: 10 a.m.–5 p.m.
 - Sunday: noon–5 p.m.
 - The art museum is closed Saturday
 - Two located right here in Oakland!
 - Great way to kill an afternoon or day!
 - 100% Free!
- Andy Warhol & The Mattress Factory Museum
 - <http://www.warhol.org/>
 - <http://www.mattress.org/>
 - Hours and info can be found by doing a quick search
 - Exhibits are more focused on modern and pop art
 - Very interesting and a good way to explore the city
 - Mattress factory location:
 - 505 Jacksonia St, Pittsburgh, PA
 - Andy Warhol Museum location:
 - 117 Sandusky Street, Pittsburgh, PA 15212-5890
 - At the end of the Warhol Bridge in North Shore

HOW DO WE GET THERE?

- All Pittsburgh Port Authority busses are free!
- They are semi reliable but will always get you where you want to go
- Best apps for bus transit:
 - PAT Realtime Tracker
 - Best Port Authority Bus app hands down
 - Shows you where busses are and when they are arriving along with route info
 - Google Maps
- There is also a University of Pittsburgh bus app:
 - RideSystems
 - Shows you where all pitt busses are (10A, 10B...)

WHAT IF I JUST WANT TO WALK AROUND SOMEWHERE?

- Great places to walk around and get off campus:
 - Walnut Street in Shady Side
 - One of the many malls around Pittsburgh
 - Mall at Robinson
 - Accessible by bus (28x)
 - South Side Works
 - Off East Carson Street in Southside Pittsburgh
 - Different stores, restaurants and a movie theater!
 - Water Front
 - Large shopping center with a nice selection of stores and restaurants
 - Accessible by Port Authority Busses

PICTURES!

■ Southside Works



■ Water Front





WEEK #5

PREPARING FOR YOUR FIRST EXAMS!



ACTIVITY!

- Please take your time and answer the questions honestly
- We will talk about what works best for each of the different type
- Encouraged to share your results!
- It is easier to study with similar styles!

SOUND: HINTS FOR THE AUDITORY LEARNER

- Say aloud the information to be learned/have someone read the information to you/read it into a tape recorder and replay it.
- Read your work out loud. Summarize what you have read on tape.
- Say words inside your head silently.
- Brainstorm ideas with others. Form study groups.
- When possible, learn information through tapes, television, oral reports, rhymes and songs, radio, lectures, book reviews, panel and group discussions, guest lectures, and oral questions and answers.
- Use a straight-edge marker or guide to assist you in keeping your place while you are reading or working with printed materials.
- Tape class lectures (Ask instructor for permission).
- Meet with classmates before and/or after class to discuss material.

SIGHT: HINTS FOR THE VISUAL LEARNER

- Take notes, make pictures, graphs, and charts. Use flashcards and highlight key details
- Sit close to the teacher so that you can watch his/her face and gestures.
- Take notes or make lists as you listen to directions.
- Carefully check instructions written on the chalkboard and on handouts.
- As the teacher lectures, pay attention to visual aids such as the following:
 - Drawing, maps, graphs, charts
 - Transparencies, posters, films, books
- Imagine pictures of the information you are suppose to remember.
- Use color coding as cues to important information.
- When possible, read assignments silently.
- Maintain class notes and outlines of important information to study.
- Try to read and study in well lit, quiet place.
- Record homework assignments in a date book, on a note pad, or a special designed assignment sheet.
- Keep a note pad with you at all times. Write out everything for frequent and quick visual review

TOUCH: HINTS FOR THE TACTILE/KINESTHETIC LEARNER

- Keep your desk clear of distracting objects.
 - Cover the page you're not reading
 - If you are distracted by noise, turn off the radio; wear earplugs or wear an earphone in the learning center to block out the noise. If you want sound, listen to soft music.
 - Divide your work into short study sessions. Get a timer. After 20 minutes or when a task is completed, give yourself a reward, a cookie, a walk around the block, listen to one song, etc.
 - Sit as close to the teacher as possible, or sit in the center of the room by quiet students.
 - When studying, use a multi-sensory approach (hearing, seeing, touching and doing) as much as possible.
 - Get plenty of sleep.
-
- Eat a nutritious breakfast and lunch. Snack on fruit or nutritional food if you need extra energy.
 - Study in a carrel or in an office where there is a desk for your text books and notebook.
 - Use models, real objects, and materials that can be touched and moved. For example, learn geography through handling and studying a globe.
 - When possible draw what you are learning.
 - Trace spelling words as you practice them.
 - Record in writing information learned. Keep a supply of paper on hand.
 - When possible, role play, type, take notes, or construct models to learn the information.



RESTAURANTS

FOOD AROUND TOWN!



OAKLAND FOOD

- Uncle Sam's Subs!
 - <http://www.unclesamssubs.com/>
 - 210 Oakland Avenue
Pittsburgh, PA 15213-4064
10:30am - 8:30pm Mon - Fri
11:00am - 8:00pm Sat
11:00am - 6:00pm Sun



- 3803 Forbes Avenue
Pittsburgh, PA 15213

SHADYSIDE FOOD!

- Steel Cactus!
 - <http://www.steelcactuspgh.com/>
 - 5505 Walnut St, Pittsburgh, PA 15232
 - 10:00 am – 2:00 am



- 11:00 am – ~9-11:00 pm



TIME FOR GOOGLE MAPS!

LETS EXPLORE FOOD IN PITTSBURGH VISUALLY!





Week #6

College: *More than classes!*



How has Pitt been so far?

- There is way more to being a college student then studying and exams
- You will perform better if you are happy and healthy
- The best way to achieve this is to do some of the following
 - Take a break from studying/ homework
 - Go for a walk to clear your mind
 - Go out to dinner with friends
 - Go visit a museum or go see a movie
 - Go shopping and forget about your stress for awhile

Clubs & Activities

- Did anyone visit the activity fair at the beginning of the year?
- If you didn't you might not know that there are literally hundreds of student organizations on campus!
- There are literally groups for everything!
 - Quidditch Club of Pittsburgh
 - Pittsburgh Intercollegiate Snowboard Team (PIST)
- There are also tons of groups that are focused towards engineering!
 - Engineers Without Borders (EWB)
 - Society of Women Engineers (SWE)
- It is easy to get involved!

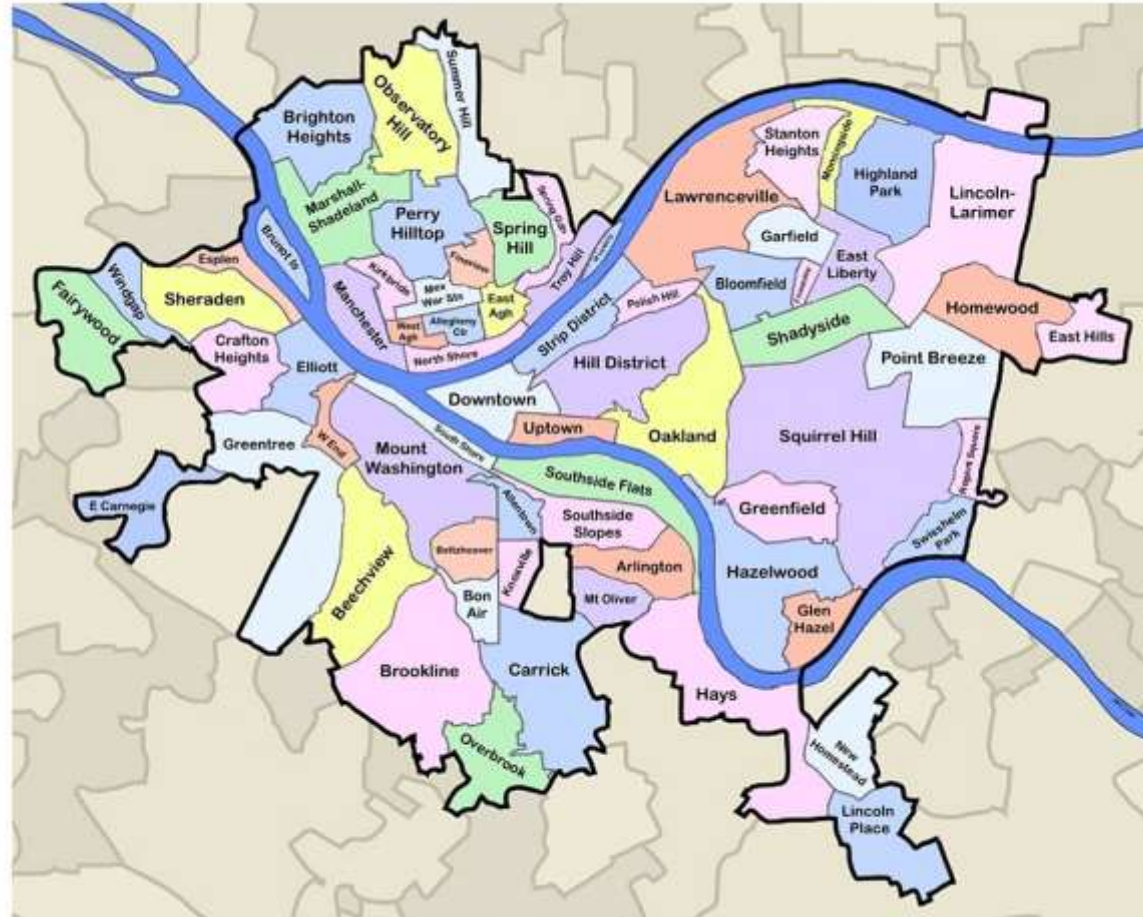
More than clubs?

- There are many other ways to kill time and get involved at Pitt!
- You could look into joining a Fraternity/ Sorority
 - Triangle (Engineering Frat)
 - Phi Sigma Rho (Engineering Sorority)
 - Both are great organizations!
 - Build your resume and have fun in the process!
- Get involved in a service group/ project!
 - There are volunteer groups
 - Service projects over spring break

Wanna learn more?

- Pitt has an amazing website for all of its groups and other campus information
 - <http://www.studentaffairs.pitt.edu/>
- Here you can find information about all the different campus organizations and groups
- There is more fun to be had in this city than just campus organizations!
- We have talked briefly about free things you can do around Pittsburgh
- Don't feel restricted to campus events or that you need to be involved in a bunch of clubs/ groups

Neighborhoods of Pittsburgh





Activity

What are some fun things you all have done to get your minds off of classes?



Southside Food!

- There are a lot of great restaurants in Southside!
- Southside Works
 - Cheesecake Factory
 - Hofbrauhaus Pittsburgh
- East Carson Street
 - Fatheads
 - Nakama
 - Steel Cactus (Yep there are two locations)

Downtown Food!

- Lots of hipster fancy places
- My suggestions for “finer dining”
 - Meat & Potatoes
 - Grit & Grace
- More affordable places?
 - Look around Market Square!
 - We took a look at a few places last week
 - Don't be scared to try something new that you found just by checking out google maps!
 - Yelp and UrbanSpoon can be your best friend!

Food apps!

- Urban Spoon!
- Yelp!
- Do a google!
 - Google maps will help you find restaurants around you!
 - Usually has reviews (through yelp or a similar service)
 - Almost always has some type of price scaling system
 - \$\$\$, \$\$, \$ <- College level
- <http://www.pittsburghmagazine.com/Pittsburgh-Magazine/June-2015/Pittsburghs-Best-Restaurants-2015/>



Let's Talk!

What do you guys wanna do/ talk about in seminar!

We will be having 1 on 1 meeting the week of the 19th, we gotta schedule that!





Week #7

Discussion, ADA, Entertainment!



One on ones!

- I will be sending out the calendar either tonight or tomorrow night!
- We will meet for around 15 minutes to talk about things in a more private setting
- I will ask you questions on some of the following topics
 - Academics
 - Life at Pitt
 - Roommate stuff
- You can ask me what ever you want!
 - I am open and willing to help you with anything you may have questions about!
- This is not graded so don't stress out, however if you don't show up it will count as an absence!
- Take these seriously, it will only help me get to know you all better!

Signing up for next semesters classes!

- Do you all remember how to do this?
 - If not that's ok!
- The gist:
 - Meet with your advisor to lift your advising hold
 - Refer to the supplied list of classes that are available/ you need to take
 - Setup the classes you want on PeopleSoft
 - Go to the site on your specified day and time
 - Profit...

Technology resources around campus!

- There are tons of computer labs around campus that you can use
- You all also have access to free software provided by the university
- We even have a number you can call if your computer is on the fritz
- Check out technology.pitt.edu for more information!



How did your exams go?

Anyone care to share what worked/ what didn't?



Activity!

- Ask Daxton Anything!
 - What are some questions you have about pitt?
 - Wanna talk about coop?
 - Curious about on campus groups/ clubs?
 - What to do for fun that hasn't been discussed in class?
 - What weird music am I listening to?
 - What weird music should you be listening to?
 - Literally, ask me anything you may want to know about Pitt, life or me in general

Entertainment in Pittsburgh

- Concerts,
 - We have a ton of venues within the city!
 - There is live music somewhere almost every day of the week!
- Sports,
 - Pirates, Steelers, Pens we have tons of professional level sports
 - Pens student rush: Test RUSH to 32623
 - Tickets this year are \$27.50 <- that's a great deal!
 - Pitt sports!
- Theater
 - We have great performing arts at Pitt and within the city if that's what you are into!

Entertainment continued!

- Pitt events
 - Did anyone go to the homecoming events this weekend?
 - You should all receive information through “Campus Connect”
- Eating...
 - As discussed there are tons and tons of amazing restaurants in the area
- Places to go!
 - We have talked a little about this over the past few classes
- What do I do?

QUESTIONS? COMMENTS? CONCERNS?

WHAT ARE YOU INTERESTED IN TALKING ABOUT NEXT WEEK?

WHAT ELSE DO YOU WANT TO KNOW ABOUT THE PLACES DISCUSSED?

