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President's Thoughts

I can't tell you how much I am looking forward to attending the Quilt Retreat in May! This year, my family will have 3 generations attending. My mom (Rosemary) is coming from Iowa, and Ariane, my oldest daughter that some of you have met at workshops, will also join us. Plus it's always great to share time with all of you. I'm ready to put my foot pedal to the metal and get some projects done!

What talent lies within our guild. Thank you, Maria, for getting us thinking of clever ways to use our scraps! When Maria was showing the roomy, charming fabric bags she had made for her

grandchildren, she mentioned trying out decorative stitches. I recently found a simple stitch chart that I'd like to share with you. (see page 4) Most of these are basic stitches, but some of the uses of several of these basic stitches are beyond what I ever thought of. And, before you say, "Oh, I would never use any of these, they're just for regular sewing"...in addition to using them as decorative stitches on one of those cute fabric scrap bags, think of couching a decorative trim onto a quilt, or "bridging" two pieces of batting together. If you haven't tried machine

applique, here's where you use the blind hem stitch with some smoky or clear thread. If you want the stitch to show on your applique, you'd use your blanket stitch. What other uses can you think of for stitches beyond the straight stitch and zigzag?

Happy sewing, and thanks so much for sharing your time, talent, and ideas!

Hugs, Terri Meeks



Welcome New and Returning Members

Sandy Berlet, Judy Winter and Pauline Bouchard



Be prepared to pay the fine! Forget to wear your nametag to the Guild Meeting it's \$.25. You may think it is silly when we already know each other, but remember, there are new members and guests at every meeting. Nametags are for their benefit too in addition to ourselves when we have those "moments"! Thanks for your participation!

Greetings from Your Vice-President



Thanks Maria — Great Program!

Thanks to Maria Bidgood for her terrific program in April on, "Fabric Baskets and More: Non-Quilt Things to Make with Fabric Scraps." I have already made the trip to Walmart where I bought one package of the 3/16" cotton clothesline in the paint department that Maria recommended. If you haven't made the trip yet, there were a lot on the shelf when I was there. The clothesline may be available at other locations, too. And Maria shared so many other great ideas, not just for us but also possibilities for our youth educational programs. How about those cone trees that could be Christmas projects for kids?

Looking ahead, the Rocky Mountain Quilt Museum will present its program

on "1930's: Hard Times, Great Quilts" on May 19. This is the program that the Tread of Pioneers Museum is co-sponsoring with us, so you will likely see some posters and hear some radio ads before too long. Let's make this a community event! This would be a great program to invite friends to attend, I including those who do not sew or quilt but who may have an interest in history or nostalgia for things they may remember from the past. And if you have a quilt or other hand-made sewing item from the 1930's, we welcome you to bring it to the program for sharing. I look forward to seeing all of you for a great time at our next meeting!

Donine Schwartz

Spring Retreat

We're excited about going to the Hotel Colorado, a new place for our retreat. Our meeting room has lots of natural light, perfect for sewing. So be thinking about the projects you'll bring. If you are interested in taking Jackie Grimaldi's machine applique class and haven't signed up, please let Terry Hinde know at 879-6639 or teresa.hinde@gmail.com so Jackie can plan her kits.

We look forward to seeing everyone there. Drive Safe!



Retreaters don't let a little thing like a cool sewing room keep them from sewing. Bonnie just put on a few more layers and sewed on! You can too! Join us for Spring Retreat May 13th-15th.



If I stitch fast enough does it count as aerobic exercise?

Opportunity Quilt



The April Opportunity Quilt was made by Donine Schwartz and won by Tina Smith

Thanks, Donine for a beautiful quilt.

Up next . . . Are you ready?

May - Lynn Wunder

June - Cathy Gero

July - Jackie Grimaldi

August - Tamie Buskirk

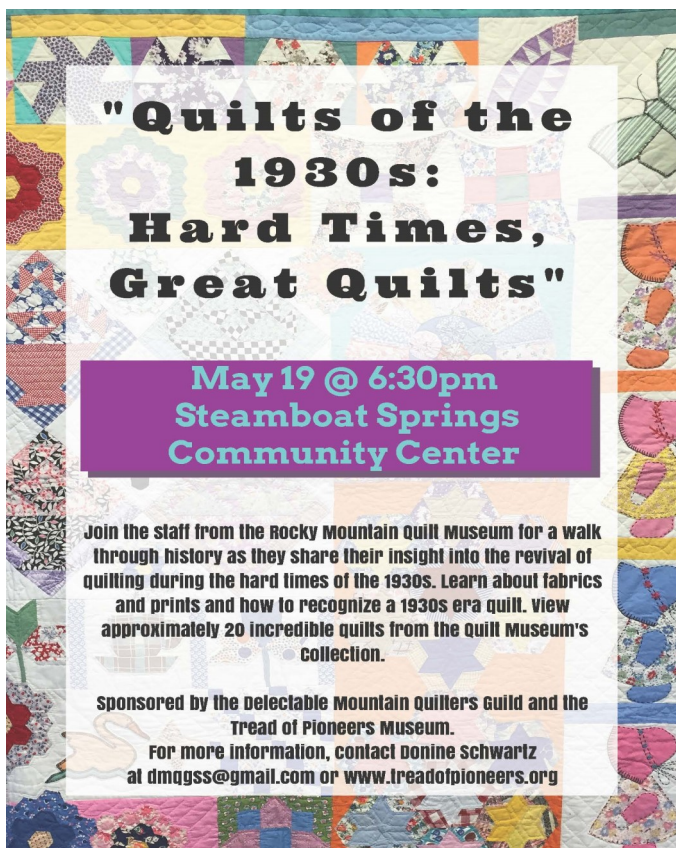
September - Tina Smith

October - Peggy Hoff

November - Madeleine Vail



Programs & Workshops - Mark your calendars!



"Quilts of the 1930s: Hard Times, Great Quilts"

May 19 @ 6:30pm
Steamboat Springs Community Center

Join the staff from the Rocky Mountain quilt Museum for a walk through history as they share their insight into the revival of quilting during the hard times of the 1930s. Learn about fabrics and prints and how to recognize a 1930s era quilt. View approximately 20 incredible quilts from the quilt Museum's collection.

sponsored by the Delectable Mountain quilters guild and the Tread of Pioneers Museum.
 For more information, contact Donine Schwartz at dmqgss@gmail.com or www.treadofpioneers.org

Looking ahead . . .

June 16th - Jackie Grimaldi and Madeleine Vail . . . *Trunk Show*

July 21st - Viola Colombe . . . *Paper Piecing Art Star Quilts*

July 23rd - Workshop with Viola Colombe

August 18th - Donine Schwartz . . . *Designing your own fabric.*

August 20th - Workshop with Donine Schwartz

September 15th - Cathy Miller . . . *The Singing Quilter*

September 17th - Workshop with Cathy Miller . . . *Mock Mola Machine Applique*

October 20th - *Silent Auction*

November 17th - Potluck Dinner, Bring your favorite dish to share.

Maria's Resources for her Guild Program—
 "Fabric Baskets & More, Non-Guild Things to Make with Fabric Scraps" April 21, 2016

Fabric Baskets: It's a Wrap by Susan Breier, susies-scraps.com and craftstylish.com

Scrap Bucket Pattern & Bibs: thesewingloft.com

Lanyard & Wristlet: mselaineousteachesewing.blogspot.com

Fabric Alphabet Letters: sugarbeecrafts.com

Magnetic Bookmarks: thesoutherninstitute.com

Folded Star Christmas Ornament: aspoonfulofsugardesigns.com

Easter Eggs: retro-mama.blogspot.com



Thanks Lynn! We had a great time at the Needle Felting Class. You gave us a lot of great ideas for future quilt projects!

Something Yummy!

EDAMAME SALAD, *It's not Greek, but it could be!*

Edamame - frozen, 16 oz
 Corn - frozen, 8 oz
 Black Beans, 1 can, rinsed and drained
 ½ cup chopped red onion
 ½ cup thinly sliced radishes
 ½ red bell pepper, chopped
 ½ yellow bell pepper, chopped
 1 cup Carrots, shredded
 8 oz Feta Cheese, crumbled
 ½ cup Cilantro, minced
 ½ cup Kalamata Olives, drained and roughly chopped
 ½ cup Sundried Tomatoes, packed in oil, drained and roughly chopped
 1 cup Cherry Tomatoes cut in half
 1 ½ cup Zucchini, chopped
 1 cup Celery, chopped

Cook Edamame and corn until thawed and warmed through or until crisp/tender, drain and rinse with cold water.

Rinse and drain black beans.

Add all ingredients to a large bowl and mix until combined.

Serve with your choice of vinaigrette. Also great served over chopped Romaine Lettuce (1 C Edamame Salad/2-3 cups chopped Romaine)

Mix and match or substitute your favorite veggies, cheese and beans. Green & Orange Bell Pepper, Cucumber, Green Onions, Garbanzo Beans, Yellow Squash, and fresh Mozzarella Cheese are very tasty too!

(all measurements are approximate)

Happy May Birthday to . . .

- 3 Amy Pederson
- 4 Ruth Ann Mewborn
- 4 Barbara Swissler
- 12 Kathy Gonio
- 14 Cathy Gero
- 27 Sharon Rottman
- 29 Terry Hinde



Raffle Quilt

It's time to start making blocks for our next raffle quilt. This is a huge money maker for the guild. Proceeds help to pay for speakers, classes and programs. During the March meeting, members present voted to make a quilt with string triangles of blues with a bit of orange and yellow. These triangles will be alternated with light gray. I made my sample blocks using a paper foundation, pages from an old phonebook. You can use another technique as long as the triangles measure the same as the paper pattern. The pattern is oversized and will be trimmed.

To make your blocks, you will need:

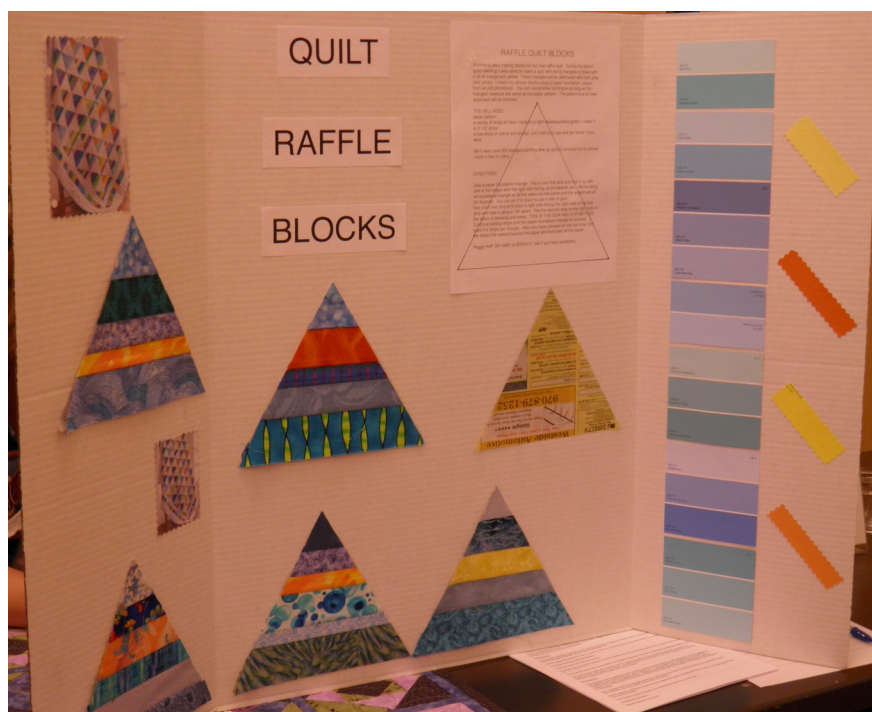
Paper Pattern

A variety of fabric strips, medium to light blue/aqua/blue green. I used 1" to 2 1/2" strips

A few strips of yellow and orange. When adding either of these colors to the block, use just once per block.

This quilt is going to take over 200 triangles. They sew up quickly and are fun to make.

If you have any questions, please call Peggy Hoff @ 970-291-9437 or 970-879-6117.



Simple Sewing Stitch Chart

Straight stitch	----	general sewing, gathering
Zig Zag	~~~~~	Appliqué work, overcasting, mending
3 step Zig Zag	~~~~~	Overcasting, tape and elastic insertion
Ric Rac Stitch	~~~~~	Decorative stitch, reinforcement, edge stitch
Feather stitch	~~~~~	Fagoting, decorative
Couching or Bridging	~~~~~	Decorative attaching cord, couching, joining two pieces together
Patchwork	~~~~~	Patchwork, decorative
Stretch Stitch	~~~~~	For sewing knits and fabric with stretch
Smocking	~~~~~	Decorative, smocking
Overcast	~~~~~	Overcast raw edge, reinforce heavy weight fabric
Blind Hem	~~~~~	Blind Hem woven fabric
Elastic Blind Hem	~~~~~	Blind Hem, stretch fabric, knit
Triple Stretch	~~~~~	general sewing, reinforcement stitch
Blanket Stitch	~~~~~	Appliqué, decorative
Buttonhole	~~~~~	Buttonhole
Automatic Button	~~~~~	Automatic button sewing



Creative clutter is better
than idle neatness!

Minutes from the Guild Meeting April 21, 2016

President Terri Meeks called the meeting to order at 6:33 pm. Present were 24 members and 1 guest.

Terri welcomed all the members and recognized our guest.

Maria Bidgood moved that the minutes of the March 17, 2016 General Meeting be accepted as presented in the newsletter. Ruth Ann Mewborn seconded the motion. The motion was carried.

Cheryl Spahr presented the Treasurer's Report for March 2016. The ending balance for March's General Fund was \$7,677.48. The Christmas Fund remained at \$115. The Raffle Account balance remained at \$2,719.48.

Donine Schwartz gave the Vice-President's report. She reminded everyone that next month's program will feature the Rocky Mountain Quilt Museum of Golden. This program on depression era quilts will be co-sponsored by the Tread of Pioneers Museum. Donine asked members to bring any guests who might enjoy the program, and Terri asked members to bring any 1930s era quilts they might own to share.

Committee Reports

Tamie Buskirk reported that currently 2 people had just renewed their memberships. The guild is now at approximately 50 members.

Ruthann Mewborn passed out all the remaining steps for the Mystery Quilt, including a photo of the finished design. Participants are asked to try to have their quilts finished by the annual meeting in November.

In response to comments that members were finding it difficult to sign in to the website, Cheryl Spahr announced that she will try to add a plug in which will ask members to sign in and then go directly to the site.

Amy Pederson exhibited the Opportunity Quilt, a quilted wall hanging provided by Donine Schwartz.

Maria Bidgood indicated that the Happenings section did publish an announcement of the meeting.

The Spring Retreat in Glenwood Springs from May 13-15 is full with 26 members signed up. Sandy Berlet said that there is a waiting list in case a space becomes available. She thanked everyone who contributed door prizes for the retreat. Jackie Grimaldi will teach a mini class at the retreat on making machine appliques that will last about one hour. The cost is \$5 and includes all materials.

In Peggy Hoff's absence, Terri Meeks presented the Raffle Quilt Board that showed the quilt pattern, size, sample triangles, and color ranges. The pattern requires 200 blocks, so each member is asked to contribute at least 4 of the easy-to-make triangles. Barbara Swissler asked if any members who had extra fabric in the colors designated would donate it to those members who may not have those colors.

The Fall Retreat still needs a chairperson.

There were no reports from the Grant Program, Hospitality, Morning Star and Charity Committees.

New Business--None

Old Business

Donine Schwartz addressed the membership about a possible collaboration with membership in the Steamboat Springs Arts Council. She was looking for information

on how much support members would be willing to give in working with the Arts Council. Arts Council President, Kim Keith, envisions the guild becoming a more visible part of the arts group. Kim has offered the guild a package deal that would reduce the membership dues 50% to \$150/year, provide possible inclusion in city funding, eligibility to apply for funding from the Arts Council itself, possible sponsorship by local businesses to allay program costs, and the opportunity to earn \$50/hour "credit" towards dues and a spot at the Arts in the Park show through educational programs for children.

As part of this deal, the guild will get membership in the Arts Council for the remainder of 2016 free provided we continue membership into 2017. We will also receive free publicity and advertising for our programs in all Arts Council email notifications. As an added benefit, guild members working towards earning "credits" will have access to the council's Create Space Art Pantry, which provides free supplies for educational programs.

Donine mentioned that the guild would have to commit 6 hours of educational programming to earn the 2017 dues and a place at Arts in the Park craft show. Three of these credits would need to be completed by the end of 2016 and the remaining 3 by March 2017.

A discussion followed in which some members suggested ways the guild could provide arts education through summer programs like the Boys and Girls Club, Depot summer programs, City summer programs. In response to the questions "How many members want to pursue this option?" and "How many members would be willing to volunteer?" a majority of those members present raised their hands. Donine will draft a letter to the Arts Guild requesting guild membership under the terms outlined by Kim Keith.

Member Announcements

Jean Clougherty shared that she had researched hiking trails in Glenwood Springs and will bring her hiking boots to the retreat.

Bonnie Calhoun brought some quilting magazines to share and had placed them on a table for anyone to take.

Tamie Buskirk announced that the cake brought by Amy Pederson for the refreshments table is the recipe printed in the newsletter.

Following a short break for refreshments, Donine introduced Maria Bidgood who presented a program on Scrap Baskets and Other Scrap Objects. Following the program, the meeting resumed.

Show and Tell. Opportunity Quilt

Bonnie Calhoun shared her newest quilt, and in keeping with her vow to finish one quilt a month, Terri Meeks presented a hand quilted quilt.

Tina Smith won Donine's Opportunity Quilt.

There being no further business, the meeting was adjourned at 8:20 pm.

Respectfully submitted, Barbara Swissler, Secretary

Show & Tell April 21, 2016 DMQG Meeting



Bonnie Calhoun



Terri Meeks



QUILTER'S WORD SEARCH

The following is a list of Quilting Acronyms. Figure out the phrase and find it in the puzzle. In the puzzle the phrase could be backwards, forwards, up or down, on a diagonal to the right or left. Here is the first one for you:

BOM = BLOCK OF THE MONTH

Now, try to find the rest:

DSM	SID	LA	PFC	NESTY	PIGS
FQ	UFO	RST	STABILE	TIH	WOMBAT
FMQ	WOF	PHD	WITHWIT	HST	WST

Additional words in the puzzle to find:

CHURN DASH	CAROLINA LILY
LOG CABIN	OHIO STAR
TEXAS LONESTAR	FLYING GEESE

Cities were DMQG Members are from:

Steamboat Springs, Colorado	Hayden CO
New York City New York	Clark
Webster South Dakota	Craig

And, don't forget: DELECTABLE MOUNTAIN QUILTERS GUILD

S G U I G C D Z J K F T H J M V O J L I F G K V U O O K K J E G C V Y A Y Z W W
K B L O C K O F T H E M O N T H R A D I M R D U F I P F R P N I J J E C E W I A
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S Z V K K L N M W F G F P Y U F N T Z A F P W E Q Z E R G Q N X C G P D J B V Z
H V A F S Q H K J B K G G J Q G P P I F U G I V N N D L N Y U G G U N L U H C X
F R A B E S I X N K L H J W F R K Q M Q K Z O I Y U D O K K Q J H V H A U E Y Z
K M A D A M O I Y K I B C J K X G R F Q Y G A E X A W E Q V P V E Y H W Y M S U

FOOT NOTE

*This foot was made for walking.
But not on my machine!
It turns out the weirdest quilting
That I have ever seen!
It sews along quite nicely,
I stop holding my breath,
Then it does a little dance step
And scares me half to death!
I see a section of stitches
Too small for ripping out,
Then a leap and then a skip --
What is this all about?
A seam on top? The batting?
Am I doing something wrong?
I didn't dream that machine quilting
Would ever take this long.
The answer's out there somewhere,
I'll seek till I understand,
But until I get it sorted out
I just must quilt by hand!*

Jacquie Scuitto, aka The Muse
<http://quiltmuse.blogspot.com/>

DELECTABLE MOUNTAIN QUILTERS GUILD

The DMQG membership meetings are held the third Thursday of every month at the Steamboat Springs Community Center. Doors open at 6:00 pm for early sign-ups and meetings start promptly at 6:30 pm. Individual Memberships are \$25/per year. Business Memberships are \$35/per year. Meetings are free for members, and non-members pay a \$3 guest fee.

DMQG Board Meetings are held the third Tuesday of each month at 6:00 pm at Selbe Apartments/Scott Center. Board meetings are open to all members.

2016 Board of Directors

President	Terri Meeks
Vice President	Donine Schwartz
Secretary	Barbara Swissler
Treasurer	Cheryl Spahr

Committees:

County Fair Liaison:	Jackie Grimaldi
Fall Retreat:	
Hospitality:	Jean Clougherty
Membership:	Tamie Buskirk/Tina Smith
Morning Star Quilts:	Peggy Hoff
Mystery Quilt Program:	Ruth Ann Mewborn
Newsletter/Website:	Chris Hensen
Opportunity Quilt:	Amy Pederson
Publicity:	Maria Bidgood
Quilt Scholarship:	Peggy Hoff
Quilt Shows:	Madeleine Vail
Raffle Games Mgr.	Cheryl Spahr
Senior Xmas Project	

Coordinator: Marcia Spitellie

Silent Auction Coordinator:

Special Shows & Programs:

Spring Retreat:

Terry Hinde, Peggy Hoff and Sandy Berlet
Tread of Pioneers Museum/

XMAS Trees: Peggy Hoff

DMQG reserves the right to select the articles and advertising that reflects the purpose of the Guild. Questions, articles and requests for permission to reprint information from the newsletter should be sent to the editor @ DMQG Editor, PO Box 770293, Steamboat Springs, CO 80477.

Peaks & Pieces is published monthly by the DMQG. Deadline for submissions is the 26th of the month prior to the publication of the newsletter. Please send information to the Newsletter Editor: Chris Hensen, cdhensen@aol.com

Advertising rates are as follows:

Members

1 yr ¼ page \$100 or Business Card Size \$50
1-time ¼ page \$10 or Business Card Size \$5

Non-members

1 yr ¼ page \$120 or Business Card Size \$60
1-time ¼ page \$15 or Business Card Size \$6

Don't forget to bring your current projects to the guild meeting for show & tell. We love to see what everyone is working on! It gives us

