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# WELCOME TO MEDREMIND

#### A MEDICATION TRACKING APPLICATION

At MedRemind, we are patients, caregivers, and friends. We understand the frustration that comes with tracking multiple medications through the days, weeks, and months. We have been there!

After numerous times of urgently calling our doctors and saying "Help! I'm out of my meds!" because we forgot to call, we decided to create an application that will remind us to not only take our medications on time, but to call the doctor before we run out!

Additionally, MedRemind has an "ICE" section. ICE stands for "In Case of Emergency." This feature gives us the peace of mind in knowing that if anything were to render us unable to communicate our medication information with doctors in an emergency, MedRemind will take care of it for us.

We at MedRemind wish you all the best and hope that you will find this application as useful as we do!

# ADDING A NEW MEDICATION

1. To get started, you are going to need to add your first medication. To do so, click on the <u>"My Meds" Button</u> at the top of the page:



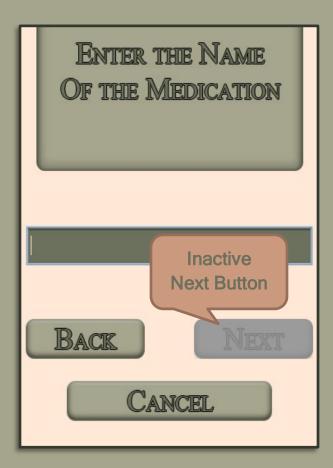
2. Next, you will click the <u>"Add New Medication" Button</u> at the bottom of the page:

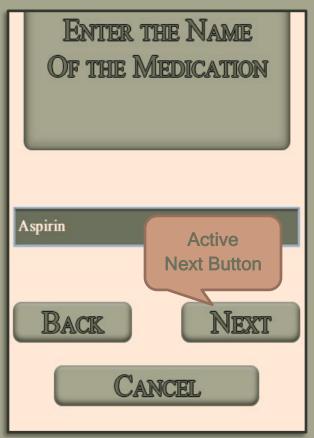


### ENTERING THE MEDICATION INFORMATION:

Now you are ready to enter all the information for the medication by following the On-Screen Instructions on the next few screens.

If certain information (such as the name of the medication) is required to continue, the <u>"Next" Button</u> will be grayed out and disabled. This button will become active once you have entered the required information.





#### ENTERING A PRESCRIPTION NUMBER:

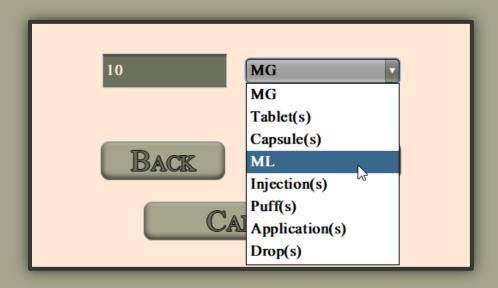
You can decide whether you want to add the <u>Prescription Number</u> (if applicable) to the medication information. The sole purpose of adding this information is to make life easier on you. Should you need to order refills and are asked the <u>Prescription Number</u>, the information is readily available!

#### ENTERING THE DOSAGE INFORMATION:

MEDICATIONS COME IN MANY FORMS. USING THE DROP-DOWN MENU LOCATED ON THE RIGHT-HAND SIDE OF THE "DOSAGE" SCREEN WILL ALLOW YOU TO SELECT ONE OF THE EIGHT MOST COMMON TYPES OF DOSING. IF YOU DO NOT SEE THE TYPE OF DOSING YOU ARE LOOKING FOR, PLEASE LET US KNOW SO WE CAN ADD IT!

IN THE BOX ON THE LEFT-HAND SIDE OF THE "DOSAGE" SCREEN, YOU WILL ENTER THE NUMBER THAT REPRESENTS THE DOSAGE AMOUNT FOR THIS MEDICATION.

FOR EXAMPLE, THIS USER IS SELECTING THAT THEY TAKE 10 ML OF THE PRESCRIBED MEDICATION.



### ENTERING THE FREQUENCY: