

MEDREMINd

USER GUIDE

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WELCOME TO MEDREMINd

A MEDICATION TRACKING APPLICATION

At MedRemind, we are patients, caregivers, and friends. We understand the frustration that comes with tracking multiple medications through the days, weeks, and months. We have been there!

After numerous times of urgently calling our doctors and saying “Help! I’m out of my meds!” because we forgot to call, we decided to create an application that will remind us to not only take our medications on time, but to call the doctor before we run out!

Additionally, MedRemind has an “ICE” section. ICE stands for “In Case of Emergency.” This feature gives us the peace of mind in knowing that if anything were to render us unable to communicate our medication information with doctors in an emergency, MedRemind will take care of it for us.

We at MedRemind wish you all the best and hope that you will find this application as useful as we do!

ADDING A NEW MEDICATION

1. To get started, you are going to need to add your first medication. To do so, click on the [“My Meds” Button](#) at the top of the page:



2. Next, you will click the [“Add New Medication” Button](#) at the bottom of the page:



ENTERING THE MEDICATION INFORMATION:

Now you are ready to enter all the information for the medication by following the **On-Screen Instructions** on the next few screens.

If certain information (such as the name of the medication) is required to continue, the **“Next” Button** will be grayed out and disabled. This button will become active once you have entered the required information.

ENTER THE NAME OF THE MEDICATION

|

Inactive Next Button

BACK NEXT

CANCEL

This screenshot shows the 'ENTER THE NAME OF THE MEDICATION' screen. The title is at the top. Below it is a text input field containing a single vertical bar '|'. At the bottom, there are three buttons: 'BACK', 'NEXT', and 'CANCEL'. The 'NEXT' button is grayed out, and a callout bubble points to it with the text 'Inactive Next Button'.

ENTER THE NAME OF THE MEDICATION

Aspirin

Active Next Button

BACK NEXT

CANCEL

This screenshot shows the same 'ENTER THE NAME OF THE MEDICATION' screen, but the text input field now contains the word 'Aspirin'. The 'NEXT' button is now active (dark gray), and a callout bubble points to it with the text 'Active Next Button'.

ENTERING A PRESCRIPTION NUMBER:

You can decide whether you want to add the Prescription Number (if applicable) to the medication information. The sole purpose of adding this information is to make life easier on you. Should you need to order refills and are asked the Prescription Number, the information is readily available!

ENTERING THE DOSAGE INFORMATION:

Medications come in many forms. Using the drop-down menu located on the right-hand side of the "Dosage" Screen will allow you to select one of the eight most common types of dosing. If you do not see the type of dosing you are looking for, please let us know so we can add it!

In the box on the left-hand side of the "Dosage" Screen, you will enter the number that represents the dosage amount for this medication.

For example, this user is indicating that they take 10 ML of the prescribed medication.

The screenshot displays the 'Dosage' screen interface. On the left, a text input field contains the number '10'. Below it is a 'BACK' button. To the right of the input field is a label 'MG' with a dropdown arrow. The dropdown menu is open, showing a list of dosage forms: 'MG', 'Tablet(s)', 'Capsule(s)', 'ML' (which is highlighted with a blue background and a mouse cursor), 'Injection(s)', 'Puff(s)', 'Application(s)', and 'Drop(s)'. Below the 'BACK' button is a 'CALCULATE' button.

ENTERING THE FREQUENCY:

Simply put: how often do you take this medication? Whether it's once a day, once a month or five times a day, MedRemind has you covered.

In the Text Box on the left-hand side of the screen, enter the number that represents the number of times this medication is taken. On the right-hand side of the screen, click the arrow in the Drop-Down menu to select the Frequency Type:

HOW OFTEN DO YOU TAKE THIS MEDICATION?

1 X A Day
A Day
A Week
A Month

BACK

CANCEL

This user is indicating that they take their medication once a day.