
ROGIMITRA.AI

Final Diagnostic & Treatment Report for Madhav Mishra (50 years)

Doctor: Dr. Sahib | Date: [Today's Date]

Dear Mr. Mishra,

After carefully reviewing your symptoms and test results, weve identified the following health concerns and created a treatment plan to help you recover. Please follow these instructions closely and reach out if you have any questions.

1. Your Diagnosed Conditions:

- Respiratory Infection (Cold/Flu-like Illness): You have a viral infection causing fever, cough, sore throat, and runny nose. While antibiotics were initially prescribed, your symptoms may improve with supportive care.
- Severe Headache (Likely Migraine): Your headache, dizziness, and sensitivity to light could be due to stress, dehydration, or the infection.
- Upset Stomach (Gastroenteritis): Nausea, diarrhea, and stomach pain may be caused by the infection or a reaction to medications.
- Diabetes Concerns: Your existing diabetes may be less controlled due to this illness, causing increased thirst, frequent urination, and weight loss.
- Skin Rash (Allergic Reaction): The itchy rash could be due to a medication (like amoxicillin) or an

external allergen.

2. Prescribed Medications:

Take these exactly as directed:

1. For Infection & Fever:

- Paracetamol (500mg) 1 tablet every 6-8 hours (max 4 tablets/day) until fever subsides.
- Dextromethorphan (Cough Syrup) 10mL every 6-8 hours as needed for cough.

2. For Headache & Pain:

- Ibuprofen (400mg) 1 tablet every 8 hours with food (only if paracetamol isn't enough).

3. For Allergic Rash:

- Cetirizine (10mg) 1 tablet at bedtime until the rash improves.

4. For Diabetes & Regular Medications:

- Continue Metformin, Insulin Glargine, Atorvastatin, and Lisinopril as prescribed. Monitor blood sugar more closely during illness.

3. Recommended Tests (If Symptoms Worsen or Persist):

- ECG & Troponin Test If chest pain or arm discomfort returns.
- HbA1c & Blood Glucose Test To check diabetes control.

- COVID-19/Influenza Test If fever or cough lasts beyond 5 days.
- CRP or Chest X-ray If breathing becomes difficult.

4. Foods & Lifestyle Adjustments:

DO:

- Drink plenty of water, herbal teas, or ORS to stay hydrated.
- Eat light, easy-to-digest foods (khichdi, bananas, toast, yogurt).
- Rest as much as possible to help your body recover.

AVOID:

- Sugary drinks, fried/spicy foods (can worsen stomach issues).
- Skipping diabetes medications.
- Overexertion or stress.

5. Important Warnings:

Seek Emergency Care If:

- Chest pain spreads to your arm/jaw with sweating.
- Fever stays above 101°F for more than 3 days.
- Severe dizziness or confusion occurs.

6. Follow-Up:

- Revisit in 3 days if symptoms dont improve.
- For diabetes management, schedule a check-up in 1 week.

Wishing You a Speedy Recovery!

Dr. Sahib

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[Clinic Contact Number] | [Clinic Email]

(This report is personalized for you. Do not share medications or ignore red-flag symptoms.)
