

Final Diagnostic & Prescription Report for Vladimir Putin (47M)

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Your Diagnosis Explained in Simple Terms

- 1. Respiratory Infection (Likely Viral + Possible Bacterial)** You have symptoms like fever, cough, sore throat, and runny nose. While these often indicate a viral infection (like flu), your recent antibiotic use suggests a possible bacterial component (e.g., bronchitis).
- 2. Allergic Reaction or Drug Sensitivity** The itchy rash and swelling could be due to allergies or a reaction to medications (e.g., Azithromycin).
- 3. Underlying Health Concerns** Your diabetes, high blood pressure, and heart health need attention, especially due to chest pain and shortness of breath, which could signal heart strain.

Prescribed Medications & Dosages

- 1. Azithromycin (500 mg)** If bacterial infection is confirmed: Take once daily for 3 days.
- 2. Cetirizine (10 mg)** For allergy relief: Take once daily at bedtime until the rash improves.
- 3. Metformin (500 mg)** For diabetes: Continue twice daily as prescribed.
- 4. Lisinopril (10 mg)** For blood pressure: Take once daily in the morning.
- 5. Atorvastatin (20 mg)** For cholesterol: Take once at bedtime.
- 6. Levothyroxine (50 mcg)** For thyroid: Take once daily on an empty stomach.

Note: If chest pain worsens, stop NSAIDs (e.g., Aspirin) and seek emergency care.

Recommended Tests & Scans

1. Urgent Heart Check ECG and troponin test to rule out heart issues.
2. Chest X-ray To check for pneumonia or lung congestion.
3. Blood Tests HbA1c (diabetes control), CRP (infection marker), and thyroid/renal function.
4. Viral PCR To confirm flu or COVID-19.

Foods & Lifestyle Adjustments

- Avoid:
 - Sugary foods/drinks (to manage diabetes).
 - Excess salt (to control blood pressure).
 - Alcohol and smoking (they worsen heart/respiratory health).
- Recommended:
 - Warm fluids (soup, herbal tea) for throat relief.
 - Rest and light activity (avoid overexertion).

Additional Guidance

1. Monitor Symptoms:
 - If chest pain, sweating, or left arm pain occurs, go to the ER immediately.
 - Track blood sugar and blood pressure daily.
2. Follow-Up: Revisit in 3 days or sooner if symptoms worsen.

3. Rash Care: Avoid scratching; use hypoallergenic moisturizers.

Were Here for You!

For questions or emergencies, contact RogiMitra.AI or your physician. Stay safe and follow this plan for a speedy recovery.

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