
RogiMitra.AI

Compassionate Care, Clear Communication

Final Diagnostic & Treatment Report for Mr. Madhav Mishra (50 years)

Dear Mr. Mishra,

After carefully reviewing your symptoms and test results, weve identified the following health concerns and created a plan to help you recover. Please read this report thoroughly and follow the instructions.

1. Your Diagnoses Explained Simply:

- Respiratory Infection: You have a persistent cough, fever, and breathing difficulty, likely due to a bacterial or viral infection. Some symptoms (headache, dizziness) suggest it may be affecting other parts of your body.
- Heart Health Alert: Your chest pain (radiating to the left arm) and sweating need urgent attention to rule out heart issues.
- Skin/Joint Reaction: The itchy rash and joint pain could be due to a medication allergy or reactive arthritis.
- Diabetes Management: Your frequent thirst, urination, and weight loss indicate your blood sugar needs better control.

2. Treatment Plan:

Medicines to Take:

1. For Infection:

- Azithromycin (500 mg) 1 tablet daily for 3 days.
- Amoxicillin (500 mg) 1 tablet every 8 hours for 7 days (stop if rash worsens).
- Dextromethorphan (10 mg) 1 syrup spoon at bedtime for cough.

2. For Allergy/Rash:

- Cetirizine (10 mg) 1 tablet at night until rash improves.

3. For Pain/Fever:

- Paracetamol (500 mg) 1 tablet every 6 hours if fever 100°F.
- Avoid Ibuprofen (may upset your stomach).

4. For Diabetes:

- Continue Insulin Glargine as prescribed.
- Metformin (500 mg) 1 tablet twice daily (unless advised otherwise).

Tests to Complete Urgently:

- ECG + Troponin Test: To check your heart (chest pain).
- HbA1c + Fasting Glucose: To monitor diabetes control.
- CRP/ESR Blood Test: For inflammation (rash/joint pain).

3. Dietary & Lifestyle Guidance:

- Avoid:
 - Sugar, fried foods, and excess salt (for heart/diabetes).

- Alcohol and smoking (they worsen infection/recovery).
- Eat More:
 - Warm soups, steamed vegetables, and lean proteins (e.g., chicken, lentils).
 - 23 liters of water daily.

4. Important Precautions:

- Heart Symptoms: Go to the ER immediately if chest pain returns with sweating/left arm numbness.
- Rash/Skin: Stop Azithromycin/Amoxicillin and call us if the rash spreads or blisters form.
- Diabetes: Check your blood sugar twice daily and record readings.

5. Follow-Up:

- Visit RogiMitra.AI after 3 days (or sooner if symptoms worsen).
- Bring all test reports for review.

We're Here for You:

This plan is designed to address your health holistically. Stick to the instructions, and don't hesitate to call us with questions.

Signed,

Dr. Sahib

Senior Physician, RogiMitra.AI

Clinic Helpline: [INSERT CONTACT]

Note: This report is personalized for Mr. Madhav Mishra. Do not share medicines/tests without consulting your doctor.