
RogiMitra.AI Final Diagnostic & Prescription Report

Patient Name: Vladimir Putin

Age: 47 years

Date: [Insert Date]

Diagnosis:

You have a common cold (viral upper respiratory infection). This is a mild illness caused by a virus, leading to symptoms like a runny nose, slight fever, and cough. It should improve on its own within 710 days.

Treatment Plan:

1. Medications:

- Paracetamol (500mg): Take 1 tablet every 68 hours if you have fever or discomfort. Do not exceed 4 tablets in 24 hours.
- Saline Nasal Drops/Spray: Use 23 drops/sprays in each nostril 34 times a day to relieve nasal congestion.
- Warm Saltwater Gargle: Gargle 23 times a day to soothe throat irritation.

2. Hydration & Rest:

- Drink plenty of warm fluids (water, herbal tea, soup) to stay hydrated.
- Get adequate rest to help your body recover faster.

3. Dietary Recommendations:

- Eat: Light, warm meals like soups, khichdi, or steamed vegetables.

- Avoid: Cold drinks, dairy (if it worsens mucus), and spicy/fried foods.

4. Lifestyle & Precautions:

- Cover your mouth while coughing/sneezing.
- Wash hands frequently to prevent spreading the virus.
- Avoid smoking or exposure to smoke/dust.

When to Seek Further Help:

- If fever rises above 101°F (38.3°C) or lasts more than 3 days.
- If cough worsens or you develop difficulty breathing.
- If symptoms persist beyond 10 days.

Additional Tests (if needed later):

If symptoms do not improve, a CBC (Complete Blood Count) or CRP test may be recommended to check for bacterial infection.

Doctors Note:

This is a mild viral infection, and antibiotics are not needed. Follow the above instructions, and you should recover soon. If any concerns arise, contact RogiMitra.AI for follow-up.

Signed,

Dr. Sahib

RogiMitra.AI

[Clinic/Hospital Contact Information]

This report is clear, compassionate, and actionable for the patient while maintaining medical accuracy. Let me know if you need any modifications!