



# DELANO UNION SCHOOL DISTRICT





## October 2023

### Lunch Menu

#### National School Lunch Week

#### October 16-20, 2023



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Chicken Strips Potato Wedges BBQ Sauce/Ketchup Baby Carrots Seasonal Fruit	<b>3</b> Grilled Cheese Sandwich Steamed Broccoli & Cheese Veggie Snackers-Chile Lime Carrots Seasonal Fruit	<b>4 Late Start</b> Rib Sandwich (Beef) Crisp Coleslaw w/ Dressing Baked Beans Seasonal Fruit	<b>5</b> Super Beef Nachos Tortilla Chips Jalapeno Slices Steamed Corn Cucumber Slices Tajin Seasoning Seasonal Fruit	<b>6 Minimum Day</b> Chicken Sandwich Spicy Chicken Sandwich Mayonnaise Fresh Lettuce w/ Sliced Tomato Baked Beans Seasonal Fruit
<b>9</b> 	<b>FALL RECESS</b>  <b>LEVEL UP</b>			<b>13</b> 
<b>16 National School Lunch Week</b> Bowser's Pull Apart Cheese Bread Mario's Marinara Sauce Steamed Green Beans "Power Up" Fruit Slush  <b>Erasers</b>	<b>17 National School Lunch Week</b> Yoshi's Favorite Chicken Tamale Refried Beans w/ cheese Veggie Snackers-Chile Lime Carrots Princess Peach Cup  <b>Wrist Bands</b>	<b>18 Late Start</b> <b>National School Lunch Week</b> Toadstool's Crispy Beef Taco Shredded Lettuce & Diced Tomatoes Taco Sauce Baby Carrots WG Cinnamon Churro Seasonal Fruit  <b>Book Markers</b>	<b>19 National School Lunch Week</b> Mario's Super Famous Chicken Bowl (WG Chicken Chunks, Mashed Potatoes, Corn & Gravy) Princess Peachy Fruit-a-Roo Seasonal Fruit  <b>Pencils</b>	<b>20 National School Lunch Week</b> Luigi's Pepperoni Pizza Crisp Romaine Salad Ranch Dressing Cucumber Slices Tajin Seasoning Fire Flower Chamoy Fruit Bar  <b>Stickers</b>
<b>23</b> Xtreme Bean & Cheese Burrito Taco Sauce Steamed Corn Baby Carrots Seasonal Fruit	<b>24</b> Chicken Posole Tortilla Chips Lemon Juice, Tapatio Taco Sauce Fresh Shredded Cabbage Seasonal Fruit	<b>25 Late Start</b> Beef & Cheese Taco Stick Taco Sauce Refried Beans w/ Cheese Veggie Snackers-Chile Lime Carrots Seasonal Fruit	<b>26</b> Grilled Chicken Club Sandwich Mayonnaise Baked Beans Cucumber Slices Seasonal Fruit	<b>27</b> Lasagna (Beef & Cheese) Romaine Salad Ranch Dressing Power Punch Veg. Juice Garlic Bread Sticks Seasonal Fruit
<b>30</b> Mini Corn Dogs Potato Rounds Mustard/Ketchup Veggie Snackers-Chile Lime Carrots Seasonal Fruit	<b>31</b> Bacon Cheeseburger Mayonnaise, Ketchup Sweet Potato Fries Fresh Lettuce w/ Sliced Tomato Pumpkin Cookie Seasonal Fruit		 "This institution is an equal opportunity employer."	<b>Choice of 1% Milk or Fat Free Milk Offered Daily</b> <b>Menu is subject to change</b>



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## October 2023

### Breakfast Menu

# HAPPY HALLOWEEN

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chocolate Mini Donuts Fruit Juice Seasonal Fruit	3 Strawberry Cream Cheese Mini Bagels Fruit Juice Fresh Fruit	4 <b>Late Start</b> Pancake Sausage Stick Maple Syrup Craisins Seasonal Fruit	5 Lucky Charm Cereal Fruit Juice Fresh Fruit	6 <b>Minimum Day</b> Egg & Chorizo Breakfast Wrap Fruit Juice Fresh Apple
9 Fall Recess	10 Fall Recess	11 Fall Recess	12 Fall Recess	13 Fall Recess
16 Pan Dulce Strawberry Apple Crisps Seasonal Fruit	17 Chocolate Chip Muffin Fruit Juice Seasonal Fruit	18 <b>Late Start</b> Pancakes Turkey Bacon Slice Strawberry Fruit Cup Fruit Juice	19 Cheerios Cereal Vanilla Bear Crackers Raisins Seasonal Fruit	20 Chicken & Waffles Maple Syrup Craisins Seasonal Fruit
23 Banana Bread Slice Raisins Seasonal Fruit	24 Egg & Cheese Breakfast Wrap Fruit Juice Seasonal Fruit	25 <b>Late Start</b> Turkey/Sausage Breakfast Pizza Seasonal Fruit Fruit Juice	26 Oatmeal/Chocolate Chip Bar Strawberry Apple Crisps Seasonal Fruit	27 Coffee Cake Strawberry Gogurt Craisins Seasonal Fruit
30 Chocolate Mini Donuts Fruit Juice Seasonal Fruit	31 Berry Crazy Parfait Cinnamon Bug Bites Crackers Fruit Juice			<b>Choice of 1% Milk or Fat Free Milk Offered Daily</b>  <b>Menu is subject to change</b>

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## Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Vanilla Bear Crackers Fresh Pear	3 Blueberry Muffin Top Milk	4 <i>Late Start</i> Scooby Doo Crackers Fruit Juice	5 Chocolate Bear Crackers String Cheese	6 <i>Minimum Day</i> Strawberry/Banana Yogurt Honey Graham Crackers
9	10	11	12	13
FALL RECESS				
16 Cinnamon Bug Bites Crackers Fruit Juice	17 Chocolate Bear Crackers String Cheese	18 <i>Late Start</i> Garden Salsa Sunchips Fresh Pear	19 Cheez It Crackers Fruit Juice	20 Chocolate Chip Muffin Fruit Juice
23 Chocolate Bear Crackers Fruit Juice	24 Scooby Doo Crackers Fresh Apple	25 <i>Late Start</i> Vanilla Bear Crackers String Cheese	26 Garden Salsa Sunchips Fruit Juice	27 Cheez It Crackers Fruit Juice
30 Vanilla Bear Crackers Fresh Pear	31 Blueberry Muffin Top Milk			Menu is subject to change

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## October 2023 Supper Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Corn Dog (Chicken) Mustard RG Doritos Veggie Snackers- Chile Lime Carrots Seasonal Fruit	3 WG Pizza Slice Baby Carrots Ranch Dressing Seasonal Fruit	4 <b>Late Start</b> WG Pull Apart Cheese Bread Marinara Sauce Seasonal Fruit	5 WG Taco Nada Pocket Tapatio Taco Sauce Baby Carrots Seasonal Fruit	6 <b>Minimum Day</b> WG Turkey Ham & Cheese Croissant Sandwich Mustard Baby Carrots Seasonal Fruit
9	10	11	12	13
FALL RECESS				
16 WG Lunchables- Crackers, Turkey & Cheddar Baby Carrots Seasonal Fruit	17 WG Pizza Slice Romaine Salad Ranch Dressing Seasonal Fruit	18 <b>Late Start</b> WG Double Dogs (Chicken) Mustard WG Fritos Chips Power Punch Veg. Juice	19 WG Cheeseburger Minis Veggie Snackers- Chile Lime Carrots WG Cheetos Seasonal Fruit	20 WG Tamale (Chicken) String Cheese Jicama Sticks Tajin Seasoning Seasonal Fruit
23 WG Corn Dog (Chicken) Mustard RG Doritos Veggie Snackers- Chile Lime Carrots Seasonal Fruit	24 WG Galaxy Pep (Turkey) Pizza Baby Carrots Ranch Dressing Seasonal Fruit	25 <b>Late Start</b> WG Pull Apart Cheese Bread Marinara Sauce Seasonal Fruit	26 WG Hot Turkey/Ham & Cheese Croissant Sandwich Veggie Pack, Ranch Dressing Seasonal Fruit Seasonal Fruit	27 WG Taco Nada Pocket Tapatio Taco Sauce Baby Carrots Seasonal Fruit
30 WG Lunchables- Crackers, Turkey & Cheddar Baby Carrots Seasonal Fruit	31 WG Pizza Slice Romaine Salad Ranch Dressing Seasonal Fruit		Choice of 1% Milk or Fat Free Milk Offered Daily  Menu is subject to change	



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